



Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menu descriptions do not include all ingredients or allergens, please use the allergy information guide to choose suitable dishes for you to eat and enjoy.

We take great care to prevent cross-contamination when preparing your order in our kitchens. However, due to the layout and operation of our kitchens we do not have specific allergen free zones and it is therefore not possible to fully guarantee separation of allergens. There is significant risk of cross-contamination in our buffet areas and deep fat fryers. If you would like further information on our cooking methods, don't be afraid to ask! **We cannot guarantee your order is 100% free from any allergenic ingredient.**

Please let a member of our team know if you have an allergy or sensitivities to any ingredient, even if you have dined with us before.

The allergen 'Tree Nuts' refers to the following tree nuts and their by-products: almond, Brazil, cashew, hazelnut, macadamia (Queensland nut), pecan, pistachio and walnut. The column 'Tree Nut source (if present)' will show the specific tree nut.

Our drinks allergy information contains the cocktails and similar drinks only. For soft drinks, spirits, wines, beers etc please consult the packaging or ask a member of staff.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time, so please check with us for up-to-date information.

## KEY FOR BEEFEATER ALLERGY INFORMATION GUIDE

**Y** The allergen is present

**YES** Suitable for ovo-lacto vegetarians/ vegans

**NO** Not suitable for ovo-lacto vegetarians/ vegans



The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>BEEFEATER MAIN MENU</b>								
<b>WHILE YOU BROWSE</b>								
BEEF CRISPS	1125	269	15.9	1.2	27.3	0.4	2.8	0.6
HALLOUMI FRIES	2569	614	50.3	15.9	10.7	7.2	29.2	3.7
<b>SHARERS</b>								
GARLIC FLATBREAD STRIPS	4083	975	46.2	14.8	123.8	2.9	23.0	2.7
LOADED NACHOS	5263	1257	65.8	22.4	123.0	17.5	31.0	4.1
THE BEEFEATER SHARING PLATTER	7288	1741	104.6	21.5	148.3	14.2	54.5	7.2
SHARING PLATTER WITH HALF RACK PORK RIBS	8991	2147	126.0	29.3	170.0	33.0	86.2	9.0
<b>STARTERS</b>								
BEEF BITES	2025	484	29.0	4.4	33.4	9.1	21.2	2.8
STEAK SKEWER WITH THREE CHEESE FONDUE	2320	554	30.7	20.4	30.1	4.3	38.3	2.0
CRISPY FLAT CAP MUSHROOMS	2047	489	33.0	2.8	42.6	8.5	7.1	2.2
STICKY ROOT VEGETABLE TART TATIN	1183	282	17.9	6.2	24.3	7.9	5.0	0.8
5 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI	2261	540	35.1	5.0	30.5	1.1	24.7	2.3
5 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE	2348	561	34.5	5.0	37.3	8.2	24.6	0.9
8 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI	3580	855	55.7	8.0	47.7	1.5	39.4	2.7
8 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE	3666	876	55.2	7.9	54.5	8.6	39.2	1.2
CLASSIC PRAWN COCKTAIL	1412	337	20.3	6.3	21.8	9.8	16.4	2.0
BUTTERMILK CHICKEN GOUJONS	2062	493	27.3	3.9	37.1	10.3	24.0	3.0
ORANGE & TARRAGON CURED SALMON	1034	247	11.4	3.1	17.0	5.9	18.4	3.2
CRISPY BEEF ASIAN STYLE SALAD	1220	291	16.2	1.7	20.8	17.2	14.7	0.4
CALAMARI	2246	536	40.6	3.7	26.0	1.9	16.2	3.6
SCALLOPS	1034	247	13.3	5.5	15.0	1.7	16.2	1.3
LOADED POTATO DIPPERS WITH CHEESE	2069	494	30.7	14.2	33.8	2.0	20.1	1.1
LOADED POTATO DIPPERS WITH CHEESE & BACON	2403	574	35.9	16.3	33.8	2.0	28.0	2.6
SHARER POTATO DIPPERS WITH CHEESE	4167	995	62.1	28.8	67.6	4.0	40.3	2.2
SHARER POTATO DIPPERS WITH CHEESE & BACON	4835	1155	72.6	33.0	67.7	4.1	56.1	5.3

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	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>STEAKS &amp; GRILLS</b>								
<b>STEAKS</b>								
8OZ SIRLOIN STEAK WITH SPLIT LOBSTER TAIL	4667	1115	63.3	25.5	70.1	5.9	67.8	4.2
8OZ FILLET WITH CHIPS	3593	858	41.6	10.3	65.5	2.7	57.9	3.3
8OZ FILLET WITH SALAD	2000	478	25.0	8.7	9.4	3.7	53.1	2.3
8OZ FILLET WITH VEG MEDLEY	2392	571	29.3	11.9	14.8	6.4	59.5	2.5
10OZ RIB-EYE WITH CHIPS	4275	1021	52.3	15.3	67.4	4.5	73.1	3.4
10OZ RIB-EYE WITH SALAD	2683	641	35.7	13.7	11.2	5.5	68.3	2.4
10OZ RIB-EYE WITH VEG MEDLEY	3075	734	40.0	16.9	16.7	8.3	74.8	2.7
8OZ SIRLOIN WITH CHIPS	3499	836	39.9	9.2	65.2	2.3	56.8	3.5
8OZ SIRLOIN WITH SALAD	1906	455	23.3	7.6	9.0	3.3	52.0	2.4
8OZ SIRLOIN WITH VEG MEDLEY	2298	549	27.6	10.8	14.5	6.1	58.5	2.7
10OZ RUMP WITH CHIPS	4081	975	50.8	13.4	65.2	2.4	66.8	3.8
10OZ RUMP WITH SALAD	2488	594	34.2	11.9	9.1	3.4	62.0	2.8
10OZ RUMP WITH VEG MEDLEY	2880	688	38.5	15.0	14.5	6.1	68.4	3.0
6OZ FLAT IRON WITH CHIPS	3319	793	39.4	8.0	65.1	2.4	47.0	3.3
6OZ FLAT IRON WITH SALAD	1727	412	22.8	6.4	9.0	3.4	42.2	2.3
6OZ FLAT IRON WITH VEG MEDLEY	2119	506	27.1	9.6	14.5	6.2	48.7	2.6
<b>GRILLS</b>								
BEEFEATER MIXED GRILL	6261	1495	69.6	17.5	86.4	5.3	117.2	9.8
MIXED GRILL WITH RUMP	7201	1720	87.4	25.3	83.2	5.5	150.9	10.3
MIXED GRILL WITH SIRLOIN	6619	1581	76.6	21.0	83.2	5.4	141.0	10.0
STICKY BOURBON BBQ RIBS	5523	1319	67.7	17.4	104.3	43.6	70.1	5.8
LAMB RUMP	2448	585	21.1	5.2	43.0	12.1	51.7	3.4
BBQ CHICKEN N RIBS	4332	1035	45.5	10.1	81.1	28.5	71.5	5.0
BBQ CHICKEN N WHOLE RACK OF RIBS	6035	1441	66.9	17.9	102.9	47.3	103.2	6.8
TRIPLE SKEWER COMBO	4076	974	53.3	16.2	70.6	26.9	55.6	4.5
<b>STEAK SAUCES</b>								
PRAWN & LOBSTER SAUCE	296	71	5.7	2.9	3.2	0.2	1.4	0.5
TRIPLE PEPPERCORN SAUCE	132	32	0.8	0.5	4.4	2.3	1.6	0.8
BEARNAISE SAUCE	510	122	11.6	8.4	3.4	1.5	0.8	0.4
RICH BEEF SAUCE	176	42	1.7	0.7	5.3	2.1	1.4	0.1
BEER & BEEF DRIPPING SAUCE	239	57	3.2	1.6	5.6	1.3	1.4	0.6
<b>STEAK BUTTER</b>								
SMOKY BACON FLAVOURED	570	136	14.1	8.8	2.0	0.0	0.2	0.3
BLUE CHEESE	578	138	14.5	9.3	0.2	0.0	1.6	0.5
SURF & TURF	582	139	9.8	4.5	1.2	0.6	12.3	1.0

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	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>FANCY A BIT ON THE SIDE</b>								
SWEET POTATO FRIES	1464	350	15.1	1.1	53.2	22.5	2.4	0.6
LOADED CHEESY BEEF FRIES	2626	627	35.0	11.9	61.0	1.0	19.4	1.8
HALLOUMI FRIES	2569	614	50.3	15.9	10.7	7.2	29.2	3.7
CHEESY JALAPENO PEPPERS	1583	378	25.3	7.9	30.0	3.5	6.7	0.7
MAC N CHEESE BITES	2479	592	32.0	11.5	57.3	7.5	17.2	2.3
CHUNKY SLAW	618	148	11.2	0.8	8.7	6.3	1.4	0.8
CRISPY BEER-BATTERED ONION RINGS	1234	295	16.5	1.2	31.8	3.5	3.6	0.9
3 BUTTERMILK CHICKEN WINGS PIRI PIRI	1382	330	21.3	3.0	19.1	0.9	14.9	2.1
3 BUTTERMILK CHICKEN WINGS BBQ SAUCE	1469	351	20.7	3.0	25.9	7.9	14.8	0.6
LARGE MIXED SALAD	278	66	3.0	0.4	7.8	6.5	1.4	0.3
JACKET POTATO	1573	376	8.6	5.3	67.8	2.7	8.7	0.3
SKINNY FRIES	1382	330	13.3	1.1	46.5	0.3	4.8	1.6
TRIPLE COOKED CHIPS	1670	399	17.5	1.7	57.9	0.4	5.2	1.1
VEG MEDLEY	470	112	5.2	3.2	7.2	4.2	6.9	0.4
HALF RACK OF PORK RIBS	1703	407	21.4	7.8	21.7	18.8	31.7	1.8
TENDERSTEM BROCCOLI	670	160	11.9	0.8	5.4	2.8	6.0	0.1
HERITAGE STYLE TOMATO SALAD	526	126	9.6	0.8	7.0	5.8	1.8	0.2
<b>HOUSE FAVOURITES</b>								
BEER-BATTERED HADDOCK & CHIPS WITH PEAS	4053	968	52.6	9.7	86.4	6.8	38.6	2.2
BEER-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4212	1006	52.7	9.8	93.0	5.5	40.9	3.1
HALIBUT FILLET	2679	640	40.4	13.9	27.6	7.6	40.4	1.3
SMOTHERED CHICKEN MELT	3552	848	38.8	8.2	74.6	14.2	51.1	4.4
CHARGRILLED GAMMON STEAK	4209	1005	54.1	5.1	76.8	14.7	55.7	7.5
BLACKENED GAMMON STEAK	4244	1014	54.2	5.1	78.2	16.0	56.0	7.9
GRILLED TUNA STEAK	1692	404	14.4	2.9	27.9	13.3	39.2	4.1
LEMON & THYME CHICKEN	4554	1088	69.6	31.8	56.8	3.8	55.4	3.0
SMOKY PAPRIKA CHICKEN	2940	702	29.1	2.9	67.5	7.9	43.9	3.3
PLAIN CHICKEN	2809	671	28.4	2.9	65.6	6.6	39.2	2.8
CAULIFLOWER CHEESE TART	2821	674	40.9	22.9	61.5	9.3	12.8	1.4
TERIYAKI SALMON	2298	549	30.9	3.3	19.3	16.0	45.4	2.7
CHICKEN & CHORIZO PIE	2146	513	24.9	9.3	39.8	9.8	26.6	1.7
BEEF & CHEDDAR PIE	5471	1307	86.0	46.2	94.0	11.8	31.7	4.5
FESTIVE TRUFFLED STEAK BURGER	5135	1226	66.5	19.4	101.1	23.1	51.7	6.9
VEGAN WITH BBQ SOYA	4103	980	40.7	4.2	113.2	19.9	37.9	4.3
DOUBLE BACON & CHEESE BEEF STEAK	6148	1468	87.3	28.2	103.6	14.8	67.7	5.7
BUTTERMILK CHICKEN & BLUE CHEESE	5751	1374	72.3	16.0	138.3	13.5	41.9	5.6

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<b>TASTY ALTERNATIVES</b>								
SWEET POTATO & FETA LASAGNE WITH CHIPS	4195	1002	48.8	14.8	115.0	13.8	27.6	3.7
SWEET POTATO & FETA LASAGNE WITH SALAD	2802	669	34.3	13.5	64.8	19.9	23.8	2.9
RAINBOW BOWL	4577	1093	68.6	11.3	88.6	13.0	21.2	3.4
RAINBOW BOWL WITH CRISPY BEEF	5335	1274	76.6	14.7	88.7	13.1	48.3	3.5
CRISPY BEEF ASIAN STYLE SALAD	2363	564	31.8	3.3	39.0	32.5	29.0	0.8
BUTTERMILK CHICKEN GOUJON CAESAR SALAD	2851	681	44.4	9.0	36.6	4.4	31.2	2.8
GRILLED CHICKEN CAESAR SALAD	1952	466	27.0	7.3	11.7	3.8	41.7	2.4
SEAFOOD RIGATONI PASTA	2796	668	30.8	14.7	69.1	6.5	26.7	3.4
ROAST VEGETABLE LINGUINE	2107	503	12.8	2.3	75.1	19.9	18.1	2.2
ROAST VEGETABLE LINGUINE WITH SALMON	3308	790	27.2	4.3	75.3	20.0	57.5	2.5
ROAST VEGETABLE LINGUINE WITH CHICKEN	2756	658	15.3	2.9	75.3	20.4	50.9	3.3
<b>PUDS</b>								
SIPSMITH SLOE GIN TRIFLE	1908	456	26.1	14.7	44.8	29.7	6.9	0.4
SALTED TOFFEE APPLE CRUMBLE WITH CUSTARD	2243	536	14.5	6.0	90.0	52.0	9.3	1.1
SALTED TOFFEE APPLE CRUMBLE WITH ICE CREAM	2101	502	14.1	6.0	82.3	47.9	8.1	1.0
GIN FIZZ SORBET	586	140	0.3	0.3	34.0	30.1	0.1	0.0
CHOCOLATE & ORANGE CROWNIE	3032	724	34.7	17.6	90.2	56.2	8.5	0.4
WARM CHOCOLATE BROWNIE	2324	555	19.5	5.5	84.8	36.5	7.4	0.1
BAKED CHEESECAKE	2680	640	34.5	20.4	74.7	53.4	6.9	0.3
STRAWBERRY FROZEN YOGHURT	667	159	1.3	0.7	31.1	26.9	5.2	0.2
AMARETTO PROFITEROLES	2598	620	36.8	22.3	65.1	53.1	6.5	0.3
STICKY TOFFEE PUDDING SUNDAE	4006	957	42.2	27.6	123.7	110.6	11.9	1.1
CHOCOLATE CHURROS SUNDAE	3126	747	32.0	13.3	97.5	44.6	12.2	0.4
ROCKY ROAD SUNDAE	2898	692	25.0	13.0	101.3	64.7	10.7	0.3
<b>MINI PUDS</b>								
CHOCOLATE TORTE	1234	295	20.2	10.2	24.0	12.9	3.4	0.1
STRAWBERRY YOGHURT CHEESECAKE	934	223	8.8	5.0	31.0	23.5	4.4	0.2
APPLE CRISP	1253	299	10.1	3.6	47.0	26.1	3.2	0.1
STRAWBERRY FROZEN YOGHURT	664	159	1.3	0.7	31.1	26.9	5.2	0.2
STICKY TOFFEE PUDDING SUNDAE	4023	961	43.3	27.1	129.7	113.3	11.7	1.0
CHOCOLATE CHURROS SUNDAE	3143	751	32.6	13.7	99.8	47.2	12.6	0.4
ROCKY ROAD SUNDAE	2915	696	25.7	13.4	103.6	67.3	11.1	0.2
<b>MINI PUDS</b>								
CHOCOLATE TORTE	1234	295	20.2	10.2	24.0	12.9	3.4	0.1
STRAWBERRY YOGHURT CHEESECAKE	934	223	8.8	5.0	31.0	23.5	4.4	0.2
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<b>FESTIVE MENU</b>								
<b>STARTERS</b>								
PRAWN & CRAB COCKTAIL	1657	396	20.3	6.4	33.3	10.3	19.1	2.1
TRIO OF CHEESE BITES	1814	433	25.3	12.5	39.3	16.8	10.9	1.2
STICKY ROOT VEG TART TATIN	1183	282	17.9	6.2	24.3	7.9	5.0	0.8
TOMATO & RED PEPPER SOUP	1680	401	22.8	10.6	40.1	12.4	6.4	2.2
PORK PATE	1649	394	22.0	10.4	34.4	8.3	10.6	1.5
<b>MAINS</b>								
FESTIVE TURKEY WITH ALL THE TRIMMINGS	4874	1164	60.2	11.7	97.8	20.5	56.0	3.6
OVEN BAKED SALMON	2943	703	43.7	9.1	30.9	10.4	45.3	1.4
FESTIVE TRUFFLED STEAK BURGER	5135	1226	66.5	19.4	101.1	23.1	51.7	6.9
MUSHROOM, SPINACH & TRUFFLE OIL TART	6012	1436	91.8	33.4	120.0	19.0	25.0	2.7
FESTIVE 8OZ SIRLOIN STEAK	4414	1054	55.7	18.3	71.2	4.8	69.5	4.3
FESTIVE 10OZ RIBEYE STEAK	5191	1240	68.1	24.4	73.4	7.0	85.8	4.3
FESTIVE 8OZ FILLET STEAK	4508	1077	57.4	19.4	71.6	5.2	70.6	4.2
<b>DESSERTS</b>								
CHRISTMAS PUDDING WITH BRANDY SAUCE	1784	426	12.1	8.2	73.2	48.1	3.0	0.3
CHRISTMAS PUDDING WITH ICE CREAM	1651	394	7.1	4.3	74.6	50.8	4.3	0.3
CHRISTMAS PUDDING WITH CUSTARD	1793	428	7.4	4.3	82.3	54.9	5.5	0.3
CHRISTMAS PUDDING WITH CREAM	1621	387	10.1	6.7	68.3	45.1	3.1	0.2
SALTED TOFFEE APPLE CRUMBLE	2184	522	16.1	7.1	84.3	49.0	7.6	1.0
ICE CREAM SUNDAE WITH AFTER EIGHT MINTS	2192	524	20.9	13.7	72.3	60.8	7.1	0.2
CHOCOLATE & COINTREAU TRIFLE	2482	593	34.6	19.3	60.2	40.8	9.5	0.7
CHOCOLATE, PEAR & FRANGIPANE TART	2124	507	24.5	9.8	58.7	43.6	9.0	0.3
<b>FESTIVE EXTRAS</b>								
FESTIVE FEAST	1550	370	16.6	4.6	33.9	9.4	20.0	1.6
CAULIFLOWER CHEESE	1182	282	20.2	11.8	9.7	3.8	14.0	1.6
PIGS IN BLANKETS	1276	305	18.0	6.1	17.2	15.9	18.5	1.5
CHOCOLATE TRUFFLES per truffle	326	78	5.9	4.4	5.5	5.4	0.6	0.0
<b>KIDS MENU</b>								
<b>MAIN</b>								
TURKEY DINNER	2648	632	31.6	4.9	43.6	6.2	39.9	2.0
TOMATO PASTA	1503	359	10.0	2.9	54.6	10.1	10.2	0.8
<b>DESSERTS</b>								
CHRISTMAS PUDDING	833	199	3.4	2.0	38.4	25.3	2.5	0.2
ICE CREAM WITH CHOCOLATE SAUCE	829	198	5.5	3.4	30.0	21.9	4.4	0.1
ICE CREAM WITH RASPBERRY SAUCE	826	197	5.4	3.3	30.3	22.5	4.3	0.1
ICE CREAM WITH CARAMEL SAUCE	832	199	5.8	3.6	29.7	23.2	4.5	0.2

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<b>CHRISTMAS DAY</b>								
<b>STARTERS</b>								
PRAWN & LOBSTER COCKTAIL	1680	401	20.2	6.4	33.1	10.3	20.8	2.3
THREE CHEESE FONDUE WITH STEAK SKEWER	2320	554	30.7	20.4	30.1	4.3	38.3	2.0
MUSHROOM & SHERRY SOUP	2014	481	30.9	21.4	36.8	7.4	11.5	2.0
ORANGE & TARRAGON CURED SALMON	1034	247	11.4	3.1	17.0	5.9	18.4	3.2
STICKY ROOT VEG TART TATIN	1183	282	17.9	6.2	24.3	7.9	5.0	0.8
<b>MAINS</b>								
TURKEY WITH ALL THE TRIMMINGS	5624	1343	70.1	15.6	116.8	21.8	57.4	3.5
HALIBUT FILLET	2631	629	38.7	13.6	28.3	7.5	40.4	1.4
LAMB RUMP	3732	891	45.5	8.9	65.5	17.6	50.2	1.1
MUSHROOM, SPINACH & TRUFFLE OIL TART	6933	1656	103.8	38.4	148.5	23.1	27.5	3.0
8OZ FILLET STEAK WITH SPLIT LOBSTER TAIL	4756	1136	65.0	26.6	70.5	6.3	68.7	4.0
<b>DESSERTS</b>								
CHRISTMAS PUDDING WITH BRANDY SAUCE	1784	426	12.1	8.2	73.2	48.1	3.0	0.3
CHRISTMAS PUDDING WITH ICE CREAM	1651	394	7.1	4.3	74.6	50.8	4.3	0.3
CHRISTMAS PUDDING WITH CUSTARD	1793	428	7.4	4.3	82.3	54.9	5.5	0.3
CHRISTMAS PUDDING WITH CREAM	1621	387	10.1	6.7	68.3	45.1	3.1	0.2
SALTED TOFFEE APPLE CRUMBLE	2184	522	16.1	7.1	84.3	49.0	7.6	1.0
AMARETTO PROFITEROLES	2598	620	36.8	22.3	65.1	53.1	6.5	0.3
CHOCOLATE & ORANGE CROWNIE	3032	724	34.7	17.6	90.2	56.2	8.5	0.4
<b>FESTIVE EXTRAS</b>								
FESTIVE FEAST	1550	370	16.6	4.6	33.9	9.4	20.0	1.6
CAULIFLOWER CHEESE	1182	282	20.2	11.8	9.7	3.8	14.0	1.6
PIGS IN BLANKETS	1276	305	18.0	6.1	17.2	15.9	18.5	1.5
<b>TO FINISH</b>								
CHOCOLATE TRUFFLES per truffle	326	78	5.9	4.4	5.5	5.4	0.6	0.0
<b>KIDS</b>								
<b>STARTERS</b>								
SAUSAGE WITH CRANBERRY SAUCE	794	190	10.0	3.4	15.8	14.9	9.1	0.5
GARLIC BREAD	467	112	4.6	1.4	14.5	0.8	2.5	0.3
VEGGIE STICKS	199	48	0.3	0.1	7.8	7.4	2.5	0.1
<b>MAINS</b>								
TURKEY DINNER	2648	632	31.6	4.9	43.6	6.2	39.9	2.0
STEAK & CHIPS	1930	461	15.8	4.0	35.9	3.5	26.8	1.1
QUORN SAUSAGE & MASH	1481	354	11.8	3.5	37.4	6.4	18.7	2.1



Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>DESSERTS</b>								
CHRISTMAS PUDDING	833	199	3.4	2.0	38.4	25.3	2.5	0.2
ICE CREAM WITH CHOCOLATE SAUCE	829	198	5.5	3.4	30.0	21.9	4.4	0.1
ICE CREAM WITH RASPBERRY SAUCE	826	197	5.4	3.3	30.3	22.5	4.3	0.1
ICE CREAM WITH CARAMEL SAUCE	832	199	5.8	3.6	29.7	23.2	4.5	0.2
<b>UNDER 3</b>								
TURKEY DINNER	2028	484	23.4	2.3	42.2	5.1	22.8	1.1
ICE CREAM WITH CHOCOLATE SAUCE	829	198	5.5	3.4	30.0	21.9	4.4	0.1
ICE CREAM WITH RASPBERRY SAUCE	826	197	5.4	3.3	30.3	22.5	4.3	0.1
ICE CREAM WITH CARAMEL SAUCE	832	199	5.8	3.6	29.7	23.2	4.5	0.2

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>BOXING DAY</b>								
<b>STARTERS</b>								
PRAWN & CRAB COCKTAIL	1657	396	20.3	6.4	33.3	10.3	19.1	2.1
THREE CHEESE FONDUE WITH STEAK SKEWER	2320	554	30.7	20.4	30.1	4.3	38.3	2.0
MUSHROOM & SHERRY SOUP	2014	481	30.9	21.4	36.8	7.4	11.5	2.0
STICKY ROOT VEG TART TATIN	1183	282	17.9	6.2	24.3	7.9	5.0	0.8
TRIO OF CHEESE BITES	1814	433	25.3	12.5	39.3	16.8	10.9	1.2
<b>MAINS</b>								
FESTIVE TURKEY WITH ALL THE TRIMMINGS	4874	1164	60.2	11.7	97.8	20.5	56.0	3.6
OVEN BAKED SALMON	2943	703	43.7	9.1	30.9	10.4	45.3	1.4
MUSHROOM, SPINACH & TRUFFLE OIL TART	6933	1656	103.8	38.4	148.5	23.1	27.5	3.0
FESTIVE TRUFFLED STEAK BURGER	5120	1223	66.4	19.4	100.5	22.5	51.6	6.9
FESTIVE 8OZ SIRLOIN STEAK	4414	1054	55.7	18.3	71.2	4.8	69.5	4.3
FESTIVE 10OZ RIBEYE STEAK	5191	1240	68.1	24.4	73.4	7.0	85.8	4.3
FESTIVE 8OZ FILLET STEAK	4508	1077	57.4	19.4	71.6	5.2	70.6	4.2
<b>DESSERTS</b>								
CHRISTMAS PUDDING WITH BRANDY SAUCE	1784	426	12.1	8.2	73.2	48.1	3.0	0.3
CHRISTMAS PUDDING WITH ICE CREAM	1651	394	7.1	4.3	74.6	50.8	4.3	0.3
CHRISTMAS PUDDING WITH CUSTARD	1793	428	7.4	4.3	82.3	54.9	5.5	0.3
CHRISTMAS PUDDING WITH CREAM	1621	387	10.1	6.7	68.3	45.1	3.1	0.2
SALTED TOFFEE APPLE CRUMBLE	2184	522	16.1	7.1	84.3	49.0	7.6	1.0
ICE CREAM SUNDAE WITH AFTER EIGHT MINTS	2192	524	20.9	13.7	72.3	60.8	7.1	0.2
CHOCOLATE & COINTREAU TRIFLE	2482	593	34.6	19.3	60.2	40.8	9.5	0.7
CHOCOLATE, PEAR & FRANGIPANE TART	2124	507	24.5	9.8	58.7	43.6	9.0	0.3
<b>FESTIVE EXTRAS</b>								
FESTIVE FEAST	1550	370	16.6	4.6	33.9	9.4	20.0	1.6
CAULIFLOWER CHEESE	1182	282	20.2	11.8	9.7	3.8	14.0	1.6
PIGS IN BLANKETS	1276	305	18.0	6.1	17.2	15.9	18.5	1.5
CHOCOLATE TRUFFLES	326	78	5.9	4.4	5.5	5.4	0.6	0.0
<b>KIDS</b>								
<b>MAIN</b>								
TURKEY DINNER	2648	632	31.6	4.9	43.6	6.2	39.9	2.0
QUORN SAUSAGE & MASH	1481	354	11.8	3.5	37.4	6.4	18.7	2.1
<b>DESSERTS</b>								
CHRISTMAS PUDDING	833	199	3.4	2.0	38.4	25.3	2.5	0.2
ICE CREAM WITH CHOCOLATE SAUCE	829	198	5.5	3.4	30.0	21.9	4.4	0.1
ICE CREAM WITH RASPBERRY SAUCE	826	197	5.4	3.3	30.3	22.5	4.3	0.1
ICE CREAM WITH CARAMEL SAUCE	832	199	5.8	3.6	29.7	23.2	4.5	0.2

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>NEW YEAR'S EVE</b>								
<b>STARTERS</b>								
BEEF BITES	2025	484	29.0	4.4	33.4	9.1	21.2	2.8
TRIO OF CHEESE BITES	1814	433	25.3	12.5	39.3	16.8	10.9	1.2
STICKY ROOT VEG TART TATIN	1183	282	17.9	6.2	24.3	7.9	5.0	0.8
TOMATO & RED PEPPER SOUP	1680	401	22.8	10.6	40.1	12.4	6.4	2.2
<b>MAINS</b>								
LAMB RUMP	2462	588	21.1	5.2	43.6	12.6	51.8	3.4
OVEN BAKED SALMON	2943	703	43.7	9.1	30.9	10.4	45.3	1.4
FESTIVE TRUFFLED STEAK BURGER	5120	1223	66.4	19.4	100.5	22.5	51.6	6.9
MUSHROOM, SPINACH & TRUFFLE OIL TART	6012	1436	91.8	33.4	120.0	19.0	25.0	2.7
FESTIVE 8OZ SIRLOIN STEAK	4414	1054	55.7	18.3	71.2	4.8	69.5	4.3
FESTIVE 10OZ RIB EYE STEAK	5191	1240	68.1	24.4	73.4	7.0	85.8	4.3
FESTIVE 8OZ FILLET STEAK	4508	1077	57.4	19.4	71.6	5.2	70.6	4.2
<b>DESSERTS</b>								
CHOCOLATE & CHERRY CROWNIE	2805	670	28.9	13.7	90.7	60.3	8.1	0.4
SALTED TOFFEE APPLE CRUMBLE WITH CUSTARD	2243	536	14.5	6.0	90.0	52.0	9.3	1.1
SALTED TOFFEE APPLE CRUMBLE WITH ICE CREAM	2101	502	14.1	6.0	82.3	47.9	8.1	1.0
STICKY TOFFEE PUDDING SUNDAE	4006	957	42.2	27.6	123.7	110.6	11.9	1.1
SIPSMITH SLOE GIN TRIFLE	1908	456	26.1	14.7	44.8	29.7	6.9	0.4
BAKED CHEESECAKE	2680	640	34.5	20.4	74.7	53.4	6.9	0.3

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
DAYTIME SAVER MENU								
STARTERS								
CRISPY FLAT MUSHROOMS	2047	489	33.0	2.8	42.6	8.5	7.1	2.2
LOADED POTATO DIPPERS WITH CHEESE	2069	494	30.7	14.2	33.8	2.0	20.1	1.1
GARLIC BREAD	912	218	9.1	2.9	28.3	1.0	4.7	0.6
TOMATO SOUP	1469	351	17.3	10.2	40.2	9.8	6.3	1.9
MAINS								
BEEF STEAK BURGER	3632	868	43.5	10.9	86.0	10.4	30.4	3.8
DOUBLE BACON & CHEESE BEEF STEAK	6148	1468	87.3	28.2	103.6	14.8	67.7	5.7
GRILLED PAPRIKA CHICKEN	2647	632	21.1	2.4	66.2	5.6	45.6	2.7
BEER-BATTERED FISH & CHIPS	4767	1138	64.8	7.2	103.6	5.0	35.7	2.0
HADDOCK & CHIPS	3685	880	43.9	9.1	84.2	5.5	38.4	1.8
5OZ GAMMON STEAK	3113	744	28.5	5.3	76.8	14.8	47.5	5.0
DOUBLE GAMMON STEAK	3945	942	35.8	8.0	76.9	15.0	80.4	8.7
SAUSAGE & MASH	3774	902	55.2	22.6	68.4	10.5	26.8	4.2
6OZ STEAK & TRIPLE COOKED CHIPS	3074	734	33.1	7.5	66.1	5.4	43.7	2.6
10OZ RUMP & TRIPLE COOKED CHIPS	3836	916	44.5	12.9	66.1	5.4	63.5	3.0
8OZ SIRLOIN & TRIPLE COOKED CHIPS	3253	777	33.7	8.7	66.1	5.3	53.5	2.7
GRILLED CHICKEN CAESAR SALAD	1952	466	26.9	7.3	11.8	3.9	41.7	2.4
BUTTERMILK CHICKEN GOUJON CAESAR SALAD	2850	681	44.4	9.0	36.7	4.4	31.1	2.7
ROASTED VEGETABLE LINGUINE	2061	492	14.3	3.4	69.0	19.9	16.8	2.1
ROASTED VEGETABLE LINGUINE WITH CHICKEN	2710	647	16.7	4.0	69.1	20.4	49.5	3.2
LASAGNE WITH SALAD	2485	594	25.3	10.8	60.7	22.1	28.0	3.3
LASAGNE WITH CHIPS	3878	926	39.8	12.1	110.9	16.0	31.8	4.2
OPEN STEAK SANDWICH	4198	1003	43.6	8.1	96.3	5.1	53.1	3.4
OPEN CHICKEN SANDWICH	3509	838	28.4	3.8	91.4	5.3	51.0	4.7
OPEN CHICKEN GOUJON SANDWICH	4408	1053	45.9	5.5	116.3	5.9	40.4	5.1
SWEET POTATO & FETA LASAGNE WITH SALAD	2556	611	33.6	14.3	52.7	14.9	21.4	2.6
SWEET POTATO & FETA LASAGNE WITH CHIPS	4149	991	50.2	15.9	108.8	13.9	26.2	3.6
CHICKEN MAKHANI CURRY	4179	998	31.0	12.1	115.4	23.5	58.6	6.2
CHICKEN & HAM PIE	5002	1195	68.4	32.9	105.6	10.0	33.0	3.0
HALF RACK OF RIBS & FRIES	3374	806	39.9	9.2	72.3	22.1	37.1	3.7
SWEET POTATO FRIES	1464	350	15.1	1.1	53.2	22.5	2.4	0.6

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>PUDDING</b>								
WARM CHOCOLATE BROWNIE	2330	557	19.7	5.6	85.6	37.4	7.6	0.1
ICE CREAM WITH CHOCOLATE SAUCE	936	224	7.0	4.3	34.5	26.0	5.0	0.1
ICE CREAM WITH BERRY COMPOTE	814	194	6.0	3.6	29.9	22.4	4.7	0.1
CARAMEL APPLE BETTY WITH CREAM	2044	488	23.9	14.2	63.4	38.9	4.1	0.4
CARAMEL APPLE BETTY WITH WHIPPED CREAM	1727	413	15.5	9.0	63.7	39.2	3.8	0.4
CARAMEL APPLE BETTY WITH CUSTARD	1900	454	12.8	6.6	77.7	49.0	6.2	0.5
CARAMEL APPLE BETTY WITH ICE CREAM	1764	421	12.7	6.7	70.7	45.8	5.1	0.4
PROFITEROLES	1953	467	27.8	15.8	46.2	29.9	7.1	0.1

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>EVENING MENU</b>								
<b>STARTERS</b>								
CRISPY FLAT MUSHROOMS	2047	489	33.0	2.8	42.6	8.5	7.1	2.2
LOADED POTATO DIPPERS WITH CHEESE	2069	494	30.7	14.2	33.8	2.0	20.1	1.1
TOMATO SOUP	1469	351	17.3	10.2	40.2	9.8	6.3	1.9
CLASSIC PRAWN COCKTAIL	1412	337	20.2	6.3	21.9	9.9	16.3	2.0
<b>MAINS</b>								
BEEF STEAK BURGER	3632	868	43.5	10.9	86.0	10.4	30.4	3.8
DOUBLE BACON & CHEESE BEEF STEAK	6148	1468	87.3	28.2	103.6	14.8	67.7	5.7
VEGAN WITH BBQ SOYA	4103	980	40.7	4.2	113.2	19.9	37.9	4.3
SAUSAGE & MASH	3774	902	55.2	22.6	68.4	10.5	26.8	4.2
SMOKY PAPRIKA CHICKEN	2940	702	29.1	2.9	67.5	7.9	43.9	3.3
PLAIN CHICKEN	2809	671	28.4	2.9	65.6	6.6	39.2	2.8
6OZ FLAT IRON WITH CHIPS	3319	793	39.4	8.0	65.1	2.3	47.1	3.3
10OZ RUMP WITH CHIPS	4081	975	50.7	13.4	65.1	2.3	66.8	3.8
8OZ SIRLOIN WITH CHIPS	3499	836	39.9	9.2	65.1	2.2	56.9	3.5
10OZ RIB-EYE WITH CHIPS	4275	1021	52.3	15.3	67.3	4.4	73.2	3.4
SWEET POTATO & FETA LASAGNE WITH CHIPS	4195	1002	48.8	14.8	115.0	13.8	27.6	3.7
SWEET POTATO & FETA LASAGNE WITH SIDE SALAD	2802	669	34.3	13.5	64.8	19.9	23.8	2.9
BEER-BATTERED HADDOCK & CHIPS WITH PEAS	4053	968	52.6	9.7	86.4	6.8	38.6	2.2
BEER-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4212	1006	52.7	9.8	93.0	5.5	40.9	3.1
LOADED CHEESY BEEF FRIES	2626	627	35.0	11.9	61.0	1.0	19.4	1.8
<b>DESSERTS</b>								
WARM CHOCOLATE BROWNIE	2330	557	19.7	5.6	85.6	37.4	7.6	0.1
CARAMEL APPLE BETTY WITH CUSTARD	1900	454	12.8	6.6	77.7	49.0	6.2	0.5
ROCKY ROAD SUNDAE	2915	696	25.7	13.4	103.6	67.3	11.1	0.2
PROFITEROLES	1953	467	27.8	15.8	46.2	29.9	7.1	0.1

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>SUNDAY LUNCH</b>								
<b>STARTERS</b>								
TOMATO SOUP	1469	351	17.3	10.2	40.2	9.8	6.3	1.9
CRISPY FLAT MUSHROOMS	2047	489	33.0	2.8	42.6	8.5	7.1	2.2
LOADED POTATO DIPPERS WITH CHEESE	2069	494	30.7	14.2	33.8	2.0	20.1	1.1
CLASSIC PRAWN COCKTAIL	1412	337	20.2	6.3	21.9	9.9	16.3	2.0
5 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI	2261	540	35.1	5.0	30.5	1.1	24.7	2.3
5 BUTTERMILK CHICKEN WINGS WITH BBQ	2348	561	34.5	5.0	37.3	8.2	24.6	0.9
<b>MAINS</b>								
SLOW-COOKED BEEF	3971	949	52.7	7.4	65.1	6.4	53.5	3.1
HALF ROAST CHICKEN	4492	1073	62.3	8.4	65.3	6.6	63.2	3.3
RUMP OF LAMB	3919	936	50.8	6.8	65.3	6.6	54.9	3.0
ROOT VEGETABLE WELLINGTON	5536	1322	83.8	24.6	117.3	14.4	23.6	2.4
SUNDAY EXTRA	2576	615	37.9	2.7	55.1	2.5	10.8	1.3
CAULIFLOWER CHEESE	1182	282	20.2	11.8	9.7	3.8	14.0	1.6
<b>KIDS</b>								
SLOW-COOKED BEEF	2731	652	29.1	5.0	42.1	5.0	52.3	1.3
CHICKEN BREAST	2082	497	22.4	1.9	42.2	5.3	28.2	1.3
<b>PUDS</b>								
CARAMEL APPLE BETTY WITH CREAM	2044	488	23.9	14.2	63.4	38.9	4.1	0.4
CARAMEL APPLE BETTY WITH WHIPPED CREAM	1727	413	15.5	9.0	63.7	39.2	3.8	0.4
CARAMEL APPLE BETTY WITH CUSTARD	1900	454	12.8	6.6	77.7	49.0	6.2	0.5
CARAMEL APPLE BETTY WITH ICE CREAM	1764	421	12.7	6.7	70.7	45.8	5.1	0.4
WARM CHOCOLATE BROWNIE	2330	557	19.7	5.6	85.6	37.4	7.6	0.1
ICE CREAM WITH BERRY COMPOTE	814	194	6.0	3.6	29.9	22.4	4.7	0.1
ROCKY ROAD SUNDAE	2915	696	25.7	13.4	103.6	67.3	11.1	0.2
PROFITEROLES	1953	467	27.8	15.8	46.2	29.9	7.1	0.1

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>BEEFEATER BUFFET MENU</b>								
<b>BUFFET 1</b>								
<b>SANDWICHES</b>								
CHEESE & TOMATO (PER 1/4)	440	105	5.7	3.4	8.8	0.8	4.3	0.4
EGG MAYO (PER 1/4)	409	98	5.1	2.0	8.8	0.5	3.8	0.4
HAM & MUSTARD (PER 1/4)	578	138	5.6	2.6	9.1	0.9	12.4	1.5
PRAWN & MARIE ROSE (PER 1/4)	470	112	5.4	1.6	10.8	2.2	4.9	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	1020	244	14.9	1.2	24.2	2.2	4.4	1.1
POP IN CHICKEN (PER 6)	509	122	6.1	0.9	7.9	0.0	8.9	0.3
CHIPS (PER 200G)	1700	406	18.6	1.4	51.2	0.2	4.6	1.1
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	115	28	0.2	0.0	4.5	3.4	1.6	0.1
GARLIC BREAD (PER SLICE)	456	109	4.6	1.4	14.2	0.5	2.4	0.3
MIXED SALAD (PER 1/4 PORTION)	71	17	0.8	0.1	1.9	1.7	0.3	0.1
<b>BUFFET 2</b>								
<b>SANDWICHES</b>								
CHEESE & TOMATO (PER 1/4)	440	105	5.7	3.4	8.8	0.8	4.3	0.4
EGG MAYO (PER 1/4)	409	98	5.1	2.0	8.8	0.5	3.8	0.4
HAM & MUSTARD (PER 1/4)	578	138	5.6	2.6	9.1	0.9	12.4	1.5
PRAWN & MARIE ROSE (PER 1/4)	470	112	5.4	1.6	10.8	2.2	4.9	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	1020	244	14.9	1.2	24.2	2.2	4.4	1.1
CHICKEN GOUJONS (PER 3 PLUS DIP)	849	203	10.7	1.6	13.5	1.5	12.4	0.7
CHIPS (PER 200G)	1700	406	18.6	1.4	51.2	0.2	4.6	1.1
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	115	28	0.2	0.0	4.5	3.4	1.6	0.1
CHEESY GARLIC BREAD (PER SLICE)	595	142	7.1	3.0	14.3	0.6	4.8	0.4
MIXED SALAD (PER 1/4 PORTION)	71	17	0.8	0.1	1.9	1.7	0.3	0.1
TORTILLA CHIPS & DIP (30G PLUS DIPS)	741	177	9.4	2.1	19.8	0.8	2.4	0.3
ONION RINGS (PER 3)	463	110	6.2	0.4	11.9	1.3	1.3	0.3
TEMPURA PRAWNS (2 EACH PLUS DIP)	662	158	9.2	2.8	14.4	5.4	4.2	0.9



Product/ Dish Description	Nutrition Information Per Portion							
	KJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>BUFFET 3</b>								
<b>SANDWICHES</b>								
CHEESE & TOMATO (PER 1/4)	440	105	5.7	3.4	8.8	0.8	4.3	0.4
EGG MAYO (PER 1/4)	409	98	5.1	2.0	8.8	0.5	3.8	0.4
CHICKEN & BACON (PER 1/4)	313	75	3.0	1.5	8.9	0.4	2.8	0.3
PRAWN & MARIE ROSE (PER 1/4)	470	112	5.4	1.6	10.8	2.2	4.9	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	1020	244	14.9	1.2	24.2	2.2	4.4	1.1
CHICKEN GOUJONS (PER 3 PLUS DIP)	849	203	10.7	1.6	13.5	1.5	12.4	0.7
CHIPS (PER 200G)	1700	406	18.6	1.4	51.2	0.2	4.6	1.1
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	115	28	0.2	0.0	4.5	3.4	1.6	0.1
CHEESY GARLIC BREAD (PER SLICE)	595	142	7.1	3.0	14.3	0.6	4.8	0.4
MIXED SALAD (PER 1/4 PORTION)	71	17	0.8	0.1	1.9	1.7	0.3	0.1
TORTILLA CHIPS & DIP (30G PLUS DIPS)	741	177	9.4	2.1	19.8	0.8	2.4	0.3
ONION RINGS (PER 3)	463	110	6.2	0.4	11.9	1.3	1.3	0.3
TEMPURA PRAWNS (2 EACH PLUS DIP)	662	158	9.2	2.8	14.4	5.4	4.2	0.9
THREE CHEESE CRUSTLESS QUICHE (PER PORTION)	414	99	7.5	3.7	4.2	0.6	4.1	0.2
POTATO DIPPERS (PER PORTION)	743	177	10.8	4.9	12.8	0.7	6.9	0.4
SAUSAGE ROLLS (PER 2)	829	198	11.3	5.0	19.1	0.4	4.3	0.7
<b>DESSERTS</b>								
CHOCOLATE BROWNIE (1 PLUS SAUCE)	613	146	5.4	2.0	22.1	16.2	1.8	0.1
PROFITEROLES (1 PLUS SAUCE)	383	92	5.6	3.1	9.0	5.3	1.2	0.0

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
FULL BREAKFAST								
COOKED BACK BACON (PER 2 RASHERS)	690	165	10.9	4.3	0.1	0.1	16.4	3.2
SAUSAGE (EACH)	574	137	10.0	3.6	4.0	0.7	7.5	0.6
QUORN SAUSAGE (EACH)	325	78	3.2	0.3	4.2	0.4	6.4	0.5
SCRAMBLED EGG (PER PORTION)	721	172	12.1	3.6	1.4	1.4	14.5	0.4
FRIED EGG (PER EGG)	254	61	3.3	0.9	1.5	0.2	6.3	0.2
POACHED EGGS (PER EGG)	332	79	5.8	1.7	0.0	0.0	6.8	0.2
BOILED EGGS (PER EGG)	341	82	5.8	1.7	0.0	0.0	6.8	0.2
OMELETTE (PER PORTION)	1301	311	27.9	13.8	0.2	0.2	13.6	0.8
HASH BROWNS (EACH)	392	94	4.9	2.1	12.0	0.3	0.9	0.2
BUBBLE AND SQUEAK (PER PORTION)	707	169	13.3	1.2	9.6	1.3	1.6	0.5
BLACK PUDDING (PER SLICE)	509	122	8.1	3.0	5.5	0.1	6.6	0.9
MUSHROOMS WITH BUTTER (PER PORTION)	706	169	16.7	10.5	0.5	0.3	3.5	0.4
TOMATO M (PER HALF TOMATO)	42	10	0.2	0.1	1.6	1.6	0.4	0.0
TOMATO COOKED IN RATIONAL (PER HALF TOMATO)	117	28	2.2	0.2	1.6	1.6	0.4	0.0
BAKED BEANS (PER PORTION)	381	91	1.4	0.2	12.8	6.8	4.5	0.7

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>CONTINENTAL BREAKFAST</b>								
<b>BAKERY</b>								
CROISSANT (EACH)	674	161	7.5	4.3	19.3	2.2	3.7	0.4
MINI PAIN AUX RAISIN (EACH)	493	118	5.4	3.1	15.0	6.3	1.9	0.2
MINI PAIN AUX CHOCOLAT (EACH)	613	146	8.3	4.8	14.7	4.6	2.8	0.2
CINNAMON AND RAISIN BAGELS (EACH)	1228	293	1.4	0.2	59.2	9.9	9.5	0.8
BLUEBERRY MINI MUFFIN (EACH)	476	114	6.7	0.6	12.7	6.5	1.3	0.1
SOURDOUGH CRUMPETS (EACH)	380	91	0.6	0.1	17.8	0.8	3.1	0.6
WHITE SANDWICH BREAD (PER SLICE)	376	90	0.7	0.1	17.4	0.9	3.1	0.3
MALTED SANDWICH BREAD (PER SLICE)	384	92	1.0	0.3	16.6	0.8	3.4	0.3
GLUTEN FREE BREAD SLICE (PER SLICE)	353	84	1.7	0.1	13.7	0.3	2.2	0.4
REDUCED SUGAR PANCAKE (EACH)	402	96	3.0	0.4	15.1	1.0	2.7	0.3
NUTELLA CHOCOLATE SPREAD PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
PEANUT BUTTER	PLEASE REFER TO PACKET FOR INFORMATION							
MAPLE SYRUP PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
ORANGE MARMALADE PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
HONEY PORTION	PLEASE REFER TO PACKET FOR INFORMATION							
MARMITE PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
STRAWBERRY JAM PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- RASPBERRY	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- BLACKCURRANT	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- APRICOT	PLEASE REFER TO PACKET FOR INFORMATION							
SALTED BUTTER PORTIONS (PER PORTION)	201	48	5.3	3.4	0.1	0.1	0.0	0.1
SUNFLOWER SPREAD (PER PORTION)	178	43	4.7	1.1	0.0	0.0	0.0	0.1
<b>FRUITS</b>								
FRUIT SALAD (PER PORTION)	205	49	0.1	0.0	10.3	10.3	0.6	0.0
APPLES GREEN (EACH)	283	68	0.1	0.0	15.0	15.0	0.4	0.0
BANANAS (EACH)	517	124	0.4	0.1	27.8	25.1	1.4	0.0
FRUIT BERRY MIX (PER PORTION)	97	23	0.2	0.0	5.1	5.1	0.7	0.0
DRIED FRUIT MIX (PER 100G)	1432	342	0.6	0.1	81.3	66.8	0.5	0.0

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>YOGHURTS AND CEREALS</b>								
STRAWBERRY YOGHURT (EACH)	533	127	4.6	2.9	15.8	15.5	5.6	0.2
VANILLA YOGHURT (EACH)	397	95	0.0	0.0	17.2	16.8	6.5	0.2
GREEK STYLE YOGHURT (EACH)	364	87	0.0	0.0	10.5	10.5	11.4	0.2
COCO POPS (PER 30G)	486	116	0.8	0.3	25.5	10.5	1.5	0.2
CRUNCHY NUT CORNFLAKES (PER 30G)	505	121	1.5	0.3	24.6	10.5	1.8	0.3
CORNFLAKES (PER 30G)	475	113	0.3	0.1	25.2	2.4	2.1	0.4
SPECIAL K (PER 30G)	471	113	0.5	0.1	23.7	5.1	2.7	0.3
WEETABIX (PER 2 BISCUITS)	568	136	0.8	0.2	25.9	1.7	4.5	0.1
KELLOGG'S MUESLI FRUIT (PER 45G)	477	114	3.0	0.8	17.7	5.7	2.7	0.0
RICE KRISPIES (PER 30G)	482	115	0.5	0.1	25.5	2.4	2.1	0.3
BRAN FLAKES (PER 30G)	447	107	0.6	0.2	19.8	6.0	3.3	0.3
GRANOLA OAT AND RAISIN (PER PORTION)	860	206	4.4	1.4	36.5	13.0	4.3	0.0
OATS2GO PORRIDGE SACHETS (PER PORTION)	415	99	2.3	0.4	15.1	0.3	3.3	0.0

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BEEFEATER MAIN MENU WHILE YOU BROWSE</b>																				
<b>BEEF CRISPS</b>																				
POTATO CRISP	YES	YES																		
RAPESEED OIL	YES	YES																		
BEEF SEASONING	NO	NO																		
<b>BEEF CRISPS</b>																				
<b>HALLOUMI FRIES</b>																				
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
SMOKEY TOMATO DIP	YES	YES												Y	Y					
ROCKET LEAF	YES	YES																		
HALLOUMI	YES	NO						Y												
<b>HALLOUMI FRIES</b>																				
<b>SHARERS</b>																				
<b>GARLIC FLATBREAD STRIPS</b>																				
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
<b>GARLIC FLATBREAD STRIPS</b>																				
<b>LOADED NACHOS</b>																				
FETA CHEESE	YES	NO						Y												
CAJUN JACK CHEESE SAUCE	YES	NO						Y								Y				
SMOKEY BEEF COWBOY BEANS	NO	NO	Y		Y										Y					
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
GREEN SLICED JALAPENOS	YES	YES																		
TORTILLA CHIPS	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
RADISH	YES	YES																		
AVOCADO HALVES	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TOMATO M	YES	YES																		
ONIONS RED	YES	YES																		
CHILLIES RED	YES	YES																		
LIMES	YES	NO																		
TABLE SALT	YES	YES																		
<b>LOADED NACHOS</b>																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>THE BEEFEATER SHARING PLATTER</b>																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y					Y												
LAMB KOFTA	NO	NO	Y									Y								
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
POTATO DIPPERS	YES	YES																		
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y												
BBQ SAUCE	YES	YES																		
RANCH DRESSING	YES	NO						Y	Y						Y					
PIRI PIRI SAUCE	YES	YES										Y			Y					
<b>THE BEEFEATER SHARING PLATTER</b>																				
	NO	NO	Y				Y	Y	Y			Y			Y					
<b>SHARING PLATTER WITH HALF RACK PORK RIBS</b>																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y					Y												
LAMB KOFTA	NO	NO	Y									Y								
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
POTATO DIPPERS	YES	YES																		
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y												
BBQ SAUCE	YES	YES																		
RANCH DRESSING	YES	NO						Y	Y						Y					
PIRI PIRI SAUCE	YES	YES										Y								
RAPESEED OIL	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
<b>SHARING PLATTER WITH HALF RACK PORK RIBS</b>																				
	NO	NO	Y				Y	Y	Y			Y			Y					
<b>STARTERS</b>																				
<b>BEEF BITES</b>																				
HERB DRESSING	YES	YES																		
BEEF BITES	NO	NO	Y					Y				Y			Y					
LAMBS LETTUCE	YES	YES																		
HORSERADISH SAUCE	YES	NO						Y	Y						Y					
LIGHT MAYONNAISE	YES	NO						Y							Y					
<b>BEEF BITES</b>																				
	NO	NO	Y					Y	Y			Y			Y					
<b>STEAK SKEWER WITH THREE CHEESE FONDUE</b>																				
PAPRIKA PEPPER	YES	YES																		
CIABATTA LOAF	YES	YES	Y	Y																
PEASHOOTS	YES	YES																		
3 CHEESE FONDUE	YES	NO						Y				Y								
BEEF SKEWER	NO	NO	Y																	
<b>STEAK SKEWER WITH THREE CHEESE FONDUE</b>																				
	NO	NO	Y	Y				Y				Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CRISPY FLAT CAP MUSHROOMS</b>																				
RAPESEED OIL	YES	YES																		
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y												
BBQ SAUCE	YES	YES																		
RANCH DRESSING	YES	NO						Y	Y						Y					
<b>CRISPY FLAT CAP MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>						<b>Y</b>					
<b>STICKY ROOT VEGETABLE TART TATIN</b>																				
HERB DRESSING	YES	YES																		
FETA CHEESE	YES	NO						Y												
PEASHOOTS	YES	YES																		
BEETROOT & ONION TART	YES	YES	Y																	
<b>STICKY ROOT VEGETABLE TART TATIN</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>											
<b>5 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI</b>																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y					Y												
RAPESEED OIL	YES	YES																		
PIRI PIRI SAUCE	YES	YES											Y							
<b>5 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>					<b>Y</b>							
<b>5 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE</b>																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y					Y												
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
<b>5 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>8 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI</b>																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y					Y												
RAPESEED OIL	YES	YES																		
PIRI PIRI SAUCE	YES	YES											Y							
<b>8 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>					<b>Y</b>							
<b>8 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE</b>																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y					Y												
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
<b>8 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CLASSIC PRAWN COCKTAIL</b>																				
PAPRIKA PEPPER	YES	YES																		
SALTED BUTTER	YES	NO						Y												
CIABATTA LOAF	YES	YES	Y	Y																
SEAFOOD SAUCE	YES	NO						Y							Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO									Y									
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
LEMON CASE	YES	NO																		
<b>CLASSIC PRAWN COCKTAIL</b>																				
	NO	NO	Y	Y				Y	Y		Y				Y					
<b>BUTTERMILK CHICKEN GOUJONS</b>																				
AGED CHEESE SAUCE	YES	NO					Y		Y											
RAPESEED OIL	YES	YES																		
SMOKEY TOMATO DIP	YES	YES												Y	Y					
GREEN SLICED JALAPENOS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y						Y											
<b>BUTTERMILK CHICKEN GOUJONS</b>																				
	NO	NO	Y				Y		Y					Y	Y					
<b>ORANGE &amp; TARRAGON CURED SALMON</b>																				
REDUCED FAT SOUR CREAM	YES	NO							Y											
HORSERADISH SAUCE	YES	NO							Y	Y					Y					
CIABATTA LOAF	YES	YES	Y	Y																
PEASHOOTS	YES	YES																		
LEMON CASE	YES	NO																		
CURED SALMON WITH ORANGE & TARRAGON	NO	NO									Y									
<b>ORANGE &amp; TARRAGON CURED SALMON</b>																				
	NO	NO	Y	Y				Y	Y	Y					Y					
<b>CRISPY BEEF ASIAN STYLE SALAD</b>																				
PINKSTAR SLAW	YES	YES																		
LAMBS LETTUCE	YES	YES																		
SESAME SEEDS	YES	YES											Y							
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
CHILLIES RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
ASIAN DRESSING	YES	YES																		
KOREAN SPICY BBQ SAUCE	YES	YES	Y				Y													
BATTER MIX	YES	YES	Y																	
PULLED BEEF BRISKET	NO	NO																		
<b>CRISPY BEEF ASIAN STYLE SALAD</b>																				
	NO	NO	Y				Y						Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CALAMARI</b>																				
CALAMARI	NO	NO	Y								Y									
SURF & TURF SAUCE	NO	NO	Y					Y	Y	Y	Y		Y			Y				
FRESH HERBS FLAT PARSLEY	YES	YES																		
LEMON CASE	YES	NO																		
<b>CALAMARI</b>																				
CALAMARI	NO	NO	Y					Y	Y	Y	Y	Y	Y			Y				
<b>SCALLOPS</b>																				
SCALLOPS	NO	NO										Y								
GARLIC AND PARSLEY SPREAD	YES	NO							Y											
FRENCH DRESSING	YES	YES											Y			Y				
CIABATTA LOAF	YES	YES	Y	Y																
SMOKED DRY CURED STREAKY BACON	NO	NO																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
ROCKET LEAF	YES	YES																		
LEMON CASE	YES	NO																		
<b>SCALLOPS</b>																				
SCALLOPS	NO	NO	Y	Y					Y			Y	Y			Y				
<b>LOADED POTATO DIPPERS WITH CHEESE</b>																				
SOUR CREAM CHIVE DRESSING	YES	NO							Y											
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
<b>LOADED POTATO DIPPERS WITH CHEESE</b>																				
LOADED POTATO DIPPERS WITH CHEESE	YES	NO							Y											
<b>LOADED POTATO DIPPERS WITH CHEESE &amp; BACON</b>																				
BACK BACON	NO	NO																		
SOUR CREAM CHIVE DRESSING	YES	NO							Y											
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
<b>LOADED POTATO DIPPERS WITH CHEESE &amp; BACON</b>																				
LOADED POTATO DIPPERS WITH CHEESE & BACON	NO	NO							Y											
<b>SHARER POTATO DIPPERS WITH CHEESE</b>																				
SOUR CREAM CHIVE DRESSING	YES	NO							Y											
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
<b>SHARER POTATO DIPPERS WITH CHEESE</b>																				
SHARER POTATO DIPPERS WITH CHEESE	YES	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>SHARER POTATO DIPPERS WITH CHEESE &amp; BACON</b>																				
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	YES	YES																		
BACK BACON	NO	NO																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>SHARER POTATO DIPPERS WITH CHEESE &amp; BACON</b>	<b>NO</b>	<b>NO</b>						<b>Y</b>												
<b>STEAKS &amp; GRILLS</b>																				
<b>STEAKS</b>																				
<b>8OZ SIRLOIN STEAK WITH SPLIT LOBSTER TAIL</b>																				
TENDER STEM BROCCOLI	YES	YES																		
TRUFFLE SEASONING	YES	YES																		
RAPESEED OIL	YES	YES																		
PEASHOOTS	YES	YES																		
CRAYFISH PROSECCO HOLLANDAISE	NO	NO						Y	Y	Y	Y		Y		Y					
WEST COUNTRY SIRLOIN STEAK 8OZ	NO	NO																		
LOBSTER TAILS	NO	NO									Y									
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>8OZ SIRLOIN STEAK WITH SPLIT LOBSTER TAIL</b>	<b>NO</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>	<b>Y</b>	<b>Y</b>		<b>Y</b>		<b>Y</b>					
<b>8OZ FILLET WITH CHIPS</b>																				
LAMBS LETTUCE	YES	YES																		
FILLET STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>8OZ FILLET WITH CHIPS</b>	<b>NO</b>	<b>NO</b>																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>8OZ FILLET WITH SALAD</b>																				
LAMBS LETTUCE	YES	YES																		
FILLET STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES																		
CUCUMBER	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>8OZ FILLET WITH SALAD</b>	<b>NO</b>	<b>NO</b>																		
<b>8OZ FILLET WITH VEG MEDLEY</b>																				
LAMBS LETTUCE	YES	YES																		
FILLET STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
VEG MIX GREEN	YES	NO																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>8OZ FILLET WITH VEG MEDLEY</b>	<b>NO</b>	<b>NO</b>																		
<b>10OZ RIB-EYE WITH CHIPS</b>																				
LAMBS LETTUCE	YES	YES																		
RIBEYE STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>10OZ RIB-EYE WITH CHIPS</b>	<b>NO</b>	<b>NO</b>																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>10OZ RIB-EYE WITH SALAD</b>																				
LAMBS LETTUCE	YES	YES																		
RIBEYE STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>10OZ RIB-EYE WITH SALAD</b>	<b>NO</b>	<b>NO</b>											Y		Y					
<b>10OZ RIB-EYE WITH VEG MEDLEY</b>																				
LAMBS LETTUCE	YES	YES																		
RIBEYE STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
VEG MIX GREEN	YES	NO					Y		Y											
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>10OZ RIB-EYE WITH VEG MEDLEY</b>	<b>NO</b>	<b>NO</b>					Y		Y											
<b>8OZ SIRLOIN WITH CHIPS</b>																				
LAMBS LETTUCE	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>8OZ SIRLOIN WITH CHIPS</b>	<b>NO</b>	<b>NO</b>																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>8OZ SIRLOIN WITH SALAD</b>																				
LAMBS LETTUCE	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES																		
CUCUMBER	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>8OZ SIRLOIN WITH SALAD</b>	<b>NO</b>	<b>NO</b>																		
<b>8OZ SIRLOIN WITH VEG MEDLEY</b>																				
LAMBS LETTUCE	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
VEG MIX GREEN	YES	NO																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>8OZ SIRLOIN WITH VEG MEDLEY</b>	<b>NO</b>	<b>NO</b>																		
<b>10OZ RUMP WITH CHIPS</b>																				
LAMBS LETTUCE	YES	YES																		
RUMP STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>10OZ RUMP WITH CHIPS</b>	<b>NO</b>	<b>NO</b>																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>10OZ RUMP WITH SALAD</b>																				
LAMBS LETTUCE	YES	YES																		
RUMP STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>10OZ RUMP WITH SALAD</b>	<b>NO</b>	<b>NO</b>											Y			Y				
<b>10OZ RUMP WITH VEG MEDLEY</b>																				
LAMBS LETTUCE	YES	YES																		
RUMP STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
VEG MIX GREEN	YES	NO					Y		Y											
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>10OZ RUMP WITH VEG MEDLEY</b>	<b>NO</b>	<b>NO</b>					Y		Y											
<b>6OZ FLAT IRON WITH CHIPS</b>																				
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
FLAT IRON STEAK 6OZ	NO	NO																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>6OZ FLAT IRON WITH CHIPS</b>	<b>NO</b>	<b>NO</b>																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>6OZ FLAT IRON WITH SALAD</b>																				
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
FLAT IRON STEAK 6OZ	NO	NO																		
TABLE SALT	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>6OZ FLAT IRON WITH SALAD</b>	<b>NO</b>	<b>NO</b>										Y			Y					
<b>6OZ FLAT IRON WITH VEG MEDLEY</b>																				
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
FLAT IRON STEAK 6OZ	NO	NO																		
VEG MIX GREEN	YES	NO					Y		Y											
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>6OZ FLAT IRON WITH VEG MEDLEY</b>	<b>NO</b>	<b>NO</b>					Y		Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>GRILLS</b>																				
<b>BEEFEATER MIXED GRILL</b>																				
50Z BOOMERANG GAMMON STEAK	NO	NO																		
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
BRITISH PREMIER INN SAUSAGES	NO	NO	Y									Y								
FLAT IRON 40Z	NO	NO																		
CHICKEN BREAST FILLET	NO	NO																		
CAGE FREE UK LION MED EGGS	YES	NO							Y											
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>BEEFEATER MIXED GRILL</b>																				
	NO	NO	Y		Y				Y				Y							
<b>MIXED GRILL WITH RUMP</b>																				
50Z BOOMERANG GAMMON STEAK	NO	NO																		
LAMBS LETTUCE	YES	YES																		
RUMP STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
BRITISH PREMIER INN SAUSAGES	NO	NO	Y									Y								
CHICKEN BREAST FILLET	NO	NO																		
CAGE FREE UK LION MED EGGS	YES	NO							Y											
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>MIXED GRILL WITH RUMP</b>																				
	NO	NO	Y		Y				Y				Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>MIXED GRILL WITH SIRLOIN</b>																				
50Z BOOMERANG GAMMON STEAK	NO	NO																		
LAMBS LETTUCE	YES	YES																		
SIRLOIN STEAK 80Z	NO	NO																		
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
BRITISH PREMIER INN SAUSAGES	NO	NO	Y										Y							
CHICKEN BREAST FILLET	NO	NO																		
CAGE FREE UK LION MED EGGS	YES	NO						Y												
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>MIXED GRILL WITH SIRLOIN</b>																				
	NO	NO	Y		Y			Y					Y							
<b>STICKY BOURBON BBQ RIBS</b>																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES											Y							
LEMON CASE	YES	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>STICKY BOURBON BBQ RIBS</b>																				
	NO	NO	Y		Y			Y					Y			Y				
<b>LAMB RUMP</b>																				
TENDER STEM BROCCOLI	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MALBEC SAUCE	NO	NO						Y					Y							
FRESH HERBS THYME	YES	YES																		
EXTRA VIRGIN OLIVE OIL	YES	YES																		
POTATO SLICES	YES	YES																		
LEMON CASE	YES	NO																		
LAMB RUMP	NO	NO																		
WHITE SUGAR SACHETS	YES	YES																		
MALT VINEGAR	YES	YES						Y												
ONIONS RED	YES	YES																		
<b>LAMB RUMP</b>																				
	NO	NO			Y			Y					Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BBQ CHICKEN N RIBS</b>																				
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
CHICKEN BREAST FILLET	NO	NO																		
GRILLED CORN ON THE COB	YES	YES																		
LEMON CASE	YES	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y						Y					
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>BBQ CHICKEN N RIBS</b>																				
	NO	NO							Y				Y		Y					
<b>BBQ CHICKEN N WHOLE RACK OF RIBS</b>																				
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
CHICKEN BREAST FILLET	NO	NO																		
GRILLED CORN ON THE COB	YES	YES																		
LEMON CASE	YES	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y						Y					
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>BBQ CHICKEN N WHOLE RACK OF RIBS</b>																				
	NO	NO							Y				Y		Y					
<b>TRIPLE SKEWER COMBO</b>																				
FETA CHEESE	YES	NO								Y										
CHIMI CHURI SAUCE RED	YES	YES																		
LAMB KOFTA	NO	NO	Y										Y							
RAPESEED OIL	YES	YES																		
FRENCH DRESSING	YES	YES											Y		Y					
EASY PEEL KING PRAWNS	NO	NO										Y								
FRESH HERBS THYME	YES	YES																		
ROCKET LEAF	YES	YES																		
PEASHOOTS	YES	YES																		
LIMES	YES	NO																		
BEEF SKEWER	NO	NO	Y																	
RAPESEED OIL	YES	YES																		
SWEET POTATO FRIES	YES	YES																		
<b>TRIPLE SKEWER COMBO</b>																				
	NO	NO	Y						Y		Y		Y		Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>STEAK SAUCES</b>																				
<b>PRAWN &amp; LOBSTER SAUCE</b>																				
PRAWN AND LOBSTER SAUCE	NO	NO						Y	Y	Y		Y		Y						
<b>PRAWN &amp; LOBSTER SAUCE</b>	<b>NO</b>	<b>NO</b>						Y	Y	Y		Y		Y						
<b>TRIPLE PEPPERCORN SAUCE</b>																				
PEPPERCORN SAUCE	NO	NO	Y					Y						Y						
<b>TRIPLE PEPPERCORN SAUCE</b>	<b>NO</b>	<b>NO</b>	Y					Y						Y						
<b>BEARNAISE SAUCE</b>																				
BEARNAISE SAUCE	YES	NO						Y	Y			Y								
<b>BEARNAISE SAUCE</b>	<b>YES</b>	<b>NO</b>						Y	Y			Y								
<b>RICH BEEF SAUCE</b>																				
BEEF JUS	NO	NO			Y			Y				Y								
<b>RICH BEEF SAUCE</b>	<b>NO</b>	<b>NO</b>			Y			Y				Y								
<b>BEER &amp; BEEF DRIPPING SAUCE</b>																				
BEEF DRIPPING & BEER GRAVY	NO	NO			Y															
<b>BEER &amp; BEEF DRIPPING SAUCE</b>	<b>NO</b>	<b>NO</b>			Y															
<b>STEAK BUTTER</b>																				
<b>SMOKY BACON FLAVOURED</b>																				
SMOKEY BACON STYLE BUTTER	YES	NO						Y												
<b>SMOKY BACON FLAVOURED</b>	<b>YES</b>	<b>NO</b>						Y												
<b>BLUE CHEESE</b>																				
BLACK N BLUE BUTTER	YES	NO						Y												
<b>BLUE CHEESE</b>	<b>YES</b>	<b>NO</b>						Y												
<b>SURF &amp; TURF</b>																				
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
EASY PEEL KING PRAWNS	NO	NO								Y										
LEMON CASE	YES	NO																		
<b>SURF &amp; TURF</b>	<b>NO</b>	<b>NO</b>						Y		Y										
<b>FANCY A BIT ON THE SIDE</b>																				
<b>SWEET POTATO FRIES</b>																				
RAPESEED OIL	YES	YES																		
SWEET POTATO FRIES	YES	YES																		
<b>SWEET POTATO FRIES</b>	<b>YES</b>	<b>YES</b>																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>LOADED CHEESY BEEF FRIES</b>																				
CAJUN JACK CHEESE SAUCE	YES	NO						Y							Y					
STEAK BURGER 4OZ	NO	NO																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>LOADED CHEESY BEEF FRIES</b>																				
	NO	NO						Y							Y					
<b>HALLOUMI FRIES</b>																				
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
SMOKEY TOMATO DIP	YES	YES												Y	Y					
ROCKET LEAF	YES	YES																		
HALLOUMI	YES	NO						Y												
<b>HALLOUMI FRIES</b>																				
	YES	NO	Y					Y						Y	Y					
<b>CHEESY JALAPENO PEPPERS</b>																				
RAPESEED OIL	YES	YES																		
JALAPENO POPPERS	NO	NO	Y				Y	Y												
<b>CHEESY JALAPENO PEPPERS</b>																				
	NO	NO	Y				Y	Y												
<b>MAC N CHEESE BITES</b>																				
RAPESEED OIL	YES	YES																		
SMOKEY TOMATO DIP	YES	YES												Y	Y					
MAC & CHEESE BITES	YES	NO	Y				Y	Y						Y	Y					
<b>MAC N CHEESE BITES</b>																				
	YES	NO	Y				Y	Y						Y	Y					
<b>CHUNKY SLAW</b>																				
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
<b>CHUNKY SLAW</b>																				
	YES	NO						Y							Y					
<b>CRISPY BEER-BATTERED ONION RINGS</b>																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
<b>CRISPY BEER-BATTERED ONION RINGS</b>																				
	NO	NO	Y		Y															
<b>3 BUTTERMILK CHICKEN WINGS PIRI PIRI</b>																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y					Y												
RAPESEED OIL	YES	YES																		
PIRI PIRI SAUCE	YES	YES											Y							
<b>3 BUTTERMILK CHICKEN WINGS PIRI PIRI</b>																				
	NO	NO	Y					Y					Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>3 BUTTERMILK CHICKEN WINGS BBQ SAUCE</b>																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y					Y												
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
<b>3 BUTTERMILK CHICKEN WINGS BBQ SAUCE</b>	NO	NO	Y					Y												
<b>LARGE MIXED SALAD</b>																				
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>LARGE MIXED SALAD</b>	YES	YES										Y			Y					
<b>JACKET POTATO</b>																				
BAKING POTATOES	YES	YES																		
SALTED BUTTER	YES	NO						Y												
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>JACKET POTATO</b>	YES	NO						Y												
<b>SKINNY FRIES</b>																				
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>SKINNY FRIES</b>	YES	YES																		
<b>TRIPLE COOKED CHIPS</b>																				
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>TRIPLE COOKED CHIPS</b>	YES	YES																		
<b>VEG MEDLEY</b>																				
VEG MIX GREEN	YES	NO					Y	Y												
<b>VEG MEDLEY</b>	YES	NO					Y	Y												
<b>HALF RACK OF PORK RIBS</b>																				
RAPESEED OIL	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
<b>HALF RACK OF PORK RIBS</b>	NO	NO										Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TENDERSTEM BROCCOLI</b>																				
ROAST GARLIC CHILLI OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
TENDER STEM BROCCOLI	YES	YES																		
<b>TENDERSTEM BROCCOLI</b>																				
HERB DRESSING	YES	YES																		
TOMATOES MIXED INCA 3KG	YES	YES																		
CRACKED BLACK PEPPER	YES	YES																		
ONIONS RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
PEASHOOTS	YES	YES																		
<b>HERITAGE STYLE TOMATO SALAD</b>																				
HERB DRESSING	YES	YES																		
TOMATOES MIXED INCA 3KG	YES	YES																		
CRACKED BLACK PEPPER	YES	YES																		
ONIONS RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
PEASHOOTS	YES	YES																		
<b>HERITAGE STYLE TOMATO SALAD</b>																				
<b>HOUSE FAVOURITES</b>																				
<b>BEER-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>																				
PEAS GRADE A	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
HADDOCK FILLET 220-250G	NO	NO								Y										
TARTARE SAUCE	YES	NO							Y							Y				
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
TETLEY SMOOTH	NO	NO			Y															
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>BEER-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>																				
BEER-BATTERED HADDOCK & CHIPS WITH PEAS	NO	NO	Y		Y				Y		Y					Y				
<b>BEER-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>																				
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
MUSHY PEAS	YES	YES																		
HADDOCK FILLET 220-250G	NO	NO									Y									
TARTARE SAUCE	YES	NO							Y							Y				
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
TETLEY SMOOTH	NO	NO			Y															
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>BEER-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>																				
BEER-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	NO	NO	Y		Y				Y		Y					Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HALIBUT FILLET</b>																				
SALTED BUTTER	YES	NO						Y												
WHOLE GREEN BEANS	YES	YES																		
PEASHOOTS	YES	YES																		
LEMON CASE	YES	NO																		
HALIBUT FILLET	NO	NO							Y											
LEMON, CAPER & BUTTER SAUCE	YES	NO							Y				Y		Y					
HERB DRESSING	YES	YES																		
POTATO MID	YES	YES																		
<b>HALIBUT FILLET</b>																				
	NO	NO							Y	Y			Y		Y					
<b>SMOTHERED CHICKEN MELT</b>																				
CHEESE SLICES	YES	NO							Y											
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
CHICKEN BREAST FILLET	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>SMOTHERED CHICKEN MELT</b>																				
	NO	NO							Y	Y			Y			Y				
<b>CHARGRILLED GAMMON STEAK</b>																				
PEAS GRADE A	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
HORSESHOE GAMMON 100Z	NO	NO																		
RAPESEED OIL	YES	YES																		
CAGE FREE UK LION MED EGGS	YES	NO							Y											
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>CHARGRILLED GAMMON STEAK</b>																				
	NO	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BLACKENED GAMMON STEAK</b>																				
PEAS GRADE A	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
HORSESHOE GAMMON 100Z	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
CAGE FREE UK LION MED EGGS	YES	NO							Y											
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>BLACKENED GAMMON STEAK</b>																				
	NO	NO							Y											
<b>GRILLED TUNA STEAK</b>																				
HERB DRESSING	YES	YES																		
MSC TUNA STEAK	NO	NO	Y					Y		Y										
GRILLED VEG MIX	YES	NO								Y										
RAPESEED OIL	YES	YES																		
FRENCH DRESSING	YES	YES											Y				Y			
TOMATO M	YES	YES																		
ROCKET LEAF	YES	YES																		
LEMON CASE	YES	NO																		
FRESH HERBS THYME	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
<b>GRILLED TUNA STEAK</b>																				
	NO	NO	Y					Y		Y	Y			Y			Y			
<b>LEMON &amp; THYME CHICKEN</b>																				
LEMON GARLIC MAYO	YES	NO							Y											
HALF CHICKEN LEMON & THYME	NO	NO																		
GRAVY CONCENTRATE	NO	NO													Y					
FRENCH DRESSING	YES	YES											Y				Y			
ROCKET LEAF	YES	YES																		
LEMON CASE	YES	NO																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>LEMON &amp; THYME CHICKEN</b>																				
	NO	NO							Y				Y		Y	Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>SMOKY PAPRIKA CHICKEN</b>																				
RAPESEED OIL	YES	YES																		
PAPRIKA CHICKEN BREAST	NO	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>SMOKY PAPRIKA CHICKEN</b>	<b>NO</b>	<b>NO</b>						Y				Y			Y					
<b>PLAIN CHICKEN</b>																				
RAPESEED OIL	YES	YES																		
CHICKEN BREAST FILLET	NO	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>PLAIN CHICKEN</b>	<b>NO</b>	<b>NO</b>						Y				Y			Y					
<b>CAULIFLOWER CHEESE TART</b>																				
CAULIFLOWER CHEESE TART	YES	NO									Y									
SALTED BUTTER	YES	NO									Y									
POTATO MID	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
<b>CAULIFLOWER CHEESE TART</b>	<b>YES</b>	<b>NO</b>									Y				Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TERIYAKI SALMON</b>																				
HERB DRESSING	YES	YES																		
TOMATOES MIXED INCA 3KG	YES	YES																		
TENDER STEM BROCCOLI	YES	YES																		
SESAME SEEDS	YES	YES											Y							
SKIN-ON SALMON PORTIONS	NO	NO							Y											
TERIYAKI SAUCE	YES	NO	Y				Y													
FRESH HERBS BASIL	YES	YES																		
PEASHOOTS	YES	YES																		
CRACKED BLACK PEPPER	YES	YES																		
ONIONS RED	YES	YES																		
<b>TERIYAKI SALMON</b>																				
	NO	NO	Y				Y			Y					Y					
<b>CHICKEN &amp; CHORIZO PIE</b>																				
SALTED BUTTER	YES	NO								Y										
POTATO MID	YES	YES																		
CHX CHORIZO PIE	NO	NO	Y						Y	Y										
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
CUCUMBER	YES	YES																		
<b>CHICKEN &amp; CHORIZO PIE</b>																				
	NO	NO	Y						Y	Y			Y			Y				
<b>BEEF &amp; CHEDDAR PIE</b>																				
MASHED POTATO	YES	NO								Y										
SALTED BUTTER	YES	NO								Y										
BEEF CHED SUET PUD	NO	NO	Y		Y					Y										
WHOLE GREEN BEANS	YES	YES																		
GRAVY CONCENTRATE	NO	NO													Y					
<b>BEEF &amp; CHEDDAR PIE</b>																				
	NO	NO	Y		Y					Y					Y					
<b>FESTIVE TRUFFLED STEAK BURGER</b>																				
ONION MARMALADE	YES	YES																		
EMMENTAL CHEESE	YES	NO								Y										
SESAME SEEDED BURGER BUN	YES	NO	Y						Y	Y				Y						
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
TRUFFLE STEAK BURGER	NO	NO											Y							
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y							Y				
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRUFFLE SEASONING	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y							Y				
WHOLE BLACK PEPPER	YES	YES																		
<b>FESTIVE TRUFFLED STEAK BURGER</b>																				
	NO	NO	Y						Y	Y			Y	Y		Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>VEGAN WITH BBQ SOYA</b>																				
VEGAN BURGER	YES	YES	Y				Y													
BBQ PULLED VEGGIES	YES	YES	Y				Y													
VEGAN BUN	YES	YES	Y	Y		Y														
VEGAN BURGER SAUCE	YES	YES														Y				
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>VEGAN WITH BBQ SOYA</b>																				
YES	YES	Y	Y		Y	Y						Y			Y					
<b>DOUBLE BACON &amp; CHEESE BEEF STEAK</b>																				
RAPESEED OIL	YES	YES																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
VEGAN BURGER SAUCE	YES	YES														Y				
CHEESE SLICES	YES	NO							Y											
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>DOUBLE BACON &amp; CHEESE BEEF STEAK</b>																				
NO	NO	Y						Y	Y				Y		Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BUTTERMILK CHICKEN &amp; BLUE CHEESE</b>																				
STILTON	YES	NO						Y												
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
BRIOCHE BUN	YES	NO	Y					Y	Y											
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y						Y											
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
LIGHT MAYONNAISE	YES	NO						Y								Y				
PIRI PIRI SAUCE	YES	YES										Y								
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>BUTTERMILK CHICKEN &amp; BLUE CHEESE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>			<b>Y</b>			<b>Y</b>					
<b>TASTY ALTERNATIVES</b>																				
<b>SWEET POTATO &amp; FETA LASAGNE WITH CHIPS</b>																				
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y						Y	Y				
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>SWEET POTATO &amp; FETA LASAGNE WITH CHIPS</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						<b>Y</b>	<b>Y</b>				
<b>SWEET POTATO &amp; FETA LASAGNE WITH SALAD</b>																				
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y						Y	Y				
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>SWEET POTATO &amp; FETA LASAGNE WITH SALAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>			<b>Y</b>		<b>Y</b>	<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>RAINBOW BOWL</b>																				
HERB DRESSING	YES	YES																		
HOUMOUS	YES	YES				Y														
TENDER STEM BROCCOLI	YES	YES																		
8 INCH TORTILLA	YES	YES	Y																	
ROCKET LEAF	YES	YES																		
PEASHOOTS	YES	YES																		
HARISSA HOUMOUS	YES	YES																		
MIXED GRAINS	YES	YES	Y																	
AVOCADO HALVES	YES	YES																		
HERB DRESSING	YES	YES																		
TOMATOES MIXED INCA 3KG	YES	YES																		
CRACKED BLACK PEPPER	YES	YES																		
ONIONS RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
PEASHOOTS	YES	YES																		
<b>RAINBOW BOWL</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>				<b>Y</b>													
<b>RAINBOW BOWL WITH CRISPY BEEF</b>																				
HERB DRESSING	YES	YES																		
HOUMOUS	YES	YES					Y													
TENDER STEM BROCCOLI	YES	YES																		
BATTER MIX	YES	YES	Y																	
8 INCH TORTILLA	YES	YES	Y																	
PULLED BEEF BRISKET	NO	NO																		
ROCKET LEAF	YES	YES																		
PEASHOOTS	YES	YES																		
HARISSA HOUMOUS	YES	YES																		
MIXED GRAINS	YES	YES	Y																	
AVOCADO HALVES	YES	YES																		
HERB DRESSING	YES	YES																		
TOMATOES MIXED INCA 3KG	YES	YES																		
CRACKED BLACK PEPPER	YES	YES																		
ONIONS RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
PEASHOOTS	YES	YES																		
<b>RAINBOW BOWL WITH CRISPY BEEF</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>													

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CRISPY BEEF ASIAN STYLE SALAD</b>																				
PINKSTAR SLAW	YES	YES																		
LAMBS LETTUCE	YES	YES																		
BATTER MIX	YES	YES	Y																	
SESAME SEEDS	YES	YES											Y							
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
CHILLIES RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
ASIAN DRESSING	YES	YES																		
KOREAN SPICY BBQ SAUCE	YES	YES	Y				Y													
PULLED BEEF BRISKET	NO	NO																		
<b>CRISPY BEEF ASIAN STYLE SALAD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>						<b>Y</b>							
<b>BUTTERMILK CHICKEN GOUJON CAESAR SALAD</b>																				
REGATO FINE GRATE	YES	NO									Y									
CAESAR DRESSING RED CAL	YES	NO							Y	Y						Y				
LETTUCE ICEBERG	YES	YES																		
RAPESEED OIL	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y								Y									
SALTED BUTTER	YES	NO									Y									
RAPESEED OIL	YES	YES																		
CIABATTA LOAF	YES	YES	Y	Y																
<b>BUTTERMILK CHICKEN GOUJON CAESAR SALAD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>									<b>Y</b>	
<b>GRILLED CHICKEN CAESAR SALAD</b>																				
REGATO FINE GRATE	YES	NO									Y									
CHICKEN BREAST FILLET	NO	NO																		
CAESAR DRESSING RED CAL	YES	NO							Y	Y						Y				
LETTUCE ICEBERG	YES	YES																		
SALTED BUTTER	YES	NO									Y									
RAPESEED OIL	YES	YES																		
CIABATTA LOAF	YES	YES	Y	Y																
<b>GRILLED CHICKEN CAESAR SALAD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>									<b>Y</b>	
<b>SEAFOOD RIGATONI PASTA</b>																				
FRENCH DRESSING	YES	YES											Y			Y				
PEASHOOTS	YES	YES																		
SALMON PASTA GF	NO	NO									Y	Y	Y							
<b>SEAFOOD RIGATONI PASTA</b>	<b>NO</b>	<b>NO</b>									<b>Y</b>	<b>Y</b>	<b>Y</b>	<b>Y</b>					<b>Y</b>	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>ROAST VEGETABLE LINGUINE</b>																				
REGATO FINE GRATE	YES	NO						Y												
TOMATO LINGUINE PASTA	YES	YES	Y											Y						
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
TOMATO CHERRY RED	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>ROAST VEGETABLE LINGUINE</b>																				
REGATO FINE GRATE	YES	NO						Y												
TOMATO LINGUINE PASTA	YES	YES	Y											Y						
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
TOMATO CHERRY RED	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
SKIN-ON SALMON PORTIONS	NO	NO								Y										
<b>ROAST VEGETABLE LINGUINE WITH SALMON</b>																				
REGATO FINE GRATE	YES	NO						Y												
TOMATO LINGUINE PASTA	YES	YES	Y											Y						
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
TOMATO CHERRY RED	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST FILLET	NO	NO																		
<b>ROAST VEGETABLE LINGUINE WITH CHICKEN</b>																				
REGATO FINE GRATE	YES	NO						Y												
TOMATO LINGUINE PASTA	YES	YES	Y											Y						
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
TOMATO CHERRY RED	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST FILLET	NO	NO																		
<b>ROAST VEGETABLE LINGUINE WITH CHICKEN</b>																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>PUDS</b>																				
<b>SIPSMITH SLOE GIN TRIFLE</b>																				
DAIRY AEROSOL CREAM	YES	NO						Y												
CUSTARD RTS	YES	NO						Y												
CHOCSTIX	YES	NO					Y													
SIPSMITH SLOE G&T TRIFLE SPONGE	YES	NO	Y					Y												
FRESH HERBS MINT	YES	YES																		
<b>SIPSMITH SLOE GIN TRIFLE</b>																				
DAIRY AEROSOL CREAM	YES	NO	Y					Y	Y	Y										
<b>SALTED TOFFEE APPLE CRUMBLE WITH CUSTARD</b>																				
CUSTARD RTS	YES	NO								Y										
SALTED TOFFEE APPLE FILLING	YES	NO								Y										
SHORTCAKE OATY CRUMBLE	YES	NO	Y			Y				Y										
<b>SALTED TOFFEE APPLE CRUMBLE WITH CUSTARD</b>																				
DAIRY AEROSOL CREAM	YES	NO	Y			Y				Y										
<b>SALTED TOFFEE APPLE CRUMBLE WITH ICE CREAM</b>																				
SALTED TOFFEE APPLE FILLING	YES	NO								Y										
SHORTCAKE OATY CRUMBLE	YES	NO	Y			Y				Y										
VANILLA ICE CREAM	YES	NO								Y										
<b>SALTED TOFFEE APPLE CRUMBLE WITH ICE CREAM</b>																				
DAIRY AEROSOL CREAM	YES	NO	Y			Y				Y										
<b>GIN FIZZ SORBET</b>																				
FRESH HERBS MINT	YES	YES																		
GIN FIZZ SORBET	YES	YES																		
<b>GIN FIZZ SORBET</b>																				
DAIRY AEROSOL CREAM	YES	YES																		
<b>CHOCOLATE &amp; ORANGE CROWNIE</b>																				
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO								Y										
CHOCOLATE ORANGE CROWNIE	YES	NO	Y					Y	Y	Y										
<b>CHOCOLATE &amp; ORANGE CROWNIE</b>																				
DAIRY AEROSOL CREAM	YES	NO	Y					Y	Y	Y										
<b>WARM CHOCOLATE BROWNIE</b>																				
CHOCOLATE BROWNIE	YES	NO	Y						Y	Y							Y		Y	
CHOCOLATE SAUCE	YES	YES						Y												
VANILLA ICE CREAM	YES	NO								Y										
<b>WARM CHOCOLATE BROWNIE</b>																				
DAIRY AEROSOL CREAM	YES	NO	Y					Y	Y	Y							Y		Y	
<b>BAKED CHEESECAKE</b>																				
BAKED CHEESECAKE	YES	NO	Y				Y		Y	Y										
HEDGEROW BERRIES IN SAUCE	YES	YES																		
<b>BAKED CHEESECAKE</b>																				
DAIRY AEROSOL CREAM	YES	NO	Y				Y		Y	Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>STRAWBERRY FROZEN YOGHURT</b>																				
FRESH HERBS MINT	YES	YES																		
STRAWBERRIES	YES	YES																		
STRAWBERRY FROZEN YOGHURT	YES	NO						Y												
<b>STRAWBERRY FROZEN YOGHURT</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>AMARETTO PROFITEROLES</b>																				
CHOCOLATE SAUCE	YES	YES					Y													
CARAMEL SAUCE	YES	NO						Y												
AMARETTO PROFITEROLES	YES	NO	Y				Y	Y	Y											
BRANDY BUTTER FLAVOUR ICE CREAM	YES	NO							Y											
<b>AMARETTO PROFITEROLES</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>SUNDAES</b>																				
<b>STICKY TOFFEE PUDDING SUNDAE</b>																				
FRESH HERBS MINT	YES	YES																		
DAIRY AEROSOL CREAM	YES	NO							Y											
SALTED CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
STICKY TOFFEE BANOFFEE PUD	YES	NO	Y					Y	Y											
<b>STICKY TOFFEE PUDDING SUNDAE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											
<b>CHOCOLATE CHURROS SUNDAE</b>																				
CHURROS	YES	YES	Y																	
CHOCOLATE BROWNIE	YES	NO	Y						Y	Y							Y		Y	
DAIRY AEROSOL CREAM	YES	NO								Y										
FRESH HERBS MINT	YES	YES																		
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
<b>CHOCOLATE CHURROS SUNDAE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>								<b>Y</b>		<b>Y</b>	
<b>ROCKY ROAD SUNDAE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y										
CHOCOLATE BROWNIE	YES	NO	Y						Y	Y							Y		Y	
DAIRY AEROSOL CREAM	YES	NO								Y										
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO								Y										
MARSHMALLOWS	NO	NO																		
<b>ROCKY ROAD SUNDAE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>								<b>Y</b>		<b>Y</b>	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>MINI PUDS</b>																				
<b>CHOCOLATE TORTE</b>																				
FRESH HERBS MINT	YES	YES																		
MINI GREEK YOG CHOC TORTE	YES	NO	Y		Y	Y	Y		Y											
<b>CHOCOLATE TORTE</b>	YES	NO	Y		Y	Y	Y		Y											
<b>STRAWBERRY YOGHURT CHEESECAKE</b>																				
STRAWBERRY YOG CHEESECAKE	YES	NO	Y			Y		Y	Y											
FRESH HERBS MINT	YES	YES																		
<b>STRAWBERRY YOGHURT CHEESECAKE</b>	YES	NO	Y			Y		Y	Y											
<b>APPLE CRISP</b>																				
APPLE CRISP	YES	YES	Y			Y														
FRESH HERBS MINT	YES	YES																		
<b>APPLE CRISP</b>	YES	YES	Y			Y														

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
<b>FESTIVE STARTERS</b>																				
<b>PRAWN &amp; CRAB COCKTAIL</b>																				
PAPRIKA PEPPER	YES	YES																		
SALTED BUTTER	YES	NO						Y												
CIABATTA LOAF	YES	YES	Y	Y																
SEAFOOD SAUCE	YES	NO						Y							Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO								Y										
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
CRAB	NO	NO								Y										
LEMON CASE	YES	NO									Y									
<b>PRAWN &amp; CRAB COCKTAIL</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>					
<b>TRIO OF CHEESE BITES</b>																				
CRANBERRY SAUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
TRIO OF CHEESE BITES - STILTON® & CRANBERRY BITES	NO	NO	Y				Y		Y											
TRIO OF CHEESE BITES - CAMEMBERT	NO	NO	Y				Y		Y											
TRIO OF CHEESE BITES - SMOKED CHEDDAR	NO	NO	Y				Y		Y											
<b>TRIO OF CHEESE BITES</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>											
<b>STICKY ROOT VEG TART TATIN</b>																				
HERB DRESSING	YES	YES																		
FETA CHEESE	YES	NO						Y												
PEASHOOTS	YES	YES																		
BEETROOT & ONION TART	YES	YES	Y										Y							
<b>STICKY ROOT VEG TART TATIN</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>				<b>Y</b>							
<b>TOMATO &amp; RED PEPPER SOUP</b>																				
UHT WHIPPING CREAM	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
TOMATO SOUP CONCENTRATE	YES	NO						Y							Y					
CIABATTA LOAF	YES	YES	Y	Y																
PEPPER RED	YES	YES																		
<b>TOMATO &amp; RED PEPPER SOUP</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>							<b>Y</b>					
<b>PORK PATE</b>																				
SALTED BUTTER	YES	NO						Y												
COARSE PORK PATE	NO	NO	Y					Y	Y											
CIABATTA LOAF	YES	YES	Y	Y																
PLUM & SLOE GIN CHUTNEY	YES	YES											Y							
<b>PORK PATE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>				<b>Y</b>							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>MAINS</b>																					
<b>FESTIVE TURKEY WITH ALL THE TRIMMINGS</b>																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
CHRISTMAS STUFFING	YES	YES	Y																		
RAPESEED OIL	YES	YES																			
KIDS SAUSAGE	NO	NO	Y																		
COOKED SLICED TURKEY BREAST	NO	NO																			
SMOKED DRY CURED STREAKY BACON	NO	NO																			
CHRISTMAS GREEN VEG SACHET	YES	NO						Y													
ROOT VEG MASH	YES	NO						Y													
GRAVY CONCENTRATE	NO	NO													Y						
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
ROAST POTATOES	YES	YES																			
<b>FESTIVE TURKEY WITH ALL THE TRIMMINGS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						<b>Y</b>						
<b>OVEN BAKED SALMON</b>																					
RAPESEED OIL	YES	YES																			
SKIN-ON SALMON PORTIONS	NO	NO								Y											
WHOLE GREEN BEANS	YES	YES																			
PEASHOOTS	YES	YES																			
LEMON CASE	YES	NO																			
CRAYFISH PROSECCO HOLLANDAISE	NO	NO						Y	Y	Y	Y		Y		Y						
HERB DRESSING	YES	YES																			
POTATO MID	YES	YES																			
<b>OVEN BAKED SALMON</b>	<b>NO</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>	<b>Y</b>	<b>Y</b>		<b>Y</b>		<b>Y</b>						
<b>FESTIVE TRUFFLED STEAK BURGER</b>																					
ONION MARMALADE	YES	YES																			
EMMENTAL CHEESE	YES	NO							Y												
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y					Y							
SMOKED DRY CURED STREAKY BACON	NO	NO																			
TOMATO M	YES	YES																			
TRUFFLE STEAK BURGER	NO	NO											Y								
PINKSTAR SLAW	YES	YES																			
LIGHT MAYONNAISE	YES	NO						Y								Y					
SKINNY CUT FRIES	YES	YES																			
RAPESEED OIL	YES	YES																			
SPICY CHIP SEASONING	YES	YES																			
TRUFFLE SEASONING	YES	YES																			
LIGHT MAYONNAISE	YES	NO						Y								Y					
WHOLE BLACK PEPPER	YES	YES																			
<b>FESTIVE TRUFFLED STEAK BURGER</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>		<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>MUSHROOM, SPINACH &amp; TRUFFLE OIL TART</b>																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
CHRISTMAS STUFFING	YES	YES	Y																		
VEGETARIAN ROAST GRAVY	YES	NO	Y						Y						Y						
CHRISTMAS GREEN VEG SACHET	YES	NO							Y												
MUSHROOM SPINACH & TRUFFLE TART	YES	NO	Y						Y							Y					
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
ROAST POTATOES	YES	YES																			
<b>MUSHROOM, SPINACH &amp; TRUFFLE OIL TART</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						<b>Y</b>	<b>Y</b>					
<b>FESTIVE 8OZ SIRLOIN STEAK</b>																					
LAMBS LETTUCE	YES	YES																			
SIRLOIN STEAK 8OZ	NO	NO																			
TRIPLE COOKED CHIPS	YES	YES																			
SPICY CHIP SEASONING	YES	YES																			
SMOKED DRY CURED STREAKY BACON	NO	NO																			
BRIE	YES	NO							Y												
MALBEC SAUCE	NO	NO							Y				Y								
WHOLE BLACK PEPPER	YES	YES																			
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
TOMATO M	YES	YES																			
MUSHROOM FLAT	YES	YES																			
FRESH HERBS THYME	YES	YES																			
<b>FESTIVE 8OZ SIRLOIN STEAK</b>	<b>NO</b>	<b>NO</b>						<b>Y</b>					<b>Y</b>								
<b>FESTIVE 10OZ RIBEYE STEAK</b>																					
LAMBS LETTUCE	YES	YES																			
RIBEYE STEAK 10OZ	NO	NO																			
TRIPLE COOKED CHIPS	YES	YES																			
SPICY CHIP SEASONING	YES	YES																			
SMOKED DRY CURED STREAKY BACON	NO	NO																			
BRIE	YES	NO							Y												
MALBEC SAUCE	NO	NO							Y				Y								
WHOLE BLACK PEPPER	YES	YES																			
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
TOMATO M	YES	YES																			
MUSHROOM FLAT	YES	YES																			
FRESH HERBS THYME	YES	YES																			
<b>FESTIVE 10OZ RIBEYE STEAK</b>	<b>NO</b>	<b>NO</b>						<b>Y</b>					<b>Y</b>								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>FESTIVE 8OZ FILLET STEAK</b>																					
LAMBS LETTUCE	YES	YES																			
FILLET STEAK 8OZ	NO	NO																			
TRIPLE COOKED CHIPS	YES	YES																			
SPICY CHIP SEASONING	YES	YES																			
SMOKED DRY CURED STREAKY BACON	NO	NO																			
BRIE	YES	NO						Y													
MALBEC SAUCE	NO	NO						Y													
WHOLE BLACK PEPPER	YES	YES										Y									
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
TOMATO M	YES	YES																			
MUSHROOM FLAT	YES	YES																			
FRESH HERBS THYME	YES	YES																			
<b>FESTIVE 8OZ FILLET STEAK</b>	<b>NO</b>	<b>NO</b>						<b>Y</b>					<b>Y</b>								
<b>DESSERTS</b>																					
<b>CHRISTMAS PUDDING</b>																					
BRANDY SAUCE	YES	NO						Y													
INDIVIDUAL CHRISTMAS PUDDING	YES	YES	Y																		
DRIED CRANBERRIES	YES	YES																			
VANILLA ICE CREAM	YES	NO						Y													
CUSTARD RTS	YES	NO						Y													
DAIRY AEROSOL CREAM	YES	NO						Y													
<b>CHRISTMAS PUDDING</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>													
<b>SALTED TOFFEE APPLE CRUMBLE</b>																					
SALTED TOFFEE APPLE FILLING	YES	NO						Y													
SHORTCAKE OATY CRUMBLE	YES	NO	Y			Y		Y													
BRANDY BUTTER FLAVOUR ICE CREAM	YES	NO						Y													
<b>SALTED TOFFEE APPLE CRUMBLE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>			<b>Y</b>		<b>Y</b>													
<b>ICE CREAM SUNDAE WITH AFTER EIGHT MINTS</b>																					
DAIRY AEROSOL CREAM	YES	NO						Y													
AFTER EIGHT MINTS	YES	NO						Y													
MINT SYRUP	YES	YES																			
CHOCOLATE SAUCE	YES	YES					Y														
VANILLA ICE CREAM	YES	NO						Y													
<b>ICE CREAM SUNDAE WITH AFTER EIGHT MINTS</b>	<b>YES</b>	<b>NO</b>					<b>Y</b>	<b>Y</b>													

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>CHOCOLATE &amp; COINTREAU TRIFLE</b>																					
CHOC & COINT SPONGE	YES	NO	Y					Y	Y												
DAIRY AEROSOL CREAM	YES	NO							Y												
CUSTARD RTS	YES	NO							Y												
FRESH HERBS MINT	YES	YES																			
CHOCSTIX	YES	NO					Y		Y												
<b>CHOCOLATE &amp; COINTREAU TRIFLE</b>																					
YES	NO	Y					Y	Y	Y												
<b>CHOCOLATE, PEAR &amp; FRANGIPANE TART</b>																					
VANILLA ICE CREAM	YES	NO							Y												
CHOCOLATE, PEAR & FRANGIPANE	YES	NO	Y				Y	Y	Y										Y	ALMOND	
<b>CHOCOLATE, PEAR &amp; FRANGIPANE TART</b>																					
YES	NO	Y					Y	Y	Y										Y		
<b>FESTIVE EXTRAS</b>																					
<b>FESTIVE FEAST</b>																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
CHRISTMAS STUFFING	YES	YES	Y																		
RAPESEED OIL	YES	YES																			
KIDS SAUSAGE	NO	NO	Y																		
SMOKED DRY CURED STREAKY BACON	NO	NO																			
<b>FESTIVE FEAST</b>																					
NO	NO	Y						Y	Y												
<b>CAULIFLOWER CHEESE</b>																					
CAULIFLOWER CHEESE	YES	NO						Y	Y												
MOZZ/MILD CHEDDAR MIX	YES	NO							Y												
<b>CAULIFLOWER CHEESE</b>																					
YES	NO	Y						Y	Y												
<b>PIGS IN BLANKETS</b>																					
CRANBERRY SAUCE	YES	YES																			
KIDS SAUSAGE	NO	NO	Y																		
SMOKED DRY CURED STREAKY BACON	NO	NO																			
<b>PIGS IN BLANKETS</b>																					
NO	NO	Y																			
<b>CHOCOLATE TRUFFLES</b>																					
LINDT LINDOR MILK CHOCOLATE	YES	NO			Y		Y		Y												
<b>CHOCOLATE TRUFFLES</b>																					
YES	NO	Y		Y		Y		Y													

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>KIDS MENU</b>																					
<b>MAIN</b>																					
<b>TURKEY DINNER</b>																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
PEAS GRADE A	YES	YES																			
KIDS SAUSAGE	NO	NO	Y																		
COOKED SLICED TURKEY BREAST	NO	NO																			
SMOKED DRY CURED STREAKY BACON	NO	NO																			
GRAVY CONCENTRATE	NO	NO												Y							
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
ROAST POTATOES	YES	YES																			
<b>TURKEY DINNER</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						<b>Y</b>						
<b>TOMATO PASTA</b>																					
GARLIC BREAD SLICES	YES	NO	Y					Y													
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																		
CUCUMBER	YES	YES																			
PEPPER RED	YES	YES																			
CARROTS MEDIUM	YES	YES																			
<b>TOMATO PASTA</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>													
<b>DESSERTS</b>																					
<b>CHRISTMAS PUDDING</b>																					
CUSTARD RTS	YES	NO						Y													
INDIVIDUAL CHRISTMAS PUDDING	YES	YES	Y																		
<b>CHRISTMAS PUDDING</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>													
<b>ICE CREAM WITH CHOCOLATE SAUCE</b>																					
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y													
CHOCOLATE SAUCE	YES	YES					Y														
VANILLA ICE CREAM	YES	NO						Y													
<b>ICE CREAM WITH CHOCOLATE SAUCE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>													
<b>ICE CREAM WITH RASPBERRY SAUCE</b>																					
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y													
RASPBERRY SAUCE	YES	YES																			
VANILLA ICE CREAM	YES	NO						Y													
<b>ICE CREAM WITH RASPBERRY SAUCE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>													
<b>ICE CREAM WITH CARAMEL SAUCE</b>																					
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y													
CARAMEL SAUCE	YES	NO						Y													
VANILLA ICE CREAM	YES	NO						Y													
<b>ICE CREAM WITH CARAMEL SAUCE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>													

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHRISTMAS DAY STARTERS</b>																				
<b>PRAWN &amp; LOBSTER COCKTAIL</b>																				
PAPRIKA PEPPER	YES	YES																		
SALTED BUTTER	YES	NO						Y												
CIABATTA LOAF	YES	YES	Y	Y																
SEAFOOD SAUCE	YES	NO																		
COOKED & PEELED COLD WATER PRAWNS	NO	NO									Y									Y
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
LEMON CASE	YES	NO																		
LOBSTER MIX	NO	NO										Y								
<b>PRAWN &amp; LOBSTER COCKTAIL</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>		<b>Y</b>								<b>Y</b>	
<b>THREE CHEESE FONDUE WITH STEAK SKEWER</b>																				
PAPRIKA PEPPER	YES	YES																		
CIABATTA LOAF	YES	YES	Y	Y																
PEASHOOTS	YES	YES																		
3 CHEESE FONDUE	YES	NO							Y				Y							
BEEF SKEWER	NO	NO	Y																	
<b>THREE CHEESE FONDUE WITH STEAK SKEWER</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>					<b>Y</b>				<b>Y</b>							
<b>MUSHROOM &amp; SHERRY SOUP</b>																				
UHT WHIPPING CREAM	YES	NO							Y											
SALTED BUTTER	YES	NO							Y											
WILD MUSHROOM AND SHERRY SOUP	YES	NO							Y						Y					
CIABATTA LOAF	YES	YES	Y	Y																
<b>MUSHROOM &amp; SHERRY SOUP</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>					<b>Y</b>				<b>Y</b>		<b>Y</b>					
<b>ORANGE &amp; TARRAGON CURED SALMON</b>																				
REDUCED FAT SOUR CREAM	YES	NO							Y											
HORSERADISH SAUCE	YES	NO							Y	Y										Y
CIABATTA LOAF	YES	YES	Y	Y																
PEASHOOTS	YES	YES																		
LEMON CASE	YES	NO																		
ORANGE & TARRAGON CURED SALMON	NO	NO								Y										
<b>ORANGE &amp; TARRAGON CURED SALMON</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>	<b>Y</b>								<b>Y</b>	
<b>STICKY ROOT VEG TART TATIN</b>																				
HERB DRESSING	YES	YES																		
FETA CHEESE	YES	NO							Y											
PEASHOOTS	YES	YES																		
BEETROOT & ONION TART	YES	YES	Y																	
<b>STICKY ROOT VEG TART TATIN</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>				<b>Y</b>							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>MAINS</b>																				
<b>TURKEY WITH ALL THE TRIMMINGS</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
CHRISTMAS STUFFING	YES	YES	Y																	
KIDS SAUSAGE	NO	NO	Y																	
COOKED SLICED TURKEY BREAST	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
CHRISTMAS GREEN VEG SACHET	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
ROAST POTATOES	YES	YES																		
<b>TURKEY WITH ALL THE TRIMMINGS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					<b>Y</b>						
<b>HALIBUT FILLET</b>																				
SALTED BUTTER	YES	NO						Y												
WHOLE GREEN BEANS	YES	YES																		
PEASHOOTS	YES	YES																		
LEMON CASE	YES	NO																		
HALIBUT FILLET	NO	NO							Y											
LEMON, CAPER & BUTTER SAUCE	YES	NO						Y				Y		Y						
HERB DRESSING	YES	YES																		
POTATO MID	YES	YES																		
<b>HALIBUT FILLET</b>	<b>NO</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>			<b>Y</b>		<b>Y</b>						
<b>LAMB RUMP</b>																				
TRUFFLE SEASONING	YES	YES																		
CHRISTMAS GREEN VEG SACHET	YES	NO						Y												
LAMB RUMP	NO	NO																		
MINT JUNIPER JUS	NO	NO										Y								
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
ROAST POTATOES	YES	YES																		
<b>LAMB RUMP</b>	<b>NO</b>	<b>NO</b>						<b>Y</b>				<b>Y</b>								
<b>MUSHROOM, SPINACH &amp; TRUFFLE OIL TART</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
CHRISTMAS STUFFING	YES	YES	Y																	
VEGETARIAN ROAST GRAVY	YES	NO	Y					Y						Y						
CHRISTMAS GREEN VEG SACHET	YES	NO						Y												
MUSHROOM SPINACH & TRUFFLE TART	YES	NO	Y					Y							Y					
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
ROAST POTATOES	YES	YES																		
<b>MUSHROOM, SPINACH &amp; TRUFFLE OIL TART</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Fye Products	Barley Products	Oat Products														
<b>8OZ FILLET STEAK WITH SPLIT LOBSTER TAIL</b>																				
TENDER STEM BROCCOLI	YES	YES																		
TRUFFLE SEASONING	YES	YES																		
LAMBS LETTUCE	YES	YES																		
SALTED BUTTER	YES	NO						Y												
FILLET STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
CRAYFISH PROSECCO HOLLANDAISE	NO	NO						Y	Y	Y	Y		Y		Y					
LOBSTER TAILS	NO	NO									Y									
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>8OZ FILLET STEAK WITH SPLIT LOBSTER TAIL</b>	<b>NO</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>	<b>Y</b>	<b>Y</b>		<b>Y</b>		<b>Y</b>					
<b>DESSERTS</b>																				
<b>CHRISTMAS PUDDING</b>																				
BRANDY SAUCE	YES	NO							Y											
INDIVIDUAL CHRISTMAS PUDDING	YES	YES	Y																	
DRIED CRANBERRIES	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
CUSTARD RTS	YES	NO							Y											
DAIRY AEROSOL CREAM	YES	NO							Y											
<b>CHRISTMAS PUDDING</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>											
<b>SALTED TOFFEE APPLE CRUMBLE</b>																				
SALTED TOFFEE APPLE FILLING	YES	NO							Y											
SHORTCAKE OATY CRUMBLE	YES	NO	Y			Y			Y											
BRANDY BUTTER FLAVOUR ICE CREAM	YES	NO							Y											
<b>SALTED TOFFEE APPLE CRUMBLE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>			<b>Y</b>			<b>Y</b>											
<b>AMARETTO PROFITEROLES</b>																				
CHOCOLATE SAUCE	YES	YES					Y													
CARAMEL SAUCE	YES	NO							Y											
AMARETTO PROFITEROLES	YES	NO	Y				Y	Y	Y											
BRANDY BUTTER FLAVOUR ICE CREAM	YES	NO							Y											
<b>AMARETTO PROFITEROLES</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>CHOCOLATE &amp; ORANGE CROWNIE</b>																				
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
CHOCOLATE ORANGE CROWNIE	YES	NO	Y				Y	Y	Y											
<b>CHOCOLATE &amp; ORANGE CROWNIE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>FESTIVE EXTRAS</b>																				
<b>FESTIVE FEAST</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
CHRISTMAS STUFFING	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
KIDS SAUSAGE	NO	NO	Y																	
SMOKED DRY CURED STREAKY BACON	NO	NO																		
<b>FESTIVE FEAST</b>																				
<b>CAULIFLOWER CHEESE</b>																				
CAULIFLOWER CHEESE	YES	NO					Y	Y												
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>CAULIFLOWER CHEESE</b>																				
<b>PIGS IN BLANKETS</b>																				
CRANBERRY SAUCE	YES	YES																		
KIDS SAUSAGE	NO	NO	Y																	
SMOKED DRY CURED STREAKY BACON	NO	NO																		
<b>PIGS IN BLANKETS</b>																				
<b>TO FINISH</b>																				
<b>CHOCOLATE TRUFFLES</b>																				
LINDT LINDOR MILK CHOCOLATE	YES	NO		Y		Y		Y												
<b>CHOCOLATE TRUFFLES</b>																				
<b>KIDS STARTERS</b>																				
<b>SAUSAGE WITH CRANBERRY SAUCE</b>																				
CRANBERRY SAUCE	YES	YES																		
KIDS SAUSAGE	NO	NO	Y																	
TOMATO KETCHUP	YES	YES																		
<b>SAUSAGE WITH CRANBERRY SAUCE</b>																				
<b>GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
CUCUMBER	YES	YES																		
<b>GARLIC BREAD</b>																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>VEGGIE STICKS</b>																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>VEGGIE STICKS</b>	<b>YES</b>	<b>NO</b>						Y												
<b>MAINS</b>																				
<b>TURKEY DINNER</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
PEAS GRADE A	YES	YES																		
KIDS SAUSAGE	NO	NO	Y																	
COOKED SLICED TURKEY BREAST	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
GRAVY CONCENTRATE	NO	NO												Y						
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
ROAST POTATOES	YES	YES																		
<b>TURKEY DINNER</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					<b>Y</b>						
<b>STEAK &amp; CHIPS</b>																				
RAPESEED OIL	YES	YES																		
FLAT IRON 4OZ	NO	NO																		
GARDEN PEAS	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>STEAK &amp; CHIPS</b>	<b>NO</b>	<b>NO</b>																		
<b>QUORN SAUSAGE &amp; MASH</b>																				
PEAS GRADE A	YES	YES																		
VEGETARIAN ROAST GRAVY	YES	NO	Y						Y					Y						
MASHED POTATO	YES	NO							Y											
QUORN CUMBERLAND SAUSAGE	YES	NO	Y						Y	Y										
<b>QUORN SAUSAGE &amp; MASH</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>	<b>Y</b>				<b>Y</b>						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>DESSERTS</b>																				
<b>CHRISTMAS PUDDING</b>																				
CUSTARD RTS	YES	NO						Y												
INDIVIDUAL CHRISTMAS PUDDING	YES	YES	Y																	
<b>CHRISTMAS PUDDING</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>ICE CREAM WITH CHOCOLATE SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y												
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO						Y												
<b>ICE CREAM WITH CHOCOLATE SAUCE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>												
<b>ICE CREAM WITH RASPBERRY SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y												
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
<b>ICE CREAM WITH RASPBERRY SAUCE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>												
<b>ICE CREAM WITH CARAMEL SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y												
CARAMEL SAUCE	YES	NO						Y												
VANILLA ICE CREAM	YES	NO						Y												
<b>ICE CREAM WITH CARAMEL SAUCE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>												
<b>UNDER 3</b>																				
<b>TURKEY DINNER</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
PEAS GRADE A	YES	YES																		
COOKED SLICED TURKEY BREAST	NO	NO																		
GRAVY CONCENTRATE	NO	NO												Y						
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
ROAST POTATOES	YES	YES																		
<b>TURKEY DINNER</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					<b>Y</b>						
<b>ICE CREAM WITH CHOCOLATE SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y												
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO						Y												
<b>ICE CREAM WITH CHOCOLATE SAUCE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>ICE CREAM WITH RASPBERRY SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y												
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
<b>ICE CREAM WITH RASPBERRY SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y												
CARAMEL SAUCE	YES	NO						Y												
VANILLA ICE CREAM	YES	NO						Y												
<b>ICE CREAM WITH CARAMEL SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y												
CARAMEL SAUCE	YES	NO						Y												
VANILLA ICE CREAM	YES	NO						Y												
<b>ICE CREAM WITH CARAMEL SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BOXING DAY STARTERS</b>																				
<b>PRAWN &amp; CRAB COCKTAIL</b>																				
PAPRIKA PEPPER	YES	YES																		
SALTED BUTTER	YES	NO							Y											
CIABATTA LOAF	YES	YES	Y	Y																
SEAFOOD SAUCE	YES	NO																		
COOKED & PEELED COLD WATER PRAWNS	NO	NO									Y									
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
CRAB	NO	NO																		
LEMON CASE	YES	NO																		
<b>PRAWN &amp; CRAB COCKTAIL</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>	<b>Y</b>					<b>Y</b>				
<b>THREE CHEESE FONDUE WITH STEAK SKEWER</b>																				
PAPRIKA PEPPER	YES	YES																		
CIABATTA LOAF	YES	YES	Y	Y																
PEASHOOTS	YES	YES																		
3 CHEESE FONDUE	YES	NO								Y			Y							
BEEF SKEWER	NO	NO	Y																	
<b>THREE CHEESE FONDUE WITH STEAK SKEWER</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>					<b>Y</b>				<b>Y</b>							
<b>MUSHROOM &amp; SHERRY SOUP</b>																				
UHT WHIPPING CREAM	YES	NO								Y										
SALTED BUTTER	YES	NO								Y										
WILD MUSHROOM AND SHERRY SOUP	YES	NO								Y										
CIABATTA LOAF	YES	YES	Y	Y										Y						
<b>MUSHROOM &amp; SHERRY SOUP</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>					<b>Y</b>				<b>Y</b>	<b>Y</b>						
<b>STICKY ROOT VEG TART TATIN</b>																				
HERB DRESSING	YES	YES																		
FETA CHEESE	YES	NO								Y										
PEASHOOTS	YES	YES																		
BEETROOT & ONION TART	YES	YES	Y										Y							
<b>STICKY ROOT VEG TART TATIN</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>				<b>Y</b>							
<b>TRIO OF CHEESE BITES</b>																				
CRANBERRY SAUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
TRIO OF CHEESE BITES - STILTON® & CRANBERRY BITES	NO	NO	Y							Y										
TRIO OF CHEESE BITES - CAMEMBERT	NO	NO	Y							Y										
TRIO OF CHEESE BITES - SMOKED CHEDDAR	NO	NO	Y							Y										
<b>TRIO OF CHEESE BITES</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>							<b>Y</b>										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>MAINS</b>																				
<b>FESTIVE TURKEY WITH ALL THE TRIMMINGS</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
CHRISTMAS STUFFING	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
KIDS SAUSAGE	NO	NO	Y																	
COOKED SLICED TURKEY BREAST	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
CHRISTMAS GREEN VEG SACHET	YES	NO						Y												
ROOT VEG MASH	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
ROAST POTATOES	YES	YES																		
<b>FESTIVE TURKEY WITH ALL THE TRIMMINGS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>						<b>Y</b>						
<b>OVEN BAKED SALMON</b>																				
RAPESEED OIL	YES	YES																		
SKIN-ON SALMON PORTIONS	NO	NO							Y											
WHOLE GREEN BEANS	YES	YES																		
PEASHOOTS	YES	YES																		
LEMON CASE	YES	NO																		
CRAYFISH PROSECCO HOLLANDAISE	NO	NO					Y	Y	Y	Y		Y		Y						
HERB DRESSING	YES	YES																		
POTATO MID	YES	YES																		
<b>OVEN BAKED SALMON</b>	<b>NO</b>	<b>NO</b>					<b>Y</b>	<b>Y</b>	<b>Y</b>	<b>Y</b>		<b>Y</b>		<b>Y</b>						
<b>MUSHROOM, SPINACH &amp; TRUFFLE OIL TART</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
CHRISTMAS STUFFING	YES	YES	Y																	
VEGETARIAN ROAST GRAVY	YES	NO	Y					Y						Y						
CHRISTMAS GREEN VEG SACHET	YES	NO						Y												
MUSHROOM SPINACH & TRUFFLE TART	YES	NO	Y					Y							Y					
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
ROAST POTATOES	YES	YES																		
<b>MUSHROOM, SPINACH &amp; TRUFFLE OIL TART</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>						<b>Y</b>	<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>FESTIVE TRUFFLED STEAK BURGER</b>																				
ONION MARMALADE	YES	YES																		
EMMENTAL CHEESE	YES	NO						Y												
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y					Y						
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
TRUFFLE STEAK BURGER	NO	NO										Y								
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRUFFLE SEASONING	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
WHOLE BLACK PEPPER	YES	YES																		
<b>FESTIVE TRUFFLED STEAK BURGER</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>		<b>Y</b>				
<b>FESTIVE 8OZ SIRLOIN STEAK</b>																				
LAMBS LETTUCE	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
TRIPLE COOKED CHIPS	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
BRIE	YES	NO							Y											
MALBEC SAUCE	NO	NO							Y				Y							
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>FESTIVE 8OZ SIRLOIN STEAK</b>	<b>NO</b>	<b>NO</b>							<b>Y</b>				<b>Y</b>							
<b>FESTIVE 10OZ RIBEYE STEAK</b>																				
LAMBS LETTUCE	YES	YES																		
RIBEYE STEAK 10OZ	NO	NO																		
TRIPLE COOKED CHIPS	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
SPICY CHIP SEASONING	YES	YES																		
BRIE	YES	NO							Y											
MALBEC SAUCE	NO	NO							Y				Y							
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>FESTIVE 10OZ RIBEYE STEAK</b>	<b>NO</b>	<b>NO</b>							<b>Y</b>				<b>Y</b>							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>FESTIVE 80Z FILLET STEAK</b>																				
LAMBS LETTUCE	YES	YES																		
FILLET STEAK 80Z	NO	NO																		
TRIPLE COOKED CHIPS	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
BRIE	YES	NO						Y												
MALBEC SAUCE	NO	NO						Y				Y								
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>FESTIVE 80Z FILLET STEAK</b>	<b>NO</b>	<b>NO</b>						Y				Y								
<b>DESSERTS</b>																				
<b>CHRISTMAS PUDDING</b>																				
BRANDY SAUCE	YES	NO						Y												
INDIVIDUAL CHRISTMAS PUDDING	YES	YES	Y																	
DRIED CRANBERRIES	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
CUSTARD RTS	YES	NO						Y												
DAIRY AEROSOL CREAM	YES	NO						Y												
<b>CHRISTMAS PUDDING</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>SALTED TOFFEE APPLE CRUMBLE</b>																				
SALTED TOFFEE APPLE FILLING	YES	NO						Y												
SHORTCAKE OATY CRUMBLE	YES	NO	Y			Y		Y												
BRANDY BUTTER FLAVOUR ICE CREAM	YES	NO						Y												
<b>SALTED TOFFEE APPLE CRUMBLE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>			<b>Y</b>		<b>Y</b>												
<b>ICE CREAM SUNDAE WITH AFTER EIGHT MINTS</b>																				
DAIRY AEROSOL CREAM	YES	NO						Y												
AFTER EIGHT MINTS	YES	NO						Y												
MINT SYRUP	YES	YES																		
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO						Y												
<b>ICE CREAM SUNDAE WITH AFTER EIGHT MINTS</b>	<b>YES</b>	<b>NO</b>					<b>Y</b>	<b>Y</b>												
<b>CHOCOLATE &amp; COINTREAU TRIFLE</b>																				
CHOC & COINT SPONGE	YES	NO	Y					Y	Y											
DAIRY AEROSOL CREAM	YES	NO							Y											
CUSTARD RTS	YES	NO							Y											
FRESH HERBS MINT	YES	YES																		
CHOCSTIX	YES	NO					Y		Y											
<b>CHOCOLATE &amp; COINTREAU TRIFLE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHOCOLATE, PEAR &amp; FRANGIPANE TART</b>																				
VANILLA ICE CREAM	YES	NO						Y												
CHOCOLATE, PEAR & FRANGIPANE	YES	NO	Y				Y	Y	Y										Y	ALMOND
<b>CHOCOLATE, PEAR &amp; FRANGIPANE TART</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>										<b>Y</b>	
<b>FESTIVE EXTRAS</b>																				
<b>FESTIVE FEAST</b>																				
<b>RUSTIC YORKSHIRE 3" GASTRO</b>																				
CHRISTMAS STUFFING	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
KIDS SAUSAGE	NO	NO	Y																	
SMOKED DRY CURED STREAKY BACON	NO	NO																		
<b>FESTIVE FEAST</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											
<b>CAULIFLOWER CHEESE</b>																				
CAULIFLOWER CHEESE	YES	NO						Y	Y											
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
<b>CAULIFLOWER CHEESE</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>											
<b>PIGS IN BLANKETS</b>																				
CRANBERRY SAUCE	YES	YES																		
KIDS SAUSAGE	NO	NO	Y																	
SMOKED DRY CURED STREAKY BACON	NO	NO																		
<b>PIGS IN BLANKETS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>																	
<b>CHOCOLATE TRUFFLES</b>																				
LINDT LINDOR MILK CHOCOLATE	YES	NO			Y		Y		Y											
<b>CHOCOLATE TRUFFLES</b>	<b>YES</b>	<b>NO</b>			<b>Y</b>		<b>Y</b>		<b>Y</b>											
<b>KIDS MAIN</b>																				
<b>TURKEY DINNER</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
PEAS GRADE A	YES	YES																		
KIDS SAUSAGE	NO	NO	Y																	
COOKED SLICED TURKEY BREAST	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
GRAVY CONCENTRATE	NO	NO													Y					
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
ROAST POTATOES	YES	YES																		
<b>TURKEY DINNER</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					<b>Y</b>						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>QUORN SAUSAGE &amp; MASH</b>																				
PEAS GRADE A	YES	YES																		
VEGETARIAN ROAST GRAVY	YES	NO	Y					Y						Y						
MASHED POTATO	YES	NO						Y												
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
<b>QUORN SAUSAGE &amp; MASH</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					<b>Y</b>						
<b>DESSERTS</b>																				
<b>CHRISTMAS PUDDING</b>																				
CUSTARD RTS	YES	NO						Y												
INDIVIDUAL CHRISTMAS PUDDING	YES	YES	Y																	
<b>CHRISTMAS PUDDING</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>											
<b>ICE CREAM WITH CHOCOLATE SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
<b>ICE CREAM WITH CHOCOLATE SAUCE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>											
<b>ICE CREAM WITH RASPBERRY SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
<b>ICE CREAM WITH RASPBERRY SAUCE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>											
<b>ICE CREAM WITH CARAMEL SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
<b>ICE CREAM WITH CARAMEL SAUCE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>NEW YEAR'S EVE STARTERS</b>																				
<b>BEEF BITES</b>																				
HERB DRESSING	YES	YES																		
BEEF BITES	NO	NO	Y					Y				Y			Y					
LAMBS LETTUCE	YES	YES																		
HORSERADISH SAUCE	YES	NO						Y	Y										Y	
LIGHT MAYONNAISE	YES	NO						Y											Y	
<b>BEEF BITES</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>				<b>Y</b>						<b>Y</b>	
<b>TRIO OF CHEESE BITES</b>																				
CRANBERRY SAUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
TRIO OF CHEESE BITES - STILTON® & CRANBERRY BITES	NO	NO	Y					Y		Y										
TRIO OF CHEESE BITES - CAMEMBERT	NO	NO	Y					Y		Y										
TRIO OF CHEESE BITES - SMOKED CHEDDAR	NO	NO	Y					Y		Y										
<b>TRIO OF CHEESE BITES</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>		<b>Y</b>										
<b>STICKY ROOT VEG TART TATIN</b>																				
HERB DRESSING	YES	YES																		
FETA CHEESE	YES	NO							Y											
PEASHOOTS	YES	YES																		
BEETROOT & ONION TART	YES	YES	Y										Y							
<b>STICKY ROOT VEG TART TATIN</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>				<b>Y</b>							
<b>TOMATO &amp; RED PEPPER SOUP</b>																				
UHT WHIPPING CREAM	YES	NO							Y											
SALTED BUTTER	YES	NO							Y											
RAPESEED OIL	YES	YES																		
TOMATO SOUP CONCENTRATE	YES	NO							Y						Y					
CIABATTA LOAF	YES	YES	Y	Y																
PEPPER RED	YES	YES																		
<b>TOMATO &amp; RED PEPPER SOUP</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>					<b>Y</b>						<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>MAINS</b>																				
<b>LAMB RUMP</b>																				
TENDER STEM BROCCOLI	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MALBEC SAUCE	NO	NO						Y				Y								
FRESH HERBS THYME	YES	YES																		
EXTRA VIRGIN OLIVE OIL	YES	YES																		
POTATO SLICES	YES	YES																		
LEMON CASE	YES	NO																		
LAMB RUMP	NO	NO																		
WHITE SUGAR SACHETS	YES	YES																		
MALT VINEGAR	YES	YES			Y															
ONIONS RED	YES	YES																		
<b>LAMB RUMP</b>																				
	NO	NO			Y			Y				Y								
<b>OVEN BAKED SALMON</b>																				
RAPESEED OIL	YES	YES																		
SKIN-ON SALMON PORTIONS	NO	NO								Y										
WHOLE GREEN BEANS	YES	YES																		
PEASHOOTS	YES	YES																		
LEMON CASE	YES	NO																		
CRAYFISH PROSECCO HOLLANDAISE	NO	NO						Y	Y	Y	Y		Y		Y					
HERB DRESSING	YES	YES																		
POTATO MID	YES	YES																		
<b>OVEN BAKED SALMON</b>																				
	NO	NO						Y	Y	Y	Y		Y		Y					
<b>FESTIVE TRUFFLED STEAK BURGER</b>																				
ONION MARMALADE	YES	YES																		
EMMENTAL CHEESE	YES	NO								Y										
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y					Y						
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
TRUFFLE STEAK BURGER	NO	NO											Y							
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRUFFLE SEASONING	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y									Y			
WHOLE BLACK PEPPER	YES	YES																		
<b>FESTIVE TRUFFLED STEAK BURGER</b>																				
	NO	NO	Y					Y	Y				Y	Y		Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>MUSHROOM, SPINACH &amp; TRUFFLE OIL TART</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
CHRISTMAS STUFFING	YES	YES	Y																	
VEGETARIAN ROAST GRAVY	YES	NO	Y																	
CHRISTMAS GREEN VEG SACHET	YES	NO																		
MUSHROOM SPINACH & TRUFFLE TART	YES	NO	Y																	
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
ROAST POTATOES	YES	YES																		
<b>MUSHROOM, SPINACH &amp; TRUFFLE OIL TART</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						<b>Y</b>	<b>Y</b>				
<b>FESTIVE 8OZ SIRLOIN STEAK</b>																				
LAMBS LETTUCE	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
TRIPLE COOKED CHIPS	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
BRIE	YES	NO																		
MALBEC SAUCE	NO	NO											Y							
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>FESTIVE 8OZ SIRLOIN STEAK</b>	<b>NO</b>	<b>NO</b>							<b>Y</b>				<b>Y</b>							
<b>FESTIVE 10OZ RIB EYE STEAK</b>																				
LAMBS LETTUCE	YES	YES																		
RIBEYE STEAK 10OZ	NO	NO																		
TRIPLE COOKED CHIPS	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
SPICY CHIP SEASONING	YES	YES																		
BRIE	YES	NO																		
MALBEC SAUCE	NO	NO											Y							
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>FESTIVE 10OZ RIB EYE STEAK</b>	<b>NO</b>	<b>NO</b>							<b>Y</b>				<b>Y</b>							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>FESTIVE 8OZ FILLET STEAK</b>																				
LAMBS LETTUCE	YES	YES																		
FILLET STEAK 8OZ	NO	NO																		
TRIPLE COOKED CHIPS	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
BRIE	YES	NO						Y												
MALBEC SAUCE	NO	NO						Y				Y								
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>FESTIVE 8OZ FILLET STEAK</b>	<b>NO</b>	<b>NO</b>						Y				Y								
<b>DESSERTS</b>																				
<b>CHOCOLATE &amp; CHERRY CROWNIE</b>																				
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
BLACK CHERRY CROWNIE	YES	NO	Y				Y	Y	Y											
<b>CHOCOLATE &amp; CHERRY CROWNIE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>SALTED TOFFEE APPLE CRUMBLE WITH CUSTARD</b>																				
CUSTARD RTS	YES	NO						Y												
SALTED TOFFEE APPLE FILLING	YES	NO						Y												
SHORTCAKE OATY CRUMBLE	YES	NO	Y			Y		Y												
<b>SALTED TOFFEE APPLE CRUMBLE WITH CUSTARD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>			<b>Y</b>		<b>Y</b>												
<b>SALTED TOFFEE APPLE CRUMBLE WITH ICE CREAM</b>																				
SALTED TOFFEE APPLE FILLING	YES	NO						Y												
SHORTCAKE OATY CRUMBLE	YES	NO	Y			Y		Y												
VANILLA ICE CREAM	YES	NO						Y												
<b>SALTED TOFFEE APPLE CRUMBLE WITH ICE CREAM</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>			<b>Y</b>		<b>Y</b>												
<b>STICKY TOFFEE PUDDING SUNDAE</b>																				
FRESH HERBS MINT	YES	YES																		
DAIRY AEROSOL CREAM	YES	NO						Y												
SALTED CARAMEL SAUCE	YES	NO						Y												
VANILLA ICE CREAM	YES	NO						Y												
STICKY TOFFEE BANOFFEE PUD	YES	NO	Y					Y	Y											
<b>STICKY TOFFEE PUDDING SUNDAE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>SIPSMITH SLOE GIN TRIFLE</b>																				
DAIRY AEROSOL CREAM	YES	NO						Y												
CUSTARD RTS	YES	NO						Y												
CHOCSTIX	YES	NO					Y													
SIPSMITH SLOE G&T TRIFLE SPONGE	YES	NO	Y					Y												
FRESH HERBS MINT	YES	YES																		
<b>SIPSMITH SLOE GIN TRIFLE</b>																				
YES	NO	Y				Y	Y	Y												
<b>BAKED CHEESECAKE</b>																				
BAKED CHEESECAKE	YES	NO	Y			Y		Y	Y											
HEDGEROW BERRIES IN SAUCE	YES	YES																		
<b>BAKED CHEESECAKE</b>																				
YES	NO	Y				Y		Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>DAYTIME SAVER MENU STARTERS</b>																				
<b>CRISPY FLAT MUSHROOMS</b>																				
RAPESEED OIL	YES	YES																		
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y												
BBQ SAUCE	YES	YES																		
RANCH DRESSING	YES	NO						Y	Y						Y					
<b>CRISPY FLAT MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>						<b>Y</b>					
<b>LOADED POTATO DIPPERS WITH CHEESE</b>																				
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>LOADED POTATO DIPPERS WITH CHEESE</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
<b>GARLIC BREAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>TOMATO SOUP</b>																				
UHT WHIPPING CREAM	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
TOMATO SOUP CONCENTRATE	YES	NO						Y						Y						
CIABATTA LOAF	YES	YES	Y	Y																
<b>TOMATO SOUP</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>						<b>Y</b>						
<b>MAINS</b>																				
<b>BEEF STEAK BURGER</b>																				
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
TABLE SALT	YES	YES																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
VEGAN BURGER SAUCE	YES	YES													Y					
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>BEEF STEAK BURGER</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>DOUBLE BACON &amp; CHEESE BEEF STEAK</b>																				
RAPESEED OIL	YES	YES																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
VEGAN BURGER SAUCE	YES	YES													Y					
CHEESE SLICES	YES	NO						Y												
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>DOUBLE BACON &amp; CHEESE BEEF STEAK</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>					
<b>GRILLED PAPRIKA CHICKEN</b>																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
PAPRIKA CHICKEN BREAST	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>GRILLED PAPRIKA CHICKEN</b>	<b>NO</b>	<b>NO</b>																		
<b>BEER-BATTERED FISH &amp; CHIPS</b>																				
PEAS GRADE A	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
POLLOCK FILLETS	NO	NO								Y										
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
TETLEY SMOOTH	NO	NO			Y															
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>BEER-BATTERED FISH &amp; CHIPS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>					<b>Y</b>										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HADDOCK &amp; CHIPS</b>																				
PEAS GRADE A	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
HADDOCK FILLET 220-250G	NO	NO							Y											
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
TETLEY SMOOTH	NO	NO			Y															
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>HADDOCK &amp; CHIPS</b>																				
	NO	NO	Y		Y				Y											
<b>50Z GAMMON STEAK</b>																				
PEAS GRADE A	YES	YES																		
50Z BOOMERANG GAMMON STEAK	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
RAPESEED OIL	YES	YES																		
CAGE FREE UK LION MED EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>50Z GAMMON STEAK</b>																				
	NO	NO						Y												
<b>DOUBLE GAMMON STEAK</b>																				
PEAS GRADE A	YES	YES																		
50Z BOOMERANG GAMMON STEAK	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
RAPESEED OIL	YES	YES																		
CAGE FREE UK LION MED EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>DOUBLE GAMMON STEAK</b>																				
	NO	NO						Y												
<b>SAUSAGE &amp; MASH</b>																				
PEAS GRADE A	YES	YES																		
MASHED POTATO	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
BRITISH PREMIER INN SAUSAGES	NO	NO	Y									Y								
GRAVY CONCENTRATE	NO	NO												Y						
PAPRIKA PEPPER	YES	YES																		
SEMI SKIMMED MILK	YES	NO						Y												
PLAIN FLOUR	YES	YES	Y																	
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
ONIONS RED	YES	YES																		
<b>SAUSAGE &amp; MASH</b>																				
	NO	NO	Y					Y				Y		Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>60Z STEAK &amp; TRIPLE COOKED CHIPS</b>																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
FLAT IRON STEAK 60Z	NO	NO																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>60Z STEAK &amp; TRIPLE COOKED CHIPS</b>	<b>NO</b>	<b>NO</b>										Y			Y					
<b>100Z RUMP &amp; TRIPLE COOKED CHIPS</b>																				
PEAS GRADE A	YES	YES																		
RUMP STEAK 100Z	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>100Z RUMP &amp; TRIPLE COOKED CHIPS</b>	<b>NO</b>	<b>NO</b>										Y			Y					
<b>80Z SIRLOIN &amp; TRIPLE COOKED CHIPS</b>																				
PEAS GRADE A	YES	YES																		
SIRLOIN STEAK 80Z	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>80Z SIRLOIN &amp; TRIPLE COOKED CHIPS</b>	<b>NO</b>	<b>NO</b>										Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>GRILLED CHICKEN CAESAR SALAD</b>																				
REGATO FINE GRATE	YES	NO						Y												
CHICKEN BREAST FILLET	NO	NO																		
CAESAR DRESSING RED CAL	YES	NO					Y	Y							Y					
LETTUCE ICEBERG	YES	YES																		
SALTED BUTTER	YES	NO																		
RAPESEED OIL	YES	YES						Y												
CIABATTA LOAF	YES	YES	Y	Y																
<b>GRILLED CHICKEN CAESAR SALAD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>						<b>Y</b>					
<b>BUTTERMILK CHICKEN GOUJON CAESAR SALAD</b>																				
REGATO FINE GRATE	YES	NO						Y												
CAESAR DRESSING RED CAL	YES	NO						Y	Y						Y					
LETTUCE ICEBERG	YES	YES																		
RAPESEED OIL	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y						Y											
SALTED BUTTER	YES	NO							Y											
RAPESEED OIL	YES	YES																		
CIABATTA LOAF	YES	YES	Y	Y																
<b>BUTTERMILK CHICKEN GOUJON CAESAR SALAD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>						<b>Y</b>					
<b>ROASTED VEGETABLE LINGUINE</b>																				
REGATO FINE GRATE	YES	NO						Y												
GARLIC BREAD SLICES	YES	NO	Y					Y												
TOMATO LINGUINE PASTA	YES	YES	Y												Y					
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
TOMATO CHERRY RED	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>ROASTED VEGETABLE LINGUINE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>							<b>Y</b>					
<b>ROASTED VEGETABLE LINGUINE WITH CHICKEN</b>																				
REGATO FINE GRATE	YES	NO						Y												
CHICKEN BREAST FILLET	NO	NO																		
GARLIC BREAD SLICES	YES	NO	Y					Y												
TOMATO LINGUINE PASTA	YES	YES	Y												Y					
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
TOMATO CHERRY RED	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>ROASTED VEGETABLE LINGUINE WITH CHICKEN</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>							<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>LASAGNE WITH SALAD</b>																				
RAPESEED OIL	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y					Y												
MEAT LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y					
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>LASAGNE WITH SALAD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>	<b>Y</b>				
<b>LASAGNE WITH CHIPS</b>																				
RAPESEED OIL	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y					Y												
MEAT LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y					
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>LASAGNE WITH CHIPS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					
<b>OPEN STEAK SANDWICH</b>																				
LAMBS LETTUCE	YES	YES																		
FLAT IRON STEAK 6OZ	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
CIABATTA LOAF	YES	YES	Y	Y																
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>OPEN STEAK SANDWICH</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>							<b>Y</b>					
<b>OPEN CHICKEN SANDWICH</b>																				
LAMBS LETTUCE	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
CHICKEN BREAST FILLET	NO	NO																		
CIABATTA LOAF	YES	YES	Y	Y																
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>OPEN CHICKEN SANDWICH</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>							<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>OPEN CHICKEN GOUJON SANDWICH</b>																				
LAMBS LETTUCE	YES	YES																		
LIGHT MAYONNAISE	YES	NO					Y								Y					
CIABATTA LOAF	YES	YES	Y	Y																
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>OPEN CHICKEN GOUJON SANDWICH</b>																				
	NO	NO	Y	Y				Y	Y						Y					
<b>SWEET POTATO &amp; FETA LASAGNE WITH SALAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
<b>SWEET POTATO &amp; FETA LASAGNE WITH SALAD</b>																				
	YES	NO	Y					Y	Y			Y		Y	Y					
<b>SWEET POTATO &amp; FETA LASAGNE WITH CHIPS</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>SWEET POTATO &amp; FETA LASAGNE WITH CHIPS</b>																				
	YES	NO	Y					Y	Y					Y	Y					
<b>CHICKEN MAKHANI CURRY</b>																				
BASMATI RICE	YES	YES																		
MANGO CHUTNEY	YES	YES																		
CHICKEN MAKHANI CURRY	NO	NO						Y												
PLAIN POPPADOMS	YES	YES																		
PLAIN NAAN	YES	NO	Y					Y	Y											
FRESH HERBS CORIANDER	YES	YES																		
GREEK STYLE YOGHURT	YES	NO						Y	Y											
<b>CHICKEN MAKHANI CURRY</b>																				
	NO	NO	Y					Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHICKEN &amp; HAM PIE</b>																				
PEAS GRADE A	YES	YES																		
CHICKEN & HAM PIE	NO	NO	Y					Y	Y											
GRAVY CONCENTRATE	NO	NO												Y						
MASHED POTATO	YES	NO							Y											
SALTED BUTTER	YES	NO							Y											
<b>CHICKEN &amp; HAM PIE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					
<b>HALF RACK OF RIBS &amp; FRIES</b>																				
RAPESEED OIL	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES											Y							
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>HALF RACK OF RIBS &amp; FRIES</b>	<b>NO</b>	<b>NO</b>						<b>Y</b>					<b>Y</b>		<b>Y</b>					
<b>SWEET POTATO FRIES</b>																				
RAPESEED OIL	YES	YES																		
SWEET POTATO FRIES	YES	YES																		
<b>SWEET POTATO FRIES</b>	<b>YES</b>	<b>YES</b>																		
<b>PUDDING</b>																				
<b>WARM CHOCOLATE BROWNIE</b>																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y									Y		Y
CHOCOLATE SAUCE	YES	YES						Y												
VANILLA ICE CREAM	YES	NO							Y											
<b>WARM CHOCOLATE BROWNIE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>	<b>Y</b>								<b>Y</b>		<b>Y</b>
<b>ICE CREAM WITH CHOCOLATE SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y										
VANILLA ICE CREAM	YES	NO								Y										
CHOCOLATE SAUCE	YES	YES						Y												
CHOCSTIX	YES	NO						Y		Y										
<b>ICE CREAM WITH CHOCOLATE SAUCE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>		<b>Y</b>										
<b>ICE CREAM WITH BERRY COMPOTE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y										
VANILLA ICE CREAM	YES	NO								Y										
HEDGEROW BERRIES IN SAUCE	YES	YES																		
<b>ICE CREAM WITH BERRY COMPOTE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>		<b>Y</b>										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CARAMEL APPLE BETTY WITH CREAM</b>																				
UHT WHIPPING CREAM	YES	NO						Y												
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
<b>CARAMEL APPLE BETTY WITH CREAM</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>CARAMEL APPLE BETTY WITH WHIPPED CREAM</b>																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
DAIRY AEROSOL CREAM	YES	NO							Y											
<b>CARAMEL APPLE BETTY WITH WHIPPED CREAM</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>CARAMEL APPLE BETTY WITH CUSTARD</b>																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
CUSTARD RTS	YES	NO							Y											
<b>CARAMEL APPLE BETTY WITH CUSTARD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>CARAMEL APPLE BETTY WITH ICE CREAM</b>																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
VANILLA ICE CREAM	YES	NO							Y											
<b>CARAMEL APPLE BETTY WITH ICE CREAM</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>PROFITEROLES</b>																				
PROFITEROLES	YES	NO	Y					Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
<b>PROFITEROLES</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>EVENING MENU STARTERS</b>																				
<b>CRISPY FLAT MUSHROOMS</b>																				
RAPSEED OIL	YES	YES																		
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y												
BBQ SAUCE	YES	YES																		
RANCH DRESSING	YES	NO						Y	Y							Y				
<b>CRISPY FLAT MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>							<b>Y</b>				
<b>LOADED POTATO DIPPERS WITH CHEESE</b>																				
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
RAPSEED OIL	YES	YES																		
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>LOADED POTATO DIPPERS WITH CHEESE</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>TOMATO SOUP</b>																				
UHT WHIPPING CREAM	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
TOMATO SOUP CONCENTRATE	YES	NO						Y							Y					
CIABATTA LOAF	YES	YES	Y	Y																
<b>TOMATO SOUP</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>							<b>Y</b>					
<b>CLASSIC PRAWN COCKTAIL</b>																				
PAPRIKA PEPPER	YES	YES																		
SALTED BUTTER	YES	NO						Y												
CIABATTA LOAF	YES	YES	Y	Y																
SEAFOOD SAUCE	YES	NO						Y								Y				
COOKED & PEELED COLD WATER PRAWNS	NO	NO									Y									
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
LEMON CASE	YES	NO																		
<b>CLASSIC PRAWN COCKTAIL</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>		<b>Y</b>					<b>Y</b>				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>MAINS</b>																				
<b>BEEF STEAK BURGER</b>																				
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
TABLE SALT	YES	YES																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
VEGAN BURGER SAUCE	YES	YES													Y					
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>BEEF STEAK BURGER</b>	NO	NO	Y					Y	Y				Y		Y					
<b>DOUBLE BACON &amp; CHEESE BEEF STEAK</b>																				
RAPESEED OIL	YES	YES																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
VEGAN BURGER SAUCE	YES	YES													Y					
CHEESE SLICES	YES	NO						Y												
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>DOUBLE BACON &amp; CHEESE BEEF STEAK</b>	NO	NO	Y					Y	Y				Y		Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>VEGAN WITH BBQ SOYA</b>																				
VEGAN BURGER	YES	YES	Y				Y													
BBQ PULLED VEGGIES	YES	YES	Y				Y													
VEGAN BUN	YES	YES	Y	Y		Y														
VEGAN BURGER SAUCE	YES	YES														Y				
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>VEGAN WITH BBQ SOYA</b>																				
YES	YES	Y	Y		Y	Y						Y			Y					
<b>SAUSAGE &amp; MASH</b>																				
PEAS GRADE A	YES	YES																		
MASHED POTATO	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
BRITISH PREMIER INN SAUSAGES	NO	NO	Y									Y								
GRAVY CONCENTRATE	NO	NO												Y						
PAPRIKA PEPPER	YES	YES																		
SEMI SKIMMED MILK	YES	NO						Y												
PLAIN FLOUR	YES	YES	Y																	
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
ONIONS RED	YES	YES																		
<b>SAUSAGE &amp; MASH</b>																				
NO	NO	Y						Y				Y		Y						
<b>SMOKY PAPRIKA CHICKEN</b>																				
RAPESEED OIL	YES	YES																		
PAPRIKA CHICKEN BREAST	NO	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>SMOKY PAPRIKA CHICKEN</b>																				
NO	NO							Y				Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>PLAIN CHICKEN</b>																				
RAPESEED OIL	YES	YES																		
CHICKEN BREAST FILLET	NO	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>PLAIN CHICKEN</b>																				
	NO	NO						Y				Y			Y					
<b>6OZ FLAT IRON WITH CHIPS</b>																				
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
FLAT IRON STEAK 6OZ	NO	NO																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>6OZ FLAT IRON WITH CHIPS</b>																				
	NO	NO																		
<b>10OZ RUMP WITH CHIPS</b>																				
LAMBS LETTUCE	YES	YES																		
RUMP STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>10OZ RUMP WITH CHIPS</b>																				
	NO	NO																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

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Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>8OZ SIRLOIN WITH CHIPS</b>																				
LAMBS LETTUCE	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>8OZ SIRLOIN WITH CHIPS</b>																				
LAMBS LETTUCE	YES	YES																		
RIBEYE STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>10OZ RIB-EYE WITH CHIPS</b>																				
LAMBS LETTUCE	YES	YES																		
RIBEYE STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>10OZ RIB-EYE WITH CHIPS</b>																				
<b>SWEET POTATO &amp; FETA LASAGNE WITH CHIPS</b>																				
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y						Y	Y				
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>SWEET POTATO &amp; FETA LASAGNE WITH CHIPS</b>																				
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y						Y	Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>SWEET POTATO &amp; FETA LASAGNE WITH SIDE SALAD</b>																				
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y						Y	Y				
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO																		
FLATBREAD HAND PRESSED	YES	NO	Y																	
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES																		
TOMATO M	YES	YES											Y			Y				
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>SWEET POTATO &amp; FETA LASAGNE WITH SIDE SALAD</b>																				
YES	NO	Y						Y	Y				Y		Y	Y				
<b>BEER-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>																				
PEAS GRADE A	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
HADDOCK FILLET 220-250G	NO	NO								Y										
TARTARE SAUCE	YES	NO							Y										Y	
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
TETLEY SMOOTH	NO	NO			Y															
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>BEER-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>																				
NO	NO	Y		Y				Y		Y									Y	
<b>BEER-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>																				
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
MUSHY PEAS	YES	YES																		
HADDOCK FILLET 220-250G	NO	NO									Y									
TARTARE SAUCE	YES	NO																		Y
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
TETLEY SMOOTH	NO	NO			Y															
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>BEER-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>																				
NO	NO	Y		Y				Y		Y									Y	
<b>LOADED CHEESY BEEF FRIES</b>																				
CAJUN JACK CHEESE SAUCE	YES	NO								Y										Y
STEAK BURGER 4OZ	NO	NO																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>LOADED CHEESY BEEF FRIES</b>																				
NO	NO									Y										Y

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>DESSERTS</b>																				
<b>WARM CHOCOLATE BROWNIE</b>																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y										Y	Y
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO						Y												
<b>WARM CHOCOLATE BROWNIE</b>																				
WARM CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y										Y	Y
<b>CARAMEL APPLE BETTY WITH CUSTARD</b>																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
CUSTARD RTS	YES	NO							Y											
<b>CARAMEL APPLE BETTY WITH CUSTARD</b>																				
CARAMEL APPLE BETTY WITH CUSTARD	YES	NO	Y				Y	Y	Y											
<b>ROCKY ROAD SUNDAE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
CHOCOLATE BROWNIE	YES	NO	Y						Y										Y	Y
DAIRY AEROSOL CREAM	YES	NO							Y											
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
MARSHMALLOWS	NO	NO																		
<b>ROCKY ROAD SUNDAE</b>																				
ROCKY ROAD SUNDAE	NO	NO	Y				Y	Y	Y										Y	Y
<b>PROFITEROLES</b>																				
PROFITEROLES	YES	NO	Y					Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
<b>PROFITEROLES</b>																				
PROFITEROLES	YES	NO	Y				Y	Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>SUNDAY LUNCH STARTERS</b>																					
<b>TOMATO SOUP</b>																					
UHT WHIPPING CREAM	YES	NO						Y													
SALTED BUTTER	YES	NO						Y													
TOMATO SOUP CONCENTRATE	YES	NO						Y						Y							
CIABATTA LOAF	YES	YES	Y	Y																	
<b>TOMATO SOUP</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>						<b>Y</b>							
<b>CRISPY FLAT MUSHROOMS</b>																					
RAPESEED OIL	YES	YES																			
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y													
BBQ SAUCE	YES	YES																			
RANCH DRESSING	YES	NO						Y	Y							Y					
<b>CRISPY FLAT MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>							<b>Y</b>					
<b>LOADED POTATO DIPPERS WITH CHEESE</b>																					
SOUR CREAM CHIVE DRESSING	YES	NO						Y													
RAPESEED OIL	YES	YES																			
POTATO DIPPERS	YES	YES																			
ONIONS SPRING BUNCH	YES	YES																			
MOZZ/MILD CHEDDAR MIX	YES	NO						Y													
<b>LOADED POTATO DIPPERS WITH CHEESE</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>													
<b>CLASSIC PRAWN COCKTAIL</b>																					
PAPRIKA PEPPER	YES	YES																			
SALTED BUTTER	YES	NO						Y													
CIABATTA LOAF	YES	YES	Y	Y																	
SEAFOOD SAUCE	YES	NO						Y								Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO									Y										
TOMATO M	YES	YES																			
CUCUMBER	YES	YES																			
LETTUCE ICEBERG	YES	YES																			
LEMON CASE	YES	NO																			
<b>CLASSIC PRAWN COCKTAIL</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>		<b>Y</b>					<b>Y</b>					
<b>5 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI</b>																					
BUTTERMILK CHICKEN WINGS	NO	NO	Y					Y													
RAPESEED OIL	YES	YES																			
PIRI PIRI SAUCE	YES	YES										Y									
<b>5 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>				<b>Y</b>									

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>5 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE</b>																					
BUTTERMILK CHICKEN WINGS	NO	NO	Y					Y													
RAPESEED OIL	YES	YES																			
BBQ SAUCE	YES	YES																			
<b>5 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE</b>																					
	NO	NO	Y					Y													
<b>MAINS</b>																					
<b>SLOW-COOKED BEEF</b>																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
BEEF SHOULDER COOKED	NO	NO																			
FRESH HERBS THYME	YES	YES																			
GRAVY CONCENTRATE	NO	NO												Y							
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
POTATOES ROAST CUT	YES	YES																			
WHOLE GREEN BEANS	YES	YES																			
ROOT VEG MASH	YES	NO							Y												
<b>SLOW-COOKED BEEF</b>																					
	NO	NO	Y					Y	Y						Y						
<b>HALF ROAST CHICKEN</b>																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
RAPESEED OIL	YES	YES																			
FRESH HERBS THYME	YES	YES																			
ROASTED HALF CHICKEN	NO	NO																			
GRAVY CONCENTRATE	NO	NO												Y							
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
POTATOES ROAST CUT	YES	YES																			
WHOLE GREEN BEANS	YES	YES																			
ROOT VEG MASH	YES	NO							Y												
<b>HALF ROAST CHICKEN</b>																					
	NO	NO	Y					Y	Y						Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>RUMP OF LAMB</b>																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
FRESH HERBS THYME	YES	YES																			
LAMB RUMP	NO	NO																			
GRAVY CONCENTRATE	NO	NO													Y						
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
POTATOES ROAST CUT	YES	YES																			
WHOLE GREEN BEANS	YES	YES																			
ROOT VEG MASH	YES	NO							Y												
<b>RUMP OF LAMB</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						<b>Y</b>						
<b>ROOT VEGETABLE WELLINGTON</b>																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
VEGETARIAN ROAST GRAVY	YES	NO	Y						Y						Y						
RAPESEED OIL	YES	YES																			
ROOT VEG WELLINGTON	YES	NO	Y					Y	Y							Y					
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
POTATOES ROAST CUT	YES	YES																			
WHOLE GREEN BEANS	YES	YES																			
ROOT VEG MASH	YES	NO							Y												
<b>ROOT VEGETABLE WELLINGTON</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						<b>Y</b>	<b>Y</b>					
<b>SUNDAY EXTRA</b>																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
GRAVY CONCENTRATE	NO	NO													Y						
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
POTATOES ROAST CUT	YES	YES																			
<b>SUNDAY EXTRA</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						<b>Y</b>						
<b>CAULIFLOWER CHEESE</b>																					
CAULIFLOWER CHEESE	YES	NO						Y	Y												
MOZZ/MILD CHEDDAR MIX	YES	NO							Y												
<b>CAULIFLOWER CHEESE</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>KIDS</b>																					
<b>SLOW-COOKED BEEF</b>																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
PEAS GRADE A	YES	YES																			
RAPESEED OIL	YES	YES																			
BEEF SHOULDER COOKED	NO	NO																			
GRAVY CONCENTRATE	NO	NO													Y						
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
POTATOES ROAST CUT	YES	YES																			
<b>SLOW-COOKED BEEF</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						<b>Y</b>						
<b>CHICKEN BREAST</b>																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
PEAS GRADE A	YES	YES																			
RAPESEED OIL	YES	YES																			
CHICKEN BREAST FILLET	NO	NO																			
GRAVY CONCENTRATE	NO	NO													Y						
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
POTATOES ROAST CUT	YES	YES																			
<b>CHICKEN BREAST</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						<b>Y</b>						
<b>PUDS</b>																					
<b>CARAMEL APPLE BETTY WITH CREAM</b>																					
UHT WHIPPING CREAM	YES	NO								Y											
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y					Y	Y	Y											
<b>CARAMEL APPLE BETTY WITH CREAM</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>CARAMEL APPLE BETTY WITH WHIPPED CREAM</b>																					
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y					Y	Y	Y											
DAIRY AEROSOL CREAM	YES	NO								Y											
<b>CARAMEL APPLE BETTY WITH WHIPPED CREAM</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>CARAMEL APPLE BETTY WITH CUSTARD</b>																					
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y					Y	Y	Y											
CUSTARD RTS	YES	NO								Y											
<b>CARAMEL APPLE BETTY WITH CUSTARD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>	<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>CARAMEL APPLE BETTY WITH ICE CREAM</b>																					
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y												
VANILLA ICE CREAM	YES	NO							Y												
<b>CARAMEL APPLE BETTY WITH ICE CREAM</b>																					
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y												
VANILLA ICE CREAM	YES	NO							Y												
<b>WARM CHOCOLATE BROWNIE</b>																					
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y								Y		Y		
CHOCOLATE SAUCE	YES	YES					Y														
VANILLA ICE CREAM	YES	NO						Y													
<b>WARM CHOCOLATE BROWNIE</b>																					
CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y								Y		Y		
CHOCOLATE SAUCE	YES	YES					Y														
VANILLA ICE CREAM	YES	NO						Y													
<b>ICE CREAM WITH BERRY COMPOTE</b>																					
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y												
VANILLA ICE CREAM	YES	NO							Y												
HEDGEROW BERRIES IN SAUCE	YES	YES																			
<b>ICE CREAM WITH BERRY COMPOTE</b>																					
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y												
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y								Y		Y		
DAIRY AEROSOL CREAM	YES	NO							Y												
CHOCOLATE SAUCE	YES	YES					Y														
VANILLA ICE CREAM	YES	NO							Y												
MARSHMALLOWS	NO	NO																			
<b>ROCKY ROAD SUNDAE</b>																					
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y												
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y								Y		Y		
DAIRY AEROSOL CREAM	YES	NO							Y												
CHOCOLATE SAUCE	YES	YES					Y														
VANILLA ICE CREAM	YES	NO							Y												
MARSHMALLOWS	NO	NO																			
<b>PROFITEROLES</b>																					
PROFITEROLES	YES	NO	Y					Y	Y												
CHOCOLATE SAUCE	YES	YES					Y														
VANILLA ICE CREAM	YES	NO							Y												
<b>PROFITEROLES</b>																					
PROFITEROLES	YES	NO	Y				Y	Y	Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BEEFEATER BUFFET MENU</b>																				
<b>BUFFET 1</b>																				
<b>SANDWICHES</b>																				
<b>CHEESE &amp; TOMATO</b>																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
CHEESE SLICES MILD CHED	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
TOMATO M	YES	YES																		
<b>TOTAL CHEESE &amp; TOMATO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>												
<b>EGG MAYO</b>																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO						Y							Y					
MED FRESH EGGS	YES	NO						Y												
SALTED BUTTER	YES	NO							Y											
<b>TOTAL EGG MAYO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>						<b>Y</b>					
<b>HAM &amp; MUSTARD</b>																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
ENGLISH MUSTARD	YES	YES	Y												Y					
THICK CUT HAM SLICES	NO	NO																		
SALTED BUTTER	YES	NO							Y											
<b>TOTAL HAM &amp; MUSTARD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>						<b>Y</b>					
<b>PRAWN &amp; MARIE ROSE</b>																				
SALTED BUTTER	YES	NO							Y											
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO								Y										
<b>TOTAL PRAWN &amp; MARIE ROSE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>					
<b>GARLIC BREADED MUSHROOMS</b>																				
RAPESEED OIL	YES	YES																		
BREADED FLAT MUSHROOM	NO	NO	Y					Y	Y											
BBQ SAUCE	YES	YES																		
<b>TOTAL GARLIC BREADED MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											
<b>POP IN CHICKEN</b>																				
RAPESEED OIL	YES	YES																		
MINI CHICKEN CHUNKS	NO	NO	Y						Y											
<b>TOTAL POP IN CHICKEN</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHIPS</b>																				
RAPESEED OIL	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>TOTAL CHIPS</b>	<b>YES</b>	<b>YES</b>																		
<b>VEGETABLE STICKS &amp; DIP</b>																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS RUSTIC CUT	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>TOTAL VEGETABLE STICKS &amp; DIP</b>	<b>YES</b>	<b>NO</b>						Y												
<b>GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	YES	Y																	
<b>TOTAL GARLIC BREAD</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>																	
<b>MIXED SALAD</b>																				
SALAD MIX (ESCAROLE, GREEN BATAVIA, RED OAK LEAF)	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>TOTAL MIXED SALAD</b>	<b>YES</b>	<b>YES</b>										Y			Y					
<b>BUFFET 2 SANDWICHES</b>																				
<b>CHEESE &amp; TOMATO</b>																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
CHEESE SLICES MILD CHED	YES	NO							Y											
SALTED BUTTER	YES	NO							Y											
TOMATO M	YES	YES																		
<b>TOTAL CHEESE &amp; TOMATO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>											
<b>EGG MAYO</b>																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO							Y										Y	
MED FRESH EGGS	YES	NO							Y											
SALTED BUTTER	YES	NO							Y	Y										
<b>TOTAL EGG MAYO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>	<b>Y</b>									<b>Y</b>	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HAM &amp; MUSTARD</b>																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
ENGLISH MUSTARD	YES	YES	Y												Y					
THICK CUT HAM SLICES	NO	NO																		
SALTED BUTTER	YES	NO						Y												
<b>TOTAL HAM &amp; MUSTARD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>							<b>Y</b>					
<b>PRAWN &amp; MARIE ROSE</b>																				
SALTED BUTTER	YES	NO						Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO								Y										
<b>TOTAL PRAWN &amp; MARIE ROSE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>	<b>Y</b>					<b>Y</b>					
<b>GARLIC BREADED MUSHROOMS</b>																				
RAPESEED OIL	YES	YES																		
BREADED FLAT MUSHROOM	NO	NO	Y				Y	Y												
BBQ SAUCE	YES	YES																		
<b>TOTAL GARLIC BREADED MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>												
<b>CHICKEN GOUJONS</b>																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
LOUISIANA CHICKEN GOUJONS	NO	NO	Y					Y												
<b>TOTAL CHICKEN GOUJONS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>CHIPS</b>																				
RAPESEED OIL	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>TOTAL CHIPS</b>	<b>YES</b>	<b>YES</b>																		
<b>VEGETABLE STICKS &amp; DIP</b>																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS RUSTIC CUT	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>TOTAL VEGETABLE STICKS &amp; DIP</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>CHEESY GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	YES	Y																	
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>TOTAL CHEESY GARLIC BREAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>MIXED SALAD</b>																				
SALAD MIX (ESCAROLE, GREEN BATAVIA, RED OAK LEAF)	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>TOTAL MIXED SALAD</b>	<b>YES</b>	<b>YES</b>										<b>Y</b>			<b>Y</b>					
<b>TORTILLA CHIPS &amp; DIP</b>																				
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
<b>TOTAL TORTILLA CHIPS &amp; DIP</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>ONION RINGS</b>																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
<b>TOTAL ONION RINGS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>															
<b>TEMPURA PRAWNS</b>																				
RAPESEED OIL	YES	YES																		
TEMPURA BATTERED TAIL ON KING PRAWNS	NO	NO	Y							Y										
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
<b>TOTAL TEMPURA PRAWNS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>							<b>Y</b>										
<b>BUFFET 3 SANDWICHES</b>																				
<b>CHEESE &amp; TOMATO</b>																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
CHEESE SLICES MILD CHED	YES	NO							Y											
SALTED BUTTER	YES	NO							Y											
TOMATO M	YES	YES																		
<b>TOTAL CHEESE &amp; TOMATO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>											
<b>EGG MAYO</b>																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO						Y							Y					
MED FRESH EGGS	YES	NO						Y												
SALTED BUTTER	YES	NO							Y											
<b>TOTAL EGG MAYO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>					<b>Y</b>						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHICKEN &amp; BACON</b>																				
RAPESEED OIL	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
CHICKEN BREAST	NO	NO																		
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SMOKED DRY CURED STREAKY BACON	NO	NO																		
SALTED BUTTER	YES	NO							Y											
LEMONS	YES	YES																		
<b>TOTAL CHICKEN &amp; BACON</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>						<b>Y</b>					
<b>PRAWN &amp; MARIE ROSE</b>																				
SALTED BUTTER	YES	NO							Y											
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO								Y										
<b>TOTAL PRAWN &amp; MARIE ROSE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>					
<b>GARLIC BREADED MUSHROOMS</b>																				
RAPESEED OIL	YES	YES																		
BREADED FLAT MUSHROOM	NO	NO	Y					Y	Y											
BBQ SAUCE	YES	YES																		
<b>TOTAL GARLIC BREADED MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											
<b>CHICKEN GOUJONS</b>																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
LOUISIANA CHICKEN GOUJONS	NO	NO	Y					Y												
<b>TOTAL CHICKEN GOUJONS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>CHIPS</b>																				
RAPESEED OIL	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>TOTAL CHIPS</b>	<b>YES</b>	<b>YES</b>																		
<b>VEGETABLE STICKS &amp; DIP</b>																				
GREEK STYLE YOGHURT	YES	NO							Y											
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS RUSTIC CUT	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>TOTAL VEGETABLE STICKS &amp; DIP</b>	<b>YES</b>	<b>NO</b>							<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHEESY GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	YES	Y																	
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>TOTAL CHEESY GARLIC BREAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>MIXED SALAD</b>																				
SALAD MIX (ESCAROLE, GREEN BATAVIA, RED OAK LEAF)	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>TOTAL MIXED SALAD</b>	<b>YES</b>	<b>YES</b>										<b>Y</b>			<b>Y</b>					
<b>TORTILLA CHIPS &amp; DIP</b>																				
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
<b>TOTAL TORTILLA CHIPS &amp; DIP</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>ONION RINGS</b>																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
<b>TOTAL ONION RINGS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>															
<b>TEMPURA PRAWNS</b>																				
RAPESEED OIL	YES	YES																		
TEMPURA BATTERED TAIL ON KING PRAWNS	NO	NO	Y								Y									
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
<b>TEMPURA PRAWNS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>								<b>Y</b>									
<b>THREE CHEESE CRUSTLESS QUICHE</b>																				
QUICHE CHZ CRUSTLESS	YES	NO	Y					Y	Y											
<b>TOTAL THREE CHEESE CRUSTLESS QUICHE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											
<b>POTATO DIPPERS</b>																				
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	NO	NO																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>TOTAL POTATO DIPPERS</b>	<b>NO</b>	<b>NO</b>						<b>Y</b>												
<b>SAUSAGE ROLLS</b>																				
COCKTAIL SAUSAGE ROLLS	NO	NO	Y																	
<b>TOTAL SAUSAGE ROLLS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>																	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>DESSERTS</b>																				
<b>CHOCOLATE BROWNIE</b>																				
CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
<b>TOTAL CHOCOLATE BROWNIE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>PROFITEROLES</b>																				
PROFITEROLES	YES	NO	Y					Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
<b>TOTAL PROFITEROLES</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BEEFEATER AUTUMN DRINKS</b>																				
<b>DRAUGHT</b>																				
STELLA 4.8%	YES	YES			Y															
SAN MIGUEL	YES	YES			Y							Y								
COORS LIGHT DRAUGHT	NO	NO	Y		Y															
GUINNESS	NO	NO			Y															
THATCHERS	YES	YES										Y								
DOOM BAR CASK	NO	NO			Y															
<b>COCKTAILS</b>																				
<b>MOJITO</b>																				
HAVANA CLUB ESPECIAL	NO	NO																		
FRESH HERBS MINT	YES	YES																		
ODK WHITE SUGAR SYRUP	YES	YES																		
LIMES	YES	YES																		
BSD SODA WATER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>MOJITO</b>																				
	NO	NO																		
<b>SPICED COSMO</b>																				
SMIRNOFF RED	NO	NO																		
COINTREAU	YES	YES																		
SUNPRIDE CRANBERRY	YES	YES										Y								
BSD GINGER ALE	YES	YES																		
LIMES	YES	YES																		
<b>SPICED COSMO</b>																				
	NO	NO										Y								
<b>CHAMBORD ROYALE</b>																				
GALANTI PROSECCO	YES	NO										Y								
CHAMBORD	YES	YES																		
<b>CHAMBORD ROYALE</b>																				
	YES	NO										Y								
<b>SIPSMITH SLOE GIN COLLINS</b>																				
SIPSMITH SLOE GIN	YES	YES																		
LEMONS	YES	YES																		
BSD SODA WATER	YES	YES																		
LEMONS	YES	YES																		
<b>SIPSMITH SLOE GIN COLLINS</b>																				
	YES	YES																		

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>THE GIN PARLOUR</b>																				
BSD LOW CAL TONIC WATER	YES	YES																		
FEVERTREE AROMATIC TONIC	YES	YES																		
FEVERTREE MEDITERRANEAN TONIC	YES	YES																		
GALANTI PROSECCO	YES	NO										Y								
BATHTUB GIN	YES	YES																		
SIPSMITH GIN	YES	YES																		
BOMBAY SAPPHIRE	YES	YES																		
GORDONS PINK GIN	YES	YES																		
GORDONS GIN	NO	NO																		
SIPSMITH SLOE GIN	YES	YES																		



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BREAKFAST MENU</b>																				
<b>ACCOMPANIMENTS</b>																				
SEMI SKIMMED MILK	YES	NO						Y												
WHOLE MILK	YES	NO						Y												
SKIMMED MILK	YES	NO						Y												
ALPRO SOYA MILK	YES	YES					Y													
SWEET N LOW	YES	NO																		
WHITE SUGAR SACHETS	YES	YES																		
BROWN SUGAR SACHETS	YES	YES																		
<b>FULL BREAKFAST</b>																				
<b>BACON</b>																				
BACK BACON	NO	NO																		
<b>TOTAL BACON</b>	<b>NO</b>	<b>NO</b>																		
<b>SAUSAGE</b>																				
PI SAUSAGES	NO	NO	Y									Y								
<b>TOTAL SAUSAGE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>									<b>Y</b>								
<b>VEGETARIAN SAUSAGE</b>																				
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
<b>TOTAL VEGETARIAN SAUSAGE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											
<b>SCRAMBLED EGG</b>																				
MED FRESH EGGS	YES	NO						Y												
SEMI SKIMMED MILK	YES	NO							Y											
<b>TOTAL SCRAMBLED EGG</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>											
<b>FRIED EGG</b>																				
MED FRESH EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
<b>TOTAL FRIED EGG</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>POACHED EGG</b>																				
MED FRESH EGGS	YES	NO						Y												
<b>TOTAL POACHED EGG</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>BOILED EGG</b>																				
MED FRESH EGGS	YES	NO						Y												
<b>TOTAL BOILED EGG</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>OMELETTE</b>																				
MED FRESH EGGS	YES	NO						Y												
SALTED BUTTER	YES	NO							Y											
<b>TOTAL OMELETTE</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HASH BROWNS</b>																				
HASH BROWN	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>TOTAL HASH BROWNS</b>	<b>YES</b>	<b>YES</b>																		
<b>BUBBLE AND SQUEAK</b>																				
BUBBLE AND SQUEAK	YES	NO						Y												
RAPESEED OIL	YES	YES																		
<b>TOTAL BUBBLE AND SQUEAK</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>BLACK PUDDING</b>																				
BLACK PUDDING	NO	NO	Y		Y															
<b>TOTAL BLACK PUDDING</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>															
<b>MUSHROOMS WITH BUTTER</b>																				
MUSHROOM CUP	YES	YES																		
SALTED BUTTER	YES	NO						Y												
<b>TOTAL MUSHROOMS WITH BUTTER</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>TOMATO</b>																				
TOMATO M	YES	YES																		
<b>TOTAL TOMATO</b>	<b>YES</b>	<b>YES</b>																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TOMATO (RATIONAL)</b>																				
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>TOTAL TOMATO (RATIONAL)</b>	<b>YES</b>	<b>YES</b>																		
<b>BEANS</b>																				
BAKED BEANS	YES	YES																		
<b>TOTAL BEANS</b>	<b>YES</b>	<b>YES</b>																		
<b>CONTINENTAL BREAKFAST BAKERY</b>																				
CROISSANT	YES	NO	Y					Y	Y											
MINI PAIN AUX RAISIN	YES	NO	Y					Y	Y											
MINI PAIN AUX CHOCOLAT	YES	NO	Y					Y	Y	Y										
CINNAMON AND RAISIN BAGELS	YES	YES	Y		Y															
BLUEBERRY MINI MUFFIN	YES	NO	Y					Y	Y											
SOURDOUGH CRUMPETS	YES	YES	Y																	
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
GLUTEN FREE BREAD SLICE	YES	NO						Y												
REDUCED SUGAR PANCAKE	YES	NO	Y					Y	Y											
NUTELLA CHOCOLATE SPREAD PORTIONS																				
PEANUT BUTTER																				
MAPLE SYRUP PORTIONS																				
ORANGE MARMALADE PORTIONS																				
HONEY PORTION	YES	NO																		
MARMITE PORTIONS																				
STRAWBERRY JAM PORTIONS	YES	YES																		
ASSORTED JAM PORTIONS- RASPBERRY																				
ASSORTED JAM PORTIONS- BLACKCURRANT																				
ASSORTED JAM PORTIONS- APRICOT																				
SALTED BUTTER PORTIONS	YES	NO						Y												
SUNFLOWER SPREAD	YES	NO																		
<b>FRUITS</b>																				
FRUIT SALAD	YES	YES																		
APPLES GREEN	YES	YES																		
BANANAS	YES	YES																		
FRUIT BERRY MIX	YES	YES																		
DRIED FRUIT MIX	YES	YES											Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>YOGHURTS AND CEREALS</b>																				
STRAWBERRY YOGHURT	YES	NO						Y												
VANILLA YOGHURT	YES	NO						Y												
GREEK STYLE YOGHURT	YES	NO						Y												
COCO POPS	YES	NO			Y															
CRUNCHY NUT CORNFLAKES	YES	NO			Y											Y				
CORNFLAKES	YES	NO			Y															
SPECIAL K	YES	NO	Y		Y															
WEETABIX	YES	YES	Y		Y															
KELLOGG'S MUESLI FRUIT	YES	NO	Y	Y	Y	Y		Y				Y								
RICE KRISPIES	YES	NO			Y															
BRAN FLAKES	YES	NO	Y		Y															
GRANOLA OAT AND RAISIN	YES	NO	Y			Y														
OATS2GO PORRIDGE SACHETS	YES	YES				Y	Y													
<b>DRINKS</b>																				
<b>TEAS</b>																				
PEPPERMINT INFUSION	YES	YES																		
CAMOMILE INFUSION	YES	YES																		
PTS LEMON AND GINGER	YES	YES																		
GREEN TEA	YES	YES																		
PTS HERBAL TEABAGS VARIOUS FLAVOURS	YES	YES																		
PTS DECAFF TEA	YES	YES																		
<b>COSTA COFFEE-ALLERGY DEPENDS ON DRINK. SEE COSTA WEBSITE</b>																				
<b>FRUIT JUICES &amp; SMOOTHIES</b>																				
ORANGE JUICE	YES	YES																		
APPLE JUICE	YES	YES																		
CRANBERRY JUICE	YES	YES										Y								
TROPICAL SMOOTHIE	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans