



Allergy Information Guide Information:

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; **we cannot say that any dish on our menus is "free-from" any allergen**, but only that it does not contain that allergen as an ingredient. Our allergen information sheet **does not** include any “**may contains**” information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before as ingredients may be substituted or changed at short notice.

Our allergen information covers the following major allergens: **Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut) , Pecan, Pistachio, Walnut) and products thereof.**

Items that are added as a choice, upgrade or addition must be checked and the allergen information considered in addition to the main meal.

Our vegan dishes are made to a vegan recipe but we cannot guarantee that they are suitable for those with MILK or EGG allergies. Please speak to your server if you any dietary requirements.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

KEY FOR BEEFEATER ALLERGY INFORMATION GUIDE

Yes The allergen is present

Yes Suitable for ovo-lacto vegetarians/ vegans

No Not suitable for ovo-lacto vegetarians/ vegans



The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
DAYTIME SAVER MENU								
'74 CLASSIC BEEF BURGER	3273	782	35.6	9.3	85.7	8.7	30.0	3.1
DOUBLE UP YOUR BURGER ADD	935	223	15.5	7.0	0.1	0.1	20.6	0.4
ADD A CHEESE SLICE	348	83	7.0	4.3	0.0	0.0	5.1	0.4
ADD OAK-SMOKED BACON	263	63	4.0	1.3	0.2	0.1	6.5	0.9
CLASSIC PLANT BURGER	4012	958	45.6	11.3	100.9	14.9	32.8	5.2
DOUBLE UP YOUR BURGER ADD	936	224	15.0	4.3	3.6	1.2	16.3	0.9
ADD A VIOLIFE SLICE	240	57	4.6	4.2	4.0	0.0	0.0	0.5
ADD THIS™ ISN'T BACON	241	58	2.4	0.2	2.0	0.2	6.3	0.7
BEER-BATTERED FISH & CHIPS	3908	933	52.7	4.3	75.8	6.2	39.1	1.8
UPGRADE TO HADDOCK	4050	967	52.6	5.5	82.9	6.0	43.2	1.5
CHARGRILLED 5OZ* GAMMON STEAK WITH EGGS	3211	767	38.3	6.3	57.4	4.1	48.3	4.0
CHARGRILLED 5OZ* GAMMON STEAK WITH PINEAPPLE	2776	663	27.9	4.3	63.6	10.1	40.5	4.0
BEEF LASAGNE	2343	560	28.7	13.1	45.3	15.4	27.6	3.3
ADD GARLIC FLATBREAD	844	202	9.2	3.2	25.5	0.3	3.7	0.4
BUTTERNUT SQUASH, SPINACH & RICOTTA LASAGNE	1882	449	16.5	8.0	54.1	19.7	20.2	2.4
ADD GARLIC FLATBREAD	844	202	9.2	3.2	25.5	0.3	3.7	0.4
SMOTHERED CHICKEN MELT	3471	829	32.0	8.4	71.3	19.2	63.8	5.9
DOUBLE UP YOUR SMOTHERED CHICKEN	1893	452	16.0	7.1	15.9	14.2	60.0	3.6
STEAK, EGG AND CHIPS	2767	661	28.1	6.7	58.2	4.1	46.7	2.0
CHICKEN FLATBREAD SANDWICH	3641	870	26.0	2.7	104.1	3.7	54.7	4.7
ADD BACON	263	63	4.0	1.3	0.2	0.1	6.5	0.9
BEEFEATER COBB SALAD BASE	602	144	7.0	1.5	12.7	9.8	4.5	0.2
ADD HONEY MUSTARD	759	181	16.8	1.1	6.0	6.0	0.6	0.4
ADD REDUCED FAT CAESAR	481	115	11.2	1.2	2.0	1.4	1.0	0.4
ADD FRENCH DRESSING	366	87	7.2	0.7	5.4	4.2	0.1	0.5
ADD GRILLED CHICKEN	649	155	2.5	0.6	0.1	0.5	32.7	1.1
ADD GRILLED HALLOUMI	1476	352	27.4	17.6	0.1	0.1	24.6	2.4
CHICKEN MAKHANI CURRY	2675	639	20.7	5.1	77.0	23.3	32.4	3.5
ADD A NAAN BREAD	801	191	2.6	0.2	34.8	0.8	6.2	0.8
8OZ* RUMP	3187	761	33.7	7.8	60.9	4.1	57.9	0.5
UPGRADE TO AN 8OZ* SIRLOIN	3187	761	33.3	7.3	60.8	4.5	58.1	0.5

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
STEAK FLATBREAD SANDWICH	3973	949	37.3	6.3	112.3	3.9	43.6	3.4
UPGRADE TO AN 4OZ* SIRLOIN	3963	946	41.7	9.3	76.6	4.2	71.3	2.9
ADD A STARTER								
STONEBAKED GARLIC FLATBREAD	1715	410	18.4	6.4	52.2	1.1	7.5	1.1
MAKE IT CHEESY ADD	273	65	4.9	3.1	0.5	0.1	4.8	0.3
VEGAN OPTION AVAILABLE	1557	372	14.5	2.8	51.8	1.0	7.4	1.2
BREADED MUSHROOMS	1766	422	17.5	2.1	54.5	9.1	9.7	1.2
TOMATO SOUP	1134	271	12.8	4.0	32.0	14.6	4.8	1.3
BREADED MUSHROOMS	1766	422	17.5	2.1	54.5	9.1	9.7	1.2
SIDES								
BEER BATTERED ONION RINGS	586	140	7.5	0.6	15.7	2.1	1.9	0.3
MAC & CHEESE	1689	403	23.2	14.1	30.6	3.6	17.5	1.2
CHOPPED HOUSE SALAD	174	42	1.6	0.2	4.6	3.6	1.4	0.2
ADD A DESSERT								
VANILLA ICE CREAM WITH RASPBERRY SAUCE	1156	276	8.4	5.3	45.4	40.9	4.7	0.1
VANILLA ICE CREAM WITH CHOCOLATE SAUCE	1196	286	8.6	5.5	46.9	42.7	5.2	0.2
VANILLA ICE CREAM WITH CARAMEL SAUCE	1206	288	9.0	5.8	46.6	43.0	5.2	0.3
VEGAN OPTION WITH RASPBERRY SAUCE	1304	311	9.3	7.8	56.6	38.2	0.4	0.1
VEGAN OPTION WITH CHOCOLATE SAUCE	1344	321	9.5	7.9	58.1	40.0	0.8	0.2
CARAMEL APPLE BETTY WITH ICE CREAM	1514	362	13.6	5.7	54.2	30.9	4.5	0.2
CARAMEL APPLE BETTY WITH A WHIP OF CREAM	1466	350	16.0	7.6	47.6	25.1	3.2	0.2
CARAMEL APPLE BETTY WITH CUSTARD	1638	391	13.3	5.2	61.5	34.9	5.6	0.3
CARAMEL APPLE BETTY WITH CREAM	1782	426	24.4	12.8	47.2	24.8	3.6	0.2
WARM CHOCOLATE BROWNIE	2582	617	22.9	13.1	91.1	73.6	8.4	0.3
CHOCOLATE LAYER TORTE	1218	291	15.2	8.6	35.0	26.3	2.2	0.3
ADD VANILLA ICE CREAM	281	67	2.7	1.8	9.0	8.2	1.5	0.0
ADD VANILLA VEGAN ICE CREAM	330	79	3.1	2.6	12.8	7.3	0.1	0.0
MINI TRIPLE CHOCOLATE BROWNIE without hot drink	1091	261	10.0	5.6	37.7	29.7	3.3	0.1

Beefeater Daytime Saver Menu April 2024 Allergy

Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
DAYTIME SAVER MENU																										
CLASSIC BEEF BURGER	Yes												Yes												No	No
Table Salt (54744)																									Yes	Yes
Signature Beef Burger (10003025)																									No	No
Vegan Burger Bun New (10003945)	Yes																								Yes	Yes
Burger Sauce 74 (10004097)												Yes													Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
ADD A BURGER																									No	No
Table Salt (54744)																									Yes	Yes
Signature Beef Burger (10003025)																									No	No
ADD A CHEESE SLICE							Yes																		No	Yes
Cheese Slices (10004543)							Yes																		No	Yes
ADD BACON																									No	No
Streaky Bacon Smoked Dry Cured (10002410)																									No	No
CLASSIC PLANT BURGER	Yes	Yes	Yes										Yes												Yes	Yes
Garden Gourmet Vegan Burger (10002832)	Yes	Yes	Yes																						Yes	Yes
Vegan Burger Bun New (10003945)	Yes																								Yes	Yes
Burger Sauce 74 (10004097)												Yes													Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
ADD PLANT BURGER	Yes	Yes	Yes																						Yes	Yes
Garden Gourmet Vegan Burger (10002832)	Yes	Yes	Yes																						Yes	Yes
ADD A VIOLIFE SLICE																									Yes	Yes
Vegan Sliced Cheese																									Yes	Yes
ADD THIS IS BACON							Yes																		Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Vegan Bacon (10003277)							Yes																		Yes	Yes

Beefeater Daytime Saver Menu April 2024 Allergy

Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
BEER-BATTERED FISH & CHIPS	Yes		Yes			Yes		Yes					Yes												No	No	
Tartare Sauce (10002833)						Yes							Yes													No	Yes
Peas Grade A (10004368)																										Yes	Yes
Plain Flour (52330)	Yes																									Yes	Yes
Table Salt (54744)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Premium Chip (10001031)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Haddock Fillet MSC (54086)								Yes																		No	No
Pollock Fillets MSC (53550)								Yes																		No	No
Batter Mix (51665)	Yes																									Yes	Yes
Doom Bar (900208)			Yes																							No	No
Lemons (54722)																										No	Yes
CHARGILLED GAMMON STEAK						Yes																				No	No
Soz Boomerang Gammon Steak (10000617)						Yes																				No	No
Peas Grade A (10004368)																										Yes	Yes
Premium Chip (10001031)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Soz Boomerang Gammon Steak (10000617)						Yes																				No	No
ADD A FRIED EGG						Yes																				No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Cage Free Med Barn Eggs (10001067)						Yes																				No	Yes
ADD A PINEAPPLE RING																										Yes	Yes
Sliced Pineapple In Juice (10003876)																										Yes	Yes

Beefeater Daytime Saver Menu April 2024 Allergy

Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
BEEF LASAGNE	Yes					Yes	Yes						Yes		Yes										No	No
Mozzarella/Mildcheddar Mix (54491)						Yes	Yes																		No	Yes
Lasagne Value (10002928)	Yes					Yes	Yes																		No	No
French Dressing (53514)										Yes					Yes										Yes	Yes
Sweetcorn																									Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Pepper Red Cat II (54226, 10000329)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
ADD GARLIC FLATBREAD	Yes						Yes																		No	Yes
Garlic & Parsley Butter Blend (48641)							Yes																		No	Yes
Flatbread Vegan	Yes																								Yes	Yes
VEG LASAGNE	Yes					Yes	Yes					Yes	Yes		Yes										No	Yes
Mozzarella/Mildcheddar Mix (54491)						Yes	Yes					Yes	Yes												No	Yes
Veggie Lasagne (10004123)	Yes					Yes	Yes					Yes													No	Yes
French Dressing (53514)										Yes					Yes										Yes	Yes
Sweetcorn																									Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Pepper Red Cat II (54226, 10000329)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
ADD GARLIC FLATBREAD	Yes						Yes																		No	Yes
Garlic & Parsley Butter Blend (48641)							Yes																		No	Yes
Flatbread Vegan	Yes																								Yes	Yes
SMOTHERED CHICKEN MELT						Yes	Yes					Yes													No	No
BBQ Sauce (10004363)																									Yes	Yes
Streaky Bacon Smoked Dry Cured (10002410)																									No	No
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
Raw Chicken Fillet (10004054)																									No	No
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Caster Sugar (52416)																									Yes	Yes
Coleslaw Mix (10004058)																									Yes	Yes
Mayonnaise Light (54568)							Yes					Yes													No	Yes
Table Salt (54744)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lemons (54722)																									No	Yes

Beefeater Daytime Saver Menu April 2024 Allergy

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STEAK, EGG AND CHIPS						Yes																		No	No	
Peas Grade A (10004368)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
8oz Fresh Rump (10001643)																									No	No
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Cage Free Med Barn Eggs (10001067)						Yes																			No	Yes
CHICKEN FLATBREAD SANDWICH	Yes					Yes						Yes													No	No
Mayonnaise Light (54568)						Yes						Yes													No	Yes
Raw Chicken Fillet (10004054)																									No	No
Flatbread Vegan	Yes																								Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
ADD BACON																									No	No
Streaky Bacon Smoked Dry Cured (10002410)																									No	No
BEEFEATER COBB SALAD																									Yes	Yes
Avocado Halves (10000498)																									Yes	Yes
Sweetcorn																									Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Pepper Red Cat II (54226, 10000329)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
ADD HONEY MUSTARD SAUCE	Yes											Yes													No	Yes
Honey & Mustard Sauce 74	Yes											Yes													No	Yes
ADD REDUCED FAT CAESAR						Yes	Yes					Yes													No	Yes
Caesar Dressing Red Cal (54032)						Yes	Yes					Yes													No	Yes
ADD FRENCH DRESSING												Yes			Yes										Yes	Yes
French Dressing (53514)												Yes			Yes										Yes	Yes
TOP WITH CHICKEN																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Raw Chicken Fillet (10004054)																									No	No
TOP WITH HALLOUMI							Yes																		No	Yes
Halloumi (10003111)							Yes																		No	Yes

Beefeater Daytime Saver Menu April 2024 Allergy

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CHICKEN MAKHANI CURRY	Yes					Yes																		No	No	
Fresh Herbs Coriander (54239)																									Yes	Yes
Mango Chutney (10003499)																									Yes	Yes
Pappodums (51643)																									No	Yes
Long Grain Rice (10002397)																									Yes	Yes
Chicken Makhani Curry Hybrid						Yes																			No	No
ADD NAAN BREAD	Yes																								Yes	Yes
Plain Naan (10003562)	Yes																								Yes	Yes
8OZ RUMP/SIRLOIN																									No	No
Peas Grade A (10004368)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
8oz Fresh Rump (10001643)																									No	No
8oz Fresh Sirloin (10001659)																									No	No
STEAK FLATBREAD SANDWICH	Yes					Yes							Yes												No	No
Mayonnaise Light (54568)						Yes						Yes													No	Yes
Table Salt (54744)																									Yes	Yes
8oz Fresh Rump (10001643)																									No	No
Flatbread Vegan	Yes																								Yes	Yes
Onions Red (10002596)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
8oz Fresh Sirloin (10001659)																									No	No
ADD A STARTER																										
STONEBAKED BBQ GARLIC FLATBREAD	Yes					Yes																			No	Yes
74 Grill Master Rub (10003338)																									Yes	Yes
Garlic & Parsley Butter Blend (48641)						Yes																			No	Yes
Flatbread Vegan	Yes																								Yes	Yes
ADD CHEESE						Yes																			No	Yes
Mozzarella/Mildcheddar Mix (54491)						Yes																			No	Yes

Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	is the product suitable for Vegans?	is the Product suitable for Vegetarians?	
VEGAN FLATBREAD	Yes																								Yes	Yes	
74 Grill Master Rub (10003338)																										Yes	Yes
Larderfresh Sunflower Spread (47177)																										Yes	Yes
Flatbread Vegan	Yes																									Yes	Yes
BREADED MUSHROOMS	Yes																									No	No
BBQ Sauce (10004363)																										Yes	Yes
Garlic & Herb Breaded Mushroom (10002629)	Yes																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
TOMATO SOUP	Yes	Yes	Yes																							Yes	Yes
Tomato Soup																										Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Ciabatta Loaf (10004118)	Yes	Yes	Yes																							Yes	Yes
CHICKEN GOUJONS	Yes																									No	No
BBQ Sauce (10004363)																										Yes	Yes
Chicken Goujons NEW (10003970)	Yes																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
SIDES																											
BEER BATTERED ONION RINGS	Yes		Yes																							No	No
Beer Battered Onion Rings (10004424)	Yes		Yes																							Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
MAC & CHEESE	Yes						Yes																			No	Yes
Mac & Cheese (10003296)	Yes						Yes																			No	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																			No	Yes

Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	is the product suitable for Vegans?	is the Product suitable for Vegetarians?
CHOPPED HOUSE SALAD																									Yes	Yes
French Dressing (53514)													Yes			Yes									Yes	Yes
Sweetcorn																									Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Pepper Red Cat II (54226, 10000329)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
ADD A DESSERT																										
VANILLA ICE CREAM																									No	Yes
Vanilla Dairy Ice Cream (10003957)																									No	Yes
ADD CHOCOLATE SAUCE																									Yes	Yes
Chocolate Sauce NEW (10003676)					Yes																				Yes	Yes
ADD CARAMEL SAUCE																									No	Yes
Caramel Sauce NEW (10003675)																									No	Yes
ADD RASPBERRY SAUCE																									Yes	Yes
Raspberry Sauce NEW (10003681)																									Yes	Yes
VEGAN ICE CREAM																									Yes	Yes
Vegan Ice Cream (10004358)																									Yes	Yes
ADD CHOCOLATE SAUCE																									Yes	Yes
Chocolate Sauce NEW (10003676)					Yes																				Yes	Yes
ADD RASPBERRY SAUCE																									Yes	Yes
Raspberry Sauce NEW (10003681)																									Yes	Yes
WARM CHOCOLATE BROWNIE	Yes				Yes	Yes	Yes																		No	Yes
Triple Chocolate Brownie (10001489)	Yes				Yes	Yes	Yes																		No	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																		No	Yes
Chocolate Sauce NEW (10003676)					Yes																				Yes	Yes
CHOCOLATE LAYER TORTE	Yes																								Yes	Yes
Vegan Chocolate Tore (10003126)	Yes																								Yes	Yes
Raspberry Sauce NEW (10003681)																									Yes	Yes
ADD ICE CREAM																									No	Yes
Vanilla Dairy Ice Cream (10003957)																									No	Yes
ADD VEGAN ICE CREAM																									Yes	Yes
Vegan Ice Cream (10004358)																									Yes	Yes

Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
CARAMEL APPLE BETTY	Yes						Yes																		No	Yes	
Caramel Apple Crumble (10003081)	Yes						Yes																			No	Yes
ADD CREAM							Yes																			No	Yes
UHT Whipping Cream (24097)							Yes																			No	Yes
ADD CUSTARD							Yes																			No	Yes
Custard - Ready To Serve (53399)							Yes																			No	Yes
ADD ICE CREAM							Yes																			No	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																			No	Yes
ADD A WHIP OF CREAM							Yes																			No	Yes
Dairy Aerosal Cream (52672)							Yes																			No	Yes
MINI CHOCOLATE BROWNIE	Yes				Yes	Yes	Yes																			No	Yes
Triple Chocolate Brownie (10001489)	Yes				Yes	Yes	Yes																			No	Yes