



### *Allergy Information Guide Information:*

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; **we cannot say that any dish on our menus is "free-from" any allergen**, but only that it does not contain that allergen as an ingredient. Our allergen information sheet **does not** include any “**may contains**” information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before as ingredients may be substituted or changed at short notice.

Our allergen information covers the following major allergens: **Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut) , Pecan, Pistachio, Walnut) and products thereof.**

Items that are added as a choice, upgrade or addition must be checked and the allergen information considered in addition to the main meal.

**Our vegan dishes are made to a vegan recipe but we cannot guarantee that they are suitable for those with MILK or EGG allergies. Please speak to your server if you any dietary requirements.**

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

## KEY FOR BEEFEATER ALLERGY INFORMATION GUIDE

**Yes** The allergen is present

**Yes** Suitable for ovo-lacto vegetarians/ vegans

**No** Not suitable for ovo-lacto vegetarians/ vegans



The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BEEFEATER FESTIVE NON GLUTEN CONTAINING INGREDIENTS MENU 2023								
FESTIVE STARTERS								
TOMATO & BASIL SOUP	1426	341	18.2	4.3	36.2	16.6	4.9	1.6
CHICKEN LIVER & BRANDY PÂTÉ	1310	313	16.8	8.1	27.7	12.3	10.9	1.3
SCOTTISH SMOKED SALMON & PRAWN COCKTAIL	1693	404	24.3	7.1	25.0	10.0	19.4	2.6
FESTIVE MAINS								
TURKEY ROAST	5463	1305	70.5	16.1	103.5	18.4	58.5	3.2
GO LARGE AND ADD AN EXTRA SLICE	276	66	1.5	0.4	0.1	0.1	12.8	0.3
CHARGRILLED FILLET OF SALMON WITH VEGGIE RICE	1864	445	24.3	6.7	50.5	5.7	5.1	1.0
CHARGRILLED FILLET OF SALMON WITH FRIES	2170	518	32.2	7.2	54.5	4.2	3.8	2.3
CHARGRILLED FILLET OF SALMON WITH CHOPPED SALAD	1121	268	23.9	6.6	9.9	7.6	2.1	0.6
ADD '74 GRILLED VEG WITH TENDERSTEM BROCCOLI	234	56	1.9	0.4	5.2	1.4	3.5	0.2
8OZ* SIRLOIN WITH CHIPS	3296	787	37.4	7.7	58.5	2.9	58.1	1.0
UPGRADE TO 8OZ* FILLET WITH CHIPS	3314	791	40.5	9.7	58.6	2.6	52.5	1.2
FESTIVE '74 CHICKEN BURGER WITH FRIES	3975	949	36.1	5.3	100.6	25.5	51.5	5.8
'74 ROASTED VEGETABLE SKEWER WITH SALAD AND FRIES	1918	458	19.6	2.8	62.4	7.0	7.9	2.5
CHOICE OF SAUCES								
'74 BACON RELISH	196	47	1.2	0.1	7.6	6.7	1.0	0.1
'74 BURGER SAUCE	442	106	10.2	0.7	3.0	2.6	0.2	0.5
'74 MANGO, PEACH & HABANERO SAUCE	154	37	0.0	0.0	8.7	8.1	0.2	0.5
'74 HOT SAUCE	51	12	0.0	0.0	2.7	1.8	0.3	0.4
'74 SMOKEHOUSE TOMATO SAUCE	245	59	0.0	0.0	13.5	12.6	0.6	0.5
'74 SPICY MAYO	399	95	8.7	0.6	3.6	2.9	0.3	0.4
FESTIVE SIDES								
CAULIFLOWER CHEESE	1189	284	19.0	12.5	14.1	5.9	13.4	1.5
GRILLED BRUSSELS SPROUTS GRATIN	1169	279	17.7	10.5	13.8	7.2	12.1	1.4
PIGS IN BLANKETS	925	221	11.4	3.9	17.9	13.6	10.9	1.3
LOADED ROASTIES	2644	632	37.5	2.7	64.7	14.7	5.5	0.8

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>FESTIVE DESSERTS</b>								
CHOCOLATE ORANGE SUNDAE WITH MATCHMAKERS	2057	491	18.4	11.9	73.5	64.0	6.9	0.2
MINT CHOC SUNDAE WITH AFTER EIGHT	2057	491	18.9	12.1	72.2	62.3	6.8	0.2
CHEESECAKE WITH FRUIT BERRIES	2110	504	19.8	9.7	69.6	50.0	10.9	0.5
VANILLA DAIRY ICE CREAM WITH RASPBERRY SAUCE	1199	286	9.9	6.3	43.1	38.5	5.5	0.1
VANILLA DAIRY ICE CREAM WITH CHOCOLATE SAUCE	1239	296	10.1	6.5	44.6	40.3	5.9	0.2
VANILLA DAIRY ICE CREAM WITH CARAMEL SAUCE	1248	298	10.4	6.8	44.3	40.6	6.0	0.3
VEGAN ICE CREAM WITH RASPBERRY SAUCE	1304	311	9.3	7.8	56.6	38.2	0.4	0.1
VEGAN ICE CREAM WITH CHOCOLATE SAUCE	1344	321	9.5	7.9	58.1	40.0	0.8	0.2
AFTER EIGHT CHOCOLATES	487	116	3.6	2.1	20.0	17.9	0.6	0.0
<b>KIDS FESTIVE</b>								
KIDS PIGS IN BLANKETS	535	128	7.8	2.6	6.5	2.5	7.6	1.3
REINDEER FOOD & DIP	128	31	0.3	0.0	4.2	4.1	2.4	0.1
NACHOS & DIPS	688	164	6.4	0.9	21.4	2.9	4.1	0.3
<b>KIDS MAINS</b>								
KIDS TURKEY DINNER	2718	649	32.6	6.1	50.4	7.2	36.4	1.6
RUMP STEAK WITH FRIES	1128	269	10.3	3.4	20.4	0.4	26.4	0.8
CHICKEN BREAST WITH FRIES	784	187	5.0	0.6	18.7	0.4	17.5	1.3
<b>KIDS DESSERTS</b>								
KIDS SANTAS HAT SUNDAE	756	181	9.8	6.6	17.7	14.4	4.9	0.1
STRAWBERRY SMASH SUNDAE	523	125	6.9	4.7	13.3	10.7	2.3	0.1
FRUIT SALAD	209	50	0.1	0.0	10.8	10.8	0.6	0.0
<b>KIDS SIDES</b>								
VEGGIE STICKS	65	16	0.2	0.0	2.4	2.3	0.6	0.0
BAKED BEANS	174	41	0.1	0.0	6.7	2.7	2.5	0.3
PEAS	197	47	0.4	0.1	6.3	3.3	3.1	0.0
2 MINI CORN ON THE COBS	200	48	1.1	0.2	5.7	1.5	2.2	0.0
<b>CHRISTMAS DAY STARTERS</b>								
TOMATO & BASIL SOUP	1426	341	18.2	4.3	36.2	16.6	4.9	1.6
CHICKEN LIVER & BRANDY PÂTÉ	1310	313	16.8	8.1	27.7	12.3	10.9	1.3
SCOTTISH SMOKED SALMON & PRAWN COCKTAIL	1693	404	24.3	7.1	25.0	10.0	19.4	2.6
CANADIAN SCALLOPS & KING PRAWNS	1584	378	23.0	9.1	18.9	3.7	22.1	1.0

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>CHRISTMAS DAY MAINS</b>								
TURKEY ROAST	5463	1305	70.5	16.1	103.5	18.4	58.5	3.2
CHARGRILLED FILLET OF SALMON WITH VEGGIE RICE	1864	445	24.3	6.7	50.5	5.7	5.1	1.0
CHARGRILLED FILLET OF SALMON WITH FRIES	2170	518	32.2	7.2	54.5	4.2	3.8	2.3
CHARGRILLED FILLET OF SALMON WITH CHOPPED SALAD	1121	268	23.9	6.6	9.9	7.6	2.1	0.6
ADD *74 GRILLED VEG WITH TENDERSTEM BROCCOLI	234	56	1.9	0.4	5.2	1.4	3.5	0.2
8OZ* SIRLOIN	3296	787	37.4	7.7	58.5	2.9	58.1	1.0
8OZ* FILLET WITH CHIPS	3314	791	40.5	9.7	58.6	2.6	52.5	1.2
74 ROASTED VEGETABLE SKEWER WITH SALAD AND FRIES	1918	458	19.6	2.8	62.4	7.0	7.9	2.5
<b>CHOICE OF SAUCES</b>								
*74 BACON RELISH	196	47	1.2	0.1	7.6	6.7	1.0	0.1
*74 BURGER SAUCE	442	106	10.2	0.7	3.0	2.6	0.2	0.5
*74 MANGO, PEACH & HABANERO SAUCE	154	37	0.0	0.0	8.7	8.1	0.2	0.5
*74 HOT SAUCE	51	12	0.0	0.0	2.7	1.8	0.3	0.4
*74 SMOKEHOUSE TOMATO SAUCE	245	59	0.0	0.0	13.5	12.6	0.6	0.5
*74 SPICY MAYO	399	95	8.7	0.6	3.6	2.9	0.3	0.4
<b>CHRISTMAS DAY DESSERTS</b>								
CHOCOLATE ORANGE SUNDAE WITH MATCHMAKERS	2057	491	18.4	11.9	73.5	64.0	6.9	0.2
MINT CHOC SUNDAE WITH AFTER EIGHT	2057	491	18.9	12.1	72.2	62.3	6.8	0.2
CHEESECAKE WITH FRUIT BERRIES	2110	504	19.8	9.7	69.6	50.0	10.9	0.5
VANILLA DAIRY ICE CREAM WITH RASPBERRY SAUCE	1199	286	9.9	6.3	43.1	38.5	5.5	0.1
VANILLA DAIRY ICE CREAM WITH CHOCOLATE SAUCE	1239	296	10.1	6.5	44.6	40.3	5.9	0.2
VANILLA DAIRY ICE CREAM WITH CARAMEL SAUCE	1248	298	10.4	6.8	44.3	40.6	6.0	0.3
VEGAN ICE CREAM WITH RASPBERRY SAUCE	1304	311	9.3	7.8	56.6	38.2	0.4	0.1
VEGAN ICE CREAM WITH CHOCOLATE SAUCE	1344	321	9.5	7.9	58.1	40.0	0.8	0.2
<b>CHRISTMAS DAY 4TH COURSE</b>								
AFTER EIGHT CHOCOLATES WITHOUT DRINK	487	116	3.6	2.1	20.0	17.9	0.6	0.0
<b>CHRISTMAS DAY KIDS STARTERS</b>								
KIDS PIGS IN BLANKETS	535	128	7.8	2.6	6.5	2.5	7.6	1.3
REINDEER FOOD & DIP	128	31	0.3	0.0	4.2	4.1	2.4	0.1
NACHOS & DIP	688	164	6.4	0.9	21.4	2.9	4.1	0.3
<b>CHRISTMAS DAY KIDS MAINS</b>								
KIDS TURKEY DINNER	2718	649	32.6	6.1	50.4	7.2	36.4	1.6
<b>CHRISTMAS DAY KIDS DESSERTS</b>								
KIDS SANTAS HAT SUNDAE	756	181	9.8	6.6	17.7	14.4	4.9	0.1
FRUIT SALAD	209	50	0.1	0.0	10.8	10.8	0.6	0.0
<b>BOXING DAY STARTERS</b>								
TOMATO & BASIL SOUP	1426	341	18.2	4.3	36.2	16.6	4.9	1.6
CHICKEN LIVER & BRANDY PÂTÉ	1310	313	16.8	8.1	27.7	12.3	10.9	1.3
SCOTTISH SMOKED SALMON & PRAWN COCKTAIL	1693	404	24.3	7.1	25.0	10.0	19.4	2.6
CANADIAN SCALLOPS & KING PRAWNS	1584	378	23.0	9.1	18.9	3.7	22.1	1.0

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>BOXING DAY MAINS</b>								
TURKEY ROAST	5463	1305	70.5	16.1	103.5	18.4	58.5	3.2
GO LARGE AND ADD AN EXTRA SLICE	276	66	1.5	0.4	0.1	0.1	12.8	0.3
CHARGRILLED FILLET OF SALMON WITH VEGGIE RICE	1864	445	24.3	6.7	50.5	5.7	5.1	1.0
CHARGRILLED FILLET OF SALMON WITH FRIES	2170	518	32.2	7.2	54.5	4.2	3.8	2.3
CHARGRILLED FILLET OF SALMON WITH CHOPPED SALAD	1121	268	23.9	6.6	9.9	7.6	2.1	0.6
ADD '74 GRILLED VEG WITH TENDERSTEM BROCCOLI	234	56	1.9	0.4	5.2	1.4	3.5	0.2
8OZ* SIRLOIN	3296	787	37.4	7.7	58.5	2.9	58.1	1.0
UPGRADE TO 8OZ* FILLET	3314	791	40.5	9.7	58.6	2.6	52.5	1.2
FESTIVE '74 CHICKEN BURGER	3975	949	36.1	5.3	100.6	25.5	51.5	5.8
'74 ROASTED VEGETABLE SKEWER	1918	458	19.6	2.8	62.4	7.0	7.9	2.5
<b>CHOICE OF SAUCES</b>								
'74 BACON RELISH	196	47	1.2	0.1	7.6	6.7	1.0	0.1
'74 BURGER SAUCE	442	106	10.2	0.7	3.0	2.6	0.2	0.5
'74 MANGO, PEACH & HABANERO SAUCE	154	37	0.0	0.0	8.7	8.1	0.2	0.5
'74 HOT SAUCE	51	12	0.0	0.0	2.7	1.8	0.3	0.4
'74 SMOKEHOUSE TOMATO SAUCE	245	59	0.0	0.0	13.5	12.6	0.6	0.5
'74 SPICY MAYO	399	95	8.7	0.6	3.6	2.9	0.3	0.4
<b>BOXING DAY DESSERTS</b>								
ICE CREAM SUNDAE WITH AFTER EIGHT MINTS	2057	491	18.9	12.1	72.2	62.3	6.8	0.2
ICE CREAM SUNDAE WITH ORANGE MATCHMAKERS	2057	491	18.4	11.9	73.5	64.0	6.9	0.2
CHEESECAKE WITH FRUIT BERRIES	2110	504	19.8	9.7	69.6	50.0	10.9	0.5
VANILLA ICE CREAM	1918	458	11.0	7.1	82.4	74.8	6.7	0.3
VEGAN OPTION AVAILABLE	1658	396	9.7	8.0	76.4	56.2	1.0	0.2
<b>BOXING DAY SIDES</b>								
CAULIFLOWER CHEESE	1189	284	19.0	12.5	14.1	5.9	13.4	1.5
GRILLED BRUSSELS SPROUTS GRATIN	1169	279	17.7	10.5	13.8	7.2	12.1	1.4
PIGS IN BLANKETS	925	221	11.4	3.9	17.9	13.6	10.9	1.3
LOADED ROASTIES	2644	632	37.5	2.7	64.7	14.7	5.5	0.8
<b>BOXING DAY KIDS STARTERS</b>								
KIDS PIGS IN BLANKETS	535	128	7.8	2.6	6.5	2.5	7.6	1.3
REINDEER FOOD & DIP	128	31	0.3	0.0	4.2	4.1	2.4	0.1
NACHOS & DIPS	688	164	6.4	0.9	21.4	2.9	4.1	0.3
<b>BOXING DAY KIDS MAINS</b>								
KIDS TURKEY DINNER	2718	649	32.6	6.1	50.4	7.2	36.4	1.6
<b>BOXING DAY KIDS DESSERTS</b>								
KIDS SANTAS HAT SUNDAE	756	181	9.8	6.6	17.7	14.4	4.9	0.1
FRUIT SALAD	209	50	0.1	0.0	10.8	10.8	0.6	0.0

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
<b>BEEFEATER NGCI FESTIVE MENUS 2023 ALLERGY DATA</b>																											
<b>NGCI FESTIVE STARTERS</b>																											
<b>TOMATO &amp; BASIL SOUP</b>					Yes											Yes									No	Yes	
Balsamic Glaze (10000189)																Yes										Yes	Yes
Gluten Free Bread Slice (54731)					Yes																					No	Yes
Herb Dressing (10000060)																										Yes	Yes
Tomato Soup																										Yes	Yes
<b>CHICKEN LIVER &amp; BRANDY PÂTÉ</b>					Yes	Yes										Yes									No	No	
Onion Confit (10003037)																Yes										No	Yes
Gluten Free Bread Slice (54731)					Yes																					No	Yes
Rocket Leaf (54258)																										Yes	Yes
Chicken Liver & Brandy Pate (10003580)						Yes																				No	No
<b>SCOTTISH SMOKED SALMON &amp; PRAWN COCKTAIL</b>					Yes	Yes	Yes	Yes						Yes												No	No
Smoked Salmon (10001771)							Yes																			No	No
Gluten Free Bread Slice (54731)					Yes																					No	Yes
Paprika Pepper (48048)																										Yes	Yes
Seafood Sauce (54050)					Yes							Yes														No	Yes
Salted Block Butter (10001077)						Yes																				No	Yes
Warm Water Prawn 91-110 (10002189)								Yes																		No	No
Cucumber Cat II (10003878)																										Yes	Yes
Lemons (54602, 54722)																										No	Yes
Lettuce Cos (54222)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
<b>NGCI FESTIVE MAINS</b>																											
<b>TURKEY ROAST</b>							Yes				Yes					Yes										No	No
Pig In Blanket (10001498)																Yes										No	No
Cooked Sliced Turkey Breast (54112)																										No	No
Peas Grade A (53692)																										Yes	Yes
Salted Block Butter (10001077)					Yes																					No	Yes
Brussels Sprouts (10002830)																										Yes	Yes
Stuffing Balls																										Yes	Yes
Carrots Medium (54609)																										Yes	Yes
Salted Block Butter (10001077)						Yes																				No	Yes
Honey Glazed Parsnips (10003226)																										No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Potatoes Roast Cut (10003725)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Gravy (10002919)											Yes															No	No
Salted Block Butter (10001077)					Yes																					No	Yes
VINA ARROBA TEMPRANILLO RED (10003308)																Yes										No	No
<b>GO LARGE AND ADD AN EXTRA SLICE</b>																											
Cooked Sliced Turkey Breast (54112)																										No	No

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
<b>CHARGILLED FILLET OF SALMON</b>							Yes	Yes																No	No	
Garlic & Parsley Butter Blend (48641)							Yes																		No	Yes
Rocket Leaf (54258)																									Yes	Yes
Skin-On Salmon Portions (10000657)								Yes																	No	No
Spicy Mayo 74 (10004101)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
<b>ADD CHOPPED SALAD</b>																									Yes	Yes
Cucumber Cat II (10003878)												Yes			Yes										Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
French Dressing (53514)												Yes			Yes										Yes	Yes
Sweetcorn (10004024)																									Yes	Yes
<b>ADD VEGGIE RICE</b>																									Yes	Yes
Seasoned Rice (10002838)																									Yes	Yes
<b>ADD FRIES</b>																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
<b>ADD 74 GRILLED VEG WITH TENDERSTEM BROCCOLI</b>																									Yes	Yes
Tender Stem Broccoli (10003634)																									Yes	Yes
74 Grill Master Rub (10003338)																									Yes	Yes
Grilled Veg (10004159)																									Yes	Yes
<b>80Z* SIRLOIN WITH CHIPS</b>																									No	No
Mushroom Flat (54219)																									Yes	Yes
Rocket Leaf (54258)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
8oz Fresh Sirloin (10001659)																									No	No
Rock Salt (52462)																									No	Yes
Tomato M (54216)																									Yes	Yes
Whole Black Pepper (50887)																									Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
<b>UPGRADE TO 80Z* FILLET WITH CHIPS</b>																									No	No
8oz Fillet Steak (10001646)																									No	No
Mushroom Flat (54219)																									Yes	Yes
Rocket Leaf (54258)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rock Salt (52462)																									No	Yes
Tomato M (54216)																									Yes	Yes
Whole Black Pepper (50887)																									Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes



Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
<b>FESTIVE '74 CHICKEN BURGER WITH FRIES</b>					Yes							Yes			Yes									No	No	
Pig In Blanket (10001498)															Yes										No	No
Cranberry Sauce (50457)																									Yes	Yes
Streaky Bacon Smoked Dry Cured (10002410)																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Raw Chicken Fillet (10004054)																									No	No
NGCI Burger Bun (10004004)					Yes																				No	Yes
Burger Sauce 74 (10004097)												Yes													Yes	Yes
Tomato M (54216)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Caster Sugar (52416)																									Yes	Yes
Coleslaw Mix (10004058)																									Yes	Yes
Mayonnaise Light (54568)					Yes							Yes													No	Yes
Table Salt (54744)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
<b>74 ROASTED VEGETABLE SKEWER WITH SALAD AND FRIES</b>												Yes			Yes										Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Lardfresh Sunflower Spread (47177)																									Yes	Yes
74 Grill Master Rub (10003338)																									Yes	Yes
Grilled Veg (10004159)																									Yes	Yes
Mushroom Cup (54218)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
French Dressing (53514)												Yes			Yes										Yes	Yes
Sweetcorn (10004024)																									Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
<b>CHOICE OF SAUCES</b>																										
Bacon Jam 74 (10004121)																									No	No
Burger Sauce 74 (10004097)												Yes													Yes	Yes
Mango Habanero Sauce 74 (10004096)																									Yes	Yes
Signature 74 Hot sauce																									Yes	Yes
Smokehouse Tomato Sauce 74 (10004093)																									Yes	Yes
Spicy Mayo 74 (10004101)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
<b>NGCI FESTIVE SIDES</b>																										
<b>CAULIFLOWER CHEESE</b>							Yes																		No	Yes
Cauliflower Cheese (10004210)							Yes																		No	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
<b>GRILLED BRUSSELS SPROUTS GRATIN</b>							Yes																		No	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
Brussels Sprout Gratin							Yes																		No	Yes
<b>PIGS IN BLANKETS</b>															Yes										No	No
Pig In Blanket (10001498)															Yes										No	No
Cranberry Sauce (50457)															Yes										Yes	Yes
<b>LOADED ROASTIES</b>																									Yes	Yes
Vegan Gravy (10001769)																									Yes	Yes
Cranberry Sauce (50457)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
<b>NGCI FESTIVE DESSERTS</b>																										
<b>CHOCOLATE ORANGE SUNDAE WITH MATCHMAKERS</b>					Yes		Yes																		No	Yes
Dairy Aerosal Cream (52672)							Yes																		No	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																		No	Yes
Chocolate Sauce NEW (10003676)					Yes																				Yes	Yes
Orange Dessert Sauce																									No	Yes
Orange Matchmakers (10004142)							Yes																		No	Yes
Gold Dust (10004217)																									No	Yes
<b>MINT CHOC SUNDAE WITH AFTER EIGHT</b>					Yes		Yes																		No	Yes
After Eights (10003194)							Yes																		No	Yes
Dairy Aerosal Cream (52672)							Yes																		No	Yes
Mint Sauce After Eight (10002186)																									Yes	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																		No	Yes
Chocolate Sauce NEW (10003676)					Yes																				Yes	Yes
Gold Dust (10004217)																									No	Yes
<b>CHEESECAKE WITH FRUIT BERRIES</b>						Yes	Yes																		No	Yes
Baked Cheesecake (10004314)						Yes	Yes																		No	Yes
Fruit Berry Mix (10003254)																									Yes	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																		No	Yes
<b>VANILLA DAIRY ICE CREAM</b>							Yes																		No	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																		No	Yes
<b>ADD CARAMEL SAUCE</b>							Yes																		No	Yes
Caramel Sauce NEW (10003675)							Yes																		No	Yes
<b>ADD CHOCOLATE SAUCE</b>						Yes																			Yes	Yes
Chocolate Sauce NEW (10003676)					Yes																				Yes	Yes
<b>ADD RASPBERRY SAUCE</b>																									Yes	Yes
Raspberry Sauce NEW (10003681)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
<b>VEGAN ICE CREAM</b>																										
Vegan Ice Cream (10002813)																									Yes	Yes
<b>ADD CHOCOLATE SAUCE</b>																										
Chocolate Sauce NEW (10003676)					Yes																				Yes	Yes
<b>ADD RASPBERRY SAUCE</b>																										
Raspberry Sauce NEW (10003681)					Yes																				Yes	Yes
<b>NGCI KIDS FESTIVE</b>																										
<b>NGCI KIDS FESTIVE STARTERS</b>																										
<b>KIDS PIGS IN BLANKETS</b>																										
Pig In Blanket (10001498)															Yes										No	No
Tomato Ketchup (54031)															Yes										Yes	Yes
<b>REINDEER FOOD &amp; DIP</b>																										
Carrots Medium (54609)						Yes																			No	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Fresh Herbs Mint (54242)																									Yes	Yes
Greek Yoghurt (53510)						Yes																			No	Yes
Cucumber Cat II (10003878)																									Yes	Yes
<b>NACHOS &amp; DIPS</b>																										
Tortilla Chips (10003312)						Yes																			No	Yes
Tomato M (54216)																									Yes	Yes
Fresh Herbs Mint (54242)																									Yes	Yes
Greek Yoghurt (53510)						Yes																			No	Yes
Cucumber Cat II (10003878)																									Yes	Yes
<b>NGCI KIDS FESTIVE MAINS</b>																										
<b>KIDS TURKEY DINNER</b>																										
Vegan Gravy (10001769)															Yes										No	No
Pig In Blanket (10001498)															Yes										Yes	Yes
Cooked Sliced Turkey Breast (54112)																									No	No
Peas Grade A (53692)																									Yes	Yes
Honey Glazed Parsnips (10003226)																									No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
<b>RUMP STEAK WITH FRIES</b>																										
8oz Fresh Rump (10001643)																									No	No
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
<b>CHICKEN BREAST WITH FRIES</b>																										
Raw Chicken Fillet (10004054)																									No	No
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?		
<b>NGCI KIDS FESTIVE DESSERTS</b>																												
<b>KIDS SANTAS HAT SUNDAE</b>							Yes																		No	Yes		
Dairy Aerosal Cream (52672)							Yes																			No	Yes	
Strawberries (54259)																										Yes	Yes	
Reduced Sugar Ice Cream Kids (10002011)							Yes																			No	Yes	
<b>STRAWBERRY SMASH SUNDAE</b>						Yes	Yes																			No	Yes	
Dairy Aerosal Cream (52672)							Yes																				No	Yes
Frozen Strawberry Yogurt (10002481)							Yes																				No	Yes
Meringue Nests (54613)						Yes																					No	Yes
Strawberries (54259)																											Yes	Yes
<b>FRUIT SALAD</b>																											Yes	Yes
Del Monte Fresh Fruit (52205)																											Yes	Yes
<b>NGCI KIDS FESTIVE SIDES</b>																												
<b>VEGGIE STICKS</b>																											Yes	Yes
Carrots Medium (54609)																											Yes	Yes
Cucumber Cat II (10003878)																											Yes	Yes
Pepper Red (54226, 10000329)																											Yes	Yes
<b>BAKED BEANS</b>																											Yes	Yes
Baked Beans In Tomato Sauce (10001944)																											Yes	Yes
<b>PEAS</b>																											Yes	Yes
Peas Grade A (53692)																											Yes	Yes
<b>2 MINI CORN ON THE COBS</b>																											Yes	Yes
Corn On Cob Bites (10002478)																											Yes	Yes
<b>NGCI CHRISTMAS DAY MENU</b>																												
<b>NGCI CHRISTMAS DAY STARTERS</b>																												
<b>TOMATO &amp; BASIL SOUP</b>						Yes									Yes												No	Yes
Balsamic Glaze (10000189)															Yes												Yes	Yes
Gluten Free Bread Slice (54731)						Yes																					No	Yes
Herb Dressing (10000060)																											Yes	Yes
Tomato Soup																											Yes	Yes
<b>CHICKEN LIVER &amp; BRANDY PÂTÉ</b>						Yes	Yes								Yes												No	No
Onion Confit (10003037)															Yes												No	Yes
Gluten Free Bread Slice (54731)						Yes																					No	Yes
Rocket Leaf (54258)																											Yes	Yes
Chicken Liver & Brandy Pate (10003580)						Yes																					No	No
<b>SCOTTISH SMOKED SALMON &amp; PRAWN COCKTAIL</b>						Yes	Yes	Yes	Yes					Yes													No	No
Smoked Salmon (10001771)								Yes																			No	No
Gluten Free Bread Slice (54731)						Yes																					No	Yes
Paprika Pepper (48048)																											Yes	Yes
Seafood Sauce (54050)						Yes						Yes															No	Yes
Salted Block Butter (10001077)							Yes																				No	Yes
Warm Water Prawn 91-110 (10002189)									Yes																		No	No
Cucumber Cat II (10003878)																											Yes	Yes
Lemons (54602, 54722)																											No	Yes
Lettuce Cos (54222)																											Yes	Yes
Tomato M (54216)																											Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
<b>CANADIAN SCALLOPS &amp; KING PRAWNS</b>																										
Garlic & Parsley Butter Blend (48641)						Yes	Yes		Yes	Yes			Yes		Yes										No	No
Gluten Free Bread Slice (54731)						Yes																			No	Yes
MSC Canadian Scallops (10001110)										Yes															No	No
Jumbo Tiger Prawn (10004094)								Yes																	No	No
Lemons (54602, 54722)																									No	Yes
Cracked Black Peppercorns (10004196)																									Yes	Yes
French Dressing (53514)												Yes			Yes										Yes	Yes
Table Salt (54744)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
<b>NGCI CHRISTMAS DAY MAINS</b>																										
<b>TURKEY ROAST</b>																										
Pig In Blanket (10001498)							Yes						Yes			Yes									No	No
Cooked Sliced Turkey Breast (54112)																									No	No
Peas Grade A (53692)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
Brussels Sprouts (10002830)																									Yes	Yes
Stuffing Balls																									Yes	Yes
Carrots Medium (54609)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
Honey Glazed Parsnips (10003226)																									No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Gravy (10002919)												Yes													No	No
Salted Block Butter (10001077)						Yes																			No	Yes
VINA ARROBA TEMPRANILLO RED (10003308)															Yes										No	No
<b>CHARGILLED FILLET OF SALMON</b>																										
Garlic & Parsley Butter Blend (48641)						Yes	Yes																		No	No
Rocket Leaf (54258)						Yes																			Yes	Yes
Skin-On Salmon Portions (10000657)								Yes																	No	No
Spicy Mayo 74 (10004101)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
<b>ADD VEGGIE RICE</b>																										
Seasoned Rice (10002838)																									Yes	Yes
<b>ADD CHOPPED SALAD</b>																										
Cucumber Cat II (10003878)													Yes		Yes										Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
French Dressing (53514)												Yes			Yes										Yes	Yes
Sweetcorn (10004024)																									Yes	Yes
<b>ADD FRIES</b>																										
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
<b>80Z* SIRLOIN WITH CHIPS</b>																									No	No	
Mushroom Flat (54219)																										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
8oz Fresh Sirloin (10001659)																										No	No
Rock Salt (52462)																										No	Yes
Tomato M (54216)																										Yes	Yes
Whole Black Pepper (50887)																										Yes	Yes
Premium Chip (10001031)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
<b>80Z* FILLET WITH CHIPS</b>																										No	No
8oz Fillet Steak (10001646)																										No	No
Mushroom Flat (54219)																										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Rock Salt (52462)																										No	Yes
Tomato M (54216)																										Yes	Yes
Whole Black Pepper (50887)																										Yes	Yes
Premium Chip (10001031)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
<b>74 ROASTED VEGETABLE SKEWER WITH SALAD AND FRIES</b>												Yes			Yes											Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
Larderfresh Sunflower Spread (47177)																										Yes	Yes
74 Grill Master Rub (10003338)																										Yes	Yes
Grilled Veg (10004159)																										Yes	Yes
Mushroom Cup (54218)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
French Dressing (53514)											Yes				Yes											Yes	Yes
Sweetcorn (10004024)																										Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Pepper Red (54226, 10000329)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
Stealth Fries (52190)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
<b>CHOICE OF SAUCES</b>																											
<b>Bacon Jam 74 (10004121)</b>																										No	No
<b>Burger Sauce 74 (10004097)</b>											Yes															Yes	Yes
<b>Mango Habanero Sauce 74 (10004096)</b>																										Yes	Yes
<b>Signature 74 Hot sauce</b>																										Yes	Yes
<b>Smokehouse Tomato Sauce 74 (10004093)</b>																										Yes	Yes
<b>Spicy Mayo 74 (10004101)</b>																										Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
<b>NGCI CHRISTMAS DAY DESSERTS</b>																										
<b>CHOCOLATE ORANGE SUNDAE WITH MATCHMAKERS</b>					Yes		Yes																		No	Yes
Dairy Aersal Cream (52672)							Yes																		No	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																		No	Yes
Chocolate Sauce NEW (10003676)					Yes																				Yes	Yes
Orange Dessert Sauce																									No	Yes
Orange Matchmakers (10004142)							Yes																		No	Yes
Gold Dust (10004217)																									No	Yes
<b>MINT CHOC SUNDAE WITH AFTER EIGHT</b>					Yes		Yes																		No	Yes
After Eights (10003194)							Yes																		No	Yes
Dairy Aersal Cream (52672)							Yes																		No	Yes
Mint Sauce After Eight (10002186)																									Yes	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																		No	Yes
Chocolate Sauce NEW (10003676)					Yes																				Yes	Yes
Gold Dust (10004217)																									No	Yes
<b>CHEESECAKE WITH FRUIT BERRIES</b>						Yes	Yes																		No	Yes
Baked Cheesecake (10004314)						Yes	Yes																		No	Yes
Fruit Berry Mix (10003254)																									Yes	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																		No	Yes
<b>VANILLA DAIRY ICE CREAM</b>							Yes																		No	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																		No	Yes
<b>ADD CARAMEL SAUCE</b>							Yes																		No	Yes
Caramel Sauce NEW (10003675)							Yes																		No	Yes
<b>ADD CHOCOLATE SAUCE</b>					Yes																				Yes	Yes
Chocolate Sauce NEW (10003676)					Yes																				Yes	Yes
<b>ADD RASPBERRY SAUCE</b>																									Yes	Yes
Raspberry Sauce NEW (10003681)																									Yes	Yes
<b>VEGAN ICE CREAM</b>																									Yes	Yes
Vegan Ice Cream (10002813)																									Yes	Yes
<b>ADD CHOCOLATE SAUCE</b>					Yes																				Yes	Yes
Chocolate Sauce NEW (10003676)					Yes																				Yes	Yes
<b>ADD RASPBERRY SAUCE</b>																									Yes	Yes
Raspberry Sauce NEW (10003681)																									Yes	Yes
<b>AFTER EIGHT CHOCOLATES</b>							Yes																		No	Yes
After Eights (10003194)							Yes																		No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
<b>NGCI CHRISTMAS DAY KIDS MENU</b>																											
<b>NGCI CHRISTMAS DAY KIDS STARTERS</b>																											
<b>KIDS PIGS IN BLANKETS</b>																Yes										No	No
Pig In Blanket (10001498)																Yes										No	No
Tomato Ketchup (54031)																									Yes	Yes	
<b>REINDEER FOOD &amp; DIP</b>						Yes																			No	Yes	
Carrots Medium (54609)						Yes																			Yes	Yes	
Cucumber Cat II (10003878)																									Yes	Yes	
Pepper Red (54226, 10000329)																									Yes	Yes	
Fresh Herbs Mint (54242)																									Yes	Yes	
Greek Yoghurt (53510)						Yes																			No	Yes	
Cucumber Cat II (10003878)																									Yes	Yes	
<b>NACHOS &amp; DIPS</b>						Yes																			No	Yes	
Tortilla Chips (10003312)						Yes																			Yes	Yes	
Tomato M (54216)																									Yes	Yes	
Fresh Herbs Mint (54242)																									Yes	Yes	
Greek Yoghurt (53510)						Yes																			No	Yes	
Cucumber Cat II (10003878)																									Yes	Yes	
<b>NGCI CHRISTMAS DAY KIDS MAINS</b>																											
<b>KIDS TURKEY DINNER</b>																Yes									No	No	
Vegan Gravy (10001769)																Yes									Yes	Yes	
Pig In Blanket (10001498)																Yes									No	No	
Cooked Sliced Turkey Breast (54112)																									No	No	
Peas Grade A (53692)																									Yes	Yes	
Honey Glazed Parsnips (10003226)																									No	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
Potatoes Roast Cut (10003725)																									Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
<b>NGCI CHRISTMAS DAY KIDS DESSERTS</b>																											
<b>KIDS SANTAS HAT SUNDAE</b>						Yes																			No	Yes	
Dairy Aerosol Cream (52672)						Yes																			No	Yes	
Strawberries (54259)																									Yes	Yes	
Reduced Sugar Ice Cream Kids (10002011)						Yes																			No	Yes	
<b>FRUIT SALAD</b>																									Yes	Yes	
Del Monte Fresh Fruit (52205)																									Yes	Yes	
<b>NGCI BOXING DAY MENU</b>																											
<b>NGCI BOXING DAY STARTERS</b>																											
<b>TOMATO &amp; BASIL SOUP</b>					Yes										Yes										No	Yes	
Balsamic Glaze (10000189)															Yes										Yes	Yes	
Gluten Free Bread Slice (54731)					Yes																				No	Yes	
Herb Dressing (10000060)																									Yes	Yes	
Tomato Soup																									Yes	Yes	
<b>CHICKEN LIVER &amp; BRANDY PÂTÉ</b>					Yes	Yes									Yes										No	No	
Onion Confit (10003037)															Yes										No	Yes	
Gluten Free Bread Slice (54731)					Yes																				No	Yes	
Rocket Leaf (54258)																									Yes	Yes	
Chicken Liver & Brandy Pate (10003580)						Yes																			No	No	



Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
<b>SCOTTISH SMOKED SALMON &amp; PRAWN COCKTAIL</b>																										
Smoked Salmon (10001771)					Yes	Yes	Yes	Yes					Yes												No	No
Gluten Free Bread Slice (54731)					Yes			Yes																	No	No
Paprika Pepper (48048)																									Yes	Yes
Seafood Sauce (54050)					Yes							Yes													No	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
Warm Water Prawn 91-110 (10002189)								Yes																	No	No
Cucumber Cat II (10003878)									Yes																Yes	Yes
Lemons (54602, 54722)																									No	Yes
Lettuce Cos (54222)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
<b>CANADIAN SCALLOPS &amp; KING PRAWNS</b>																										
Garlic & Parsley Butter Blend (48641)					Yes	Yes		Yes	Yes			Yes			Yes										No	No
Gluten Free Bread Slice (54731)					Yes			Yes																	No	Yes
MSC Canadian Scallops (10001110)																									No	No
Jumbo Tiger Prawn (10004094)								Yes	Yes																No	No
Lemons (54602, 54722)																									No	Yes
Cracked Black Peppercorns (10004196)																									Yes	Yes
French Dressing (53514)												Yes			Yes										Yes	Yes
Table Salt (54744)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
<b>NGCI BOXING DAY MAINS</b>																										
<b>TURKEY ROAST</b>																										
Pig In Blanket (10001498)						Yes					Yes				Yes										No	No
Cooked Sliced Turkey Breast (54112)															Yes										No	No
Cranberry Sauce (50457)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
Brussels Sprouts (10002830)																									Yes	Yes
Stuffing Balls																									Yes	Yes
Carrots Medium (54609)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
Honey Glazed Parsnips (10003226)																									No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Gravy (10002919)											Yes														No	No
Salted Block Butter (10001077)						Yes																			No	Yes
VINA ARROBA TEMPRANILLO RED (10003308)															Yes										No	No
<b>GO LARGE AND ADD AN EXTRA SLICE</b>																										
Cooked Sliced Turkey Breast (54112)																									No	No

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?		
<b>CHARGILLED FILLET OF SALMON</b>							Yes	Yes																	No	No		
Garlic & Parsley Butter Blend (48641)							Yes																			No	Yes	
Rocket Leaf (54258)																										Yes	Yes	
Skin-On Salmon Portions (10000657)								Yes																		No	No	
Spicy Mayo 74 (10004101)																										Yes	Yes	
Lemons (54602, 54722)																										No	Yes	
<b>ADD VEGGIE RICE</b>																										Yes	Yes	
Seasoned Rice (10002838)																										Yes	Yes	
<b>ADD CHOPPED SALAD</b>																										Yes	Yes	
Cucumber Cat II (10003878)												Yes				Yes										Yes	Yes	
Lettuce Cos (54222)																										Yes	Yes	
Pepper Red (54226, 10000329)																										Yes	Yes	
Cherry Tomatoes (10000328)																										Yes	Yes	
French Dressing (53514)												Yes				Yes										Yes	Yes	
Sweetcorn (10004024)																										Yes	Yes	
<b>ADD FRIES</b>																										Yes	Yes	
Stealth Fries (52190)																										Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes	
<b>ADD 74 GRILLED VEG WITH TENDERSTEM® BROCCOLI</b>																										Yes	Yes	
Tender Stem Broccoli (10003634)																										Yes	Yes	
74 Grill Master Rub (10003338)																										Yes	Yes	
Grilled Veg (10004159)																										Yes	Yes	
<b>80Z* SIRLOIN WITH CHIPS</b>																										No	No	
Mushroom Flat (54219)																											Yes	Yes
Rocket Leaf (54258)																											Yes	Yes
Table Salt (54744)																											Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																											Yes	Yes
8oz Fresh Sirloin (10001659)																										No	No	
Rock Salt (52462)																										No	Yes	
Tomato M (54216)																										Yes	Yes	
Whole Black Pepper (50887)																										Yes	Yes	
Premium Chip (10001031)																										Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes	
<b>UPGRADE TO 80Z* FILLET WITH CHIPS</b>																										No	No	
8oz Fillet Steak (10001646)																										No	No	
Mushroom Flat (54219)																										Yes	Yes	
Rocket Leaf (54258)																										Yes	Yes	
Table Salt (54744)																										Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes	
Rock Salt (52462)																										No	Yes	
Tomato M (54216)																										Yes	Yes	
Whole Black Pepper (50887)																										Yes	Yes	
Premium Chip (10001031)																										Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes	

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
<b>FESTIVE '74 CHICKEN BURGER WITH FRIES</b>					Yes							Yes			Yes									No	No	
Pig In Blanket (10001498)															Yes										No	No
Cranberry Sauce (50457)																									Yes	Yes
Streaky Bacon Smoked Dry Cured (10002410)																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Raw Chicken Fillet (10004054)																									No	No
NGCI Burger Bun (10004004)					Yes																				No	Yes
Burger Sauce 74 (10004097)											Yes														Yes	Yes
Caster Sugar (52416)												Yes													Yes	Yes
Coleslaw Mix (10004058)																									Yes	Yes
Mayonnaise Light (54568)					Yes							Yes													No	Yes
Table Salt (54744)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
<b>74 ROASTED VEGETABLE SKEWER WITH SALAD AND FRIES</b>												Yes			Yes										Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Larderfresh Sunflower Spread (47177)																									Yes	Yes
74 Grill Master Rub (10003338)																									Yes	Yes
Grilled Veg (10004159)																									Yes	Yes
Mushroom Cup (54218)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
French Dressing (53514)											Yes				Yes										Yes	Yes
Sweetcorn (10004024)																									Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
<b>CHOICE OF SAUCES</b>																										
Bacon Jam 74 (10004121)																									No	No
Burger Sauce 74 (10004097)											Yes														Yes	Yes
Mango Habanero Sauce 74 (10004096)																									Yes	Yes
Signature 74 Hot sauce																									Yes	Yes
Smokehouse Tomato Sauce 74 (10004093)																									Yes	Yes
Spicy Mayo 74 (10004101)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
<b>NGCI BOXING DAY DESSERTS</b>																										
<b>ICE CREAM SUNDAE WITH AFTER EIGHT MINTS</b>					Yes		Yes																		No	Yes
After Eights (10003194)							Yes																		No	Yes
Dairy Aersal Cream (52672)							Yes																		No	Yes
Mint Sauce After Eight (10002186)																									Yes	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																		No	Yes
Chocolate Sauce NEW (10003676)					Yes																				Yes	Yes
Gold Dust (10004217)																									No	Yes
<b>ICE CREAM SUNDAE WITH ORANGE MATCHMAKERS</b>					Yes		Yes																		No	Yes
Dairy Aersal Cream (52672)							Yes																		No	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																		No	Yes
Chocolate Sauce NEW (10003676)					Yes																				Yes	Yes
Orange Dessert Sauce																									No	Yes
Orange Matchmakers (10004142)							Yes																		No	Yes
Gold Dust (10004217)																									No	Yes
<b>CHEESECAKE WITH FRUIT BERRIES</b>					Yes	Yes																			No	Yes
Baked Cheesecake (10004314)					Yes	Yes																			No	Yes
Fruit Berry Mix (10003254)																									Yes	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																		No	Yes
<b>AFTER EIGHT CHOCOLATES</b>							Yes																		No	Yes
After Eights (10003194)							Yes																		No	Yes
<b>VANILLA DAIRY ICE CREAM</b>							Yes																		No	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																		No	Yes
<b>ADD CARAMEL SAUCE</b>							Yes																		No	Yes
Caramel Sauce NEW (10003675)							Yes																		No	Yes
<b>ADD CHOCOLATE SAUCE</b>					Yes																				Yes	Yes
Chocolate Sauce NEW (10003676)					Yes																				Yes	Yes
<b>ADD RASPBERRY SAUCE</b>																									Yes	Yes
Raspberry Sauce NEW (10003681)																									Yes	Yes
<b>VEGAN ICE CREAM</b>					Yes																				Yes	Yes
Vegan Ice Cream (10002813)					Yes																				Yes	Yes
<b>ADD CHOCOLATE SAUCE</b>					Yes																				Yes	Yes
Chocolate Sauce NEW (10003676)					Yes																				Yes	Yes
<b>ADD RASPBERRY SAUCE</b>																									Yes	Yes
Raspberry Sauce NEW (10003681)																									Yes	Yes
<b>NGCI BOXING DAY SIDES</b>																										
<b>CAULIFLOWER CHEESE</b>							Yes																		No	Yes
Cauliflower Cheese (10004210)							Yes																		No	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
<b>GRILLED BRUSSELS SPROUTS GRATIN</b>							Yes																		No	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
Brussels Sprout Gratin							Yes																		No	Yes
<b>PIGS IN BLANKETS</b>															Yes										No	No
Pig In Blanket (10001498)															Yes										No	No
Cranberry Sauce (50457)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
<b>LOADED ROASTIES</b>																											
Vegan Gravy (10001769)																									Yes	Yes	
Cranberry Sauce (50457)																										Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Potatoes Roast Cut (10003725)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
<b>NGCI BOXING DAY KIDS MENU</b>																											
<b>NGCI BOXING DAY KIDS STARTERS</b>																											
<b>KIDS PIGS IN BLANKETS</b>																											
Pig In Blanket (10001498)																Yes										No	No
Tomato Ketchup (54031)																Yes										Yes	Yes
<b>REINDEER FOOD &amp; DIP</b>																											
Carrots Medium (54609)							Yes																			No	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Pepper Red (54226, 10000329)																										Yes	Yes
Fresh Herbs Mint (54242)																										Yes	Yes
Greek Yoghurt (53510)							Yes																			No	Yes
Cucumber Cat II (10003878)																										Yes	Yes
<b>NACHOS &amp; DIPS</b>																											
Tortilla Chips (10003312)							Yes																			No	Yes
Tomato M (54216)																										Yes	Yes
Fresh Herbs Mint (54242)																										Yes	Yes
Greek Yoghurt (53510)							Yes																			No	Yes
Cucumber Cat II (10003878)																										Yes	Yes
<b>NGCI BOXING DAY KIDS MAINS</b>																											
<b>KIDS TURKEY DINNER</b>																											
Vegan Gravy (10001769)																Yes										No	No
Pig In Blanket (10001498)																Yes										Yes	Yes
Cooked Sliced Turkey Breast (54112)																										No	No
Peas Grade A (53692)																										Yes	Yes
Honey Glazed Parsnips (10003226)																										No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Potatoes Roast Cut (10003725)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
<b>NGCI BOXING DAY KIDS DESSERTS</b>																											
<b>KIDS SANTAS HAT SUNDAE</b>																											
Dairy Aerosol Cream (52672)							Yes																			No	Yes
Strawberries (54259)							Yes																			Yes	Yes
Reduced Sugar Ice Cream Kids (10002011)							Yes																			No	Yes
<b>FRUIT SALAD</b>																											
Del Monte Fresh Fruit (52205)																										Yes	Yes