# **STARTERS**



**74** Double-Crunch Chicken Wings Exclusive to Beefeater, our crunchy tortilla-coated chicken wings seasoned with our signature blend of spices (440kcal). Served with your choice of '74 sauce

### Stonebaked Garlic Flatbread (V)

Seasoned with our '74 BBQ rub (410kcal) Make it cheesy (V) (+65kcal)

Want to make it vegan? Just ask! (372kcal)

### **Cheesy Potato Dippers**

Served with BBQ sauce (476kcal) Add Oak-Smoked-Bacon (+105kcal)

### Chicken Goujons

Served with BBQ sauce (382kcal)

### Classic Prawn Cocktail\*\*

Served with toasted ciabatta (36lkcal)

### Crispy Calamari<sup>†</sup>

With fresh chilli and our '74 spicy mayo (491kcal)

### Halloumi Fries

Served with BBQ sauce (603kcal)

### **Breaded Mushrooms**

Served with BBQ sauce (422kcal)

# **MAINS**

# **GRILLS**

### Mixed Grill

4oz\* rump steak, half a chicken breast, gammon and two pork sausages, served with roasted tomato, two fried eggs. onion rings§, triple-cooked chips and garden peas (1,465kcal)

Upgrade to 8oz\* Rump Steak (1.624kcal) Upgrade to 8oz\* Sirloin Steak (1,624kcal)

### Chargrilled Fillet of Salmon\*\*

Drizzled with garlic and parsley. Served with our '74 spicy mayo and your choice of seasoned veggie rice (771kcal), fries (844kcal) or chopped salad (592kcal) Add 74 Grilled Veg with Tenderstem® Broccoli (+56kcal)

### Chargrilled 7oz\* Gammon Steak

Served with a fried egg, pineapple ring, triple-cooked chips and peas (815kcal)

Double up your Gammon Steak (+242kcal)

### CLASSICS -

### Beer-Battered Fish & Chips\*\*5 ⊘

Served with triple-cooked chips, tartare sauce and mushy peas (97lkcal) or garden peas (933kcal)

### Smothered Chicken Melt

Glazed in BBQ sauce topped with oak-smoked streaky bacon and melted cheese. Served with fries, a salad garnish and house slaw (748kcal)

Want to make it vegan? Just ask! (757kcal)

### **CHICKEN & RIBS**



74 Beefeater Combo<sup>§</sup>

Our exclusive '74 double-crunch chicken wings, grilled 74 seasoned chicken breast and half a rack of '74 BBQ glazed pork ribs (1,293kcal), plus an extra sauce of your

All served with '74 seasoned fries, corn and your choice of one of our '74 sauces. See below for our full range. (Calories stated do not include sauces)

Rack of BBQ Glazed Pork Ribs<sup>§</sup> (1,039kcal)

### 74 Chicken & Rib Combos

Grilled '74 seasoned chicken breast and half a rack of '74 BBQ glazed pork ribs (874kcal)

Add half a rack of "4 BBQ Glazed Pork Ribs<sup>§</sup> (+303kcal) Add 74 Double-Crunch Chicken Wings (+4|8kcal)

### SALADS —

### Beefeater Cobb Salad (Ve)

Crisp cos lettuce, red peppers, cucumber, cherry tomatoes, avocado and sweetcorn (I44kcal)

### Topped with your choice of:

Grilled Chicken Breast (+155kcal)

GARDEN GOURMET® Sensational™ Chicken-Style Fillet (Ve) (+177kcal)

or Grilled Halloumi (V) (+352kcal)

### Finished with your choice of dressing:

74 Honey & Mustard (V) (181kcal)

Reduced-fat Caesar (V) (II5kcal)

French dressing (Ve) (87kcal)

# STEAK



### Steak Sampler

For those that want it all, tender 402° fillet, flavoursome 402° rump steak and succulent 402° sirloin. With peppercorn sauce, grilled flat mushroom, roasted nato, onion rings<sup>§</sup> and triple-cooked chips (I,I<sup>7</sup>8kcal)

All our steaks come from British and Irish farms. Matured for 30 days, they are extra tender and full of flavour. Served with half a roasted tomato, grilled mushroom, rocket and your choice of side

### CHOOSE YOUR CUT

The most lean and tender of all the steaks (396kcal)

### 10oz\* Ribeve

The strong marbling makes this steak full of flavour (57lkcal)

### 8oz\* Sirloin

A great all-rounder, for succulent texture and taste (391kcal)

# **CHOOSE YOUR SIDE**

Fries (Ve) (293kcal)

Triple-Cooked Chips (Ve) (395kcal)

Chopped House Salad (Ve) (42kcal)

### Surf & Turf Combo\*\*\*

 $8oz^*$  sirloin steak, king prawns drizzled in garlic & parsley and crispy calamari. With triple-cooked chips and '74 spicy mayo (I,187kcal)

Upgrade to 8oz\* Fillet Steak (I,I92kcal)

# TRY OUR '74 SAUCES

**74 BBQ<sup>§</sup> (Ve)** (32kcal)

**74 HOT (Ve)** (12kcal)

**74 Burger (Ve)** (IIIkcal)

Smokehouse Tomato (Ve) (59kcal)

Bacon Relish (47kcal)

4 Honey & Mustard (V) (136kcal)

🛂 Mango, Peach & Habanero 🥒 (Ve) (37kcal)

갢 Spicy Mayo 🥒 (Ve) (95kcal)

Calories stated are per portion

### ADD A LITTLE EXTRA

Peppercorn Sauce (30kcal)

Garlic King Prawns\*\* (177kcal)

Fried Egg (V) (108kcal)

Beer-Battered Onion Rings<sup>§</sup> (280kcal)

**Z** Seasoned Mini Corn on the Cobs (Ve) (81kcal)

Mac & Cheese (V) (403kcal)

"74 Grilled Veg with Tenderstem® Broccoli (Ve) (56kcal)

### **BURGERS**



Our special '74 burgers are a mix of short rib, chuck, flank and bone marrow to help give a rich-tasting, meaty flavour. All served in a brioche-style bun with lettuce, tomatoes and red onion, with fries and house slaw.

Our signature 4oz\* beef burger, '74 bacon relish, oak-smoked bacon, Cheddar cheese, crispy onions and light mayo (1,078kcal)

### 74 Double-Crunch Chicken

Our tortilla-coated chicken breast seasoned with our signature blend of spices, '74 BBQ sauce<sup>§</sup>, oak-smoked bacon and '74 burger sauce (I,I85kcal)

Swap to a Grilled Chicken Breast (887kcal)

### Plant Stack (Ve)

GARDEN GOURMET Sensational<sup>™</sup> burger with a Violife slice, THIS™ Isn't Bacon and '74 burger sauce and vegan slaw (958kcal)

### Hallo-Me (V)

Grilled halloumi topped with flat mushroom, '74 smokehouse tomato sauce, '74 grilled veg and '74 burger sauce (956kcal)

### **ADD EXTRAS**

'74 Signature 4oz\* Beef Burger (223kcal)

Oak-Smoked Bacon (63kcal)

Cheddar Cheese Slice (V) (83kcal)

### **ROAST**



### Ultimate Roast<sup>6</sup>

Get the best of all our meats with half a roast chicken and a slice of both our aged sirloin and lamb rump

Our roast dishes are served with crispy roast potatoes, golden honey-glazed parsnips, Yorkshire pudding, stuffing, a selection of vegetables and our rich signature red wine gravy<sup>§</sup>, unless stated otherwise

### Roast Sirloin of Beef§

30-day-aged from British and Irish farms. Melt-in-your-mouth tenderness, cooked medium (1,517kcal)

### Rump of Lamb§

Our British and Irish lamb is cooked so it's still a little pink in the middle for full flavour (1,506kcal)

### Half Roast Chicken§

Half a roast chicken, tender and succulent with crispy, golden skin (1,671kcal)

### No-Chicken Roast (V)

 $\mathsf{GARDEN}\:\mathsf{GOURMET}^{\scriptscriptstyle{\textcircled{\tiny{\$}}}}\:\mathsf{Sensational}^{\scriptscriptstyle{\nwarrow}}\:\mathsf{Chicken}\text{-}\mathsf{Style}$ Fillet, served with meat-free gravy§ (1,378kcal) Want to make it vegan? Just ask! (983kcal)

# This Father's Day enjoy uplimited favourites, just ask

### Unlimited Favourites

gravy§ (43kcal per portion) or meat-free gravy§

Vegetarian & vegan option available, just ask§

### ADD A LITTLE EXTRA

Cauliflower Cheese (V) (284kcal)

Pigs-in-Blankets (280kcal)

Add an extra slice of beef (+101kcal) or lamb (+73kcal) to any roast

# SIDES -

### 74 Loaded Cheesy Fries (V)

Topped with cheese, '74 burger sauce and tomato & red pepper salsa (514kcal)

Triple-Cooked Chips (Ve) (395kcal)

Fries (Ve) (293kcal)

### Beer-Battered Onion Rings<sup>§</sup> (280kcal)

Mac & Cheese (V) (403kcal)

**74 Seasoned Mini Corn on the Cobs (Ve)** (81kcal)

Chopped Salad (Ve) (42kcal)

'4 Grilled Veg with Tenderstem® Broccoli (Ve) Seasoned in our '74 BBQ rub (56kcal)

# **DESSERTS**



Adults need around 2000 calories a day.

### Cheesecake with Cadbury® Crunchie (V)

Baked New-York-style cheesecake, topped with  ${\sf Cadbury}^{\tt @}\,{\sf Crunchie}\,{\sf pieces}\,{\sf and}\,{\sf caramel}\,{\sf sauce}.$ Served with vanilla ice cream (673kcal)

### Sticky Toffee Pudding (V)

Served with custard (753kcal) or vanilla ice cream (720kcal)

Triple Chocolate Brownie (V)
Served with chocolate sauce and vanilla ice cream (617kcal)

### Vanilla Ice Cream (V)

With chocolate (286kcal), caramel (288kcal) or raspberry (276kcal) sauce

### Want to make it vegan? Just ask!

Choose from chocolate (32lkcal) or raspberry (3llkcal) sauce

### Hot Drink & Mini Triple Chocolate Brownie (V)

(26/kcal) (calories stated do not include hot drink)

### Biscoff® Sundae (V)

Vanilla ice cream lavered with Biscoff® crumb and Biscoff® sauce. Topped with a whip of cream and a Biscoff® biscuit (623kcal)



### Apple Pie (V)

Served with either custard (426kcal) or vanilla ice cream

### Want to make it vegan? Just ask!

Served with vanilla vegan ice cream (405kcal)

### Chocolate Layer Torte (Ve)

Decadent chocolate mousse on a chocolate sponge base, topped with freeze-dried raspberries and raspberry sauce

Add Vanilla Ice Cream (V) (+67kcal)

Add Vanilla Vegan Ice Cream (Ve) (+79kcal)

Don't worry, we know there are allergens in our food that we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Menu descriptions may not list every individual ingredient, please ask for more information. Ingredients can occasionally be substituted or changed at short notice, so please review the allergy information on the website at the time of your visit and ask your server when you arrive. "V" = suitable for vegetarians. "Ve" = suitable for vegans and vegetarians. Our vegan dishes are made to a vegan recipe, but we cannot guarantee that they are suitable for those with MILK or EGG allergies. "Approximate weight uncooked. "\*May contain small bones or shell. \$\frac{1}{2}\$May contain traces of alcohol. Thay contain rings & tentacles. Fish, meat and poultry dishes may contain bones. The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. We ensure that The calorie information provided is as accurate as possible and correct at time of printing, however, some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information. GARDEN GOURMET® is a registered trademark used in agreement with the trademark owner. KitKat® is a registered trademark of Société des Produits Nestlé S.A. S.A. Cadbury® is a registered trademark of Mondelez International used under licence. Terms & conditions: Images are for illustrative purposes only and finished steak presentation (including grill lines) may vary. This menu is available for a limited time only and is subject to availablity. We may occasionally self und of some of the more popular dishes. If we do, we'll do our very best to offer you the nearest altraitive. Prices are inclusive of VAT. We hope we served you up a great experience today. If you choose to leave a gratuity to thank your server, we want you to know that this goes straight to the person serving you today, in full If you have any comments or suggestions, our staff will be more than happy to receive them. Alternatively, you are welcome to write to us at: Whitbread Group PLC, PO Box 777, Dunstable, Beds. LUS 5XE. Telephone: 0333 234 I452 or visit www.beefeater.co.uk/contact-us.html