



Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menu descriptions do not include all ingredients or allergens, please use the allergy information guide to choose suitable dishes for you to eat and enjoy.

We take great care to prevent cross-contamination when preparing your order in our kitchens. However, due to the layout and operation of our kitchens we do not have specific allergen free zones and it is therefore not possible to fully guarantee separation of allergens. There is significant risk of cross-contamination in our buffet areas and deep fat fryers. If you would like further information on our cooking methods, don't be afraid to ask! **We cannot guarantee your order is 100% free from any allergenic ingredient.**

Please let a member of our team know if you have an allergy or sensitivities to any ingredient, even if you have dined with us before.

The allergen 'Tree Nuts' refers to the following tree nuts and their by-products: almond, Brazil, cashew, hazelnut, macadamia (Queensland nut), pecan, pistachio and walnut. The column 'Tree Nut source (if present)' will show the specific tree nut.

Our drinks allergy information contains the cocktails and similar drinks only. For soft drinks, spirits, wines, beers etc please consult the packaging or ask a member of staff.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time, so please check with us for up-to-date information.

## KEY FOR BEEFEATER ALLERGY INFORMATION GUIDE

**Y** The allergen is present

**YES** Suitable for ovo-lacto vegetarians/ vegans

**NO** Not suitable for ovo-lacto vegetarians/ vegans



The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BEEFEATER MAIN MENU								
WHILE YOU BROWSE								
BEEF CRISPS	1125	269	15.9	1.2	27.3	0.4	2.8	0.6
HALLOUMI FRIES	2569	614	50.3	15.9	10.7	7.2	29.2	3.7
SHARERS								
GARLIC FLATBREAD STRIPS	4769	1139	52.3	15.2	135.8	6.7	27.2	2.7
LOADED NACHOS	5263	1257	65.8	22.4	123.0	17.5	31.0	4.1
THE BEEFEATER SHARING PLATTER	7517	1795	106.6	21.7	152.2	15.5	55.9	7.2
SHARING PLATTER WITH HALF RACK PORK RIBS	9220	2202	128.0	29.4	174.0	34.3	87.6	9.0
STARTERS								
BEEF BITES	2021	483	29.0	4.4	33.4	9.1	21.2	3.0
STEAK SKEWER WITH THREE CHEESE FONDUE	2320	554	30.7	20.4	30.1	4.3	38.3	2.0
SPICED PULLED LAMB & HOUMOUS	2605	622	42.1	7.8	35.1	5.1	22.6	2.3
CRISPY FLAT CAP MUSHROOMS	2047	489	33.0	2.8	42.6	8.5	7.1	2.2
5 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI	2261	540	35.1	5.0	30.5	1.1	24.7	2.3
5 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE	2348	561	34.5	5.0	37.3	8.2	24.6	0.9
8 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI	3580	855	55.7	8.0	47.7	1.5	39.4	2.7
8 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE	3666	876	55.2	7.9	54.5	8.6	39.2	1.2
CLASSIC PRAWN COCKTAIL	1412	337	20.3	6.3	21.8	9.8	16.4	2.0
BUTTERMILK CHICKEN GOJONS	2062	493	27.3	3.9	37.1	10.3	24.0	3.0
GRILLED VEGETABLES & HOUMOUS	2022	483	29.3	3.2	41.0	5.9	11.3	2.0
CRISPY BEEF ASIAN STYLE SALAD	1221	292	16.2	1.7	20.9	17.1	14.7	0.4
CALAMARI	2246	536	40.6	3.7	26.0	1.9	16.2	3.6
SCALLOPS	1034	247	13.3	5.5	15.0	1.7	16.2	1.3
LOADED POTATO DIPPERS WITH CHEESE	2059	492	30.5	14.0	34.6	2.0	20.1	1.1
LOADED POTATO DIPPERS WITH CHEESE & BACON	2393	572	35.7	16.1	34.7	2.1	28.0	2.7
SHARER POTATO DIPPERS WITH CHEESE	4147	990	61.6	28.5	69.2	4.1	40.3	2.3
SHARER POTATO DIPPERS WITH CHEESE & BACON	4815	1150	72.1	32.7	69.4	4.3	56.1	5.3

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>STEAKS &amp; GRILLS</b>								
<b>STEAKS</b>								
10OZ ARGENTIAN RIB-EYE	4130	986	48.8	15.8	68.1	6.5	70.5	2.2
8OZ FILLET WITH CHIPS	3593	858	41.6	10.3	65.5	2.7	57.9	3.3
8OZ FILLET WITH SALAD	2000	478	25.0	8.7	9.4	3.6	53.1	2.3
8OZ FILLET WITH VEG MEDLEY	2392	571	29.3	11.9	14.8	6.4	59.5	2.5
10OZ RIB-EYE WITH CHIPS	4275	1021	52.3	15.3	67.4	4.5	73.1	3.4
10OZ RIB-EYE WITH SALAD	2683	641	35.7	13.7	11.2	5.5	68.3	2.4
10OZ RIB-EYE WITH VEG MEDLEY	3075	734	40.0	16.9	16.7	8.3	74.8	2.7
8OZ SIRLOIN WITH CHIPS	3499	836	39.9	9.2	65.2	2.3	56.8	3.5
8OZ SIRLOIN WITH SALAD	1907	455	23.3	7.6	9.0	3.3	52.0	2.4
8OZ SIRLOIN WITH VEG MEDLEY	2298	549	27.6	10.8	14.5	6.1	58.5	2.7
10OZ RUMP WITH CHIPS	4081	975	50.8	13.4	65.2	2.4	66.8	3.8
10OZ RUMP WITH SALAD	2489	594	34.2	11.9	9.1	3.3	62.0	2.8
10OZ RUMP WITH VEG MEDLEY	2880	688	38.5	15.0	14.5	6.1	68.4	3.0
6OZ FLAT IRON WITH CHIPS	3319	793	39.4	8.0	65.1	2.4	47.0	3.3
6OZ FLAT IRON WITH SALAD	1727	413	22.8	6.4	9.0	3.4	42.2	2.3
6OZ FLAT IRON WITH VEG MEDLEY	2119	506	27.1	9.6	14.5	6.2	48.7	2.6
<b>GRILLS</b>								
BEEFEATER MIXED GRILL	6261	1495	69.6	17.5	86.4	5.3	117.2	9.8
MIXED GRILL WITH RUMP	7201	1720	87.4	25.3	83.2	5.5	150.9	10.3
MIXED GRILL WITH SIRLOIN	6619	1581	76.6	21.0	83.2	5.4	141.0	10.0
STICKY BOURBON BBQ RIBS	5525	1320	67.7	17.4	104.4	43.2	70.1	5.8
LAMB RUMP	2448	585	21.1	5.2	43.0	12.1	51.7	3.4
BBQ CHICKEN N RIBS	4334	1035	45.5	10.1	81.3	28.2	71.5	5.1
BBQ CHICKEN N WHOLE RACK OF RIBS	6036	1442	66.9	17.9	103.0	47.0	103.2	6.8
TRIPLE SKEWER COMBO	4090	977	53.3	16.2	70.6	26.9	55.6	4.5
<b>STEAK SAUCES</b>								
PRAWN & LOBSTER SAUCE	296	71	5.7	2.9	3.2	0.2	1.4	0.5
TRIPLE PEPPERCORN SAUCE	132	32	0.8	0.5	4.4	2.3	1.6	0.8
BEARNAISE SAUCE	510	122	11.6	8.4	3.4	1.5	0.8	0.4
RICH BEEF SAUCE	176	42	1.7	0.7	5.3	2.1	1.4	0.1
BEER & BEEF DRIPPING SAUCE	239	57	3.2	1.6	5.6	1.3	1.4	0.6
<b>STEAK BUTTER</b>								
SMOKY BACON FLAVOURED	570	136	14.1	8.8	2.0	0.0	0.2	0.3
BLUE CHEESE	578	138	14.5	9.3	0.2	0.0	1.6	0.5
SURF & TURF	582	139	9.8	4.5	1.2	0.6	12.3	1.0

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	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>FANCY A BIT ON THE SIDE</b>								
LOADED CHEESY BEEF FRIES	2626	627	35.0	11.9	61.0	1.0	19.4	1.8
HALLOUMI FRIES	2569	614	50.3	15.9	10.7	7.2	29.2	3.7
CHEESY JALAPENO PEPPERS	1583	378	25.3	7.9	30.0	3.5	6.7	0.7
SWEET POTATO FRIES	1464	350	15.1	1.1	53.2	22.5	2.4	0.6
MAC N CHEESE BITES	2479	592	32.0	11.5	57.3	7.5	17.2	2.3
CHUNKY SLAW	618	148	11.2	0.8	8.7	6.3	1.4	0.8
3 BUTTERMILK CHICKEN WINGS PIRI PIRI	1382	330	21.3	3.0	19.1	0.9	14.9	2.1
3 BUTTERMILK CHICKEN WINGS BBQ SAUCE	1469	351	20.7	3.0	25.9	7.9	14.8	0.6
CRISPY BEER-BATTERED ONION RINGS	1234	295	16.5	1.2	31.8	3.5	3.6	0.9
LARGE MIXED SALAD	278	66	3.0	0.4	7.8	6.5	1.4	0.3
JACKET POTATO	1573	376	8.6	5.3	67.8	2.7	8.7	0.3
SKINNY FRIES	1382	330	13.3	1.1	46.5	0.3	4.8	1.6
TRIPLE COOKED CHIPS	1670	399	17.5	1.7	57.9	0.4	5.2	1.1
VEG MEDLEY	470	112	5.2	3.2	7.2	4.2	6.9	0.4
HALF RACK OF PORK RIBS	1703	407	21.4	7.8	21.7	18.8	31.7	1.8
TENDERSTEM BROCCOLI	670	160	11.9	0.8	5.4	2.8	6.0	0.1
HERITAGE STYLE TOMATO SALAD	526	126	9.6	0.8	7.0	5.8	1.8	0.2
<b>MADE FOR BURGER LOVERS</b>								
LAMB DUO	4823	1152	57.0	15.2	111.9	13.2	47.7	4.5
TANDOORI SPICE	5018	1199	56.3	6.1	119.6	17.8	53.2	5.0
LOBSTER DOUBLE STACK	6406	1530	88.9	27.7	112.9	12.6	70.2	4.2
KING WAGYU	5517	1318	70.4	19.5	114.3	15.8	56.2	7.5
VEGAN WITH BBQ SOYA	4104	980	40.7	4.2	113.2	19.9	37.9	4.2
DOUBLE BACON & CHEESE BEEF STEAK	6188	1478	88.5	28.9	103.8	14.4	67.5	6.1
BUTTERMILK CHICKEN & BLUE CHEESE	5753	1374	72.3	16.0	138.4	13.2	41.9	5.6
<b>CRAFT YOUR BURGER</b>								
CRISPY BACON	263	63	4.0	1.3	0.2	0.1	6.5	0.9
ONION RINGS	463	110	6.2	0.4	11.9	1.3	1.3	0.3
FRIED EGG	254	61	3.3	0.9	1.5	0.2	6.3	0.2
EXTRA BURGER CHEESE & BACON	1374	328	24.2	11.9	0.2	0.1	27.4	1.0
HALLOUMI FRIES	2569	614	50.3	15.9	10.7	7.2	29.2	3.7
CHEESY JALAPENO PEPPERS	1583	378	25.3	7.9	30.0	3.5	6.7	0.7

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	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>HOUSE FAVOURITES</b>								
BEER-BATTERED HADDOCK & CHIPS WITH PEAS	4053	968	52.6	9.7	86.4	6.8	38.6	2.2
BEER-BATTERED HADDOCK & CHIPS WITH MUSHY	4212	1006	52.7	9.8	93.0	5.5	40.9	3.1
SMOTHERED CHICKEN MELT	3573	853	39.4	8.5	74.7	13.7	50.9	4.4
CHARGRILLED GAMMON STEAK	4209	1005	54.1	5.1	76.8	14.7	55.7	7.5
BLACKENED GAMMON STEAK	4244	1014	54.2	5.1	78.2	16.0	56.0	7.9
GRILLED TUNA STEAK	1692	404	14.4	2.9	27.9	13.3	39.2	4.1
LEMON & THYME CHICKEN	4554	1088	69.6	31.8	56.8	3.8	55.4	3.0
TERIYAKI SALMON	2298	549	30.9	3.3	19.3	16.0	45.4	2.7
CHICKEN & CHORIZO PIE	2146	513	24.9	9.3	39.8	9.7	26.6	1.7
CAULIFLOWER CHEESE TART	2821	674	40.9	22.9	61.5	9.2	12.8	1.4
BEEF & CHEDDAR PIE	5471	1307	86.0	46.2	94.0	9.6	31.7	4.5
SMOKY PAPRIKA CHICKEN	2942	703	29.1	2.9	67.6	7.5	43.9	3.3
PLAIN CHICKEN	2811	671	28.4	2.9	65.8	6.2	39.2	2.8
<b>TASTY ALTERNATIVES</b>								
SWEET POTATO & FETA LASAGNE WITH CHIPS	4310	1029	49.8	14.8	117.3	14.5	28.3	3.7
SWEET POTATO & FETA LASAGNE WITH SALAD	2917	697	35.3	13.5	67.1	20.5	24.5	2.8
RAINBOW BOWL	4577	1093	68.6	11.3	88.6	13.0	21.2	3.4
RAINBOW BOWL WITH CRISPY BEEF	5335	1274	76.6	14.7	88.7	13.1	48.3	3.5
BUTTERMILK CHICKEN GOUJON CAESAR SALAD	2836	677	44.4	9.2	36.8	4.4	31.4	2.8
GRILLED CHICKEN CAESAR SALAD	1938	463	26.9	7.5	11.9	3.8	42.0	2.4
CRISPY BEEF ASIAN STYLE SALAD	2364	565	31.8	3.3	39.1	32.3	29.0	0.8
SEAFOOD RIGATONI PASTA	2796	668	30.8	14.7	69.1	6.5	26.7	3.4
ROAST VEGETABLE LINGUINE	2218	530	13.8	2.4	77.2	20.5	18.9	2.2
ROAST VEGETABLE LINGUINE WITH SALMON	3419	817	28.2	4.4	77.3	20.7	58.2	2.5
ROAST VEGETABLE LINGUINE WITH CHICKEN	2867	685	16.3	3.0	77.3	21.0	51.6	3.3
<b>PUDS</b>								
SIPSMITH SLOE GIN TRIFLE	1908	456	26.1	14.7	44.8	29.7	6.9	0.4
CHOCOLATE & CHERRY CROWNIE	2805	670	28.9	13.7	90.7	60.3	8.1	0.4
GIN FIZZ SORBET	586	140	0.3	0.3	34.0	30.1	0.1	0.0
WARM CHOCOLATE BROWNIE	2324	555	19.5	5.5	84.8	36.5	7.4	0.1
SALTED TOFFEE APPLE CRUMBLE WITH CUSTARD	2243	536	14.5	6.0	90.0	52.0	9.3	1.1
SALTED TOFFEE APPLE CRUMBLE WITH ICE CREAM	2101	502	14.1	6.0	82.3	47.9	8.1	1.0
BAKED CHEESECAKE	2680	640	34.5	20.4	74.7	53.4	6.9	0.3
STRAWBERRY FROZEN YOGHURT	667	159	1.3	0.7	31.1	26.9	5.2	0.2
STICKY TOFFEE PUDDING SUNDAE	4006	957	42.2	27.6	123.7	110.6	11.9	1.1
CHOCOLATE CHURROS SUNDAE	3126	747	32.0	13.3	97.5	44.6	12.2	0.4
ROCKY ROAD SUNDAE	2898	692	25.0	13.0	101.3	64.7	10.7	0.3
<b>MINI PUDS</b>								
CHOCOLATE TORTE	1234	295	20.2	10.2	24.0	12.9	3.4	0.1
STRAWBERRY YOGHURT CHEESECAKE	934	223	8.8	5.0	31.0	23.5	4.4	0.2
APPLE CRISP	1253	299	10.1	3.6	47.0	26.1	3.2	0.1

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The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
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<b>BEEFEATER KIDS MENU</b>								
<b>STARTERS</b>								
GARLIC BREAD	467	112	4.6	1.4	14.5	0.8	2.5	0.3
CHICKEN MEATBALLS	743	177	5.8	1.7	15.2	7.9	15.3	0.4
VEGGIE STICKS	199	48	0.3	0.1	7.8	7.4	2.5	0.1
<b>THE MAIN YARD</b>								
POPPIN CHICKEN	1676	400	16.4	2.0	44.0	3.9	17.0	1.7
TOMATO PENNE PASTA	1503	359	10.0	2.9	54.6	10.1	10.2	0.8
STEAK & CHIPS	1930	461	15.8	4.0	35.9	3.5	26.8	1.1
SPAGHETTI BOLOGNESE	1347	322	8.4	2.9	44.9	9.6	12.7	0.9
BANGERS & MASH	1678	401	21.0	8.4	30.7	7.9	19.4	1.8
VEGGIE BANGERS & MASH	1481	354	11.8	3.5	37.4	6.4	18.7	2.1
CHICKEN CURRY	1859	444	9.9	4.7	65.4	16.7	20.5	0.5
TOMATO PASTA & CHICKEN MEATBALLS	2200	525	16.9	4.9	61.9	10.2	28.2	1.0
BEEF BURGER	2541	607	27.3	8.6	61.1	8.5	29.2	1.3
COD BITES	2149	513	25.5	3.5	53.3	4.6	14.4	1.1
CHICKEN BURGER	1837	439	7.7	1.6	63.1	8.7	28.2	1.4
<b>SWAP YOU SIDES</b>								
MASHED POTATO	550	131	4.5	2.8	19.0	1.8	2.5	0.6
CHIPS	784	187	7.5	0.6	26.3	0.1	2.7	0.9
MINI JACKET POTATOES	648	155	0.3	0.2	32.6	3.7	4.1	0.1
BROWN RICE	804	192	1.2	0.4	39.6	0.1	4.6	0.1
GARLIC BREAD	456	109	4.6	1.4	14.2	0.5	2.4	0.3
BAKED BEANS	213	51	0.8	0.1	7.2	3.8	2.5	0.4
VEGGIE STICKS	109	26	0.2	0.1	4.7	4.4	0.6	0.0
MINI CORN ON THE COB	330	79	1.8	0.3	12.4	7.8	2.4	0.0
PEAS	197	47	0.4	0.1	6.3	3.3	3.1	0.0
SIDE SALAD	31	7	0.1	0.0	1.0	0.9	0.4	0.0
<b>PUD FOR EWE</b>								
MIXED FRUIT SALAD	205	49	0.1	0.0	10.3	10.3	0.6	0.0
ICE CREAM WITH RASPBERRY SAUCE	843	201	5.5	3.3	31.1	22.9	4.3	0.1
ICE CREAM WITH CHOCOLATE SAUCE	845	202	5.5	3.4	30.9	22.3	4.5	0.1
ICE CREAM WITH CARAMEL SAUCE	849	203	5.8	3.6	30.5	23.5	4.6	0.2
STRAWBERRY YOGHURT	533	127	4.6	2.9	15.8	15.5	5.6	0.2
<b>PREMIUM PUDS</b>								
MINI DOUGHNUTS	913	218	9.4	4.3	31.0	16.9	2.4	0.2
FUNNY FACE SUNDAE	820	196	5.7	3.5	29.2	23.4	4.3	0.1
PANCAKES	919	219	3.3	0.5	42.5	23.0	3.9	0.3
STRAWBERRY FROZEN YOGHURT	610	146	1.1	0.5	29.1	20.8	4.3	0.2

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DAYTIME SAVER MENU								
STARTERS								
CRISPY FLAT MUSHROOMS	2047	489	33.0	2.8	42.6	8.5	7.1	2.2
LOADED POTATO DIPPERS WITH CHEESE	2069	494	30.7	14.2	33.8	2.0	20.1	1.1
GARLIC BREAD	912	218	9.1	2.9	28.3	1.0	4.7	0.6
TOMATO SOUP	1469	351	17.3	10.2	40.2	9.8	6.3	1.9
MAINS								
BEEF STEAK BURGER	3632	868	43.5	10.9	86.0	10.4	30.4	3.8
DOUBLE BACON & CHEESE BEEF STEAK	6148	1468	87.3	28.2	103.6	14.8	67.7	5.7
GRILLED PAPRIKA CHICKEN	2647	632	21.1	2.4	66.2	5.6	45.6	2.7
BEER-BATTERED FISH & CHIPS	4767	1138	64.8	7.2	103.6	5.0	35.7	2.0
HADDOCK & CHIPS	3685	880	43.9	9.1	84.2	5.5	38.4	1.8
5OZ GAMMON STEAK	3113	744	28.5	5.3	76.8	14.8	47.5	5.0
DOUBLE GAMMON STEAK	3945	942	35.8	8.0	76.9	15.0	80.4	8.7
SAUSAGE & MASH	3774	902	55.2	22.6	68.4	10.5	26.8	4.2
6OZ STEAK & TRIPLE COOKED CHIPS	3074	734	33.1	7.5	66.1	5.4	43.7	2.6
10OZ RUMP & TRIPLE COOKED CHIPS	3836	916	44.5	12.9	66.1	5.4	63.5	3.0
8OZ SIRLOIN & TRIPLE COOKED CHIPS	3253	777	33.7	8.7	66.1	5.3	53.5	2.7
GRILLED CHICKEN CAESAR SALAD	1952	466	26.9	7.3	11.8	3.9	41.7	2.4
BUTTERMILK CHICKEN GOUJON CAESAR SALAD	2850	681	44.4	9.0	36.7	4.4	31.1	2.7
ROASTED VEGETABLE LINGUINE	2061	492	14.3	3.4	69.0	19.9	16.8	2.1
ROASTED VEGETABLE LINGUINE WITH CHICKEN	2710	647	16.7	4.0	69.1	20.4	49.5	3.2
LASAGNE WITH SALAD	2485	594	25.3	10.8	60.7	22.1	28.0	3.3
LASAGNE WITH CHIPS	3878	926	39.8	12.1	110.9	16.0	31.8	4.2
OPEN STEAK SANDWICH	4198	1003	43.6	8.1	96.3	5.1	53.1	3.4
OPEN CHICKEN SANDWICH	3509	838	28.4	3.8	91.4	5.3	51.0	4.7
OPEN CHICKEN GOUJON SANDWICH	4408	1053	45.9	5.5	116.3	5.9	40.4	5.1
SWEET POTATO & FETA LASAGNE WITH SALAD	2556	611	33.6	14.3	52.7	14.9	21.4	2.6
SWEET POTATO & FETA LASAGNE WITH CHIPS	4149	991	50.2	15.9	108.8	13.9	26.2	3.6
CHICKEN MAKHANI CURRY	4179	998	31.0	12.1	115.4	23.5	58.6	6.2
CHICKEN & HAM PIE	5002	1195	68.4	32.9	105.6	10.0	33.0	3.0
HALF RACK OF RIBS & FRIES	3374	806	39.9	9.2	72.3	22.1	37.1	3.7
SWEET POTATO FRIES	1464	350	15.1	1.1	53.2	22.5	2.4	0.6



Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>PUDDING</b>								
WARM CHOCOLATE BROWNIE	2330	557	19.7	5.6	85.6	37.4	7.6	0.1
ICE CREAM WITH CHOCOLATE SAUCE	936	224	7.0	4.3	34.5	26.0	5.0	0.1
ICE CREAM WITH BERRY COMPOTE	814	194	6.0	3.6	29.9	22.4	4.7	0.1
CARAMEL APPLE BETTY WITH CREAM	2044	488	23.9	14.2	63.4	38.9	4.1	0.4
CARAMEL APPLE BETTY WITH WHIPPED CREAM	1727	413	15.5	9.0	63.7	39.2	3.8	0.4
CARAMEL APPLE BETTY WITH CUSTARD	1900	454	12.8	6.6	77.7	49.0	6.2	0.5
CARAMEL APPLE BETTY WITH ICE CREAM	1764	421	12.7	6.7	70.7	45.8	5.1	0.4
PROFITEROLES	1953	467	27.8	15.8	46.2	29.9	7.1	0.1

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>EVENING MENU</b>								
<b>STARTERS</b>								
CRISPY FLAT MUSHROOMS	2047	489	33.0	2.8	42.6	8.5	7.1	2.2
LOADED POTATO DIPPERS WITH CHEESE	2069	494	30.7	14.2	33.8	2.0	20.1	1.1
TOMATO SOUP	1469	351	17.3	10.2	40.2	9.8	6.3	1.9
CLASSIC PRAWN COCKTAIL	1412	337	20.2	6.3	21.9	9.9	16.3	2.0
<b>MAINS</b>								
BEEF STEAK BURGER	3632	868	43.5	10.9	86.0	10.4	30.4	3.8
DOUBLE BACON & CHEESE BEEF STEAK	6148	1468	87.3	28.2	103.6	14.8	67.7	5.7
VEGAN WITH BBQ SOYA	4103	980	40.7	4.2	113.2	19.9	37.9	4.3
SAUSAGE & MASH	3774	902	55.2	22.6	68.4	10.5	26.8	4.2
SMOKY PAPRIKA CHICKEN	2940	702	29.1	2.9	67.5	7.9	43.9	3.3
PLAIN CHICKEN	2809	671	28.4	2.9	65.6	6.6	39.2	2.8
6OZ FLAT IRON WITH CHIPS	3319	793	39.4	8.0	65.1	2.3	47.1	3.3
10OZ RUMP WITH CHIPS	4081	975	50.7	13.4	65.1	2.3	66.8	3.8
8OZ SIRLOIN WITH CHIPS	3499	836	39.9	9.2	65.1	2.2	56.9	3.5
10OZ RIB-EYE WITH CHIPS	4275	1021	52.3	15.3	67.3	4.4	73.2	3.4
SWEET POTATO & FETA LASAGNE WITH CHIPS	4195	1002	48.8	14.8	115.0	13.8	27.6	3.7
SWEET POTATO & FETA LASAGNE WITH SIDE SALAD	2802	669	34.3	13.5	64.8	19.9	23.8	2.9
BEER-BATTERED HADDOCK & CHIPS WITH PEAS	4053	968	52.6	9.7	86.4	6.8	38.6	2.2
BEER-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4212	1006	52.7	9.8	93.0	5.5	40.9	3.1
LOADED CHEESY BEEF FRIES	2626	627	35.0	11.9	61.0	1.0	19.4	1.8
<b>DESSERTS</b>								
WARM CHOCOLATE BROWNIE	2330	557	19.7	5.6	85.6	37.4	7.6	0.1
CARAMEL APPLE BETTY WITH CUSTARD	1900	454	12.8	6.6	77.7	49.0	6.2	0.5
ROCKY ROAD SUNDAE	2915	696	25.7	13.4	103.6	67.3	11.1	0.2
PROFITEROLES	1953	467	27.8	15.8	46.2	29.9	7.1	0.1

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
SUNDAY LUNCH								
STARTERS								
TOMATO SOUP	1469	351	17.3	10.2	40.2	9.8	6.3	1.9
CRISPY FLAT MUSHROOMS	2047	489	33.0	2.8	42.6	8.5	7.1	2.2
LOADED POTATO DIPPERS WITH CHEESE	2069	494	30.7	14.2	33.8	2.0	20.1	1.1
CLASSIC PRAWN COCKTAIL	1412	337	20.2	6.3	21.9	9.9	16.3	2.0
5 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI	2261	540	35.1	5.0	30.5	1.1	24.7	2.3
5 BUTTERMILK CHICKEN WINGS WITH BBQ	2348	561	34.5	5.0	37.3	8.2	24.6	0.9
MAINS								
SLOW-COOKED BEEF	3971	949	52.7	7.4	65.1	6.4	53.5	3.1
HALF ROAST CHICKEN	4492	1073	62.3	8.4	65.3	6.6	63.2	3.3
RUMP OF LAMB	3919	936	50.8	6.8	65.3	6.6	54.9	3.0
ROOT VEGETABLE WELLINGTON	5536	1322	83.8	24.6	117.3	14.4	23.6	2.4
SUNDAY EXTRA	2576	615	37.9	2.7	55.1	2.5	10.8	1.3
CAULIFLOWER CHEESE	1182	282	20.2	11.8	9.7	3.8	14.0	1.6
KIDS								
SLOW-COOKED BEEF	2731	652	29.1	5.0	42.1	5.0	52.3	1.3
CHICKEN BREAST	2082	497	22.4	1.9	42.2	5.3	28.2	1.3
PUDDS								
CARAMEL APPLE BETTY WITH CREAM	2044	488	23.9	14.2	63.4	38.9	4.1	0.4
CARAMEL APPLE BETTY WITH WHIPPED CREAM	1727	413	15.5	9.0	63.7	39.2	3.8	0.4
CARAMEL APPLE BETTY WITH CUSTARD	1900	454	12.8	6.6	77.7	49.0	6.2	0.5
CARAMEL APPLE BETTY WITH ICE CREAM	1764	421	12.7	6.7	70.7	45.8	5.1	0.4
WARM CHOCOLATE BROWNIE	2330	557	19.7	5.6	85.6	37.4	7.6	0.1
ICE CREAM WITH BERRY COMPOTE	814	194	6.0	3.6	29.9	22.4	4.7	0.1
ROCKY ROAD SUNDAE	2915	696	25.7	13.4	103.6	67.3	11.1	0.2
PROFITEROLES	1953	467	27.8	15.8	46.2	29.9	7.1	0.1

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>BEEFEATER BUFFET MENU</b>								
<b>BUFFET 1</b>								
<b>SANDWICHES</b>								
CHEESE & TOMATO (PER 1/4)	440	105	5.7	3.4	8.8	0.8	4.3	0.4
EGG MAYO (PER 1/4)	409	98	5.1	2.0	8.8	0.5	3.8	0.4
HAM & MUSTARD (PER 1/4)	578	138	5.6	2.6	9.1	0.9	12.4	1.5
PRAWN & MARIE ROSE (PER 1/4)	470	112	5.4	1.6	10.8	2.2	4.9	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	1020	244	14.9	1.2	24.2	2.2	4.4	1.1
POP IN CHICKEN (PER 6)	509	122	6.1	0.9	7.9	0.0	8.9	0.3
CHIPS (PER 200G)	1700	406	18.6	1.4	51.2	0.2	4.6	1.1
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	115	28	0.2	0.0	4.5	3.4	1.6	0.1
GARLIC BREAD (PER SLICE)	456	109	4.6	1.4	14.2	0.5	2.4	0.3
MIXED SALAD (PER 1/4 PORTION)	71	17	0.8	0.1	1.9	1.7	0.3	0.1
<b>BUFFET 2</b>								
<b>SANDWICHES</b>								
CHEESE & TOMATO (PER 1/4)	440	105	5.7	3.4	8.8	0.8	4.3	0.4
EGG MAYO (PER 1/4)	409	98	5.1	2.0	8.8	0.5	3.8	0.4
HAM & MUSTARD (PER 1/4)	578	138	5.6	2.6	9.1	0.9	12.4	1.5
PRAWN & MARIE ROSE (PER 1/4)	470	112	5.4	1.6	10.8	2.2	4.9	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	1020	244	14.9	1.2	24.2	2.2	4.4	1.1
CHICKEN GOUJONS (PER 3 PLUS DIP)	849	203	10.7	1.6	13.5	1.5	12.4	0.7
CHIPS (PER 200G)	1700	406	18.6	1.4	51.2	0.2	4.6	1.1
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	115	28	0.2	0.0	4.5	3.4	1.6	0.1
CHEESY GARLIC BREAD (PER SLICE)	595	142	7.1	3.0	14.3	0.6	4.8	0.4
MIXED SALAD (PER 1/4 PORTION)	71	17	0.8	0.1	1.9	1.7	0.3	0.1
TORTILLA CHIPS & DIP (30G PLUS DIPS)	741	177	9.4	2.1	19.8	0.8	2.4	0.3
ONION RINGS (PER 3)	463	110	6.2	0.4	11.9	1.3	1.3	0.3
TEMPURA PRAWNS (2 EACH PLUS DIP)	662	158	9.2	2.8	14.4	5.4	4.2	0.9

Product/ Dish Description	Nutrition Information Per Portion							
	KJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>BUFFET 3</b>								
<b>SANDWICHES</b>								
CHEESE & TOMATO (PER 1/4)	440	105	5.7	3.4	8.8	0.8	4.3	0.4
EGG MAYO (PER 1/4)	409	98	5.1	2.0	8.8	0.5	3.8	0.4
CHICKEN & BACON (PER 1/4)	313	75	3.0	1.5	8.9	0.4	2.8	0.3
PRAWN & MARIE ROSE (PER 1/4)	470	112	5.4	1.6	10.8	2.2	4.9	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	1020	244	14.9	1.2	24.2	2.2	4.4	1.1
CHICKEN GOUJONS (PER 3 PLUS DIP)	849	203	10.7	1.6	13.5	1.5	12.4	0.7
CHIPS (PER 200G)	1700	406	18.6	1.4	51.2	0.2	4.6	1.1
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	115	28	0.2	0.0	4.5	3.4	1.6	0.1
CHEESY GARLIC BREAD (PER SLICE)	595	142	7.1	3.0	14.3	0.6	4.8	0.4
MIXED SALAD (PER 1/4 PORTION)	71	17	0.8	0.1	1.9	1.7	0.3	0.1
TORTILLA CHIPS & DIP (30G PLUS DIPS)	741	177	9.4	2.1	19.8	0.8	2.4	0.3
ONION RINGS (PER 3)	463	110	6.2	0.4	11.9	1.3	1.3	0.3
TEMPURA PRAWNS (2 EACH PLUS DIP)	662	158	9.2	2.8	14.4	5.4	4.2	0.9
THREE CHEESE CRUSTLESS QUICHE (PER PORTION)	414	99	7.5	3.7	4.2	0.6	4.1	0.2
POTATO DIPPERS (PER PORTION)	743	177	10.8	4.9	12.8	0.7	6.9	0.4
SAUSAGE ROLLS (PER 2)	829	198	11.3	5.0	19.1	0.4	4.3	0.7
<b>DESSERTS</b>								
CHOCOLATE BROWNIE (1 PLUS SAUCE)	613	146	5.4	2.0	22.1	16.2	1.8	0.1
PROFITEROLES (1 PLUS SAUCE)	383	92	5.6	3.1	9.0	5.3	1.2	0.0

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
FULL BREAKFAST								
COOKED BACON (PER 2 RASHERS)	690	165	10.9	4.3	0.1	0.1	16.4	3.2
SAUSAGE (EACH)	574	137	10.0	3.6	4.0	0.7	7.5	0.6
QUORN SAUSAGE (EACH)	325	78	3.2	0.3	4.2	0.4	6.4	0.5
SCRAMBLED EGG (PER PORTION)	721	172	12.1	3.6	1.4	1.4	14.5	0.4
FRIED EGG (PER EGG)	254	61	3.3	0.9	1.5	0.2	6.3	0.2
POACHED EGGS (PER EGG)	332	79	5.8	1.7	0.0	0.0	6.8	0.2
BOILED EGGS (PER EGG)	341	82	5.8	1.7	0.0	0.0	6.8	0.2
OMELETTE (PER PORTION)	1301	311	27.9	13.8	0.2	0.2	13.6	0.8
HASH BROWNS (EACH)	392	94	4.9	2.1	12.0	0.3	0.9	0.2
BUBBLE AND SQUEAK (PER PORTION)	707	169	13.3	1.2	9.6	1.3	1.6	0.5
BLACK PUDDING (PER SLICE)	509	122	8.1	3.0	5.5	0.1	6.6	0.9
MUSHROOMS WITH BUTTER (PER PORTION)	706	169	16.7	10.5	0.5	0.3	3.5	0.4
TOMATO M (PER HALF TOMATO)	42	10	0.2	0.1	1.6	1.6	0.4	0.0
TOMATO COOKED IN RATIONAL (PER HALF TOMATO)	117	28	2.2	0.2	1.6	1.6	0.4	0.0
BAKED BEANS (PER PORTION)	381	91	1.4	0.2	12.8	6.8	4.5	0.7

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>CONTINENTAL BREAKFAST</b>								
<b>BAKERY</b>								
CROISSANT (EACH)	674	161	7.5	4.3	19.3	2.2	3.7	0.4
MINI PAIN AUX RAISIN (EACH)	493	118	5.4	3.1	15.0	6.3	1.9	0.2
MINI PAIN AUX CHOCOLAT (EACH)	613	146	8.3	4.8	14.7	4.6	2.8	0.2
CINNAMON AND RAISIN BAGELS (EACH)	1228	293	1.4	0.2	59.2	9.9	9.5	0.8
BLUEBERRY MINI MUFFIN (EACH)	476	114	6.7	0.6	12.7	6.5	1.3	0.1
SOURDOUGH CRUMPETS (EACH)	380	91	0.6	0.1	17.8	0.8	3.1	0.6
WHITE SANDWICH BREAD (PER SLICE)	376	90	0.7	0.1	17.4	0.9	3.1	0.3
MALTED SANDWICH BREAD (PER SLICE)	384	92	1.0	0.3	16.6	0.8	3.4	0.3
GLUTEN FREE BREAD SLICE (PER SLICE)	353	84	1.7	0.1	13.7	0.3	2.2	0.4
REDUCED SUGAR PANCAKE (EACH)	402	96	3.0	0.4	15.1	1.0	2.7	0.3
NUTELLA CHOCOLATE SPREAD PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
PEANUT BUTTER	PLEASE REFER TO PACKET FOR INFORMATION							
MAPLE SYRUP PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
ORANGE MARMALADE PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
HONEY PORTION	PLEASE REFER TO PACKET FOR INFORMATION							
MARMITE PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
STRAWBERRY JAM PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- RASPBERRY	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- BLACKCURRANT	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- APRICOT	PLEASE REFER TO PACKET FOR INFORMATION							
SALTED BUTTER PORTIONS (PER PORTION)	201	48	5.3	3.4	0.1	0.1	0.0	0.1
SUNFLOWER SPREAD (PER PORTION)	178	43	4.7	1.1	0.0	0.0	0.0	0.1
<b>FRUITS</b>								
FRUIT SALAD (PER PORTION)	205	49	0.1	0.0	10.3	10.3	0.6	0.0
APPLES GREEN (EACH)	283	68	0.1	0.0	15.0	15.0	0.4	0.0
BANANAS (EACH)	517	124	0.4	0.1	27.8	25.1	1.4	0.0
FRUIT BERRY MIX (PER PORTION)	97	23	0.2	0.0	5.1	5.1	0.7	0.0
DRIED FRUIT MIX (PER 100G)	1432	342	0.6	0.1	81.3	66.8	0.5	0.0

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>YOGHURTS AND CEREALS</b>								
STRAWBERRY YOGHURT (EACH)	533	127	4.6	2.9	15.8	15.5	5.6	0.2
VANILLA YOGHURT (EACH)	397	95	0.0	0.0	17.2	16.8	6.5	0.2
GREEK STYLE YOGHURT (EACH)	364	87	0.0	0.0	10.5	10.5	11.4	0.2
COCO POPS (PER 30G)	486	116	0.8	0.3	25.5	10.5	1.5	0.2
CRUNCHY NUT CORNFLAKES (PER 30G)	505	121	1.5	0.3	24.6	10.5	1.8	0.3
CORNFLAKES (PER 30G)	475	113	0.3	0.1	25.2	2.4	2.1	0.4
SPECIAL K (PER 30G)	471	113	0.5	0.1	23.7	5.1	2.7	0.3
WEETABIX (PER 2 BISCUITS)	568	136	0.8	0.2	25.9	1.7	4.5	0.1
KELLOGG'S MUESLI FRUIT (PER 45G)	477	114	3.0	0.8	17.7	5.7	2.7	0.0
RICE KRISPIES (PER 30G)	482	115	0.5	0.1	25.5	2.4	2.1	0.3
BRAN FLAKES (PER 30G)	447	107	0.6	0.2	19.8	6.0	3.3	0.3
GRANOLA OAT AND RAISIN (PER PORTION)	860	206	4.4	1.4	36.5	13.0	4.3	0.0
OATS2GO PORRIDGE SACHETS (PER PORTION)	415	99	2.3	0.4	15.1	0.3	3.3	0.0



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BEEFEATER MAIN MENU WHILE YOU BROWSE</b>																				
<b>BEEF CRISPS</b>																				
POTATO CRISP	YES	YES																		
RAPESEED OIL	YES	YES																		
BEEF SEASONING	NO	NO																		
<b>BEEF CRISPS</b>																				
<b>HALLOUMI FRIES</b>																				
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
SMOKEY TOMATO DIP	YES	YES												Y	Y					
ROCKET LEAF	YES	YES																		
HALLOUMI	YES	NO						Y												
<b>HALLOUMI FRIES</b>																				
<b>SHARERS</b>																				
<b>GARLIC FLATBREAD STRIPS</b>																				
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
<b>GARLIC FLATBREAD STRIPS</b>																				
<b>LOADED NACHOS</b>																				
FETA CHEESE	YES	NO						Y												
CAJUN JACK CHEESE SAUCE	YES	NO						Y								Y				
SMOKEY BEEF COWBOY BEANS	NO	NO	Y		Y										Y					
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
GREEN SLICED JALAPENOS	YES	YES																		
TORTILLA CHIPS	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
RADISH	YES	YES																		
AVOCADO HALVES	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TOMATO M	YES	YES																		
ONIONS RED	YES	YES																		
CHILLIES RED	YES	YES																		
LIMES	YES	NO																		
TABLE SALT	YES	YES																		
<b>LOADED NACHOS</b>																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>THE BEEFEATER SHARING PLATTER</b>																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y					Y												
LAMB KOFTA	NO	NO	Y									Y								
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
POTATO DIPPERS	YES	YES																		
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y												
BBQ SAUCE	YES	YES																		
RANCH DRESSING	YES	NO						Y	Y						Y					
PIRI PIRI SAUCE	YES	YES										Y			Y					
<b>THE BEEFEATER SHARING PLATTER</b>																				
	NO	NO	Y				Y	Y	Y			Y			Y					
<b>SHARING PLATTER WITH HALF RACK PORK RIBS</b>																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y						Y											
LAMB KOFTA	NO	NO	Y									Y								
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
POTATO DIPPERS	YES	YES																		
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y												
BBQ SAUCE	YES	YES																		
RANCH DRESSING	YES	NO						Y	Y						Y					
PIRI PIRI SAUCE	YES	YES										Y								
RAPESEED OIL	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
<b>SHARING PLATTER WITH HALF RACK PORK RIBS</b>																				
	NO	NO	Y				Y	Y	Y			Y			Y					
<b>STARTERS</b>																				
<b>BEEF BITES</b>																				
HERB DRESSING	YES	YES																		
BEEF BITES	NO	NO	Y					Y				Y			Y					
LAMBS LETTUCE	YES	YES																		
HORSERADISH SAUCE	YES	NO						Y	Y						Y					
LIGHT MAYONNAISE	YES	NO						Y							Y					
<b>BEEF BITES</b>																				
	NO	NO	Y					Y	Y			Y			Y					
<b>STEAK SKEWER WITH THREE CHEESE FONDUE</b>																				
PAPRIKA PEPPER	YES	YES																		
CIABATTA LOAF	YES	YES	Y	Y																
PEASHOOTS	YES	YES																		
3 CHEESE FONDUE	YES	NO						Y				Y								
BEEF SKEWER	NO	NO	Y																	
<b>STEAK SKEWER WITH THREE CHEESE FONDUE</b>																				
	NO	NO	Y	Y				Y				Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>SPICED PULLED LAMB &amp; HOUMOUS</b>																				
HOUMOUS	YES	YES					Y													
PAPRIKA PEPPER	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
LAMB PULLED SPICED AFRICAN	NO	NO																		
WHITE SUGAR SACHETS	YES	YES																		
MALT VINEGAR	YES	YES			Y															
ONIONS RED	YES	YES																		
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>SPICED PULLED LAMB &amp; HOUMOUS</b>																				
	NO	NO	Y		Y		Y		Y											
<b>CRISPY FLAT CAP MUSHROOMS</b>																				
RAPESEED OIL	YES	YES																		
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y					Y	Y											
BBQ SAUCE	YES	YES																		
RANCH DRESSING	YES	NO							Y	Y					Y					
<b>CRISPY FLAT CAP MUSHROOMS</b>																				
	NO	NO	Y					Y	Y	Y					Y					
<b>5 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI</b>																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y						Y											
RAPESEED OIL	YES	YES																		
PIRI PIRI SAUCE	YES	YES										Y								
<b>5 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI</b>																				
	NO	NO	Y						Y			Y								
<b>5 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE</b>																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y						Y											
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
<b>5 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE</b>																				
	NO	NO	Y						Y											
<b>8 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI</b>																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y						Y											
RAPESEED OIL	YES	YES																		
PIRI PIRI SAUCE	YES	YES										Y								
<b>8 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI</b>																				
	NO	NO	Y						Y			Y								
<b>8 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE</b>																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y						Y											
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
<b>8 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE</b>																				
	NO	NO	Y						Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CLASSIC PRAWN COCKTAIL</b>																				
PAPRIKA PEPPER	YES	YES																		
SALTED BUTTER	YES	NO						Y												
CIABATTA LOAF	YES	YES	Y	Y																
SEAFOOD SAUCE	YES	NO						Y												
COOKED & PEELED COLD WATER PRAWNS	NO	NO								Y						Y				
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
LEMON CASE	YES	NO																		
<b>CLASSIC PRAWN COCKTAIL</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>		<b>Y</b>					<b>Y</b>				
<b>BUTTERMILK CHICKEN GOUJONS</b>																				
AGED CHEESE SAUCE	YES	NO					Y		Y											
RAPESEED OIL	YES	YES																		
SMOKEY TOMATO DIP	YES	YES													Y	Y				
GREEN SLICED JALAPENOS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y						Y											
<b>BUTTERMILK CHICKEN GOUJONS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						<b>Y</b>	<b>Y</b>				
<b>GRILLED VEGETABLES &amp; HOUMOUS</b>																				
HOUMOUS	YES	YES					Y													
GRILLED VEG MIX	YES	NO							Y											
PEASHOOTS	YES	YES																		
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
<b>GRILLED VEGETABLES &amp; HOUMOUS</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											
<b>CRISPY BEEF ASIAN STYLE SALAD</b>																				
PINKSTAR SLAW	YES	YES																		
LAMBS LETTUCE	YES	YES																		
SESAME SEEDS	YES	YES											Y							
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
CHILLIES RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
ASIAN DRESSING	YES	YES																		
KOREAN SPICY BBQ SAUCE	YES	YES	Y					Y												
BATTER MIX	YES	YES	Y																	
PULLED BEEF BRISKET	NO	NO																		
<b>CRISPY BEEF ASIAN STYLE SALAD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>					<b>Y</b>							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CALAMARI</b>																				
CALAMARI	NO	NO	Y								Y									
SURF & TURF SAUCE	NO	NO	Y					Y	Y	Y	Y		Y			Y				
FRESH HERBS FLAT PARSLEY	YES	YES																		
LEMON CASE	YES	NO																		
<b>CALAMARI</b>																				
	NO	NO	Y					Y	Y	Y	Y	Y	Y			Y				
<b>SCALLOPS</b>																				
SCALLOPS	NO	NO									Y									
GARLIC AND PARSLEY SPREAD	YES	NO							Y											
FRENCH DRESSING	YES	YES										Y				Y				
CIABATTA LOAF	YES	YES	Y	Y																
SMOKED DRY CURED STREAKY BACON	NO	NO																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
ROCKET LEAF	YES	YES																		
LEMON CASE	YES	NO																		
<b>SCALLOPS</b>																				
	NO	NO	Y	Y					Y			Y	Y			Y				
<b>LOADED POTATO DIPPERS WITH CHEESE</b>																				
SOUR CREAM CHIVE DRESSING	YES	NO							Y											
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
<b>LOADED POTATO DIPPERS WITH CHEESE</b>																				
	YES	NO							Y											
<b>LOADED POTATO DIPPERS WITH CHEESE &amp; BACON</b>																				
BACK BACON	NO	NO																		
SOUR CREAM CHIVE DRESSING	YES	NO							Y											
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
<b>LOADED POTATO DIPPERS WITH CHEESE &amp; BACON</b>																				
	NO	NO							Y											
<b>SHARER POTATO DIPPERS WITH CHEESE</b>																				
SOUR CREAM CHIVE DRESSING	YES	NO							Y											
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
<b>SHARER POTATO DIPPERS WITH CHEESE</b>																				
	YES	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>SHARER POTATO DIPPERS WITH CHEESE &amp; BACON</b>																				
SOUR CREAM CHIVE DRESSING	YES	NO							Y											
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	YES	YES																		
BACK BACON	NO	NO																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
<b>SHARER POTATO DIPPERS WITH CHEESE &amp; BACON</b>	<b>NO</b>	<b>NO</b>							<b>Y</b>											
<b>STEAKS &amp; GRILLS</b>																				
<b>STEAKS</b>																				
<b>100Z ARGENTIAN RIB-EYE</b>																				
TENDER STEM BROCCOLI	YES	YES																		
RAPESEED OIL	YES	YES																		
MALBEC SAUCE	NO	NO							Y				Y							
PEASHOOTS	YES	YES																		
100Z ARGENTIAN STEAK	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>100Z ARGENTIAN RIB-EYE</b>	<b>NO</b>	<b>NO</b>							<b>Y</b>				<b>Y</b>							
<b>80Z FILLET WITH CHIPS</b>																				
LAMBS LETTUCE	YES	YES																		
FILLET STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>80Z FILLET WITH CHIPS</b>	<b>NO</b>	<b>NO</b>																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>8OZ FILLET WITH SALAD</b>																				
LAMBS LETTUCE	YES	YES																		
FILLET STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES											Y		Y					
CUCUMBER	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>8OZ FILLET WITH SALAD</b>	<b>NO</b>	<b>NO</b>											Y		Y					
<b>8OZ FILLET WITH VEG MEDLEY</b>																				
LAMBS LETTUCE	YES	YES																		
FILLET STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
VEG MIX GREEN	YES	NO					Y		Y											
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>8OZ FILLET WITH VEG MEDLEY</b>	<b>NO</b>	<b>NO</b>					Y		Y											
<b>10OZ RIB-EYE WITH CHIPS</b>																				
LAMBS LETTUCE	YES	YES																		
RIBEYE STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>10OZ RIB-EYE WITH CHIPS</b>	<b>NO</b>	<b>NO</b>																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>10OZ RIB-EYE WITH SALAD</b>																				
LAMBS LETTUCE	YES	YES																		
RIBEYE STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
CUCUMBER	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>10OZ RIB-EYE WITH SALAD</b>	<b>NO</b>	<b>NO</b>											Y			Y				
<b>10OZ RIB-EYE WITH VEG MEDLEY</b>																				
LAMBS LETTUCE	YES	YES																		
RIBEYE STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
VEG MIX GREEN	YES	NO					Y		Y											
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>10OZ RIB-EYE WITH VEG MEDLEY</b>	<b>NO</b>	<b>NO</b>					Y		Y											
<b>8OZ SIRLOIN WITH CHIPS</b>																				
LAMBS LETTUCE	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>8OZ SIRLOIN WITH CHIPS</b>	<b>NO</b>	<b>NO</b>																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>8OZ SIRLOIN WITH SALAD</b>																				
LAMBS LETTUCE	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
CUCUMBER	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>8OZ SIRLOIN WITH SALAD</b>																				
LAMBS LETTUCE	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
VEG MIX GREEN	YES	NO					Y		Y											
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>8OZ SIRLOIN WITH VEG MEDLEY</b>																				
LAMBS LETTUCE	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
VEG MIX GREEN	YES	NO					Y		Y											
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>8OZ SIRLOIN WITH VEG MEDLEY</b>																				
LAMBS LETTUCE	YES	YES																		
RUMP STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>10OZ RUMP WITH CHIPS</b>																				
LAMBS LETTUCE	YES	YES																		
RUMP STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>10OZ RUMP WITH CHIPS</b>																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>10OZ RUMP WITH SALAD</b>																				
LAMBS LETTUCE	YES	YES																		
RUMP STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>10OZ RUMP WITH SALAD</b>	<b>NO</b>	<b>NO</b>											Y			Y				
<b>10OZ RUMP WITH VEG MEDLEY</b>																				
LAMBS LETTUCE	YES	YES																		
RUMP STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
VEG MIX GREEN	YES	NO					Y		Y											
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>10OZ RUMP WITH VEG MEDLEY</b>	<b>NO</b>	<b>NO</b>					Y		Y											
<b>6OZ FLAT IRON WITH CHIPS</b>																				
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
FLAT IRON STEAK 6OZ	NO	NO																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>6OZ FLAT IRON WITH CHIPS</b>	<b>NO</b>	<b>NO</b>																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>6OZ FLAT IRON WITH SALAD</b>																				
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
FLAT IRON STEAK 6OZ	NO	NO																		
TABLE SALT	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>6OZ FLAT IRON WITH SALAD</b>	<b>NO</b>	<b>NO</b>										Y			Y					
<b>6OZ FLAT IRON WITH VEG MEDLEY</b>																				
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
FLAT IRON STEAK 6OZ	NO	NO																		
VEG MIX GREEN	YES	NO					Y		Y											
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
<b>6OZ FLAT IRON WITH VEG MEDLEY</b>	<b>NO</b>	<b>NO</b>					Y		Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>GRILLS</b>																				
<b>BEEFEATER MIXED GRILL</b>																				
50Z BOOMERANG GAMMON STEAK	NO	NO																		
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
BRITISH PREMIER INN SAUSAGES	NO	NO	Y									Y								
FLAT IRON 40Z	NO	NO																		
CHICKEN BREAST FILLET	NO	NO																		
CAGE FREE UK LION MED EGGS	YES	NO							Y											
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>BEEFEATER MIXED GRILL</b>																				
	NO	NO	Y		Y				Y				Y							
<b>MIXED GRILL WITH RUMP</b>																				
50Z BOOMERANG GAMMON STEAK	NO	NO																		
LAMBS LETTUCE	YES	YES																		
RUMP STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
BRITISH PREMIER INN SAUSAGES	NO	NO	Y									Y								
CHICKEN BREAST FILLET	NO	NO																		
CAGE FREE UK LION MED EGGS	YES	NO							Y											
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>MIXED GRILL WITH RUMP</b>																				
	NO	NO	Y		Y				Y				Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>MIXED GRILL WITH SIRLOIN</b>																				
5OZ BOOMERANG GAMMON STEAK	NO	NO																		
LAMBS LETTUCE	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
BRITISH PREMIER INN SAUSAGES	NO	NO	Y									Y								
CHICKEN BREAST FILLET	NO	NO																		
CAGE FREE UK LION MED EGGS	YES	NO						Y												
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>MIXED GRILL WITH SIRLOIN</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>				<b>Y</b>								
<b>STICKY BOURBON BBQ RIBS</b>																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
LEMON CASE	YES	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>STICKY BOURBON BBQ RIBS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>				<b>Y</b>			<b>Y</b>					
<b>LAMB RUMP</b>																				
TENDER STEM BROCCOLI	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MALBEC SAUCE	NO	NO						Y				Y								
FRESH HERBS THYME	YES	YES																		
EXTRA VIRGIN OLIVE OIL	YES	YES																		
POTATO SLICES	YES	YES																		
LEMON CASE	YES	NO																		
LAMB RUMP	NO	NO																		
WHITE SUGAR SACHETS	YES	YES																		
MALT VINEGAR	YES	YES						Y												
ONIONS RED	YES	YES																		
<b>LAMB RUMP</b>	<b>NO</b>	<b>NO</b>			<b>Y</b>			<b>Y</b>				<b>Y</b>								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BBQ CHICKEN N RIBS</b>																				
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
CHICKEN BREAST FILLET	NO	NO																		
GRILLED CORN ON THE COB	YES	YES																		
LEMON CASE	YES	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y						Y					
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>BBQ CHICKEN N RIBS</b>																				
	NO	NO							Y				Y		Y					
<b>BBQ CHICKEN N WHOLE RACK OF RIBS</b>																				
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
CHICKEN BREAST FILLET	NO	NO																		
GRILLED CORN ON THE COB	YES	YES																		
LEMON CASE	YES	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y						Y					
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>BBQ CHICKEN N WHOLE RACK OF RIBS</b>																				
	NO	NO							Y				Y		Y					
<b>TRIPLE SKEWER COMBO</b>																				
FETA CHEESE	YES	NO							Y											
CHIMI CHURI SAUCE RED	YES	YES																		
LAMB KOFTA	NO	NO	Y										Y							
RAPESEED OIL	YES	YES																		
FRENCH DRESSING	YES	YES											Y		Y					
EASY PEEL KING PRAWNS	NO	NO									Y									
FRESH HERBS THYME	YES	YES																		
ROCKET LEAF	YES	YES																		
PEASHOOTS	YES	YES																		
LIMES	YES	NO																		
BEEF SKEWER	NO	NO	Y																	
RAPESEED OIL	YES	YES																		
SWEET POTATO FRIES	YES	YES																		
<b>TRIPLE SKEWER COMBO</b>																				
	NO	NO	Y						Y		Y		Y		Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>STEAK SAUCES</b>																				
<b>PRAWN &amp; LOBSTER SAUCE</b>																				
PRAWN AND LOBSTER SAUCE	NO	NO						Y	Y	Y		Y		Y						
<b>PRAWN &amp; LOBSTER SAUCE</b>	NO	NO						Y	Y	Y		Y		Y						
<b>TRIPLE PEPPERCORN SAUCE</b>																				
PEPPERCORN SAUCE	NO	NO	Y					Y						Y						
<b>TRIPLE PEPPERCORN SAUCE</b>	NO	NO	Y					Y						Y						
<b>BEARNAISE SAUCE</b>																				
BEARNAISE SAUCE	YES	NO						Y	Y			Y								
<b>BEARNAISE SAUCE</b>	YES	NO						Y	Y			Y								
<b>RICH BEEF SAUCE</b>																				
BEEF JUS	NO	NO			Y			Y				Y								
<b>RICH BEEF SAUCE</b>	NO	NO			Y			Y				Y								
<b>BEER &amp; BEEF DRIPPING SAUCE</b>																				
BEEF DRIPPING & BEER GRAVY	NO	NO			Y															
<b>BEER &amp; BEEF DRIPPING SAUCE</b>	NO	NO			Y															
<b>STEAK BUTTER</b>																				
<b>SMOKY BACON FLAVOURED</b>																				
SMOKEY BACON STYLE BUTTER	YES	NO						Y												
<b>SMOKY BACON FLAVOURED</b>	YES	NO						Y												
<b>BLUE CHEESE</b>																				
BLACK N BLUE BUTTER	YES	NO						Y												
<b>BLUE CHEESE</b>	YES	NO						Y												
<b>SURF &amp; TURF</b>																				
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
EASY PEEL KING PRAWNS	NO	NO								Y										
LEMON CASE	YES	NO																		
<b>SURF &amp; TURF</b>	NO	NO						Y		Y										
<b>FANCY A BIT ON THE SIDE</b>																				
<b>LOADED CHEESY BEEF FRIES</b>																				
CAJUN JACK CHEESE SAUCE	YES	NO						Y								Y				
STEAK BURGER 4OZ	NO	NO																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>LOADED CHEESY BEEF FRIES</b>	NO	NO						Y								Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HALLOUMI FRIES</b>																				
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
SMOKEY TOMATO DIP	YES	YES												Y	Y					
ROCKET LEAF	YES	YES																		
HALLOUMI	YES	NO						Y												
<b>HALLOUMI FRIES</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>						<b>Y</b>	<b>Y</b>					
<b>CHEESY JALAPENO PEPPERS</b>																				
RAPESEED OIL	YES	YES																		
JALAPENO POPPERS	NO	NO	Y				Y		Y											
<b>CHEESY JALAPENO PEPPERS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>											
<b>SWEET POTATO FRIES</b>																				
RAPESEED OIL	YES	YES																		
SWEET POTATO FRIES	YES	YES																		
<b>SWEET POTATO FRIES</b>	<b>YES</b>	<b>YES</b>																		
<b>MAC N CHEESE BITES</b>																				
RAPESEED OIL	YES	YES																		
SMOKEY TOMATO DIP	YES	YES												Y	Y					
MAC & CHEESE BITES	YES	NO	Y				Y		Y											
<b>MAC N CHEESE BITES</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>					<b>Y</b>	<b>Y</b>					
<b>CHUNKY SLAW</b>																				
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
<b>CHUNKY SLAW</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>							<b>Y</b>					
<b>3 BUTTERMILK CHICKEN WINGS PIRI PIRI</b>																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y						Y											
RAPESEED OIL	YES	YES																		
PIRI PIRI SAUCE	YES	YES											Y							
<b>3 BUTTERMILK CHICKEN WINGS PIRI PIRI</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>				<b>Y</b>							
<b>3 BUTTERMILK CHICKEN WINGS BBQ SAUCE</b>																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y						Y											
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
<b>3 BUTTERMILK CHICKEN WINGS BBQ SAUCE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>											
<b>CRISPY BEER-BATTERED ONION RINGS</b>																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
<b>CRISPY BEER-BATTERED ONION RINGS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>															

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>LARGE MIXED SALAD</b>																				
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>LARGE MIXED SALAD</b>																				
	YES	YES											Y			Y				
<b>JACKET POTATO</b>																				
BAKING POTATOES	YES	YES																		
SALTED BUTTER	YES	NO							Y											
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>JACKET POTATO</b>																				
	YES	NO							Y											
<b>SKINNY FRIES</b>																				
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>SKINNY FRIES</b>																				
	YES	YES																		
<b>TRIPLE COOKED CHIPS</b>																				
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>TRIPLE COOKED CHIPS</b>																				
	YES	YES																		
<b>VEG MEDLEY</b>																				
VEG MIX GREEN	YES	NO					Y		Y											
<b>VEG MEDLEY</b>																				
	YES	NO					Y		Y											
<b>HALF RACK OF PORK RIBS</b>																				
RAPESEED OIL	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES											Y							
<b>HALF RACK OF PORK RIBS</b>																				
	NO	NO											Y							
<b>TENDERSTEM BROCCOLI</b>																				
ROAST GARLIC CHILLI OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
TENDER STEM BROCCOLI	YES	YES																		
<b>TENDERSTEM BROCCOLI</b>																				
	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HERITAGE STYLE TOMATO SALAD</b>																				
HERB DRESSING	YES	YES																		
TOMATOES MIXED INCA 3KG	YES	YES																		
CRACKED BLACK PEPPER	YES	YES																		
ONIONS RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
PEASHOOTS	YES	YES																		
<b>HERITAGE STYLE TOMATO SALAD</b>																				
<b>MADE FOR BURGER LOVERS</b>																				
<b>LAMB DUO</b>																				
HOUMOUS	YES	YES					Y													
RAPESEED OIL	YES	YES																		
PEASHOOTS	YES	YES																		
BRIOCHE BUN	YES	NO	Y					Y	Y											
LAMB MINT FETA BURGER	NO	NO							Y			Y								
LAMB PULLED SPICED AFRICAN	NO	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y							Y				
WHITE SUGAR SACHETS	YES	YES																		
MALT VINEGAR	YES	YES			Y															
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
GREEK STYLE YOGHURT	YES	NO								Y										
CUCUMBER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>LAMB DUO</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>		<b>Y</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>			<b>Y</b>				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TANDOORI SPICE</b>																				
RAPESEED OIL	YES	YES																		
CHICKEN BREAST FILLET	NO	NO																		
BRIOCHE BUN	YES	NO	Y					Y	Y											
TANDOORI BATTER	YES	YES																		
SWEET POTATO BHAJI	YES	YES	Y																	
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
MANGO CHUTNEY	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
LIMES	YES	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>TANDOORI SPICE</b>																				
	NO	NO	Y					Y	Y						Y					
<b>LOBSTER DOUBLE STACK</b>																				
CHEESE SLICES	YES	NO							Y											
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
TOMATO M	YES	YES																		
ONIONS RED	YES	YES																		
PEASHOOTS	YES	YES																		
BRIOCHE BUN	YES	NO	Y					Y	Y											
LOBSTER MIX	NO	NO								Y										
PLAIN FLOUR	YES	YES	Y																	
BATTER MIX	YES	YES	Y																	
VEGAN BURGER SAUCE	YES	YES													Y					
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>LOBSTER DOUBLE STACK</b>																				
	NO	NO	Y					Y	Y		Y				Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>KING WAGYU</b>																				
RAPESEED OIL	YES	YES																		
PICKLED CUCUMBER SPEARS	YES	YES													Y					
SMOKED DRY CURED STREAKY BACON	NO	NO																		
BRIOCHE BUN	YES	NO	Y					Y	Y											
BRITISH WAGYU BURGER	NO	NO																		
BONE MARROW BRAISED ONIONS	NO	NO	Y				Y		Y											
VEGAN BURGER SAUCE	YES	YES													Y					
EMMENTAL CHEESE	YES	NO							Y											
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y												
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>KING WAGYU</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>						<b>Y</b>					
<b>VEGAN WITH BBQ SOYA</b>																				
VEGAN BURGER	YES	YES	Y				Y													
BBQ PULLED VEGGIES	YES	YES	Y				Y													
VEGAN BUN	YES	YES	Y	Y			Y													
VEGAN BURGER SAUCE	YES	YES													Y					
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>VEGAN WITH BBQ SOYA</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>	<b>Y</b>			<b>Y</b>	<b>Y</b>				<b>Y</b>			<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>DOUBLE BACON &amp; CHEESE BEEF STEAK</b>																				
RAPESEED OIL	YES	YES																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
VEGAN BURGER SAUCE	YES	YES													Y					
CHEESE SLICES	YES	NO							Y											
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>DOUBLE BACON &amp; CHEESE BEEF STEAK</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>					
<b>BUTTERMILK CHICKEN &amp; BLUE CHEESE</b>																				
STILTON	YES	NO							Y											
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
BRIOCHE BUN	YES	NO	Y						Y	Y										
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y							Y										
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y										Y	
LIGHT MAYONNAISE	YES	NO							Y										Y	
PIRI PIRI SAUCE	YES	YES											Y							
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>BUTTERMILK CHICKEN &amp; BLUE CHEESE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>					
<b>CRAFT YOUR BURGER</b>																				
<b>CRISPY BACON</b>																				
RAPESEED OIL	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
<b>CRISPY BACON</b>	<b>NO</b>	<b>NO</b>																		
<b>ONION RINGS</b>																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
<b>ONION RINGS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>															

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>FRIED EGG</b>																				
RAPESEED OIL	YES	YES																		
CAGE FREE UK LION MED EGGS	YES	NO						Y												
<b>FRIED EGG</b>																				
	YES	NO						Y												
<b>EXTRA BURGER CHEESE &amp; BACON</b>																				
CHEESE SLICES	YES	NO						Y												
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
<b>EXTRA BURGER CHEESE &amp; BACON</b>																				
	NO	NO						Y												
<b>HALLOUMI FRIES</b>																				
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
SMOKEY TOMATO DIP	YES	YES												Y	Y					
ROCKET LEAF	YES	YES																		
HALLOUMI	YES	NO						Y												
<b>HALLOUMI FRIES</b>																				
	YES	NO	Y					Y						Y	Y					
<b>CHEESY JALAPENO PEPPERS</b>																				
RAPESEED OIL	YES	YES																		
JALAPENO POPPERS	NO	NO	Y				Y		Y											
<b>CHEESY JALAPENO PEPPERS</b>																				
	NO	NO	Y				Y		Y											
<b>HOUSE FAVOURITES</b>																				
<b>BEER-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>																				
PEAS GRADE A	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
HADDOCK FILLET 220-250G	NO	NO								Y										
TARTARE SAUCE	YES	NO													Y					
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
TETLEY SMOOTH	NO	NO				Y														
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>BEER-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>																				
	NO	NO	Y		Y			Y		Y					Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BEER-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>																				
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
MUSHY PEAS	YES	YES																		
HADDOCK FILLET 220-250G	NO	NO							Y											
TARTARE SAUCE	YES	NO																		Y
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
TETLEY SMOOTH	NO	NO				Y														
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>BEER-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>																				
	NO	NO	Y			Y			Y		Y									Y
<b>SMOTHERED CHICKEN MELT</b>																				
CHEESE SLICES	YES	NO								Y										
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
CHICKEN BREAST FILLET	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y											Y
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES																		Y
CUCUMBER	YES	YES												Y						Y
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>SMOTHERED CHICKEN MELT</b>																				
	NO	NO							Y	Y				Y						Y
<b>CHARGRILLED GAMMON STEAK</b>																				
PEAS GRADE A	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
HORSESHOE GAMMON 100Z	NO	NO																		
RAPESEED OIL	YES	YES																		
CAGE FREE UK LION MED EGGS	YES	NO								Y										
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>CHARGRILLED GAMMON STEAK</b>																				
	NO	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BLACKENED GAMMON STEAK</b>																				
PEAS GRADE A	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
HORSESHOE GAMMON 100Z	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
CAGE FREE UK LION MED EGGS	YES	NO							Y											
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>BLACKENED GAMMON STEAK</b>																				
	NO	NO							Y											
<b>GRILLED TUNA STEAK</b>																				
HERB DRESSING	YES	YES																		
MSC TUNA STEAK	NO	NO	Y					Y		Y										
GRILLED VEG MIX	YES	NO								Y										
RAPESEED OIL	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
TOMATO M	YES	YES																		
ROCKET LEAF	YES	YES																		
LEMON CASE	YES	NO																		
FRESH HERBS THYME	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
<b>GRILLED TUNA STEAK</b>																				
	NO	NO	Y					Y		Y	Y			Y			Y			
<b>LEMON &amp; THYME CHICKEN</b>																				
LEMON GARLIC MAYO	YES	NO							Y											
LEMON & THYME CHICKEN	NO	NO																		
GRAVY CONCENTRATE	NO	NO													Y					
FRENCH DRESSING	YES	YES											Y				Y			
ROCKET LEAF	YES	YES																		
LEMON CASE	YES	NO																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>LEMON &amp; THYME CHICKEN</b>																				
	NO	NO							Y				Y		Y	Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TERIYAKI SALMON</b>																				
HERB DRESSING	YES	YES																		
TOMATOES MIXED INCA 3KG	YES	YES																		
TENDER STEM BROCCOLI	YES	YES																		
SESAME SEEDS	YES	YES											Y							
SKIN-ON SALMON PORTIONS	NO	NO							Y											
TERIYAKI SAUCE	YES	NO	Y				Y													
FRESH HERBS BASIL	YES	YES																		
PEASHOOTS	YES	YES																		
CRACKED BLACK PEPPER	YES	YES																		
ONIONS RED	YES	YES																		
<b>TERIYAKI SALMON</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>				<b>Y</b>							
<b>CHICKEN &amp; CHORIZO PIE</b>																				
SALTED BUTTER	YES	NO							Y											
POTATO MID	YES	YES																		
CHX CHORIZO PIE	NO	NO	Y					Y	Y											
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
<b>CHICKEN &amp; CHORIZO PIE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>					
<b>CAULIFLOWER CHEESE TART</b>																				
CAULIFLOWER CHEESE TART	YES	NO							Y											
SALTED BUTTER	YES	NO							Y											
POTATO MID	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
<b>CAULIFLOWER CHEESE TART</b>	<b>YES</b>	<b>NO</b>							<b>Y</b>				<b>Y</b>		<b>Y</b>					
<b>BEEF &amp; CHEDDAR PIE</b>																				
MASHED POTATO	YES	NO							Y											
SALTED BUTTER	YES	NO							Y											
BEEF CHD SUET PUD	NO	NO	Y		Y				Y											
WHOLE GREEN BEANS	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
<b>BEEF &amp; CHEDDAR PIE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>					<b>Y</b>						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>SMOKY PAPRIKA CHICKEN</b>																				
RAPESEED OIL	YES	YES																		
PAPRIKA CHICKEN BREAST	NO	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>SMOKY PAPRIKA CHICKEN</b>	<b>NO</b>	<b>NO</b>						Y				Y			Y					
<b>PLAIN CHICKEN</b>																				
RAPESEED OIL	YES	YES																		
CHICKEN BREAST FILLET	NO	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>PLAIN CHICKEN</b>	<b>NO</b>	<b>NO</b>						Y				Y			Y					
<b>TASTY ALTERNATIVES</b>																				
<b>SWEET POTATO &amp; FETA LASAGNE WITH CHIPS</b>																				
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y						Y	Y				
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
PREMIUM CHIP	YES	YES																		
<b>SWEET POTATO &amp; FETA LASAGNE WITH CHIPS</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						<b>Y</b>	<b>Y</b>				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>SWEET POTATO &amp; FETA LASAGNE WITH SALAD</b>																				
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y						Y	Y				
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>SWEET POTATO &amp; FETA LASAGNE WITH SALAD</b>																				
YES	NO	Y						Y	Y			Y		Y	Y					
<b>RAINBOW BOWL</b>																				
HERB DRESSING	YES	YES																		
HOUMOUS	YES	YES					Y													
TENDER STEM BROCCOLI	YES	YES																		
8 INCH TORTILLA	YES	YES	Y																	
ROCKET LEAF	YES	YES																		
PEASHOOTS	YES	YES																		
HARISSA HOUMOUS	YES	YES																		
MIXED GRAINS	YES	YES	Y																	
AVOCADO HALVES	YES	YES																		
HERB DRESSING	YES	YES																		
TOMATOES MIXED INCA 3KG	YES	YES																		
CRACKED BLACK PEPPER	YES	YES																		
ONIONS RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
PEASHOOTS	YES	YES																		
<b>RAINBOW BOWL</b>																				
YES	YES	Y					Y													

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>RAINBOW BOWL WITH CRISPY BEEF</b>																				
HERB DRESSING	YES	YES																		
HOUMOUS	YES	YES				Y														
TENDER STEM BROCCOLI	YES	YES																		
BATTER MIX	YES	YES	Y																	
8 INCH TORTILLA	YES	YES	Y																	
PULLED BEEF BRISKET	NO	NO																		
ROCKET LEAF	YES	YES																		
PEASHOOTS	YES	YES																		
HARISSA HOUMOUS	YES	YES																		
MIXED GRAINS	YES	YES	Y																	
AVOCADO HALVES	YES	YES																		
HERB DRESSING	YES	YES																		
TOMATOES MIXED INCA 3KG	YES	YES																		
CRACKED BLACK PEPPER	YES	YES																		
ONIONS RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
PEASHOOTS	YES	YES																		
<b>RAINBOW BOWL WITH CRISPY BEEF</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>													
<b>BUTTERMILK CHICKEN GOUJON CAESAR SALAD</b>																				
REGATO FINE GRATE	YES	NO								Y										
CAESAR DRESSING RED CAL	YES	NO								Y	Y				Y					
LETTUCE ICEBERG	YES	YES																		
RAPESEED OIL	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y								Y									
SALTED BUTTER	YES	NO									Y									
RAPESEED OIL	YES	YES																		
CIABATTA LOAF	YES	YES	Y	Y																
<b>BUTTERMILK CHICKEN GOUJON CAESAR SALAD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>						<b>Y</b>	<b>Y</b>				<b>Y</b>					
<b>GRILLED CHICKEN CAESAR SALAD</b>																				
REGATO FINE GRATE	YES	NO									Y									
CHICKEN BREAST FILLET	NO	NO																		
CAESAR DRESSING RED CAL	YES	NO									Y	Y			Y					
LETTUCE ICEBERG	YES	YES																		
SALTED BUTTER	YES	NO										Y								
RAPESEED OIL	YES	YES																		
CIABATTA LOAF	YES	YES	Y	Y																
<b>GRILLED CHICKEN CAESAR SALAD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>						<b>Y</b>	<b>Y</b>				<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CRISPY BEEF ASIAN STYLE SALAD</b>																				
PINKSTAR SLAW	YES	YES																		
LAMBS LETTUCE	YES	YES																		
BATTER MIX	YES	YES	Y																	
SESAME SEEDS	YES	YES											Y							
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
CHILLIES RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
ASIAN DRESSING	YES	YES																		
KOREAN SPICY BBQ SAUCE	YES	YES	Y				Y													
PULLED BEEF BRISKET	NO	NO																		
<b>CRISPY BEEF ASIAN STYLE SALAD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>							<b>Y</b>						
<b>SEAFOOD RIGATONI PASTA</b>																				
FRENCH DRESSING	YES	YES											Y			Y				
PEASHOOTS	YES	YES																		
SALMON PASTA GF	NO	NO							Y	Y	Y									
<b>SEAFOOD RIGATONI PASTA</b>	<b>NO</b>	<b>NO</b>							<b>Y</b>	<b>Y</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>				
<b>ROAST VEGETABLE LINGUINE</b>																				
REGATO FINE GRATE	YES	NO							Y											
TOMATO LINGUINE PASTA	YES	YES	Y												Y					
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
TOMATO CHERRY RED	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>ROAST VEGETABLE LINGUINE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>						<b>Y</b>					
<b>ROAST VEGETABLE LINGUINE WITH SALMON</b>																				
REGATO FINE GRATE	YES	NO							Y											
TOMATO LINGUINE PASTA	YES	YES	Y												Y					
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
TOMATO CHERRY RED	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
SKIN-ON SALMON PORTIONS	NO	NO								Y										
<b>ROAST VEGETABLE LINGUINE WITH SALMON</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>	<b>Y</b>					<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>ROAST VEGETABLE LINGUINE WITH CHICKEN</b>																				
REGATO FINE GRATE	YES	NO						Y												
TOMATO LINGUINE PASTA	YES	YES	Y											Y						
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
TOMATO CHERRY RED	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST FILLET	NO	NO																		
<b>ROAST VEGETABLE LINGUINE WITH CHICKEN</b>																				
	NO	NO	Y					Y						Y						
<b>PUDS</b>																				
<b>SIPSMITH SLOE GIN TRIFLE</b>																				
DAIRY AEROSOL CREAM	YES	NO												Y						
CUSTARD RTS	YES	NO												Y						
CHOCSTIX	YES	NO					Y							Y						
SIPSMITH SLOE G&T TRIFLE SPONGE	YES	NO	Y						Y					Y						
FRESH HERBS MINT	YES	YES																		
<b>SIPSMITH SLOE GIN TRIFLE</b>																				
	YES	NO	Y					Y	Y	Y										
<b>CHOCOLATE &amp; CHERRY CROWNIE</b>																				
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO												Y						
BLACK CHERRY CROWNIE	YES	NO	Y					Y	Y	Y										
<b>CHOCOLATE &amp; CHERRY CROWNIE</b>																				
	YES	NO	Y					Y	Y	Y										
<b>GIN FIZZ SORBET</b>																				
FRESH HERBS MINT	YES	YES																		
GIN FIZZ SORBET	YES	YES																		
<b>GIN FIZZ SORBET</b>																				
	YES	YES																		
<b>WARM CHOCOLATE BROWNIE</b>																				
CHOCOLATE BROWNIE	YES	NO	Y						Y	Y								Y		Y
CHOCOLATE SAUCE	YES	YES						Y												
VANILLA ICE CREAM	YES	NO												Y						
<b>WARM CHOCOLATE BROWNIE</b>																				
	YES	NO	Y					Y	Y	Y								Y		Y
<b>SALTED TOFFEE APPLE CRUMBLE WITH CUSTARD</b>																				
CUSTARD RTS	YES	NO												Y						
SALTED TOFFEE APPLE FILLING	YES	NO												Y						
SHORTCAKE OATY CRUMBLE	YES	NO	Y				Y							Y						
<b>SALTED TOFFEE APPLE CRUMBLE WITH CUSTARD</b>																				
	YES	NO	Y				Y							Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>SALTED TOFFEE APPLE CRUMBLE WITH ICE CREAM</b>																				
SALTED TOFFEE APPLE FILLING	YES	NO						Y												
SHORTCAKE OATY CRUMBLE	YES	NO	Y			Y														
VANILLA ICE CREAM	YES	NO						Y												
<b>SALTED TOFFEE APPLE CRUMBLE WITH ICE CREAM</b>																				
YES	NO	Y			Y			Y												
<b>BAKED CHEESECAKE</b>																				
BAKED CHEESECAKE	YES	NO	Y			Y		Y	Y											
HEDGEROW BERRIES IN SAUCE	YES	YES																		
<b>BAKED CHEESECAKE</b>																				
YES	NO	Y			Y			Y	Y											
<b>STRAWBERRY FROZEN YOGHURT</b>																				
FRESH HERBS MINT	YES	YES																		
STRAWBERRIES	YES	YES																		
STRAWBERRY FROZEN YOGHURT	YES	NO						Y												
<b>STRAWBERRY FROZEN YOGHURT</b>																				
YES	NO							Y												
<b>SUNDAES</b>																				
<b>STICKY TOFFEE PUDDING SUNDAE</b>																				
FRESH HERBS MINT	YES	YES																		
DAIRY AEROSOL CREAM	YES	NO						Y												
SALTED CARAMEL SAUCE	YES	NO						Y												
VANILLA ICE CREAM	YES	NO						Y												
STICKY TOFFEE BANOFFEE PUD	YES	NO	Y					Y	Y											
<b>STICKY TOFFEE PUDDING SUNDAE</b>																				
YES	NO	Y						Y	Y											
<b>CHOCOLATE CHURROS SUNDAE</b>																				
CHURROS	YES	YES	Y																	
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y							Y			Y	
DAIRY AEROSOL CREAM	YES	NO						Y												
FRESH HERBS MINT	YES	YES																		
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO						Y												
<b>CHOCOLATE CHURROS SUNDAE</b>																				
YES	NO	Y					Y	Y	Y							Y			Y	
<b>ROCKY ROAD SUNDAE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y										Y	Y
DAIRY AEROSOL CREAM	YES	NO						Y												
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO						Y												
MARSHMALLOWS	NO	NO																		
<b>ROCKY ROAD SUNDAE</b>																				
NO	NO	Y					Y	Y	Y							Y			Y	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>MINI PUDS</b>																				
<b>CHOCOLATE TORTE</b>																				
FRESH HERBS MINT	YES	YES																		
MINI GREEK YOG CHOC TORTE	YES	NO	Y		Y	Y	Y		Y											
<b>CHOCOLATE TORTE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>	<b>Y</b>	<b>Y</b>		<b>Y</b>											
<b>STRAWBERRY YOGHURT CHEESECAKE</b>																				
STRAWBERRY YOG CHEESECAKE	YES	NO	Y			Y		Y	Y											
FRESH HERBS MINT	YES	YES																		
<b>STRAWBERRY YOGHURT CHEESECAKE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>			<b>Y</b>		<b>Y</b>	<b>Y</b>											
<b>APPLE CRISP</b>																				
APPLE CRISP	YES	YES	Y			Y														
FRESH HERBS MINT	YES	YES																		
<b>APPLE CRISP</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>			<b>Y</b>														

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BEEFEATER KIDS MENU STARTERS</b>																				
<b>GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
CUCUMBER	YES	YES																		
<b>GARLIC BREAD</b>																				
	YES	NO	Y					Y												
<b>CHICKEN MEATBALLS</b>																				
BBQ SAUCE	YES	YES																		
CUCUMBER	YES	YES																		
CHICKEN MEATBALLS KIDS	NO	NO																		
<b>CHICKEN MEATBALLS</b>																				
	NO	NO																		
<b>VEGGIE STICKS</b>																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>VEGGIE STICKS</b>																				
	YES	NO						Y												
<b>THE MAIN YARD</b>																				
<b>POPPIN CHICKEN</b>																				
BAKED BEANS	YES	YES																		
MINI CHICKEN CHUNKS	NO	NO	Y					Y												
SKINNY CUT FRIES	YES	YES																		
RAPSEED OIL	YES	YES																		
<b>POPPIN CHICKEN</b>																				
	NO	NO	Y					Y												
<b>TOMATO PENNE PASTA</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>TOMATO PENNE PASTA</b>																				
	YES	NO	Y					Y												
<b>STEAK &amp; CHIPS</b>																				
RAPSEED OIL	YES	YES																		
FLAT IRON 4OZ	NO	NO																		
GARDEN PEAS	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPSEED OIL	YES	YES																		
<b>STEAK &amp; CHIPS</b>																				
	NO	NO																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>SPAGHETTI BOLOGNESE</b>																				
SPAGHETTI BOLOGNAISE	NO	NO	Y											Y						
GARLIC BREAD SLICES	YES	NO	Y					Y												
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>SPAGHETTI BOLOGNESE</b>																				
NO	NO	Y						Y						Y						
<b>BANGERS &amp; MASH</b>																				
MASHED POTATO	YES	NO						Y												
KIDS SAUSAGE	NO	NO	Y																	
GARDEN PEAS	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
<b>BANGERS &amp; MASH</b>																				
NO	NO	Y						Y						Y						
<b>VEGGIE BANGERS &amp; MASH</b>																				
VEGETARIAN ROAST GRAVY	YES	NO	Y					Y						Y						
MASHED POTATO	YES	NO						Y												
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
GARDEN PEAS	YES	YES																		
<b>VEGGIE BANGERS &amp; MASH</b>																				
YES	NO	Y						Y	Y					Y						
<b>CHICKEN CURRY</b>																				
CHICKEN CURRY KIDS	NO	NO	Y					Y												
BROWN RICE KIDS	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>CHICKEN CURRY</b>																				
NO	NO	Y						Y												
<b>TOMATO PASTA &amp; CHICKEN MEATBALLS</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CHICKEN MEATBALLS KIDS	NO	NO																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>TOMATO PASTA &amp; CHICKEN MEATBALLS</b>																				
NO	NO	Y						Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BEEF BURGER</b>																				
STEAK BURGER 4OZ	NO	NO																		
GRILLED CORN ON THE COB	YES	YES																		
BURGER BUN KIDS	YES	NO	Y					Y												
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>BEEF BURGER</b>																				
	NO	NO	Y					Y												
<b>COD BITES</b>																				
COD CUBES	NO	NO	Y							Y										
GARDEN PEAS	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>COD BITES</b>																				
	NO	NO	Y							Y										
<b>CHICKEN BURGER</b>																				
BAKED BEANS	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
CHICKEN BREAST	NO	NO																		
BURGER BUN KIDS	YES	NO	Y					Y												
LETTUCE ICEBERG	YES	YES																		
POTATO MID	YES	YES																		
<b>CHICKEN BURGER</b>																				
	NO	NO	Y					Y							Y					
<b>SWAP YOU SIDES</b>																				
<b>MASHED POTATO</b>																				
MASHED POTATO	YES	NO						Y												
MASHED POTATO	YES	NO						Y												
<b>CHIPS</b>																				
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>CHIPS</b>																				
	YES	YES																		
<b>MINI JACKET POTATOES</b>																				
POTATO MID	YES	YES																		
<b>MINI JACKET POTATOES</b>																				
	YES	YES																		
<b>BROWN RICE</b>																				
BROWN RICE KIDS	YES	YES																		
<b>BROWN RICE</b>																				
	YES	YES																		
<b>GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
<b>GARLIC BREAD</b>																				
	YES	NO	Y					Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BAKED BEANS</b>																				
BAKED BEANS	YES	YES																		
<b>BAKED BEANS</b>	<b>YES</b>	<b>YES</b>																		
<b>VEGGIE STICKS</b>																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>VEGGIE STICKS</b>	<b>YES</b>	<b>YES</b>																		
<b>MINI CORN ON THE COB</b>																				
GRILLED CORN ON THE COB	YES	YES																		
<b>MINI CORN ON THE COB</b>	<b>YES</b>	<b>YES</b>																		
<b>PEAS</b>																				
GARDEN PEAS	YES	YES																		
<b>PEAS</b>	<b>YES</b>	<b>YES</b>																		
<b>SIDE SALAD</b>																				
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
CUCUMBER	YES	YES																		
<b>SIDE SALAD</b>	<b>YES</b>	<b>YES</b>																		
<b>PUD FOR EWE</b>																				
<b>MIXED FRUIT SALAD</b>																				
FRUIT SALAD	YES	YES																		
<b>MIXED FRUIT SALAD</b>	<b>YES</b>	<b>YES</b>																		
<b>ICE CREAM WITH RASPBERRY SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO																		
<b>ICE CREAM WITH RASPBERRY SAUCE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>											
<b>ICE CREAM WITH CHOCOLATE SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO																		
<b>ICE CREAM WITH CHOCOLATE SAUCE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>ICE CREAM WITH CARAMEL SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
<b>ICE CREAM WITH CARAMEL SAUCE</b>																				
YES	NO	Y					Y		Y											
<b>STRAWBERRY YOGHURT</b>																				
STRAWBERRY YOGHURT	YES	NO							Y											
STRAWBERRY YOGHURT	YES	NO							Y											
<b>PREMIUM PUDS</b>																				
<b>MINI DOUGHNUTS</b>																				
CHOCOLATE SAUCE	YES	YES					Y													
MINI SMARTIES	NO	NO							Y											
MINI RING DOUGHNUTS- SUGARED	YES	NO	Y				Y	Y	Y	Y										
<b>MINI DOUGHNUTS</b>																				
NO	NO	Y					Y	Y	Y	Y										
<b>FUNNY FACE SUNDAE</b>																				
STRAWBERRY LACES	YES	YES	Y																	
VANILLA ICE CREAM	YES	NO							Y											
CUP CONES	YES	YES	Y					Y												
MARSHMALLOWS	NO	NO																		
MINI SMARTIES	NO	NO							Y											
<b>FUNNY FACE SUNDAE</b>																				
NO	NO	Y					Y		Y											
<b>PANCAKES</b>																				
REDUCED SUGAR PANCAKE	YES	NO	Y						Y	Y										
BANANAS	YES	YES																		
STRAWBERRIES	YES	YES																		
CHOCOLATE SAUCE	YES	YES						Y												
<b>PANCAKES</b>																				
YES	NO	Y					Y	Y	Y											
<b>STRAWBERRY FROZEN YOGHURT</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y										
STRAWBERRY FROZEN YOGHURT	YES	NO								Y										
STRAWBERRY FROZEN YOGHURT	YES	NO	Y					Y		Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>DAYTIME SAVER MENU STARTERS</b>																				
<b>CRISPY FLAT MUSHROOMS</b>																				
RAPESEED OIL	YES	YES																		
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y												
BBQ SAUCE	YES	YES																		
RANCH DRESSING	YES	NO						Y	Y						Y					
<b>CRISPY FLAT MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>						<b>Y</b>					
<b>LOADED POTATO DIPPERS WITH CHEESE</b>																				
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>LOADED POTATO DIPPERS WITH CHEESE</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
<b>GARLIC BREAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>TOMATO SOUP</b>																				
UHT WHIPPING CREAM	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
TOMATO SOUP CONCENTRATE	YES	NO						Y						Y						
CIABATTA LOAF	YES	YES	Y	Y																
<b>TOMATO SOUP</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>						<b>Y</b>						
<b>MAINS</b>																				
<b>BEEF STEAK BURGER</b>																				
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
TABLE SALT	YES	YES																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
VEGAN BURGER SAUCE	YES	YES													Y					
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>BEEF STEAK BURGER</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>DOUBLE BACON &amp; CHEESE BEEF STEAK</b>																				
RAPESEED OIL	YES	YES																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
VEGAN BURGER SAUCE	YES	YES													Y					
CHEESE SLICES	YES	NO						Y												
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>DOUBLE BACON &amp; CHEESE BEEF STEAK</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>					
<b>GRILLED PAPRIKA CHICKEN</b>																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
PAPRIKA CHICKEN BREAST	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>GRILLED PAPRIKA CHICKEN</b>	<b>NO</b>	<b>NO</b>																		
<b>BEER-BATTERED FISH &amp; CHIPS</b>																				
PEAS GRADE A	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
POLLOCK FILLETS	NO	NO								Y										
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
TETLEY SMOOTH	NO	NO			Y															
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>BEER-BATTERED FISH &amp; CHIPS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>					<b>Y</b>										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HADDOCK &amp; CHIPS</b>																				
PEAS GRADE A	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
HADDOCK FILLET 220-250G	NO	NO							Y											
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
TETLEY SMOOTH	NO	NO			Y															
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>HADDOCK &amp; CHIPS</b>																				
	NO	NO	Y		Y				Y											
<b>50Z GAMMON STEAK</b>																				
PEAS GRADE A	YES	YES																		
50Z BOOMERANG GAMMON STEAK	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
RAPESEED OIL	YES	YES																		
CAGE FREE UK LION MED EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>50Z GAMMON STEAK</b>																				
	NO	NO						Y												
<b>DOUBLE GAMMON STEAK</b>																				
PEAS GRADE A	YES	YES																		
50Z BOOMERANG GAMMON STEAK	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
RAPESEED OIL	YES	YES																		
CAGE FREE UK LION MED EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>DOUBLE GAMMON STEAK</b>																				
	NO	NO						Y												
<b>SAUSAGE &amp; MASH</b>																				
PEAS GRADE A	YES	YES																		
MASHED POTATO	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
BRITISH PREMIER INN SAUSAGES	NO	NO	Y									Y								
GRAVY CONCENTRATE	NO	NO												Y						
PAPRIKA PEPPER	YES	YES																		
SEMI SKIMMED MILK	YES	NO						Y												
PLAIN FLOUR	YES	YES	Y																	
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
ONIONS RED	YES	YES																		
<b>SAUSAGE &amp; MASH</b>																				
	NO	NO	Y					Y				Y		Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>60Z STEAK &amp; TRIPLE COOKED CHIPS</b>																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
FLAT IRON STEAK 6OZ	NO	NO																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>60Z STEAK &amp; TRIPLE COOKED CHIPS</b>																				
	NO	NO										Y			Y					
<b>100Z RUMP &amp; TRIPLE COOKED CHIPS</b>																				
PEAS GRADE A	YES	YES																		
RUMP STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>100Z RUMP &amp; TRIPLE COOKED CHIPS</b>																				
	NO	NO										Y			Y					
<b>80Z SIRLOIN &amp; TRIPLE COOKED CHIPS</b>																				
PEAS GRADE A	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>80Z SIRLOIN &amp; TRIPLE COOKED CHIPS</b>																				
	NO	NO										Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>GRILLED CHICKEN CAESAR SALAD</b>																				
REGATO FINE GRATE	YES	NO						Y												
CHICKEN BREAST FILLET	NO	NO																		
CAESAR DRESSING RED CAL	YES	NO					Y	Y							Y					
LETTUCE ICEBERG	YES	YES																		
SALTED BUTTER	YES	NO																		
RAPESEED OIL	YES	YES																		
CIABATTA LOAF	YES	YES	Y	Y																
<b>GRILLED CHICKEN CAESAR SALAD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>						<b>Y</b>					
<b>BUTTERMILK CHICKEN GOUJON CAESAR SALAD</b>																				
REGATO FINE GRATE	YES	NO						Y												
CAESAR DRESSING RED CAL	YES	NO						Y	Y						Y					
LETTUCE ICEBERG	YES	YES																		
RAPESEED OIL	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y						Y											
SALTED BUTTER	YES	NO							Y											
RAPESEED OIL	YES	YES																		
CIABATTA LOAF	YES	YES	Y	Y																
<b>BUTTERMILK CHICKEN GOUJON CAESAR SALAD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>						<b>Y</b>					
<b>ROASTED VEGETABLE LINGUINE</b>																				
REGATO FINE GRATE	YES	NO						Y												
GARLIC BREAD SLICES	YES	NO	Y					Y												
TOMATO LINGUINE PASTA	YES	YES	Y												Y					
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
TOMATO CHERRY RED	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>ROASTED VEGETABLE LINGUINE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>							<b>Y</b>					
<b>ROASTED VEGETABLE LINGUINE WITH CHICKEN</b>																				
REGATO FINE GRATE	YES	NO						Y												
CHICKEN BREAST FILLET	NO	NO																		
GARLIC BREAD SLICES	YES	NO	Y					Y												
TOMATO LINGUINE PASTA	YES	YES	Y												Y					
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
TOMATO CHERRY RED	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>ROASTED VEGETABLE LINGUINE WITH CHICKEN</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>							<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>LASAGNE WITH SALAD</b>																				
RAPESEED OIL	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y					Y												
MEAT LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y					
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>LASAGNE WITH SALAD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>	<b>Y</b>				
<b>LASAGNE WITH CHIPS</b>																				
RAPESEED OIL	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y					Y												
MEAT LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y					
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>LASAGNE WITH CHIPS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					
<b>OPEN STEAK SANDWICH</b>																				
LAMBS LETTUCE	YES	YES																		
FLAT IRON STEAK 6OZ	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
CIABATTA LOAF	YES	YES	Y	Y																
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>OPEN STEAK SANDWICH</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>							<b>Y</b>					
<b>OPEN CHICKEN SANDWICH</b>																				
LAMBS LETTUCE	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
CHICKEN BREAST FILLET	NO	NO																		
CIABATTA LOAF	YES	YES	Y	Y																
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>OPEN CHICKEN SANDWICH</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>							<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>OPEN CHICKEN GOUJON SANDWICH</b>																				
LAMBS LETTUCE	YES	YES																		
LIGHT MAYONNAISE	YES	NO					Y								Y					
CIABATTA LOAF	YES	YES	Y	Y																
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>OPEN CHICKEN GOUJON SANDWICH</b>																				
	NO	NO	Y	Y				Y	Y						Y					
<b>SWEET POTATO &amp; FETA LASAGNE WITH SALAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
<b>SWEET POTATO &amp; FETA LASAGNE WITH SALAD</b>																				
	YES	NO	Y					Y	Y			Y		Y	Y					
<b>SWEET POTATO &amp; FETA LASAGNE WITH CHIPS</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>SWEET POTATO &amp; FETA LASAGNE WITH CHIPS</b>																				
	YES	NO	Y					Y	Y					Y	Y					
<b>CHICKEN MAKHANI CURRY</b>																				
BASMATI RICE	YES	YES																		
MANGO CHUTNEY	YES	YES																		
CHICKEN MAKHANI CURRY	NO	NO						Y												
PLAIN POPPADOMS	YES	YES																		
PLAIN NAAN	YES	NO	Y					Y	Y											
FRESH HERBS CORIANDER	YES	YES																		
GREEK STYLE YOGHURT	YES	NO						Y	Y											
<b>CHICKEN MAKHANI CURRY</b>																				
	NO	NO	Y					Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHICKEN &amp; HAM PIE</b>																				
PEAS GRADE A	YES	YES																		
CHICKEN & HAM PIE	NO	NO	Y					Y	Y											
GRAVY CONCENTRATE	NO	NO												Y						
MASHED POTATO	YES	NO							Y											
SALTED BUTTER	YES	NO							Y											
<b>CHICKEN &amp; HAM PIE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					
<b>HALF RACK OF RIBS &amp; FRIES</b>																				
RAPESEED OIL	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES											Y							
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>HALF RACK OF RIBS &amp; FRIES</b>	<b>NO</b>	<b>NO</b>						<b>Y</b>					<b>Y</b>		<b>Y</b>					
<b>SWEET POTATO FRIES</b>																				
RAPESEED OIL	YES	YES																		
SWEET POTATO FRIES	YES	YES																		
<b>SWEET POTATO FRIES</b>	<b>YES</b>	<b>YES</b>																		
<b>PUDDING</b>																				
<b>WARM CHOCOLATE BROWNIE</b>																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y									Y		Y
CHOCOLATE SAUCE	YES	YES						Y												
VANILLA ICE CREAM	YES	NO							Y											
<b>WARM CHOCOLATE BROWNIE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>	<b>Y</b>								<b>Y</b>		<b>Y</b>
<b>ICE CREAM WITH CHOCOLATE SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y										
VANILLA ICE CREAM	YES	NO								Y										
CHOCOLATE SAUCE	YES	YES						Y												
CHOCSTIX	YES	NO						Y		Y										
<b>ICE CREAM WITH CHOCOLATE SAUCE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>		<b>Y</b>										
<b>ICE CREAM WITH BERRY COMPOTE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y										
VANILLA ICE CREAM	YES	NO								Y										
HEDGEROW BERRIES IN SAUCE	YES	YES																		
<b>ICE CREAM WITH BERRY COMPOTE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>		<b>Y</b>										

Y The allergen is present

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NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CARAMEL APPLE BETTY WITH CREAM</b>																				
UHT WHIPPING CREAM	YES	NO						Y												
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
<b>CARAMEL APPLE BETTY WITH CREAM</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>CARAMEL APPLE BETTY WITH WHIPPED CREAM</b>																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
DAIRY AEROSOL CREAM	YES	NO							Y											
<b>CARAMEL APPLE BETTY WITH WHIPPED CREAM</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>CARAMEL APPLE BETTY WITH CUSTARD</b>																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
CUSTARD RTS	YES	NO							Y											
<b>CARAMEL APPLE BETTY WITH CUSTARD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>CARAMEL APPLE BETTY WITH ICE CREAM</b>																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
VANILLA ICE CREAM	YES	NO							Y											
<b>CARAMEL APPLE BETTY WITH ICE CREAM</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>PROFITEROLES</b>																				
PROFITEROLES	YES	NO	Y					Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
<b>PROFITEROLES</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											

Y The allergen is present

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NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>EVENING MENU STARTERS</b>																				
<b>CRISPY FLAT MUSHROOMS</b>																				
RAPSEED OIL	YES	YES																		
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y												
BBQ SAUCE	YES	YES																		
RANCH DRESSING	YES	NO						Y	Y											Y
<b>CRISPY FLAT MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											<b>Y</b>
<b>LOADED POTATO DIPPERS WITH CHEESE</b>																				
SOUR CREAM CHIVE DRESSING	YES	NO							Y											
RAPSEED OIL	YES	YES																		
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
<b>LOADED POTATO DIPPERS WITH CHEESE</b>	<b>YES</b>	<b>NO</b>							<b>Y</b>											
<b>TOMATO SOUP</b>																				
UHT WHIPPING CREAM	YES	NO							Y											
SALTED BUTTER	YES	NO							Y											
TOMATO SOUP CONCENTRATE	YES	NO							Y											Y
CIABATTA LOAF	YES	YES	Y	Y																
<b>TOMATO SOUP</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>					<b>Y</b>											<b>Y</b>
<b>CLASSIC PRAWN COCKTAIL</b>																				
PAPRIKA PEPPER	YES	YES																		
SALTED BUTTER	YES	NO							Y											
CIABATTA LOAF	YES	YES	Y	Y																
SEAFOOD SAUCE	YES	NO							Y											
COOKED & PEELED COLD WATER PRAWNS	NO	NO									Y									Y
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
LEMON CASE	YES	NO																		
<b>CLASSIC PRAWN COCKTAIL</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>		<b>Y</b>								<b>Y</b>

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>MAINS</b>																				
<b>BEEF STEAK BURGER</b>																				
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
TABLE SALT	YES	YES																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
VEGAN BURGER SAUCE	YES	YES														Y				
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
<b>BEEF STEAK BURGER</b>	NO	NO	Y					Y	Y				Y		Y					
<b>DOUBLE BACON &amp; CHEESE BEEF STEAK</b>																				
RAPESEED OIL	YES	YES																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
VEGAN BURGER SAUCE	YES	YES														Y				
CHEESE SLICES	YES	NO							Y											
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>DOUBLE BACON &amp; CHEESE BEEF STEAK</b>	NO	NO	Y					Y	Y				Y		Y					

Y The allergen is present

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Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>VEGAN WITH BBQ SOYA</b>																				
VEGAN BURGER	YES	YES	Y				Y													
BBQ PULLED VEGGIES	YES	YES	Y				Y													
VEGAN BUN	YES	YES	Y	Y		Y														
VEGAN BURGER SAUCE	YES	YES														Y				
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>VEGAN WITH BBQ SOYA</b>																				
YES	YES	Y	Y		Y	Y						Y			Y					
<b>SAUSAGE &amp; MASH</b>																				
PEAS GRADE A	YES	YES																		
MASHED POTATO	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
BRITISH PREMIER INN SAUSAGES	NO	NO	Y									Y								
GRAVY CONCENTRATE	NO	NO												Y						
PAPRIKA PEPPER	YES	YES																		
SEMI SKIMMED MILK	YES	NO						Y												
PLAIN FLOUR	YES	YES	Y																	
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
ONIONS RED	YES	YES																		
<b>SAUSAGE &amp; MASH</b>																				
NO	NO	Y						Y				Y		Y						
<b>SMOKY PAPRIKA CHICKEN</b>																				
RAPESEED OIL	YES	YES																		
PAPRIKA CHICKEN BREAST	NO	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>SMOKY PAPRIKA CHICKEN</b>																				
NO	NO							Y				Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>PLAIN CHICKEN</b>																				
RAPESEED OIL	YES	YES																		
CHICKEN BREAST FILLET	NO	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>PLAIN CHICKEN</b>																				
	NO	NO						Y				Y			Y					
<b>6OZ FLAT IRON WITH CHIPS</b>																				
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
FLAT IRON STEAK 6OZ	NO	NO																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>6OZ FLAT IRON WITH CHIPS</b>																				
	NO	NO																		
<b>10OZ RUMP WITH CHIPS</b>																				
LAMBS LETTUCE	YES	YES																		
RUMP STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>10OZ RUMP WITH CHIPS</b>																				
	NO	NO																		

Y The allergen is present

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	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>8OZ SIRLOIN WITH CHIPS</b>																				
LAMBS LETTUCE	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>8OZ SIRLOIN WITH CHIPS</b>																				
LAMBS LETTUCE	YES	YES																		
RIBEYE STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>10OZ RIB-EYE WITH CHIPS</b>																				
LAMBS LETTUCE	YES	YES																		
RIBEYE STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>10OZ RIB-EYE WITH CHIPS</b>																				
<b>SWEET POTATO &amp; FETA LASAGNE WITH CHIPS</b>																				
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y						Y	Y				
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>SWEET POTATO &amp; FETA LASAGNE WITH CHIPS</b>																				
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y						Y	Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>SWEET POTATO &amp; FETA LASAGNE WITH SIDE SALAD</b>																				
SPINACH & FETA LASAGNE	YES	NO	Y				Y	Y						Y	Y					
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>SWEET POTATO &amp; FETA LASAGNE WITH SIDE SALAD</b>																				
YES	NO	Y					Y	Y				Y		Y	Y					
<b>BEER-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>																				
PEAS GRADE A	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
HADDOCK FILLET 220-250G	NO	NO							Y											
TARTARE SAUCE	YES	NO						Y							Y					
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
TETLEY SMOOTH	NO	NO		Y																
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>BEER-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>																				
NO	NO	Y		Y			Y		Y						Y					
<b>BEER-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>																				
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
MUSHY PEAS	YES	YES																		
HADDOCK FILLET 220-250G	NO	NO								Y										
TARTARE SAUCE	YES	NO						Y							Y					
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
TETLEY SMOOTH	NO	NO		Y																
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>BEER-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>																				
NO	NO	Y		Y			Y		Y						Y					
<b>LOADED CHEESY BEEF FRIES</b>																				
CAJUN JACK CHEESE SAUCE	YES	NO						Y							Y					
STEAK BURGER 4OZ	NO	NO																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>LOADED CHEESY BEEF FRIES</b>																				
NO	NO							Y							Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>DESSERTS</b>																				
<b>WARM CHOCOLATE BROWNIE</b>																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y										Y	Y
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO						Y												
<b>WARM CHOCOLATE BROWNIE</b>																				
WARM CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y										Y	Y
<b>CARAMEL APPLE BETTY WITH CUSTARD</b>																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
CUSTARD RTS	YES	NO							Y											
<b>CARAMEL APPLE BETTY WITH CUSTARD</b>																				
CARAMEL APPLE BETTY WITH CUSTARD	YES	NO	Y				Y	Y	Y											
<b>ROCKY ROAD SUNDAE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
CHOCOLATE BROWNIE	YES	NO	Y						Y										Y	Y
DAIRY AEROSOL CREAM	YES	NO							Y											
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
MARSHMALLOWS	NO	NO																		
<b>ROCKY ROAD SUNDAE</b>																				
ROCKY ROAD SUNDAE	NO	NO	Y				Y	Y	Y										Y	Y
<b>PROFITEROLES</b>																				
PROFITEROLES	YES	NO	Y					Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
<b>PROFITEROLES</b>																				
PROFITEROLES	YES	NO	Y				Y	Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>SUNDAY LUNCH STARTERS</b>																					
<b>TOMATO SOUP</b>																					
UHT WHIPPING CREAM	YES	NO						Y													
SALTED BUTTER	YES	NO						Y													
TOMATO SOUP CONCENTRATE	YES	NO						Y							Y						
CIABATTA LOAF	YES	YES	Y	Y																	
<b>TOMATO SOUP</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>						<b>Y</b>							
<b>CRISPY FLAT MUSHROOMS</b>																					
RAPESEED OIL	YES	YES																			
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y													
BBQ SAUCE	YES	YES																			
RANCH DRESSING	YES	NO						Y	Y							Y					
<b>CRISPY FLAT MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>							<b>Y</b>					
<b>LOADED POTATO DIPPERS WITH CHEESE</b>																					
SOUR CREAM CHIVE DRESSING	YES	NO						Y													
RAPESEED OIL	YES	YES																			
POTATO DIPPERS	YES	YES																			
ONIONS SPRING BUNCH	YES	YES																			
MOZZ/MILD CHEDDAR MIX	YES	NO						Y													
<b>LOADED POTATO DIPPERS WITH CHEESE</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>													
<b>CLASSIC PRAWN COCKTAIL</b>																					
PAPRIKA PEPPER	YES	YES																			
SALTED BUTTER	YES	NO						Y													
CIABATTA LOAF	YES	YES	Y	Y																	
SEAFOOD SAUCE	YES	NO						Y								Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO									Y										
TOMATO M	YES	YES																			
CUCUMBER	YES	YES																			
LETTUCE ICEBERG	YES	YES																			
LEMON CASE	YES	NO																			
<b>CLASSIC PRAWN COCKTAIL</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>		<b>Y</b>					<b>Y</b>					
<b>5 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI</b>																					
BUTTERMILK CHICKEN WINGS	NO	NO	Y					Y													
RAPESEED OIL	YES	YES																			
PIRI PIRI SAUCE	YES	YES										Y									
<b>5 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>				<b>Y</b>									

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>5 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE</b>																					
BUTTERMILK CHICKEN WINGS	NO	NO	Y					Y													
RAPESEED OIL	YES	YES																			
BBQ SAUCE	YES	YES																			
<b>5 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE</b>																					
NO	NO	Y						Y													
<b>MAINS</b>																					
<b>SLOW-COOKED BEEF</b>																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
BEEF SHOULDER COOKED	NO	NO																			
FRESH HERBS THYME	YES	YES																			
GRAVY CONCENTRATE	NO	NO												Y							
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
POTATOES ROAST CUT	YES	YES																			
WHOLE GREEN BEANS	YES	YES																			
ROOT VEG MASH	YES	NO							Y	Y											
<b>SLOW-COOKED BEEF</b>																					
NO	NO	Y						Y	Y					Y							
<b>HALF ROAST CHICKEN</b>																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
RAPESEED OIL	YES	YES																			
FRESH HERBS THYME	YES	YES																			
ROASTED HALF CHICKEN	NO	NO																			
GRAVY CONCENTRATE	NO	NO												Y							
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
POTATOES ROAST CUT	YES	YES																			
WHOLE GREEN BEANS	YES	YES																			
ROOT VEG MASH	YES	NO								Y											
<b>HALF ROAST CHICKEN</b>																					
NO	NO	Y						Y	Y					Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>RUMP OF LAMB</b>																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
FRESH HERBS THYME	YES	YES																			
LAMB RUMP	NO	NO																			
GRAVY CONCENTRATE	NO	NO													Y						
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
POTATOES ROAST CUT	YES	YES																			
WHOLE GREEN BEANS	YES	YES																			
ROOT VEG MASH	YES	NO							Y												
<b>RUMP OF LAMB</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						<b>Y</b>						
<b>ROOT VEGETABLE WELLINGTON</b>																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
VEGETARIAN ROAST GRAVY	YES	NO	Y						Y						Y						
RAPESEED OIL	YES	YES																			
ROOT VEG WELLINGTON	YES	NO	Y					Y	Y							Y					
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
POTATOES ROAST CUT	YES	YES																			
WHOLE GREEN BEANS	YES	YES																			
ROOT VEG MASH	YES	NO							Y												
<b>ROOT VEGETABLE WELLINGTON</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						<b>Y</b>	<b>Y</b>					
<b>SUNDAY EXTRA</b>																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
GRAVY CONCENTRATE	NO	NO													Y						
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
POTATOES ROAST CUT	YES	YES																			
<b>SUNDAY EXTRA</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						<b>Y</b>						
<b>CAULIFLOWER CHEESE</b>																					
CAULIFLOWER CHEESE	YES	NO						Y	Y												
MOZZ/MILD CHEDDAR MIX	YES	NO							Y												
<b>CAULIFLOWER CHEESE</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>KIDS</b>																					
<b>SLOW-COOKED BEEF</b>																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
PEAS GRADE A	YES	YES																			
RAPESEED OIL	YES	YES																			
BEEF SHOULDER COOKED	NO	NO																			
GRAVY CONCENTRATE	NO	NO													Y						
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
POTATOES ROAST CUT	YES	YES																			
<b>SLOW-COOKED BEEF</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						<b>Y</b>						
<b>CHICKEN BREAST</b>																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
PEAS GRADE A	YES	YES																			
RAPESEED OIL	YES	YES																			
CHICKEN BREAST FILLET	NO	NO																			
GRAVY CONCENTRATE	NO	NO													Y						
ROCK SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
POTATOES ROAST CUT	YES	YES																			
<b>CHICKEN BREAST</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						<b>Y</b>						
<b>PUDS</b>																					
<b>CARAMEL APPLE BETTY WITH CREAM</b>																					
UHT WHIPPING CREAM	YES	NO								Y											
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y					Y	Y	Y											
<b>CARAMEL APPLE BETTY WITH CREAM</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>CARAMEL APPLE BETTY WITH WHIPPED CREAM</b>																					
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y					Y	Y	Y											
DAIRY AEROSOL CREAM	YES	NO								Y											
<b>CARAMEL APPLE BETTY WITH WHIPPED CREAM</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>CARAMEL APPLE BETTY WITH CUSTARD</b>																					
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y					Y	Y	Y											
CUSTARD RTS	YES	NO								Y											
<b>CARAMEL APPLE BETTY WITH CUSTARD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>	<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>CARAMEL APPLE BETTY WITH ICE CREAM</b>																					
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y												
VANILLA ICE CREAM	YES	NO							Y												
<b>CARAMEL APPLE BETTY WITH ICE CREAM</b>																					
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y												
VANILLA ICE CREAM	YES	NO							Y												
<b>WARM CHOCOLATE BROWNIE</b>																					
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y								Y		Y		
CHOCOLATE SAUCE	YES	YES					Y														
VANILLA ICE CREAM	YES	NO							Y												
<b>WARM CHOCOLATE BROWNIE</b>																					
CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y								Y		Y		
CHOCOLATE SAUCE	YES	YES					Y														
VANILLA ICE CREAM	YES	NO							Y												
<b>ICE CREAM WITH BERRY COMPOTE</b>																					
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y												
VANILLA ICE CREAM	YES	NO							Y												
HEDGEROW BERRIES IN SAUCE	YES	YES																			
<b>ICE CREAM WITH BERRY COMPOTE</b>																					
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y												
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y								Y		Y		
DAIRY AEROSOL CREAM	YES	NO							Y												
CHOCOLATE SAUCE	YES	YES					Y														
VANILLA ICE CREAM	YES	NO							Y												
MARSHMALLOWS	NO	NO																			
<b>ROCKY ROAD SUNDAE</b>																					
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y												
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y								Y		Y		
DAIRY AEROSOL CREAM	YES	NO							Y												
CHOCOLATE SAUCE	YES	YES					Y														
VANILLA ICE CREAM	YES	NO							Y												
MARSHMALLOWS	NO	NO																			
<b>PROFITEROLES</b>																					
PROFITEROLES	YES	NO	Y					Y	Y												
CHOCOLATE SAUCE	YES	YES					Y														
VANILLA ICE CREAM	YES	NO							Y												
<b>PROFITEROLES</b>																					
PROFITEROLES	YES	NO	Y				Y	Y	Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BEEFEATER BUFFET MENU</b>																				
<b>BUFFET 1</b>																				
<b>SANDWICHES</b>																				
<b>CHEESE &amp; TOMATO</b>																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
CHEESE SLICES MILD CHED	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
TOMATO M	YES	YES																		
<b>TOTAL CHEESE &amp; TOMATO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>												
<b>EGG MAYO</b>																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO						Y							Y					
MED FRESH EGGS	YES	NO						Y												
SALTED BUTTER	YES	NO							Y											
<b>TOTAL EGG MAYO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>						<b>Y</b>					
<b>HAM &amp; MUSTARD</b>																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
ENGLISH MUSTARD	YES	YES	Y												Y					
THICK CUT HAM SLICES	NO	NO																		
SALTED BUTTER	YES	NO							Y											
<b>TOTAL HAM &amp; MUSTARD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>						<b>Y</b>					
<b>PRAWN &amp; MARIE ROSE</b>																				
SALTED BUTTER	YES	NO							Y											
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO								Y										
<b>TOTAL PRAWN &amp; MARIE ROSE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>					
<b>GARLIC BREADED MUSHROOMS</b>																				
RAPESEED OIL	YES	YES																		
BREADED FLAT MUSHROOM	NO	NO	Y					Y	Y											
BBQ SAUCE	YES	YES																		
<b>TOTAL GARLIC BREADED MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											
<b>POP IN CHICKEN</b>																				
RAPESEED OIL	YES	YES																		
MINI CHICKEN CHUNKS	NO	NO	Y						Y											
<b>TOTAL POP IN CHICKEN</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHIPS</b>																				
RAPESEED OIL	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>TOTAL CHIPS</b>	<b>YES</b>	<b>YES</b>																		
<b>VEGETABLE STICKS &amp; DIP</b>																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS RUSTIC CUT	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>TOTAL VEGETABLE STICKS &amp; DIP</b>	<b>YES</b>	<b>NO</b>						Y												
<b>GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	YES	Y																	
<b>TOTAL GARLIC BREAD</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>																	
<b>MIXED SALAD</b>																				
SALAD MIX (ESCAROLE, GREEN BATAVIA, RED OAK LEAF)	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>TOTAL MIXED SALAD</b>	<b>YES</b>	<b>YES</b>										Y			Y					
<b>BUFFET 2 SANDWICHES</b>																				
<b>CHEESE &amp; TOMATO</b>																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
CHEESE SLICES MILD CHED	YES	NO							Y											
SALTED BUTTER	YES	NO							Y											
TOMATO M	YES	YES																		
<b>TOTAL CHEESE &amp; TOMATO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>											
<b>EGG MAYO</b>																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO							Y										Y	
MED FRESH EGGS	YES	NO							Y											
SALTED BUTTER	YES	NO							Y	Y										
<b>TOTAL EGG MAYO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>	<b>Y</b>									<b>Y</b>	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HAM &amp; MUSTARD</b>																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
ENGLISH MUSTARD	YES	YES	Y												Y					
THICK CUT HAM SLICES	NO	NO																		
SALTED BUTTER	YES	NO						Y												
<b>TOTAL HAM &amp; MUSTARD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>							<b>Y</b>					
<b>PRAWN &amp; MARIE ROSE</b>																				
SALTED BUTTER	YES	NO						Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO								Y										
<b>TOTAL PRAWN &amp; MARIE ROSE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>	<b>Y</b>					<b>Y</b>					
<b>GARLIC BREADED MUSHROOMS</b>																				
RAPESEED OIL	YES	YES																		
BREADED FLAT MUSHROOM	NO	NO	Y				Y	Y												
BBQ SAUCE	YES	YES																		
<b>TOTAL GARLIC BREADED MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>												
<b>CHICKEN GOUJONS</b>																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
LOUISIANA CHICKEN GOUJONS	NO	NO	Y					Y												
<b>TOTAL CHICKEN GOUJONS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>CHIPS</b>																				
RAPESEED OIL	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>TOTAL CHIPS</b>	<b>YES</b>	<b>YES</b>																		
<b>VEGETABLE STICKS &amp; DIP</b>																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS RUSTIC CUT	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>TOTAL VEGETABLE STICKS &amp; DIP</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>CHEESY GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	YES	Y																	
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>TOTAL CHEESY GARLIC BREAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>MIXED SALAD</b>																				
SALAD MIX (ESCAROLE, GREEN BATAVIA, RED OAK LEAF)	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>TOTAL MIXED SALAD</b>	<b>YES</b>	<b>YES</b>										<b>Y</b>			<b>Y</b>					
<b>TORTILLA CHIPS &amp; DIP</b>																				
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
<b>TOTAL TORTILLA CHIPS &amp; DIP</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>ONION RINGS</b>																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
<b>TOTAL ONION RINGS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>															
<b>TEMPURA PRAWNS</b>																				
RAPESEED OIL	YES	YES																		
TEMPURA BATTERED TAIL ON KING PRAWNS	NO	NO	Y							Y										
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
<b>TOTAL TEMPURA PRAWNS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>							<b>Y</b>										
<b>BUFFET 3 SANDWICHES</b>																				
<b>CHEESE &amp; TOMATO</b>																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
CHEESE SLICES MILD CHED	YES	NO							Y											
SALTED BUTTER	YES	NO								Y										
TOMATO M	YES	YES																		
<b>TOTAL CHEESE &amp; TOMATO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>											
<b>EGG MAYO</b>																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO						Y							Y					
MED FRESH EGGS	YES	NO						Y												
SALTED BUTTER	YES	NO							Y											
<b>TOTAL EGG MAYO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>					<b>Y</b>						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHICKEN &amp; BACON</b>																				
RAPESEED OIL	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
CHICKEN BREAST	NO	NO																		
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SMOKED DRY CURED STREAKY BACON	NO	NO																		
SALTED BUTTER	YES	NO							Y											
LEMONS	YES	YES																		
<b>TOTAL CHICKEN &amp; BACON</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>						<b>Y</b>					
<b>PRAWN &amp; MARIE ROSE</b>																				
SALTED BUTTER	YES	NO							Y											
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO								Y										
<b>TOTAL PRAWN &amp; MARIE ROSE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>					
<b>GARLIC BREADED MUSHROOMS</b>																				
RAPESEED OIL	YES	YES																		
BREADED FLAT MUSHROOM	NO	NO	Y					Y	Y											
BBQ SAUCE	YES	YES																		
<b>TOTAL GARLIC BREADED MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											
<b>CHICKEN GOUJONS</b>																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
LOUISIANA CHICKEN GOUJONS	NO	NO	Y					Y												
<b>TOTAL CHICKEN GOUJONS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>CHIPS</b>																				
RAPESEED OIL	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
<b>TOTAL CHIPS</b>	<b>YES</b>	<b>YES</b>																		
<b>VEGETABLE STICKS &amp; DIP</b>																				
GREEK STYLE YOGHURT	YES	NO							Y											
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS RUSTIC CUT	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>TOTAL VEGETABLE STICKS &amp; DIP</b>	<b>YES</b>	<b>NO</b>							<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHEESY GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	YES	Y																	
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>TOTAL CHEESY GARLIC BREAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>MIXED SALAD</b>																				
SALAD MIX (ESCAROLE, GREEN BATAVIA, RED OAK LEAF)	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>TOTAL MIXED SALAD</b>	<b>YES</b>	<b>YES</b>										<b>Y</b>			<b>Y</b>					
<b>TORTILLA CHIPS &amp; DIP</b>																				
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
<b>TOTAL TORTILLA CHIPS &amp; DIP</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>ONION RINGS</b>																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
<b>TOTAL ONION RINGS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>															
<b>TEMPURA PRAWNS</b>																				
RAPESEED OIL	YES	YES																		
TEMPURA BATTERED TAIL ON KING PRAWNS	NO	NO	Y							Y										
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
<b>TEMPURA PRAWNS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>							<b>Y</b>										
<b>THREE CHEESE CRUSTLESS QUICHE</b>																				
QUICHE CHZ CRUSTLESS	YES	NO	Y					Y	Y											
<b>TOTAL THREE CHEESE CRUSTLESS QUICHE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											
<b>POTATO DIPPERS</b>																				
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	NO	NO																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>TOTAL POTATO DIPPERS</b>	<b>NO</b>	<b>NO</b>						<b>Y</b>												
<b>SAUSAGE ROLLS</b>																				
COCKTAIL SAUSAGE ROLLS	NO	NO	Y									Y								
<b>TOTAL SAUSAGE ROLLS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>									<b>Y</b>								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>DESSERTS</b>																				
<b>CHOCOLATE BROWNIE</b>																				
CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
<b>TOTAL CHOCOLATE BROWNIE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>PROFITEROLES</b>																				
PROFITEROLES	YES	NO	Y					Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
<b>TOTAL PROFITEROLES</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BEEFEATER AUTUMN DRINKS</b>																				
<b>DRAUGHT</b>																				
STELLA 4.8%	YES	YES			Y															
SAN MIGUEL	YES	YES			Y							Y								
COORS LIGHT DRAUGHT	NO	NO	Y		Y															
GUINNESS	NO	NO			Y															
THATCHERS	YES	YES										Y								
DOOM BAR CASK	NO	NO			Y															
<b>COCKTAILS</b>																				
<b>MOJITO</b>																				
HAVANA CLUB ESPECIAL	NO	NO																		
FRESH HERBS MINT	YES	YES																		
ODK WHITE SUGAR SYRUP	YES	YES																		
LIMES	YES	YES																		
BSD SODA WATER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>MOJITO</b>																				
	NO	NO																		
<b>SPICED COSMO</b>																				
SMIRNOFF RED	NO	NO																		
COINTREAU	YES	YES																		
SUNPRIDE CRANBERRY	YES	YES										Y								
BSD GINGER ALE	YES	YES																		
LIMES	YES	YES																		
<b>SPICED COSMO</b>																				
	NO	NO										Y								
<b>CHAMBORD ROYALE</b>																				
GALANTI PROSECCO	YES	NO										Y								
CHAMBORD	YES	YES																		
<b>CHAMBORD ROYALE</b>																				
	YES	NO										Y								
<b>SIPSMITH SLOE GIN COLLINS</b>																				
SIPSMITH SLOE GIN	YES	YES																		
LEMONS	YES	YES																		
BSD SODA WATER	YES	YES																		
LEMONS	YES	YES																		
<b>SIPSMITH SLOE GIN COLLINS</b>																				
	YES	YES																		

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>THE GIN PARLOUR</b>																				
BSD LOW CAL TONIC WATER	YES	YES																		
FEVERTREE AROMATIC TONIC	YES	YES																		
FEVERTREE MEDITERRANEAN TONIC	YES	YES																		
GALANTI PROSECCO	YES	NO										Y								
BATHTUB GIN	YES	YES																		
SIPSMITH GIN	YES	YES																		
BOMBAY SAPPHIRE	YES	YES																		
GORDONS PINK GIN	YES	YES																		
GORDONS GIN	NO	NO																		
SIPSMITH SLOE GIN	YES	YES																		

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BREAKFAST MENU</b>																				
<b>ACCOMPANIMENTS</b>																				
SEMI SKIMMED MILK	YES	NO						Y												
WHOLE MILK	YES	NO						Y												
SKIMMED MILK	YES	NO						Y												
ALPRO SOYA MILK	YES	YES					Y													
SWEET N LOW	YES	NO																		
WHITE SUGAR SACHETS	YES	YES																		
BROWN SUGAR SACHETS	YES	YES																		
<b>FULL BREAKFAST</b>																				
<b>BACON</b>																				
BACK BACON	NO	NO																		
<b>TOTAL BACON</b>	<b>NO</b>	<b>NO</b>																		
<b>SAUSAGE</b>																				
PI SAUSAGES	NO	NO	Y									Y								
<b>TOTAL SAUSAGE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>									<b>Y</b>								
<b>VEGETARIAN SAUSAGE</b>																				
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
<b>TOTAL VEGETARIAN SAUSAGE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											
<b>SCRAMBLED EGG</b>																				
MED FRESH EGGS	YES	NO						Y												
SEMI SKIMMED MILK	YES	NO							Y											
<b>TOTAL SCRAMBLED EGG</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>											
<b>FRIED EGG</b>																				
MED FRESH EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
<b>TOTAL FRIED EGG</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>POACHED EGG</b>																				
MED FRESH EGGS	YES	NO						Y												
<b>TOTAL POACHED EGG</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>BOILED EGG</b>																				
MED FRESH EGGS	YES	NO						Y												
<b>TOTAL BOILED EGG</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>OMELETTE</b>																				
MED FRESH EGGS	YES	NO						Y												
SALTED BUTTER	YES	NO							Y											
<b>TOTAL OMELETTE</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HASH BROWNS</b>																				
HASH BROWN	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>TOTAL HASH BROWNS</b>	<b>YES</b>	<b>YES</b>																		
<b>BUBBLE AND SQUEAK</b>																				
BUBBLE AND SQUEAK	YES	NO						Y												
RAPESEED OIL	YES	YES																		
<b>TOTAL BUBBLE AND SQUEAK</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>BLACK PUDDING</b>																				
BLACK PUDDING	NO	NO	Y		Y															
<b>TOTAL BLACK PUDDING</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>															
<b>MUSHROOMS WITH BUTTER</b>																				
MUSHROOM CUP	YES	YES																		
SALTED BUTTER	YES	NO						Y												
<b>TOTAL MUSHROOMS WITH BUTTER</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>TOMATO</b>																				
TOMATO M	YES	YES																		
<b>TOTAL TOMATO</b>	<b>YES</b>	<b>YES</b>																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TOMATO (RATIONAL)</b>																				
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>TOTAL TOMATO (RATIONAL)</b>	<b>YES</b>	<b>YES</b>																		
<b>BEANS</b>																				
BAKED BEANS	YES	YES																		
<b>TOTAL BEANS</b>	<b>YES</b>	<b>YES</b>																		
<b>CONTINENTAL BREAKFAST BAKERY</b>																				
CROISSANT	YES	NO	Y					Y	Y											
MINI PAIN AUX RAISIN	YES	NO	Y					Y	Y											
MINI PAIN AUX CHOCOLAT	YES	NO	Y				Y	Y	Y											
CINNAMON AND RAISIN BAGELS	YES	YES	Y		Y															
BLUEBERRY MINI MUFFIN	YES	NO	Y					Y	Y											
SOURDOUGH CRUMPETS	YES	YES	Y																	
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
GLUTEN FREE BREAD SLICE	YES	NO						Y												
REDUCED SUGAR PANCAKE	YES	NO	Y					Y	Y											
NUTELLA CHOCOLATE SPREAD PORTIONS																				
PEANUT BUTTER																				
MAPLE SYRUP PORTIONS																				
ORANGE MARMALADE PORTIONS																				
HONEY PORTION	YES	NO																		
MARMITE PORTIONS																				
STRAWBERRY JAM PORTIONS	YES	YES																		
ASSORTED JAM PORTIONS- RASPBERRY																				
ASSORTED JAM PORTIONS- BLACKCURRANT																				
ASSORTED JAM PORTIONS- APRICOT																				
SALTED BUTTER PORTIONS	YES	NO							Y											
SUNFLOWER SPREAD	YES	NO																		
<b>FRUITS</b>																				
FRUIT SALAD	YES	YES																		
APPLES GREEN	YES	YES																		
BANANAS	YES	YES																		
FRUIT BERRY MIX	YES	YES																		
DRIED FRUIT MIX	YES	YES																		

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NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>YOGHURTS AND CEREALS</b>																				
STRAWBERRY YOGHURT	YES	NO						Y												
VANILLA YOGHURT	YES	NO						Y												
GREEK STYLE YOGHURT	YES	NO						Y												
COCO POPS	YES	NO			Y															
CRUNCHY NUT CORNFLAKES	YES	NO			Y											Y				
CORNFLAKES	YES	NO			Y															
SPECIAL K	YES	NO	Y		Y															
WEETABIX	YES	YES	Y		Y															
KELLOGG'S MUESLI FRUIT	YES	NO	Y	Y	Y	Y		Y				Y								
RICE KRISPIES	YES	NO			Y															
BRAN FLAKES	YES	NO	Y		Y															
GRANOLA OAT AND RAISIN	YES	NO	Y			Y														
OATS2GO PORRIDGE SACHETS	YES	YES				Y	Y													
<b>DRINKS</b>																				
<b>TEAS</b>																				
PEPPERMINT INFUSION	YES	YES																		
CAMOMILE INFUSION	YES	YES																		
PTS LEMON AND GINGER	YES	YES																		
GREEN TEA	YES	YES																		
PTS HERBAL TEABAGS VARIOUS FLAVOURS	YES	YES																		
PTS DECAFF TEA	YES	YES																		
<b>COSTA COFFEE-ALLERGY DEPENDS ON DRINK. SEE COSTA WEBSITE</b>																				
<b>FRUIT JUICES &amp; SMOOTHIES</b>																				
ORANGE JUICE	YES	YES																		
APPLE JUICE	YES	YES																		
CRANBERRY JUICE	YES	YES										Y								
TROPICAL SMOOTHIE	YES	YES																		

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