



Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menu descriptions do not include all ingredients or allergens, please use the allergy information guide to choose suitable dishes for you to eat and enjoy.

We take great care to prevent cross-contamination when preparing your order in our kitchens. However, due to the layout and operation of our kitchens we do not have specific allergen free zones and it is therefore not possible to fully guarantee separation of allergens. There is significant risk of cross-contamination in our buffet areas and deep fat fryers. If you would like further information on our cooking methods, don't be afraid to ask! **We cannot guarantee your order is 100% free from any allergenic ingredient.**

Please let a member of our team know if you have an allergy or sensitivities to any ingredient, even if you have dined with us before.

The allergen 'Tree Nuts' refers to the following tree nuts and their by-products: almond, Brazil, cashew, hazelnut, macadamia (Queensland nut), pecan, pistachio and walnut. The column 'Tree Nut source (if present)' will show the specific tree nut.

Our drinks allergy information contains the cocktails and similar drinks only. For soft drinks, spirits, wines, beers etc please consult the packaging or ask a member of staff.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time, so please check with us for up-to-date information.

KEY FOR BEEFEATER ALLERGY INFORMATION GUIDE

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
FESTIVE SPECIALS								
STARTERS								
SMOKED SCOTTISH SALMON	1576	376	13.3	2.2	40.2	3.9	22.5	4.3
MAINS								
FILLET STEAK ROSSINI	3947	943	47.2	12.8	66.9	7.2	58.8	2.5
8OZ FILLET STEAK WITH LOBSTER TAIL	4661	1113	68.2	28.7	51.8	4.6	69.2	3.2
FESTIVE TRUFFLED STEAK BURGER	5215	1246	65.4	19.9	106.9	21.0	52.9	4.9
HALIBUT FILLET	3031	724	47.0	24.6	36.0	3.2	36.6	2.0
DESSERTS								
MELT IN THE MIDDLE CHOC FONDANT	2593	619	32.8	12.2	72.4	39.5	7.3	1.2
MINI BALEYS PROFITEROLES	848	203	14.8	8.9	15.1	12.2	2.3	0.0
BALEYS PROFITEROLES	2413	576	32.9	19.9	61.4	50.1	7.1	0.3

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	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
FESTIVE MENU								
STARTERS								
OVEN-BAKED CAMEMBERT	2857	682	38.8	24.6	46.7	13.6	35.6	3.2
LEEK & POTATO SOUP	1000	239	12.8	5.3	24.3	0.8	4.3	1.1
SMOOTH DUCK & PORT PATE	1898	453	21.3	10.3	51.8	15.3	11.6	1.6
POSH KING PRAWN & CRAB COCKTAIL	2203	526	36.2	7.6	28.3	4.6	21.0	2.0
TWICE-BAKED BRIE SOUFFLE	1533	366	24.5	14.1	22.3	12.3	13.9	1.6
MAINS								
FESTIVE TURKEY WITH ALL THE TRIMMINGS	4552	1087	40.9	11.7	118.9	23.0	58.4	3.3
ROOT VEGETABLE ROAST	3917	936	36.3	9.5	129.5	30.3	19.1	2.2
SLOW-COOKED HAM HOCK	3516	840	35.4	14.2	39.9	11.2	87.5	7.4
8OZ SIRLOIN WITH BOURGUIGNON SAUCE	3258	778	39.0	9.1	51.1	4.8	52.9	2.1
SALMON FILLET	2542	607	28.4	4.1	34.9	2.7	52.4	1.7
FILLET STEAK ROSSINI	3947	943	47.2	12.8	66.9	7.2	58.8	2.5
FESTIVE TRUFFLED STEAK BURGER	5215	1246	65.4	19.9	106.9	21.0	52.9	4.9
DESSERTS								
CHRISTMAS PUDDING	1812	433	12.2	8.2	74.8	49.4	3.0	0.3
MELTING CHOCOLATE BOMBE	3248	776	26.4	14.0	120.2	90.8	9.7	0.8
ESPRESSO TRIFLE	2673	638	41.1	23.6	57.1	45.7	8.3	0.3
FESTIVE SUNDAE	3064	732	29.1	16.0	99.6	64.3	10.9	0.3
BRAMLEY APPLE & BLACKBERRY CRUMBLE	2607	623	16.0	6.5	106.9	73.4	8.6	0.2
LEMON TART	2172	519	22.8	12.1	70.1	48.7	6.5	0.6
FESTIVE EXTRAS								
FESTIVE FEAST	1318	315	12.3	3.2	34.6	8.2	15.0	1.4
CRANBERRY GLAZED SAUSAGES	1108	265	14.8	5.3	14.7	9.9	17.5	1.1
CAULIFLOWER CHEESE	1296	310	22.3	12.3	11.5	5.0	14.5	1.9
AFTER EIGHT MINTS	487	116	3.6	2.1	20.0	17.9	0.6	0.0
KIDS								
TURKEY DINNER	2440	583	19.5	3.7	59.1	8.5	41.3	1.9
SAUSAGE & MASH	1678	401	20.8	8.0	31.4	6.7	19.3	1.8
VEGGIE SAUSAGE & MASH	1583	378	14.5	3.7	37.4	6.2	18.8	2.3
DESSERTS								
SANTA'S CHOCOLATE BROWNIE	927	221	11.5	3.2	26.0	21.4	2.5	0.1
VANILLA ICE CREAM WITH CHOCOLATE SAUCE	831	199	5.5	3.4	30.2	21.9	4.4	0.2
VANILLA ICE CREAM WITH RASPBERRY SAUCE	826	197	5.4	3.3	30.3	22.5	4.3	0.1
VANILLA ICE CREAM WITH CARAMEL SAUCE	832	199	5.8	3.6	29.7	23.2	4.5	0.2
KIDS UNDER 3 EAT FREE as per above								

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
CHRISTMAS DAY								
STARTERS								
MUSHROOM SOUP	912	218	14.6	8.3	14.1	2.3	4.9	1.7
PULLED BEEF YORKIE	1151	275	10.3	3.1	23.1	4.0	21.5	1.2
SMOKED SCOTTISH SALMON	1576	376	13.3	2.2	40.2	3.9	22.5	4.3
TWICE-BAKED BRIE SOUFFLE	1533	366	24.5	14.1	22.3	12.3	13.9	1.6
POSH KING PRAWN & CRAB COCKTAIL	2203	526	36.2	7.6	28.3	4.6	21.0	2.0
MAINS								
FESTIVE TURKEY WITH ALL THE TRIMMINGS	5473	1307	52.8	16.7	147.4	27.0	60.9	3.6
ROOT VEGETABLE ROAST	4838	1156	48.2	14.6	158.1	34.3	21.6	2.5
HALIBUT FILLET	3031	724	47.0	24.6	36.0	3.2	36.6	2.0
LAMB RUMP	2533	605	23.5	12.8	35.5	9.7	59.7	2.6
8OZ FILLET STEAK WITH CANADIAN LOBSTER TAIL	4661	1113	68.2	28.7	51.8	4.6	69.2	3.2
DESSERTS								
CHRISTMAS PUDDING	1812	433	12.2	8.2	74.8	49.4	3.0	0.3
MELTING CHOCOLATE BOMBE	3248	776	26.4	14.0	120.2	90.8	9.7	0.8
ESPRESSO TRIFLE	2673	638	41.1	23.6	57.1	45.7	8.3	0.3
BAILEYS PROFITEROLES	2413	576	32.9	19.9	61.4	50.1	7.1	0.3
FESTIVE EXTRAS								
FESTIVE FEAST	1318	315	12.3	3.2	34.6	8.2	15.0	1.4
CRANBERRY GLAZED SAUSAGES	1108	265	14.8	5.3	14.7	9.9	17.5	1.1
CAULIFLOWER CHEESE	1296	310	22.3	12.3	11.5	5.0	14.5	1.9
AFTER EIGHT MINTS	487	116	3.6	2.1	20.0	17.9	0.6	0.0
KIDS								
STARTERS								
PIGS IN BLANKETS WITH CRANBERRY SAUCE	928	222	11.5	3.9	18.2	14.1	10.9	1.3
VEGGIE STICKS & DIP	194	46	0.3	0.1	7.4	7.1	2.5	0.1
TOMATO SOUP	325	78	1.2	0.2	13.7	5.0	2.0	0.9
MAINS								
TURKEY DINNER	2949	704	25.7	6.3	74.6	11.4	43.3	2.1
SAUSAGE & MASH	1678	401	20.8	8.0	31.4	6.7	19.3	1.8
VEGGIE SAUSAGE & MASH	1583	378	14.5	3.7	37.4	6.2	18.8	2.3
DESSERTS								
SANTA'S CHOCOLATE BROWNIE	927	221	11.5	3.2	26.0	21.4	2.5	0.1
VANILLA ICE CREAM WITH CHOCOLATE SAUCE	831	199	5.5	3.4	30.2	21.9	4.4	0.2
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BOXING DAY								
STARTERS								
MUSHROOM SOUP	912	218	14.6	8.3	14.1	2.3	4.9	1.7
PULLED BEEF YORKIE	1151	275	10.3	3.1	23.1	4.0	21.5	1.2
SMOKED SCOTTISH SALMON	1576	376	13.3	2.2	40.2	3.9	22.5	4.3
TWICE-BAKED BRIE SOUFFLE	1533	366	24.5	14.1	22.3	12.3	13.9	1.6
POSH KING PRAWN & CRAB COCKTAIL	2203	526	36.2	7.6	28.3	4.6	21.0	2.0
MAINS								
FESTIVE TURKEY & ALL THE TRIMMINGS	4552	1087	40.9	11.7	118.9	23.0	58.4	3.3
ROOT VEGETABLE ROAST	3917	936	36.3	9.5	129.5	30.3	19.1	2.2
HALIBUT FILLET	3031	724	47.0	24.6	36.0	3.2	36.6	2.0
LAMB RUMP	2533	605	23.5	12.8	35.5	9.7	59.7	2.6
FILLET STEAK ROSSINI	3947	943	47.2	12.8	66.9	7.2	58.8	2.5
DESSERTS								
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AFTER EIGHT MINTS	487	116	3.6	2.1	20.0	17.9	0.6	0.0
KIDS								
TURKEY DINNER	2440	583	19.5	3.7	59.1	8.5	41.3	1.9
SAUSAGE & MASH	1678	401	20.8	8.0	31.4	6.7	19.3	1.8
VEGGIE SAUSAGE & MASH	1583	378	14.5	3.7	37.4	6.2	18.8	2.3
DESSERTS								
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VANILLA ICE CREAM WITH RASPBERRY SAUCE	826	197	5.4	3.3	30.3	22.5	4.3	0.1
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BEEFEATER NEXT GENERATION MENU								
ENJOY A NIBBLE								
GARLIC FLATBREAD STRIPS	4769	1139	52.3	15.2	135.8	6.7	27.2	2.7
HALLOUMI FRIES	2554	610	49.9	15.9	10.7	7.2	29.2	3.7
CHEESY ONION RINGS	3401	812	48.4	15.8	54.5	3.8	37.8	3.1
MADE TO SHARE								
SHARING PLATTER	6658	1590	90.9	21.2	137.6	15.2	54.8	7.6
PREMIUM SHARING PLATTER	5843	1395	71.3	17.5	117.4	44.4	64.8	7.2
THE PLACE TO START								
OUR POSHEST EVER PRAWN COCKTAIL	1123	268	15.7	1.5	9.4	3.4	21.6	1.5
POTATO DIPPERS	2073	495	30.8	14.3	34.6	2.1	20.1	1.1
MINI OVEN- BAKED CAMEMBERT	2391	571	39.3	24.7	23.3	15.3	31.0	2.5
CHICKEN & DUCK WINGS	1674	400	19.1	4.5	17.3	10.1	39.5	1.5
CRISPY FLAT CAP MUSHROOMS	2088	499	33.8	2.9	43.3	9.0	7.1	2.2
BUTTERMILK CHICKEN GOUJONS	2069	494	27.3	3.9	37.4	10.5	24.1	3.1
WILD CAUGHT CANADIAN SCALLOPS	1273	304	19.0	9.8	17.3	0.7	15.0	1.4
SALT & PEPPER SQUID	2259	539	40.6	3.7	26.5	1.9	16.3	4.6
CAULIFLOWER WINGS	1368	327	20.2	1.4	29.1	12.9	4.8	1.2
CREAMY MOZZARELLA & FRESH CHERRY TOMATO FLATBREAD	1028	245	12.3	3.8	24.5	3.0	8.2	0.5
ON YOUR SIDE								
TRIPLE COOKED CHIPS	1444	345	15.2	1.3	44.7	0.9	4.9	0.7
SKINNY FRIES	1378	329	13.2	1.0	46.3	0.3	4.7	1.6
MIXED VEGETABLES	470	112	5.2	3.2	7.2	4.2	6.9	0.4
SWEET POTATO FRIES	1216	290	15.0	1.5	35.7	12.7	1.1	0.7
BEER BATTERED ONION RINGS	1172	280	15.0	1.2	31.3	4.2	3.8	0.7
ROCKET & PARMESAN SALAD	392	94	5.0	2.1	7.4	5.9	4.5	0.3
HALLOUMI FRIES WITH CRISPY ROCKET AND A SMOKY TOMATO DIP	2554	610	49.9	15.9	10.7	7.2	29.2	3.7
BAKED POTATO	1804	431	13.8	8.5	68.8	3.5	9.8	0.3
TENDERSTEM BROCCOLI	1074	256	22.6	10.8	6.3	3.0	5.6	0.7
MAINS- WHERE A CHOICE OF CHIP IS OFFERED NUTRITION SHOWS TRIPLE COOKED CHIPS AS WORSE CASE								
CRAFTY BURGERS								
DOUBLE BACON & CHEESE BEEF STEAK	5900	1409	84.2	28.4	92.1	15.1	67.4	6.7
VEGAN SLOPPY JOE BURGER	4434	1059	51.8	7.8	106.9	16.2	37.0	4.0
GRILLED CHICKEN, BACON & AVOCADO BURGER	4879	1165	54.6	9.1	107.9	19.6	54.7	6.3
SHORT RIB, PEPPERCORN & PULLED BEEF BURGER	4694	1121	49.0	14.2	110.6	24.5	54.6	4.8
LUXURY LOBSTER DOUBLE STACK BURGER	6235	1489	86.4	27.3	102.4	13.4	71.8	4.9

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
OUR CLASSICS								
SMOTHERED CHICKEN MELT	3374	806	37.2	8.2	62.3	15.6	51.3	4.2
MOZZARELLA FILLED CHICKEN WRAPPED IN PANCETTA	3762	899	44.3	15.9	52.4	4.0	69.3	4.0
BEEF & PANCETTA LASAGNE	3855	921	44.2	18.6	77.1	17.9	52.1	3.5
COTTAGE PIE	2973	710	37.7	14.1	52.0	9.0	35.9	3.5
BEEF SHORT RIB	3955	945	59.6	24.9	44.2	10.7	52.7	3.9
LAMB RUMP	2711	647	22.2	5.8	43.3	12.8	64.3	3.5
SUCCULENT STEAKS								
SURF & TURF DELUXE	4600	1099	61.7	12.6	60.3	3.8	72.8	3.8
8OZ SIRLOIN WITH LOBSTER TAIL	4743	1133	66.6	22.6	58.3	6.4	70.4	5.4
8OZ PEPPERED SIRLOIN	2990	714	32.3	11.2	43.3	7.1	57.7	3.5
28-DAY AGED 12OZ FILLET	4691	1120	64.7	22.0	58.4	6.8	70.8	4.1
10OZ RIBEYEWITH CHIPS	3832	915	47.6	14.7	50.6	5.0	68.3	2.7
10OZ RIBEYEWITH SALAD	2471	590	33.4	13.5	7.6	5.6	64.0	2.1
10OZ RIBEYEWITH VEG MIX	2858	683	37.6	16.7	13.1	8.3	70.2	2.4
10OZ RIBEYEWITH CHIPS & SALAD	3915	935	48.6	14.8	52.4	6.5	68.9	2.8
8OZ PRIME RUMP WITH CHIPS	3003	717	33.4	7.5	48.4	2.9	55.8	3.1
8OZ PRIME RUMP WITH SALAD	1642	392	19.1	6.4	5.4	3.5	51.6	2.4
8OZ PRIME RUMP WITH VEG MIX	2029	485	23.4	9.5	10.9	6.2	57.8	2.7
8OZ PRIME RUMP WITH CHIPS & SALAD	3086	737	34.3	7.6	50.2	4.4	56.4	3.1
8OZ SIRLOIN WITH CHIPS	3056	730	35.3	8.6	48.4	2.8	52.0	2.8
8OZ SIRLOIN WITH SALAD	1695	405	21.0	7.4	5.5	3.4	47.8	2.2
8OZ SIRLOIN WITH VEG MIX	2082	497	25.3	10.6	10.9	6.1	54.0	2.4
8OZ SIRLOIN WITH CHIPS & SALAD	3139	750	36.3	8.7	50.2	4.3	52.6	2.9
8OZ FILLET STEAK WITH CHIPS	3153	753	37.0	9.7	48.7	3.1	53.2	2.6
8OZ FILLET STEAK WITH SALAD	1793	428	22.8	8.6	5.8	3.7	48.9	2.0
8OZ FILLET STEAK WITH VEG MIX	2179	521	27.0	11.7	11.2	6.4	55.1	2.3
8OZ FILLET STEAK WITH CHIPS & SALAD	3236	773	38.0	9.8	50.5	4.6	53.8	2.7
SOMETHING SAUCY								
STROGANOFF SAUCE	290	69	5.5	3.4	3.2	1.4	1.3	0.7
TRIPLE PEPPERCORN SAUCE	123	29	0.7	0.4	4.1	2.2	1.5	0.7
BEARNAISE SAUCE	652	156	15.4	8.0	3.2	0.9	1.0	0.6
BEER & BEEF DRIPPING SAUCE	239	57	3.2	1.6	5.6	1.3	1.4	0.6
SOMETHING SAUCY AND TASTY								
GARLIC KING PRAWNS	587	140	9.7	4.5	1.2	0.6	11.7	0.8
HALF RACK OF PORK RIBS	1711	409	21.4	7.8	21.7	18.8	31.7	1.8
CHEESY ONION RINGS	3401	812	48.4	15.8	54.5	3.8	37.8	3.1
SIGNATURE GRILLS								
BBQ CHICKEN & RIBS	4633	1107	45.6	10.2	97.1	43.4	72.3	5.8
MIXED GRILL	5489	1311	61.8	15.2	62.3	5.7	123.4	8.7
UPGRADE YOUR GRILL 8OZ PRIME RUMP STEAK	6117	1461	68.2	18.1	62.4	5.9	147.7	9.1
UPGRADE YOUR GRILL 8OZ SIRLOIN STEAK	6170	1474	70.1	19.2	62.4	5.7	143.9	8.8
MEDITERRANEAN MIXED GRILL WITH RICE	4545	1085	54.0	16.5	94.9	14.8	52.5	6.6
MEDITERRANEAN MIXED GRILL WITH CHIPS	5121	1223	68.7	17.6	93.6	15.6	53.0	6.4
CHARGILLED TUNA STEAK	3242	774	36.6	6.0	61.1	11.4	45.4	4.7
FILLET STEAK STROGANOFF	2822	674	33.3	10.7	49.3	3.6	41.0	2.6
HONEY & MUSTARD GLAZED GAMMON	4347	1038	59.2	5.9	66.6	18.7	57.5	7.0
STICKY BOURBON BBQ RIBS	5611	1340	69.4	17.7	103.3	45.3	70.7	5.1

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
TASTY ONES								
FIRE KISSED BUTTERNUT SQUASH	1863	445	23.3	7.2	44.7	34.7	9.0	2.4
COD WRAPPED IN BACON	3196	763	37.4	6.1	60.7	14.4	42.2	3.8
BEER BATTERED HADDOCK & CHIPS WITH GARDEN PEAS	3872	925	47.8	5.2	78.0	7.5	44.0	2.9
BEER BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4031	963	47.9	5.2	84.6	6.2	46.3	3.8
FAKE & ALE PIE	3547	847	43.9	15.3	94.2	17.2	16.6	2.7
MUSHROOM RISOTTO	2715	648	32.3	11.1	69.0	2.8	18.4	2.7
BEEFEATER'S HOUSE SALAD	537	128	6.3	0.7	13.3	11.8	3.6	0.5
BEEFEATER'S HOUSE SALAD WITH CHICKEN BREAST	1186	283	8.8	1.3	13.4	12.3	36.4	1.6
BEEFEATER'S HOUSE SALAD WITH 4OZ PRIME RUMP STEAK	1164	278	12.7	3.6	13.3	12.0	28.0	0.9
BEEFEATER'S HOUSE SALAD WITH GRILLED HALLOUMI	2012	481	33.7	18.3	13.4	11.9	28.2	2.9
BEEFEATER'S HOUSE SALAD WITH GRILLED TUNA STEAK	1169	279	8.0	1.1	15.0	13.5	35.9	2.6
DESSERTS								
MODERN CLASSICS								
BLACK FOREST SUNDAE	2636	630	27.1	17.1	81.0	69.7	9.8	0.3
STICKY TOFFEE PUDDING with VANILLA ICE CREAM	3013	720	37.4	17.0	86.3	62.6	7.6	0.5
STICKY TOFFEE PUDDING with CUSTARD	3260	779	38.4	17.4	98.0	69.6	9.5	0.6
APPLE PIE	1324	316	10.6	3.2	50.1	27.7	3.7	0.4
BRAMLEY APPLE & BLACKBERRY CRUMBLE with CUSTARD	2711	648	16.7	6.9	110.8	76.3	9.3	0.2
BRAMLEY APPLE & BLACKBERRY CRUMBLE with VANILLA ICE CREAM	2465	589	15.7	6.5	99.1	69.3	7.4	0.1
BAKED CHEESECAKE	2298	549	25.7	16.6	72.5	47.8	5.3	0.4
ZESTY LEMON TART	1977	472	22.8	12.1	58.8	38.5	6.3	0.6
SIPSMITH SLOE GIN TRIFLE	2015	481	26.8	15.1	48.8	32.6	7.7	0.5
MINI LEMON DRIZZLE CAKE	558	133	5.5	0.6	19.0	11.4	1.8	0.3
CHOC DELIGHTS								
TRIPLE CHOCOLATE BROWNIE	2714	648	23.9	14.0	94.7	74.1	9.0	0.4
MINI CHOCOLATE TORTE	1234	295	20.2	10.2	24.0	12.9	3.4	0.1
MELTING CHOCOLATE BOMB	3254	777	25.2	13.5	123.7	86.9	9.2	0.8
ROCKY ROAD SUNDAE	2892	691	25.0	13.0	101.0	64.4	10.6	0.5
CHOCOLATE CHURROS SUNDAE	3133	748	32.0	13.3	97.9	44.7	12.2	0.6
MELT IN THE MIDDLE CHOCOLATE FONDANT	2365	565	30.2	10.6	63.9	38.3	7.0	0.9
GIN FIZZ SORBET	586	140	0.3	0.3	34.0	30.1	0.1	0.0
MANGO FROZEN YOGHURT	970	232	8.9	6.3	32.1	28.2	5.7	0.1
COCONUT SORBET	976	233	12.6	11.2	27.8	26.1	1.7	0.1

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BEEFEATER NEXT GENERATION DAYTIME MENU								
STARTERS								
CRISPY FLAT CAP MUSHROOMS	2090	499	33.8	2.9	43.3	9.0	7.2	2.2
LOADED POTATO DIPPERS	2076	496	30.8	14.3	34.7	2.1	20.1	1.1
CHEESY GARLIC BREAD	1330	318	16.7	7.7	29.0	1.2	12.1	1.0
TOMATO SOUP	1471	351	17.4	10.2	40.0	9.7	6.4	2.0
MAINS								
1/4LB BEEF STEAK BURGER	3615	863	43.5	10.9	85.3	9.8	30.3	4.1
DOUBLE BACON & CHEESE BEEF STEAK BURGER	5121	1223	69.7	23.5	85.6	9.9	60.9	4.6
GRILLED PAPRIKA CHICKEN	2420	578	18.8	2.0	53.0	6.1	45.3	2.3
BEER- BATTERED FISH & CHIPS	3700	884	47.8	3.9	69.8	6.6	39.6	3.2
ULTIMATE HADDOCK & CHIPS	3842	918	47.7	5.1	76.9	6.3	43.6	1.9
BREAD ADD ON	1708	408	12.5	6.0	59.6	5.5	11.9	1.4
MIXED SALAD	281	67	3.1	0.3	7.6	6.4	1.8	0.2
MIXED GREEN VEG	470	112	5.2	3.2	7.2	4.2	6.9	0.4
5OZ GAMMON STEAK	3075	734	31.4	5.8	59.7	11.8	49.0	4.4
DOUBLE 5OZ GAMMON STEAK	3906	933	38.7	8.5	59.8	12.0	81.9	8.1
SAUSAGE & MASH	3774	902	55.2	22.6	68.4	8.3	26.8	4.2
QUORN SAUSAGES & MASH	2767	661	30.3	12.0	60.8	7.2	27.8	3.7
8OZ RUMP STEAK WITH CHIPS & PEAS	2896	692	28.5	7.1	51.2	4.5	56.6	2.5
8OZ SIRLOIN STEAK WITH CHIPS & PEAS	2949	704	30.4	8.2	51.2	4.4	52.8	2.2
8OZ RUMP STEAK WITH CHIPS & SALAD	2955	706	32.2	8.0	52.6	7.6	48.7	2.4
8OZ SIRLOIN STEAK WITH CHIPS & SALAD	3040	726	33.2	8.5	52.7	7.7	51.6	2.4
CHICKEN CAESAR SALAD	1932	462	26.7	7.4	11.9	3.8	42.0	2.4
BEEF & PORK LASAGNE WITH SALAD	2497	596	25.4	10.7	60.8	22.2	28.5	3.3
BEEF & PORK LASAGNE WITH CHIPS	3652	872	37.5	11.7	97.8	16.5	31.5	3.7
SCAMPI & TRIPLE COOKED CHIPS	3365	804	41.4	3.4	82.8	6.9	20.4	2.1
SCAMPI & FRIES	3304	789	39.4	3.1	84.5	6.4	20.3	3.0
SCAMPI & SALAD	2210	528	29.3	2.4	45.8	12.6	17.5	1.7
STEAK SANDWICH	3969	948	42.6	10.5	95.8	4.8	42.2	4.4
OPEN CHICKEN SANDWICH	3513	839	28.6	3.8	91.1	5.2	51.2	4.8
SWEET POTATO & FETA LASAGNE	3923	937	47.9	15.5	95.9	14.3	25.9	3.2
SWEET POTATO & FETA LASAGNE WITH SALAD	2768	661	35.9	14.6	59.0	20.0	22.9	2.8
CHICKEN MAKHANI CURRY	4179	998	31.0	12.1	115.4	23.5	58.6	6.2
HALF RACK OF RIBS	3530	843	42.2	9.4	74.9	24.3	37.8	4.0
UPGRADE TO SWEET POTATO FRIES	1222	292	15.0	1.5	35.9	12.9	1.1	0.8

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
ADD A PUDDING								
WARM CHOCOLATE BROWNIE	2334	558	19.5	5.5	85.3	36.5	7.5	0.4
CARAMEL APPLE BETTY WITH CREAM	2227	532	29.6	17.4	60.9	26.8	4.4	0.4
CARAMEL APPLE BETTY WITH A WHIP OF CREAM	1905	455	21.2	12.2	61.0	27.1	4.0	0.4
CARAMEL APPLE BETTY WITH CUSTARD	2182	521	19.2	10.2	78.9	39.8	7.1	0.6
CARAMEL APPLY BETTY WITH ICE CREAM	1936	462	18.1	9.8	67.3	32.8	5.2	0.4
ICE CREAM	910	217	6.5	4.0	32.2	23.9	4.7	0.2
PROFITEROLES	1958	468	27.6	15.7	45.9	29.1	7.0	0.4
MINI CHOCOLATE SUNDAE	1153	275	9.6	5.4	39.1	27.8	5.1	0.2

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BEEFEATER NEXT GENERATION EVENING MENU								
STARTERS								
CLASSIC PRAWN COCKTAIL	1451	346	20.2	6.4	22.0	9.7	18.6	2.0
MINI OVEN-BAKED CAMEMBERT	2638	630	39.5	24.7	35.3	15.8	32.9	2.7
CRISPY FLAT CAP MUSHROOMS	2088	499	33.8	2.9	43.3	9.0	7.1	2.2
SALT & PEPPER SQUID	2245	536	40.6	3.7	26.0	1.9	16.2	3.6
BUTTERMILK CHICKEN GOUJONS	2069	494	27.3	3.9	37.4	10.5	24.1	3.1
LOADED POTATO DIPPERS	2073	495	30.8	14.3	34.6	2.1	20.1	1.1
MAINS								
BEER-BATTERED HADDOCK & CHIPS WITH PEAS	3872	925	47.8	5.2	78.0	7.5	44.0	1.9
BEER-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4031	963	47.9	5.2	84.6	6.2	46.3	2.8
FAKE & ALE PIE	3547	847	43.9	15.3	94.2	17.2	16.6	2.7
SMOTHERED CHICKEN MELT	3374	806	37.2	8.2	62.3	15.6	51.3	4.2
BACON & CHEESE BEEF BURGER	4592	1097	62.0	16.7	90.3	15.5	40.1	4.8
DOUBLE BACON & CHEESE BEEF STEAK BURGER	5966	1425	86.2	28.6	90.5	15.6	67.5	4.8
VEGAN SLOPPY JOE	4500	1075	53.9	8.0	105.3	16.7	37.1	3.1
STEAKS								
8OZ RUMP WITH CHIPS	2933	701	31.5	7.4	48.4	2.9	55.8	3.1
8OZ RUMP WITH SALAD	1573	376	17.3	6.2	5.4	3.5	51.6	2.4
8OZ SIRLOIN WITH CHIPS	3056	730	35.3	8.6	48.4	2.8	52.0	2.8
8OZ SIRLOIN WITH SALAD	1695	405	21.0	7.4	5.5	3.4	47.8	2.2
8OZ FILLET WITH CHIPS	3154	753	37.0	9.7	48.7	3.1	53.2	2.6
8OZ FILLET WITH SALAD	1793	428	22.8	8.6	5.8	3.7	48.9	2.0
12OZ 28 DAY-MATURED FILLET	4723	1128	65.7	22.3	59.0	6.9	70.2	4.0
MIXED GREEN VEG OPTION	470	112	5.2	3.2	7.2	4.2	6.9	0.4
MIXED SALAD OPTION	83	20	1.0	0.1	1.8	1.5	0.6	0.1
HONEY & MUSTARD GLAZED GAMMON	4337	1036	59.2	5.9	64.2	15.4	57.6	7.0
LOBSTER DOUBLE STACK BURGER	6361	1519	93.0	27.0	92.3	16.2	74.3	3.9
PUDDINGS								
CHOCOLATE CHURROS SUNDAE	3133	748	32.0	13.3	97.9	44.7	12.2	0.6
MELT IN THE MIDDLE CHOCOLATE FONDANT	2365	565	30.2	10.6	63.9	38.3	7.0	0.9
BAKED VANILLA FLAVOUR CHEESECAKE	2294	548	25.7	16.6	72.4	47.8	5.3	0.4
PROFITEROLES	1958	468	27.6	15.7	45.9	29.1	7.0	0.4
APPLE & BLACKBERRY CRUMBLE WITH ICE CREAM	2465	589	15.7	6.5	99.1	69.3	7.4	0.1
APPLE & BLACKBERRY CRUMBLE WITH CUSTARD	2711	648	16.7	6.9	110.8	76.3	9.3	0.2
COCONUT SORBET	976	233	12.6	11.2	27.8	26.1	1.7	0.1

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
SUNDAY BEST								
THE MAIN EVENT								
SLOW- COOKED BEEF	5829	1392	68.8	21.5	136.5	22.5	56.8	4.1
HALF ROAST CHICKEN	5976	1427	65.7	17.8	134.9	20.8	74.3	4.7
RUMP OF LAMB	5652	1350	55.8	16.9	134.9	20.8	77.2	4.7
FAKE & ALE PIE	6843	1634	79.6	25.5	196.8	30.9	32.5	4.5
MAKE IT SPECIAL- ADD CAULIFLOWER CHEESE	1183	283	20.2	11.8	10.0	3.8	14.0	1.6
FOR THE LITTLE ONES								
SLOW COOKED BEEF	2246	536	21.9	5.1	53.4	7.6	27.9	0.8
CHICKEN BREAST	2221	531	14.1	1.6	52.6	7.1	44.3	1.9

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BREAKFAST MENU								
FULL BREAKFAST								
BACK BACON per rasher	207	49	3.0	1.2	0.1	0.1	5.4	0.8
BREAKFAST SAUSAGE per sausage	479	114	7.4	2.6	2.9	0.6	8.7	0.5
QUORN SAUSAGE per sausage	325	78	3.2	0.3	4.2	0.4	6.4	0.5
SCRAMBLED EGG per portion	1128	269	23.3	12.0	2.1	2.1	12.9	0.0
FRIED EGG per egg	452	108	8.5	1.8	0.1	0.1	7.9	0.0
POACHED EGGS per egg	332	79	5.8	1.7	0.0	0.0	6.8	0.2
BOILED EGGS per egg	341	82	5.8	1.7	0.0	0.0	6.8	0.2
OMELETTE per portion	1690	404	39.2	22.1	0.9	0.9	12.0	0.4
HASH BROWNS each	392	94	4.9	2.1	12.0	0.3	0.9	0.2
BUBBLE AND SQUEAK per portion	707	169	13.3	1.2	9.6	1.3	1.6	0.5
BLACK PUDDING per slice	509	122	8.1	3.0	5.5	0.1	6.6	0.9
MUSHROOMS WITH BUTTER per portion	674	161	16.7	10.5	0.5	0.3	1.6	0.4
TOMATO M per half	36	9	0.2	0.1	1.6	1.6	0.4	0.0
TOMATO (RATIONAL) per half	111	27	2.2	0.2	1.6	1.6	0.4	0.0
BAKED BEANS per portion	381	91	1.4	0.2	12.8	6.8	4.5	0.7

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
CONTINENTAL BREAKFAST								
BAKERY nutrition per item								
CROISSANT	674	161	7.5	4.3	19.3	2.2	3.7	0.4
MINI PAIN AUX RAISIN	534	128	5.8	3.9	16.0	6.6	2.3	0.2
MINI PAIN AUX CHOCOLAT	718	172	9.7	6.3	17.3	5.5	3.1	0.3
CINNAMON AND RAISIN BAGELS	1228	293	1.4	0.2	59.2	9.9	9.5	0.8
BLUEBERRY MINI MUFFIN	476	114	6.2	0.6	12.8	7.1	1.3	0.1
SOURDOUGH CRUMPETS	380	91	0.6	0.1	17.8	0.8	3.1	0.6
WHITE SANDWICH BREAD	384	92	1.0	0.2	17.1	1.0	3.1	0.3
MALTED SANDWICH BREAD	386	92	0.8	0.1	16.7	0.7	3.5	0.3
GLUTEN FREE BREAD SLICE	353	84	1.7	0.1	13.7	0.3	2.2	0.4
REDUCED SUGAR PANCAKE	402	96	3.0	0.4	15.1	1.0	2.7	0.3
NUTELLA CHOCOLATE SPREAD PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
PEANUT BUTTER	PLEASE REFER TO PACKET FOR INFORMATION							
MAPLE SYRUP PORTIONS	261	62	0.0	0.0	15.5	15.5	0.1	0.2
ORANGE MARMALADE PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
HONEY PORTION	274	65	0.0	0.0	16.2	15.0	0.1	0.0
MARMITE PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
STRAWBERRY JAM PORTIONS	140	33	0.0	0.0	8.3	8.1	0.0	0.0
ASSORTED JAM PORTIONS- RASPBERRY	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- BLACKCURRANT	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- APRICOT	PLEASE REFER TO PACKET FOR INFORMATION							
SALTED BUTTER PORTIONS	201	48	5.3	3.4	0.1	0.1	0.0	0.1
SUNFLOWER SPREAD	178	43	4.7	1.1	0.0	0.0	0.0	0.1
FRUITS								
FRUIT SALAD per portion	205	49	0.1	0.0	10.3	10.3	0.6	0.0
APPLES GREEN each	283	68	0.1	0.0	15.0	15.0	0.4	0.0
BANANAS each	517	124	0.4	0.1	27.8	25.1	1.4	0.0
FRUIT BERRY MIX per portion	97	23	0.2	0.0	5.1	5.1	0.7	0.0
DRIED FRUIT MIX per 100g	1290	308	0.5	0.0	76.1	59.9	2.0	0.1

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
YOGHURTS AND CEREALS								
STRAWBERRY YOGHURT each	482	115	4.7	3.1	12.7	12.4	5.5	0.2
VANILLA YOGHURT each	402	96	0.0	0.0	16.9	16.8	7.0	0.2
GREEK STYLE YOGHURT each	364	87	0.0	0.0	10.5	10.5	11.4	0.2
COCO POPS per 30g	480	115	0.6	0.3	25.2	5.1	1.9	0.2
CRUNCHY NUT CORNFLAKES per 30g	500	119	1.4	0.2	24.6	10.5	1.8	0.2
CORNFLAKES per 30g	475	113	0.3	0.1	25.2	2.4	2.1	0.3
SPECIAL K per 30g	471	113	0.5	0.1	23.7	5.1	2.7	0.3
WEETABIX per 2 biscuits	568	136	0.8	0.2	25.9	1.7	4.5	0.1
KELLOGG'S MUESLI FRUIT per 45g	463	111	1.5	0.2	20.1	5.4	2.8	0.0
RICE KRISPIES per 30g	482	115	0.5	0.1	25.5	2.4	2.1	0.3
BRAN FLAKES per 30g	447	107	0.6	0.2	19.8	6.0	3.3	0.3
GRANOLA QUAKER OAT RAISIN per portion	875	209	4.6	0.6	35.5	11.5	4.0	0.0
OATS2GO PORRIDGE SACHET per sachet without milk	415	99	2.3	0.4	15.1	0.3	3.3	0.0

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
FESTIVE SPECIALS																				
STARTERS																				
SMOKED SCOTTISH SALMON																				
LARGE POOLISH LOAF	YES	YES	Y																	
ROCKET LEAF	YES	YES																		
LEMON CASE	YES	NO																		
SMOKED SALMON XMAS19	NO	NO							Y											
HORSERADISH SAUCE	YES	NO						Y	Y							Y				
LIGHT MAYONNAISE	YES	NO						Y	Y							Y				
SMOKED SCOTTISH SALMON	NO	NO	Y					Y	Y	Y						Y				
MAINS																				
FILLET STEAK ROSSINI																				
MUSHROOM BACON JUS	NO	NO																		
CIABATTA LOAF	YES	YES	Y	Y																
RAPESEED OIL	YES	YES																		
LAMBS LETTUCE	YES	YES																		
8OZ FILLET STEAK	NO	NO																		
DUCK PATE	NO	NO						Y	Y			Y								
RAPESEED OIL	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
FILLET STEAK ROSSINI	NO	NO	Y	Y				Y	Y			Y								
8OZ FILLET STEAK WITH LOBSTER TAIL																				
TENDER STEM BROCCOLI	YES	YES																		
LOBSTER TAILS	NO	NO									Y									
SALTED BUTTER BLOCK	YES	NO								Y										
RAPESEED OIL	YES	YES																		
LAMBS LETTUCE	YES	YES																		
8OZ FILLET STEAK	NO	NO																		
HOLLANDAISE SAUCE	YES	NO							Y	Y		Y								
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
8OZ FILLET STEAK WITH LOBSTER TAIL	NO	NO						Y	Y		Y	Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
FESTIVE TRUFFLED STEAK BURGER																				
TRUFFLE STEAK BURGER	NO	NO											Y							
CHEESE SLICES	YES	NO						Y												
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
BRIOCHE BUN	YES	NO	Y					Y	Y											
PORT & ONION CONFIT	YES	NO						Y					Y							
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRUFFLE SEASONING	YES	YES																		
CRACKED BLACK PEPPER	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
FESTIVE TRUFFLED STEAK BURGER	NO	NO	Y					Y	Y				Y			Y				
HALIBUT FILLET																				
HALIBUT FILLET	NO	NO								Y										
SALTED BUTTER BLOCK	YES	NO								Y										
SPINACH	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
PEASHOOTS	YES	YES																		
LEMON CASE	YES	NO																		
HOLLANDAISE SAUCE	YES	NO						Y	Y				Y							
SALTED BUTTER BLOCK	YES	NO								Y										
MASHED POTATO	YES	NO								Y										
HALIBUT FILLET	NO	NO						Y	Y	Y			Y							
DESSERTS																				
MELT IN THE MIDDLE CHOC FONDANT																				
FRESH HERBS MINT	YES	YES																		
CHOCOLATE SAUCE	YES	YES																		
CHOCOLATE & CARAMEL FONDANT PUDDING	YES	NO	Y					Y	Y	Y										
SALTED CARAMEL ICE CREAM	YES	NO								Y										
MELT IN THE MIDDLE CHOC FONDANT	YES	NO	Y					Y	Y	Y										
MINI BAILEYS PROFITEROLES																				
BAILEY'S PROFITEROLES	YES	NO	Y					Y	Y	Y										
MINI BAILEYS PROFITEROLES	YES	NO	Y					Y	Y	Y										
BAILEYS PROFITEROLES																				
BAILEY'S PROFITEROLES	YES	NO	Y					Y	Y	Y										
CHOCOLATE SAUCE	YES	YES																		
CARAMEL SAUCE	YES	NO								Y										
VANILLA ICE CREAM	YES	NO								Y										
BAILEYS PROFITEROLES	YES	NO	Y					Y	Y	Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
FESTIVE MENU STARTERS																				
OVEN-BAKED CAMEMBERT																				
CRANBERRY SAUCE	YES	YES																		
LARGE POOLISH LOAF	YES	YES	Y																	
FRESH HERBS ROSEMARY	YES	YES																		
CAMEMBERT	YES	NO						Y												
OVEN-BAKED CAMEMBERT																				
UHT WHIPPING CREAM	YES	NO						Y												
FRESH HERBS FLAT PARSLEY	YES	YES																		
LEEK & POTATO SOUP	YES	YES																		
CIABATTA LOAF	YES	YES	Y	Y																
SALTED BUTTER BLOCK	YES	NO						Y												
RAPESEED OIL	YES	YES																		
LEEK & POTATO SOUP																				
YES	NO	Y	Y					Y												
SMOOTH DUCK & PORT PATE																				
SALTED BUTTER BLOCK	YES	NO						Y												
LAMBS LETTUCE	YES	YES																		
LARGE POOLISH LOAF	YES	YES	Y																	
DUCK PATE	NO	NO						Y	Y			Y								
PORT & ONION CONFIT	YES	NO						Y	Y			Y								
SMOOTH DUCK & PORT PATE																				
NO	NO	Y						Y	Y			Y								
POSH KING PRAWN & CRAB COCKTAIL																				
CIABATTA LOAF	YES	YES	Y	Y																
SALTED BUTTER BLOCK	YES	NO						Y												
WARM WATER PRAWNS	NO	NO									Y									
PAPRIKA PEPPER	YES	YES																		
PROSECCO MARIE ROSE SAUCE	YES	NO						Y				Y				Y				
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
CRAB	NO	NO									Y									
LEMON CASE	YES	NO																		
POSH KING PRAWN & CRAB COCKTAIL																				
NO	NO	Y	Y					Y	Y		Y	Y			Y					
TWICE-BAKED BRIE SOUFFLE																				
ROCKET LEAF	YES	YES																		
BRIE SOUFFLE	YES	NO						Y	Y											
PORT & ONION CONFIT	YES	NO							Y			Y								
TWICE-BAKED BRIE SOUFFLE																				
YES	NO							Y	Y			Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MAINS																				
FESTIVE TURKEY WITH ALL THE TRIMMINGS																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
CHRISTMAS STUFFING	YES	YES	Y																	
SALTED BUTTER BLOCK	YES	NO						Y												
RAPESEED OIL	YES	YES																		
PIGS IN BLANKETS	NO	NO										Y								
CRANBERRY SAUCE	YES	YES																		
COOKED SLICED TURKEY BREAST	NO	NO					Y		Y											
VEG MIX GREEN	YES	NO							Y											
ROOT VEG MASH	YES	NO							Y											
GRAVY CONCENTRATE	NO	NO												Y						
RAPESEED OIL	YES	YES																		
ROCK SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
FESTIVE TURKEY WITH ALL THE TRIMMINGS	NO	NO	Y				Y	Y	Y			Y		Y						
ROOT VEGETABLE ROAST																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
SALTED BUTTER BLOCK	YES	NO							Y											
VEG MIX GREEN	YES	NO					Y		Y											
ROOT VEG MASH	YES	NO							Y											
ROOT VEG ROAST	YES	YES										Y		Y						
VEGAN GRAVY	YES	YES																		
RAPESEED OIL	YES	YES																		
ROCK SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
ROOT VEGETABLE ROAST	YES	NO	Y				Y	Y	Y			Y		Y						
SLOW-COOKED HAM HOCK																				
HONEY MUSTARD DRESSING	YES	NO							Y									Y		
SALTED BUTTER BLOCK	YES	NO							Y											
SHREDDED SAVOY CABBAGE	YES	YES																		
MASHED POTATO	YES	NO							Y											
BUBBLE AND SQUEAK	YES	NO							Y											
APPLE SAUCE	YES	YES										Y								
WHOLE GREEN BEANS	YES	YES																		
HAM HOCK	NO	NO																		
GRAVY CONCENTRATE	NO	NO												Y						
SLOW-COOKED HAM HOCK	NO	NO							Y			Y		Y	Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
8OZ SIRLOIN WITH BOURGUIGNON SAUCE																				
MUSHROOM BACON JUS	NO	NO																		
RAPESEED OIL	YES	YES																		
LAMBS LETTUCE	YES	YES																		
8OZ BEEF SIRLOIN STEAK	NO	NO																		
RAPESEED OIL	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
8OZ SIRLOIN WITH BOURGUIGNON SAUCE																				
NO	NO																			
SALMON FILLET																				
HERB DRESSING	YES	YES																		
SKIN-ON SALMON PORTIONS	NO	NO																		
WARM WATER PRAWNS	NO	NO																		
ROCKET LEAF	YES	YES																		
GARDEN PEAS	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
LEMON CASE	YES	NO																		
WINE & GARLIC RISOTTO	YES	NO																		
SALMON FILLET																				
NO	NO																			
FILLET STEAK ROSSINI																				
MUSHROOM BACON JUS	NO	NO																		
CIABATTA LOAF	YES	YES	Y	Y																
RAPESEED OIL	YES	YES																		
LAMBS LETTUCE	YES	YES																		
8OZ FILLET STEAK	NO	NO																		
DUCK PATE	NO	NO																		
RAPESEED OIL	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
FILLET STEAK ROSSINI																				
NO	NO	Y	Y																	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
FESTIVE TRUFFLED STEAK BURGER																				
TRUFFLE STEAK BURGER	NO	NO										Y								
CHEESE SLICES	YES	NO						Y												
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
BRIOCHE BUN	YES	NO	Y						Y	Y										
PORT & ONION CONFIT	YES	NO								Y				Y						
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y							Y				
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRUFFLE SEASONING	YES	YES																		
CRACKED BLACK PEPPER	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y							Y				
FESTIVE TRUFFLED STEAK BURGER	NO	NO	Y						Y	Y				Y		Y				
DESSERTS																				
CHRISTMAS PUDDING																				
DRIED DICED CRANBERRIES	YES	YES																		
BRANDY SAUCE	YES	NO								Y										
INDIVIDUAL CHRISTMAS PUDDING	YES	YES	Y																	
CHRISTMAS PUDDING	YES	NO	Y							Y										
MELTING CHOCOLATE BOMBE																				
CHOCOLATE BROWNIE	YES	NO	Y						Y	Y							Y		Y	
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO								Y										
CHOCOLATE DOME	YES	NO					Y													
DULCHE DE LECHE	YES	NO								Y										
FLAPJACK CRUMBLE TOPPING	YES	YES					Y													
MELTING CHOCOLATE BOMBE	YES	NO	Y				Y	Y	Y	Y							Y		Y	
ESPRESSO TRIFLE																				
ESPRESSO MARTINI BRULEE	YES	NO							Y	Y										
CHOCOLATE BROWNIE	YES	NO	Y						Y	Y								Y		Y
DAIRY AEROSOL CREAM	YES	NO								Y										
CUSTARD RTS	YES	NO								Y										
FRESH HERBS MINT	YES	YES																		
CHOCSTIX	YES	NO						Y		Y										
ESPRESSO TRIFLE	YES	NO	Y					Y	Y	Y							Y		Y	
FESTIVE SUNDAE																				
AMARETTO SPONGE BASE	YES	YES					Y							Y						
ROLLED WAFER BISCUIT	YES	NO	Y					Y	Y	Y										
DAIRY AEROSOL CREAM	YES	NO								Y										
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO								Y										
FESTIVE SUNDAE	YES	NO	Y				Y	Y	Y	Y				Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BRAMLEY APPLE & BLACKBERRY CRUMBLE with Custard																				
CUSTARD RTS	YES	NO						Y												
FRESH HERBS MINT	YES	YES																		
APPLE & BLACKBRY COMPOTE	YES	NO										Y								
FLAPJACK CRUMBLE TOPPING	YES	YES				Y														
BRAMLEY APPLE & BLACKBERRY CRUMBLE with Custard	YES	NO				Y		Y				Y								
BRAMLEY APPLE & BLACKBERRY CRUMBLE with Ice Cream																				
FRESH HERBS MINT	YES	YES																		
APPLE & BLACKBRY COMPOTE	YES	NO										Y								
FLAPJACK CRUMBLE TOPPING	YES	YES				Y														
VANILLA ICE CREAM	YES	NO						Y												
BRAMLEY APPLE & BLACKBERRY CRUMBLE with Ice Cream	YES	NO				Y		Y				Y								
LEMON TART																				
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
LEMON TART	NO	NO	Y					Y	Y											
DARK CHERRY COMPOTE	YES	YES																		
LEMON TART	NO	NO	Y					Y	Y											
FESTIVE EXTRAS																				
FESTIVE FEAST																				
RUSTIC YORKSHIRE 3* GASTRO	YES	NO	Y					Y	Y											
CHRISTMAS STUFFING	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
PIGS IN BLANKETS	NO	NO											Y							
FESTIVE FEAST	NO	NO	Y					Y	Y				Y							
CRANBERRY GLAZED SAUSAGES																				
BREAKFAST SAUSAGE	NO	NO	Y										Y							
CRANBERRY SAUCE	YES	YES																		
CRANBERRY GLAZED SAUSAGES	NO	NO	Y										Y							
CAULIFLOWER CHEESE																				
AGED CHEESE SAUCE	YES	NO					Y		Y											
CAULIFLOWER CHEESE	YES	NO						Y	Y											
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
CAULIFLOWER CHEESE	YES	NO					Y	Y	Y											
AFTER EIGHT MINTS																				
AFTER EIGHT MINTS	YES	NO							Y											
AFTER EIGHT MINTS	YES	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
KIDS																				
TURKEY DINNER																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
PIGS IN BLANKETS	NO	NO										Y								
GARDEN PEAS	YES	YES																		
COOKED SLICED TURKEY BREAST	NO	NO																		
ROOT VEG MASH	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
RAPESEED OIL	YES	YES																		
ROCK SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TURKEY DINNER																				
	NO	NO	Y					Y	Y				Y		Y					
SAUSAGE & MASH																				
MASHED POTATO	YES	NO							Y											
KIDS SAUSAGE	NO	NO	Y																	
GARDEN PEAS	YES	YES																		
GRAVY CONCENTRATE	NO	NO													Y					
SAUSAGE & MASH																				
	NO	NO	Y						Y						Y					
VEGGIE SAUSAGE & MASH																				
MASHED POTATO	YES	NO							Y	Y										
QUORN CUMBERLAND SAUSAGE	YES	NO	Y						Y	Y										
GARDEN PEAS	YES	YES																		
VEGAN GRAVY	YES	YES																		
VEGGIE SAUSAGE & MASH																				
	YES	NO	Y						Y	Y										
DESSERTS																				
SANTA'S CHOCOLATE BROWNIE																				
CHOCOLATE BROWNIE	YES	NO	Y						Y	Y							Y		Y	
DAIRY AEROSOL CREAM	YES	NO								Y										
STRAWBERRIES	YES	YES																		
SANTA'S CHOCOLATE BROWNIE																				
	YES	NO	Y						Y	Y							Y		Y	
VANILLA ICE CREAM WITH CHOCOLATE SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y										
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO								Y										
VANILLA ICE CREAM WITH CHOCOLATE SAUCE																				
	YES	NO	Y					Y		Y										
VANILLA ICE CREAM WITH RASPBERRY SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y										
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO								Y										
VANILLA ICE CREAM WITH RASPBERRY SAUCE																				
	YES	NO	Y					Y		Y										
VANILLA ICE CREAM WITH CARAMEL SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y										
CARAMEL SAUCE	YES	NO								Y										
VANILLA ICE CREAM	YES	NO								Y										
VANILLA ICE CREAM WITH CARAMEL SAUCE																				
	YES	NO	Y					Y		Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BOXING DAY STARTERS																				
MUSHROOM SOUP																				
UHT WHIPPING CREAM	YES	NO						Y												
FRESH HERBS FLAT PARSLEY	YES	YES																		
MUSHROOM SOUP	YES	YES																		
CIABATTA LOAF	YES	YES	Y	Y																
SALTED BUTTER BLOCK	YES	NO						Y												
RAPESEED OIL	YES	YES																		
MUSHROOM SOUP	YES	NO	Y	Y				Y												
PULLED BEEF YORKIE																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
HORSERADISH SAUCE	YES	NO						Y	Y							Y				
MALBEC SAUCE	NO	NO							Y			Y								
PULLED BEEF BRISKET	NO	NO																		
FRESH HERBS THYME	YES	YES																		
PULLED BEEF YORKIE	NO	NO	Y					Y	Y			Y			Y					
SMOKED SCOTTISH SALMON																				
LARGE POOLISH LOAF	YES	YES	Y																	
ROCKET LEAF	YES	YES																		
LEMON CASE	YES	NO																		
SMOKED SALMON XMAS19	NO	NO								Y										
HORSERADISH SAUCE	YES	NO						Y	Y							Y				
LIGHT MAYONNAISE	YES	NO						Y	Y							Y				
SMOKED SCOTTISH SALMON	NO	NO	Y					Y	Y	Y						Y				
TWICE-BAKED BRIE SOUFFLE																				
ROCKET LEAF	YES	YES																		
BRIE SOUFFLE	YES	NO						Y	Y											
PORT & ONION CONFIT	YES	NO							Y			Y								
TWICE-BAKED BRIE SOUFFLE	YES	NO						Y	Y			Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
POSH KING PRAWN & CRAB COCKTAIL																				
CIABATTA LOAF	YES	YES	Y	Y																
SALTED BUTTER BLOCK	YES	NO						Y												
WARM WATER PRAWNS	NO	NO								Y										
PAPRIKA PEPPER	YES	YES																		
PROSECCO MARIE ROSE SAUCE	YES	NO					Y					Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
CRAB	NO	NO								Y										
LEMON CASE	YES	NO																		
POSH KING PRAWN & CRAB COCKTAIL	NO	NO	Y	Y			Y	Y		Y		Y			Y					
MAINS																				
FESTIVE TURKEY & ALL THE TRIMMINGS																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
CHRISTMAS STUFFING	YES	YES	Y																	
SALTED BUTTER BLOCK	YES	NO							Y											
RAPESEED OIL	YES	YES																		
PIGS IN BLANKETS	NO	NO										Y								
CRANBERRY SAUCE	YES	YES																		
COOKED SLICED TURKEY BREAST	NO	NO																		
VEG MIX GREEN	YES	NO					Y		Y											
ROOT VEG MASH	YES	NO							Y											
GRAVY CONCENTRATE	NO	NO													Y					
RAPESEED OIL	YES	YES																		
ROCK SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
FESTIVE TURKEY & ALL THE TRIMMINGS	NO	NO	Y				Y	Y	Y			Y		Y						
ROOT VEGETABLE ROAST																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
SALTED BUTTER BLOCK	YES	NO							Y											
VEG MIX GREEN	YES	NO					Y		Y											
ROOT VEG MASH	YES	NO							Y											
ROOT VEG ROAST	YES	YES										Y		Y						
VEGAN GRAVY	YES	YES																		
RAPESEED OIL	YES	YES																		
ROCK SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
ROOT VEGETABLE ROAST	YES	NO	Y				Y	Y	Y			Y		Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																
			Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products													
HALIBUT FILLET																			
HALIBUT FILLET	NO	NO								Y									
SALTED BUTTER BLOCK	YES	NO							Y										
SPINACH	YES	YES																	
FRESH HERBS FLAT PARSLEY	YES	YES																	
PEASHOOTS	YES	YES																	
LEMON CASE	YES	NO																	
HOLLANDAISE SAUCE	YES	NO						Y	Y			Y							
SALTED BUTTER BLOCK	YES	NO							Y										
MASHED POTATO	YES	NO							Y										
HALIBUT FILLET	NO	NO						Y	Y	Y		Y							
LAMB RUMP																			
SALTED BUTTER BLOCK	YES	NO							Y										
SHREDDED SAVOY CABBAGE	YES	YES																	
LAMB RUMP	NO	NO																	
MASHED POTATO	YES	NO							Y										
MINT SAUCE	YES	YES																	
MALBEC SAUCE	NO	NO							Y			Y							
BUBBLE AND SQUEAK	YES	NO							Y										
WHOLE GREEN BEANS	YES	YES																	
LAMB RUMP	NO	NO							Y			Y							
FILLET STEAK ROSSINI																			
MUSHROOM BACON JUS	NO	NO																	
CIABATTA LOAF	YES	YES	Y	Y															
RAPESEED OIL	YES	YES																	
LAMBS LETTUCE	YES	YES																	
8OZ FILLET STEAK	NO	NO																	
DUCK PATE	NO	NO						Y	Y			Y							
RAPESEED OIL	YES	YES																	
WHOLE BLACK PEPPER	YES	YES																	
ROCK SALT	YES	YES																	
TOMATO M	YES	YES																	
MUSHROOM FLAT	YES	YES																	
FRESH HERBS THYME	YES	YES																	
PREMIUM CHIP	YES	YES																	
RAPESEED OIL	YES	YES																	
SPICY CHIP SEASONING	YES	YES																	
FILLET STEAK ROSSINI	NO	NO	Y	Y				Y	Y			Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
DESSERTS																				
CHRISTMAS PUDDING																				
DRIED DICED CRANBERRIES	YES	YES																		
BRANDY SAUCE	YES	NO						Y												
INDIVIDUAL CHRISTMAS PUDDING	YES	YES	Y																	
CHRISTMAS PUDDING	YES	NO	Y					Y												
MELTING CHOCOLATE BOMBE																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y									Y		Y
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
CHOCOLATE DOME	YES	NO					Y													
DULCHE DE LECHE	YES	NO							Y											
FLAPJACK CRUMBLE TOPPING	YES	YES				Y														
MELTING CHOCOLATE BOMBE	YES	NO	Y			Y	Y	Y	Y									Y		Y
ESPRESSO TRIFLE																				
ESPRESSO MARTINI BRULEE	YES	NO						Y	Y											
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y									Y		Y
DAIRY AEROSOL CREAM	YES	NO							Y											
CUSTARD RTS	YES	NO							Y											
FRESH HERBS MINT	YES	YES																		
CHOCSTIX	YES	NO					Y		Y											
ESPRESSO TRIFLE	YES	NO	Y				Y	Y	Y									Y		Y
BAILEYS PROFITEROLS																				
BAILEY'S PROFITEROLES	YES	NO	Y				Y	Y	Y											
CHOCOLATE SAUCE	YES	YES																		
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
BAILEYS PROFITEROLS	YES	NO	Y				Y	Y	Y											
FESTIVE EXTRAS																				
FESTIVE FEAST																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
CHRISTMAS STUFFING	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
PIGS IN BLANKETS	NO	NO											Y							
FESTIVE FEAST	NO	NO	Y					Y	Y				Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CRANBERRY GLAZED SAUSAGES																				
BREAKFAST SAUSAGE	NO	NO	Y										Y							
CRANBERRY SAUCE	YES	YES																		
CRANBERRY GLAZED SAUSAGES																				
BREAKFAST SAUSAGE	NO	NO	Y										Y							
CAULIFLOWER CHEESE																				
AGED CHEESE SAUCE	YES	NO					Y		Y											
CAULIFLOWER CHEESE	YES	NO						Y	Y											
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
CAULIFLOWER CHEESE																				
AGED CHEESE SAUCE	YES	NO					Y	Y	Y											
AFTER EIGHT MINTS																				
AFTER EIGHT MINTS	YES	NO							Y											
AFTER EIGHT MINTS	YES	NO							Y											
KIDS																				
TURKEY DINNER																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
PIGS IN BLANKETS	NO	NO											Y							
GARDEN PEAS	YES	YES																		
COOKED SLICED TURKEY BREAST	NO	NO																		
ROOT VEG MASH	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
RAPESEED OIL	YES	YES																		
ROCK SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TURKEY DINNER																				
PIGS IN BLANKETS	NO	NO	Y					Y	Y				Y		Y					
SAUSAGE & MASH																				
MASHED POTATO	YES	NO							Y											
KIDS SAUSAGE	NO	NO	Y																	
GARDEN PEAS	YES	YES																		
GRAVY CONCENTRATE	NO	NO																		
SAUSAGE & MASH																				
MASHED POTATO	NO	NO	Y					Y												
VEGGIE SAUSAGE & MASH																				
MASHED POTATO	YES	NO							Y											
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
GARDEN PEAS	YES	YES																		
VEGAN GRAVY	YES	YES																		
VEGGIE SAUSAGE & MASH																				
MASHED POTATO	YES	NO	Y					Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
DESSERTS																				
SANTA'S CHOCOLATE BROWNIE																				
CHOCOLATE BROWNIE	YES	NO	Y				Y	Y												
DAIRY AEROSOL CREAM	YES	NO						Y												
STRAWBERRIES	YES	YES																		
SANTA'S CHOCOLATE BROWNIE	YES	NO	Y				Y	Y											Y	Y
VANILLA ICE CREAM WITH CHOCOLATE SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y												
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
VANILLA ICE CREAM WITH CHOCOLATE SAUCE	YES	NO	Y				Y	Y												
VANILLA ICE CREAM WITH RASPBERRY SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y												
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
VANILLA ICE CREAM WITH RASPBERRY SAUCE	YES	NO	Y				Y	Y												
VANILLA ICE CREAM WITH CARAMEL SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y												
CARAMEL SAUCE	YES	NO						Y												
VANILLA ICE CREAM	YES	NO						Y												
VANILLA ICE CREAM WITH CARAMEL SAUCE	YES	NO	Y				Y	Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHRISTMAS DAY STARTERS																				
MUSHROOM SOUP																				
UHT WHIPPING CREAM	YES	NO						Y												
FRESH HERBS FLAT PARSLEY	YES	YES																		
MUSHROOM SOUP	YES	YES																		
CIABATTA LOAF	YES	YES	Y	Y																
SALTED BUTTER BLOCK	YES	NO						Y												
RAPESEED OIL	YES	YES																		
MUSHROOM SOUP	YES	NO	Y	Y				Y												
PULLED BEEF YORKIE																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
HORSERADISH SAUCE	YES	NO						Y	Y							Y				
MALBEC SAUCE	NO	NO						Y				Y								
PULLED BEEF BRISKET	NO	NO																		
FRESH HERBS THYME	YES	YES																		
PULLED BEEF YORKIE	NO	NO	Y					Y	Y			Y				Y				
SMOKED SCOTTISH SALMON																				
LARGE POOLISH LOAF	YES	YES	Y																	
ROCKET LEAF	YES	YES																		
LEMON CASE	YES	NO																		
SMOKED SALMON XMAS19	NO	NO								Y										
HORSERADISH SAUCE	YES	NO						Y	Y							Y				
LIGHT MAYONNAISE	YES	NO						Y	Y							Y				
SMOKED SCOTTISH SALMON	NO	NO	Y					Y	Y	Y						Y				
TWICE-BAKED BRIE SOUFFLE																				
ROCKET LEAF	YES	YES																		
BRIE SOUFFLE	YES	NO						Y	Y											
PORT & ONION CONFIT	YES	NO							Y			Y								
TWICE-BAKED BRIE SOUFFLE	YES	NO						Y	Y			Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
POSH KING PRAWN & CRAB COCKTAIL																				
CIABATTA LOAF	YES	YES	Y	Y																
SALTED BUTTER BLOCK	YES	NO						Y												
WARM WATER PRAWNS	NO	NO								Y										
PAPRIKA PEPPER	YES	YES																		
PROSECCO MARIE ROSE SAUCE	YES	NO						Y				Y				Y				
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
CRAB	NO	NO									Y									
LEMON CASE	YES	NO																		
POSH KING PRAWN & CRAB COCKTAIL	NO	NO	Y	Y				Y	Y		Y	Y			Y					
MAINS																				
FESTIVE TURKEY WITH ALL THE TRIMMINGS																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
CHRISTMAS STUFFING	YES	YES	Y																	
SALTED BUTTER BLOCK	YES	NO							Y											
PIGS IN BLANKETS	NO	NO										Y								
CRANBERRY SAUCE	YES	YES																		
COOKED SLICED TURKEY BREAST	NO	NO																		
VEG MIX GREEN	YES	NO					Y		Y											
ROOT VEG MASH	YES	NO							Y											
GRAVY CONCENTRATE	NO	NO												Y						
RAPESEED OIL	YES	YES																		
ROCK SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
FESTIVE TURKEY WITH ALL THE TRIMMINGS	NO	NO	Y				Y	Y	Y			Y		Y						
ROOT VEGETABLE ROAST																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
SALTED BUTTER BLOCK	YES	NO							Y											
VEG MIX GREEN	YES	NO					Y		Y											
ROOT VEG MASH	YES	NO							Y											
ROOT VEG ROAST	YES	YES										Y		Y						
VEGAN GRAVY	YES	YES																		
RAPESEED OIL	YES	YES																		
ROCK SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
ROOT VEGETABLE ROAST	YES	NO	Y				Y	Y	Y			Y		Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
HALIBUT FILLET																				
HALIBUT FILLET	NO	NO								Y										
SALTED BUTTER BLOCK	YES	NO							Y											
SPINACH	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
PEASHOOTS	YES	YES																		
LEMON CASE	YES	NO																		
HOLLANDAISE SAUCE	YES	NO						Y	Y				Y							
SALTED BUTTER BLOCK	YES	NO							Y											
MASHED POTATO	YES	NO							Y											
HALIBUT FILLET	NO	NO						Y	Y	Y			Y							
LAMB RUMP																				
SALTED BUTTER BLOCK	YES	NO							Y											
SHREDDED SAVOY CABBAGE	YES	YES																		
LAMB RUMP	NO	NO																		
MASHED POTATO	YES	NO							Y											
MINT SAUCE	YES	YES																		
MALBEC SAUCE	NO	NO							Y				Y							
BUBBLE AND SQUEAK	YES	NO							Y											
WHOLE GREEN BEANS	YES	YES																		
LAMB RUMP	NO	NO							Y				Y							
8OZ FILLET STEAK WITH CANADIAN LOBSTER TAIL																				
TENDER STEM BROCCOLI	YES	YES																		
LOBSTER TAILS	NO	NO									Y									
SALTED BUTTER BLOCK	YES	NO							Y											
RAPESEED OIL	YES	YES																		
LAMBS LETTUCE	YES	YES																		
8OZ FILLET STEAK	NO	NO																		
HOLLANDAISE SAUCE	YES	NO						Y	Y				Y							
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
8OZ FILLET STEAK WITH CANADIAN LOBSTER TAIL	NO	NO						Y	Y		Y		Y							
DESSERTS																				
CHRISTMAS PUDDING																				
DRIED DICED CRANBERRIES	YES	YES																		
BRANDY SAUCE	YES	NO							Y											
INDIVIDUAL CHRISTMAS PUDDING	YES	YES	Y																	
CHRISTMAS PUDDING	YES	NO	Y						Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MELTING CHOCOLATE BOMBE																				
CHOCOLATE BROWNIE	YES	NO	Y				Y	Y								Y			Y	
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
CHOCOLATE DOME	YES	NO				Y														
DULCHE DE LECHE	YES	NO						Y												
FLAPJACK CRUMBLE TOPPING	YES	YES				Y														
MELTING CHOCOLATE BOMBE	YES	NO	Y			Y	Y	Y	Y							Y			Y	
ESPRESSO TRIFLE																				
ESPRESSO MARTINI BRULEE	YES	NO					Y	Y												
CHOCOLATE BROWNIE	YES	NO	Y				Y	Y								Y			Y	
DAIRY AEROSOL CREAM	YES	NO						Y												
CUSTARD RTS	YES	NO						Y												
FRESH HERBS MINT	YES	YES																		
CHOCSTIX	YES	NO				Y		Y												
ESPRESSO TRIFLE	YES	NO	Y			Y	Y	Y	Y							Y			Y	
BAILEYS PROFITEROLES																				
BAILEY'S PROFITEROLES	YES	NO	Y				Y	Y	Y											
CHOCOLATE SAUCE	YES	YES																		
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
BAILEYS PROFITEROLES	YES	NO	Y			Y	Y	Y	Y											
FESTIVE EXTRAS																				
FESTIVE FEAST																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
CHRISTMAS STUFFING	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
PIGS IN BLANKETS	NO	NO										Y								
FESTIVE FEAST	NO	NO	Y				Y	Y	Y			Y								
CRANBERRY GLAZED SAUSAGES																				
BREAKFAST SAUSAGE	NO	NO	Y									Y								
CRANBERRY SAUCE	YES	YES																		
CRANBERRY GLAZED SAUSAGES	NO	NO	Y									Y								
CAULIFLOWER CHEESE																				
AGED CHEESE SAUCE	YES	NO				Y		Y												
CAULIFLOWER CHEESE	YES	NO						Y	Y											
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
CAULIFLOWER CHEESE	YES	NO				Y	Y	Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
AFTER EIGHT MINTS																				
AFTER EIGHT MINTS	YES	NO							Y											
AFTER EIGHT MINTS	YES	NO							Y											
KIDS STARTERS																				
PIGS IN BLANKETS WITH CRANBERRY SAUCE																				
PIGS IN BLANKETS	NO	NO										Y								
CRANBERRY SAUCE	YES	YES																		
PIGS IN BLANKETS WITH CRANBERRY SAUCE	NO	NO										Y								
VEGGIE STICKS & DIP																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
GREEK STYLE YOGHURT	YES	NO							Y											
CUCUMBER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
VEGGIE STICKS & DIP	YES	NO							Y											
TOMATO SOUP																				
CIABATTA LOAF	YES	YES	Y	Y																
TOMATO SOUP CONCENTRATE	YES	NO							Y						Y					
TOMATO SOUP	YES	NO	Y	Y					Y					Y						
MAINS																				
TURKEY DINNER																				
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y						Y	Y										
PIGS IN BLANKETS	NO	NO										Y								
GARDEN PEAS	YES	YES																		
COOKED SLICED TURKEY BREAST	NO	NO																		
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO							Y											
GRAVY CONCENTRATE	NO	NO													Y					
RAPESEED OIL	YES	YES																		
ROCK SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TURKEY DINNER	NO	NO	Y						Y	Y				Y	Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SAUSAGE & MASH																				
MASHED POTATO	YES	NO						Y												
KIDS SAUSAGE	NO	NO	Y																	
GARDEN PEAS	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
SAUSAGE & MASH																				
	NO	NO	Y					Y						Y						
VEGGIE SAUSAGE & MASH																				
MASHED POTATO	YES	NO						Y												
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
GARDEN PEAS	YES	YES																		
VEGAN GRAVY	YES	YES																		
VEGGIE SAUSAGE & MASH																				
	YES	NO	Y					Y	Y											
DESSERTS																				
SANTA'S CHOCOLATE BROWNIE																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y										Y	Y
DAIRY AEROSOL CREAM	YES	NO							Y											
STRAWBERRIES	YES	YES																		
SANTA'S CHOCOLATE BROWNIE																				
	YES	NO	Y					Y	Y										Y	Y
VANILLA ICE CREAM WITH CHOCOLATE SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y					Y	Y											
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
VANILLA ICE CREAM WITH CHOCOLATE SAUCE																				
	YES	NO	Y					Y	Y											
VANILLA ICE CREAM WITH RASPBERRY SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y					Y	Y											
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
VANILLA ICE CREAM WITH RASPBERRY SAUCE																				
	YES	NO	Y					Y	Y											
VANILLA ICE CREAM WITH CARAMEL SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y					Y	Y											
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
VANILLA ICE CREAM WITH CARAMEL SAUCE																				
	YES	NO	Y					Y	Y											

KIDS UNDER 3 EAT FREE as per above

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BEEFEATER NEXT GENERATION MENU ENJOY A NIBBLE																				
GARLIC FLATBREAD STRIPS																				
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
GARLIC FLATBREAD STRIPS	YES	NO	Y					Y												
HALLOUMI FRIES																				
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
SMOKEY TOMATO DIP	YES	YES												Y	Y					
ROCKET LEAF	YES	YES																		
HALLOUMI	NO	NO						Y												
HALLOUMI FRIES	NO	NO	Y					Y						Y	Y					
CHEESY ONION RINGS																				
RAPESEED OIL	YES	YES																		
CHEESEOS	YES	NO	Y				Y	Y												
CHEESY ONION RINGS	YES	NO	Y				Y	Y												
MADE TO SHARE																				
SHARING PLATTER																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y												
TULIP CHICKEN WINGS	NO	NO																		
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
LAMBS LETTUCE	YES	YES																		
PIRI PIRI SAUCE	YES	YES										Y								
POTATO DIPPERS	YES	YES																		
RANCH DRESSING	YES	NO						Y	Y							Y				
SPICY CHIP SEASONING	YES	YES																		
LAMB KOFTA	NO	NO	Y									Y								
SHARING PLATTER	NO	NO	Y				Y	Y	Y	Y		Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
PREMIUM SHARING PLATTER																				
HOUMOUS	YES	YES				Y														
CALAMARI	NO	NO	Y								Y									
CHICKEN, CHORIZO & PEPPER SKEWER	NO	NO									Y									
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
RAPESEED OIL	YES	YES																		
SMOKEY CHILLI KETCHUP	YES	YES																		
SOUR CREAM CHIVE DRESSING	YES	NO																		
LAMBS LETTUCE	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES											Y							
8 INCH TORTILLA	YES	YES	Y																	
LEMON CASE	YES	NO																		
TABLE SALT	YES	YES																		
BAKING POTATOES	YES	YES																		
PREMIUM SHARING PLATTER	NO	NO	Y				Y	Y	Y		Y	Y			Y					
THE PLACE TO START																				
OUR POSHEST EVER PRAWN COCKTAIL																				
CIABATTA LOAF	YES	YES	Y	Y																
WARM WATER PRAWNS	NO	NO									Y									
LETTUCE BABY GEM	YES	YES																		
PROSECCO MARIE ROSE SAUCE	YES	NO							Y					Y					Y	
KING PRAWNS VIETNAMESE	NO	NO												Y						
PAPRIKA PEPPER	YES	YES																		
LEMON CASE	YES	NO																		
LOBSTER MIX	NO	NO									Y									
RAPESEED OIL	YES	YES																		
OUR POSHEST EVER PRAWN COCKTAIL	NO	NO	Y	Y					Y		Y		Y						Y	
POTATO DIPPERS																				
RAPESEED OIL	YES	YES																		
SOUR CREAM CHIVE DRESSING	YES	NO									Y									
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO										Y								
POTATO DIPPERS	YES	NO										Y								
MINI OVEN- BAKED CAMEBERT																				
CAMEBERT	YES	NO										Y								
CIABATTA LOAF	YES	YES	Y	Y																
RAPESEED OIL	YES	YES																		
HONEY PORTION	YES	NO																		
FRESH HERBS ROSEMARY	YES	YES																		
MINI OVEN- BAKED CAMEBERT	YES	NO	Y	Y								Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHICKEN & DUCK WINGS																				
RAPESEED OIL	YES	YES																		
DUCK WINGS	NO	NO					Y													
SMOKEY CHILLI KETCHUP	YES	YES																		
TULIP CHICKEN WINGS	NO	NO																		
CHILLIES RED	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
CHICKEN & DUCK WINGS																				
NO	NO						Y													
CRISPY FLAT CAP MUSHROOMS																				
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y												
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
RANCH DRESSING	YES	NO						Y	Y							Y				
CRISPY FLAT CAP MUSHROOMS																				
NO	NO	Y					Y	Y	Y							Y				
BUTTERMILK CHICKEN GOUJONS																				
JALAPENO SLICE GREEN	YES	YES																		
RAPESEED OIL	YES	YES																		
AGED CHEESE SAUCE	YES	NO					Y		Y											
SMOKEY TOMATO DIP	YES	YES													Y	Y				
ONIONS SPRING BUNCH	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y						Y											
BUTTERMILK CHICKEN GOUJONS																				
NO	NO	Y					Y		Y						Y	Y				
WILD CAUGHT CANADIAN SCALLOPS																				
SALTED BUTTER BLOCK	YES	NO							Y											
MSC CANDIAN SCALLOPS	NO	NO										Y								
RAPESEED OIL	YES	YES																		
GARLIC AND PARSLEY SPREAD	YES	NO							Y											
MASHED POTATO	YES	NO							Y											
SMOKED DRY CURED STREAKY BACON	NO	NO																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
WILD CAUGHT CANADIAN SCALLOPS																				
NO	NO								Y			Y								
SALT & PEPPER SQUID																				
CALAMARI	NO	NO	Y									Y								
SURF & TURF SAUCE	NO	NO	Y						Y	Y	Y	Y		Y			Y			
RAPESEED OIL	YES	YES																		
CRACKED BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
CHILLIES RED	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
LEMON CASE	YES	NO																		
SALT & PEPPER SQUID																				
NO	NO	Y							Y	Y	Y	Y	Y	Y			Y			

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
			Cereals Containing Gluten																	
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
CAULIFLOWER WINGS																				
BATTERED CAULIFLOWER	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
SMOKEY CHILLI KETCHUP	YES	YES																		
PEASHOOTS	YES	YES																		
CAULIFLOWER WINGS	YES	YES	Y																	
CREAMY MOZZARELLA & FRESH CHERRY TOMATO FLATBREAD																				
HERB DRESSING	YES	YES																		
CHERRY TOMATOES	YES	YES																		
BURRATA	YES	NO							Y											
FRESH HERBS BASIL	YES	YES																		
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
TOMATO YELLOW CHERRY	YES	YES																		
CREAMY MOZZARELLA & FRESH CHERRY TOMATO FLATBREAD	YES	NO	Y						Y											
ON YOUR SIDE																				
TRIPLE COOKED CHIPS																				
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
SKINNY FRIES																				
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
SKINNY FRIES	YES	YES																		
MIXED VEGETABLES																				
VEG MIX GREEN	YES	NO					Y		Y											
MIXED VEGETABLES	YES	NO					Y		Y											
SWEET POTATO FRIES																				
SWEET POTATO FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SWEET POTATO FRIES	YES	YES																		
BEER BATTERED ONION RINGS																				
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
ROCKET & PARMESAN SALAD																				
COLLA PARMESAN	NO	NO						Y												
BALSAMIC GLAZE	YES	YES										Y								
FRENCH DRESSING	YES	YES										Y			Y					
ROCKET LEAF	YES	YES																		
ROCKET & PARMESAN SALAD	NO	NO						Y				Y			Y					
HALLOUMI FRIES																				
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
SMOKEY TOMATO DIP	YES	YES												Y	Y					
ROCKET LEAF	YES	YES																		
HALLOUMI	NO	NO						Y												
HALLOUMI FRIES	NO	NO	Y					Y						Y	Y					
BAKED POTATO																				
BAKING POTATOES	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
RAPESEED OIL	YES	YES																		
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
ROCK SALT	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
BAKED POTATO	YES	NO						Y												
TENDERSTEM BROCCOLI																				
HOLLANDAISE SAUCE	YES	NO						Y	Y			Y								
SALTED BUTTER BLOCK	YES	NO							Y											
TENDER STEM BROCCOLI	YES	YES																		
TENDERSTEM BROCCOLI	YES	NO						Y	Y			Y								
MAINS																				
CRAFTY BURGERS																				
DOUBLE BACON & CHEESE BEEF STEAK																				
VEGAN BURGER SAUCE	YES	YES													Y					
RAPESEED OIL	YES	YES																		
CHEESE SLICES	YES	NO						Y												
STEAK BURGER 4OZ	NO	NO																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TABLE SALT	YES	YES																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
DOUBLE BACON & CHEESE BEEF STEAK	NO	NO	Y					Y	Y				Y		Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
VEGAN SLOPPY JOE BURGER																				
VEGAN BURGER SAUCE	YES	YES																		Y
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SLOPPY JOES VEGAN MIX	YES	YES			Y		Y								Y					
BEYOND MEAT BURGER	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
VEGAN BUN	YES	YES	Y	Y		Y														
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
VEGAN SLOPPY JOE BURGER	YES	YES	Y	Y	Y	Y	Y					Y		Y	Y					
GRILLED CHICKEN, BACON & AVOCADO BURGER																				
AVOCADO HALVES	YES	YES																		
VEGAN BURGER SAUCE	YES	YES																		Y
RAW CHICKEN FILLET	NO	NO																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y												Y
RAPESEED OIL	YES	YES																		
HARISSA & RED PEPPER SAUCE	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
BRIOCHE BUN	YES	NO	Y					Y	Y											
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
GRILLED CHICKEN, BACON & AVOCADO BURGER	NO	NO	Y					Y	Y											Y

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SHORT RIB, PEPPERCORN & PULLED BEEF BURGER																				
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y											Y	
SHORT RIB BURGER	NO	NO											Y							
PORT & ONION CONFIT	YES	NO											Y							
PEPPERCORN SAUCE	NO	NO	Y												Y					
PULLED BEEF BRISKET	NO	NO																		
BRIOCHE BUN	YES	NO	Y					Y	Y											
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
SHORT RIB, PEPPERCORN & PULLED BEEF BURGER																				
	NO	NO	Y					Y	Y				Y		Y	Y				
LUXURY LOBSTER DOUBLE STACK BURGER																				
VEGAN BURGER SAUCE	YES	YES																	Y	
COLESLAW MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
CHEESE SLICES	YES	NO								Y										
PLAIN FLOUR	YES	YES	Y																	
LIGHT MAYONNAISE	YES	NO							Y										Y	
STEAK BURGER 4OZ	NO	NO																		
BRIOCHE BUN	YES	NO	Y					Y	Y											
BATTER MIX	YES	YES	Y																	
TETLEY SMOOTH	NO	NO			Y															
LOBSTER MIX	NO	NO									Y									
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
LUXURY LOBSTER DOUBLE STACK BURGER																				
	NO	NO	Y		Y			Y	Y		Y					Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
OUR CLASSICS																				
SMOTHERED CHICKEN MELT																				
RAW CHICKEN FILLET	NO	NO																		
RAPESEED OIL	YES	YES																		
CHEESE SLICES	YES	NO						Y												
BBQ SAUCE	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
SMOTHERED CHICKEN MELT																				
	NO	NO						Y	Y				Y			Y				
MOZZARELLA FILLED CHICKEN WRAPPED IN PANCETTA																				
TENDER STEM BROCCOLI	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN WITH PANCETTA	NO	NO								Y										
MUSHROOM & WHITE WINE SAUCE	YES	NO	Y					Y		Y			Y		Y	Y				
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MOZZARELLA FILLED CHICKEN WRAPPED IN PANCETTA																				
	NO	NO	Y					Y		Y			Y		Y	Y				
BEEF & PANCETTA LASAGNE																				
SALAD LEAF MIX	YES	YES																		
PREMIUM LASAGNE	NO	NO	Y						Y	Y										
FRENCH DRESSING	YES	YES										Y				Y				
FLATBREAD HAND PRESSED	YES	NO	Y							Y										
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
ONIONS RED	YES	YES																		
GARLIC AND PARSLEY SPREAD	YES	NO									Y									
BEEF & PANCETTA LASAGNE																				
	NO	NO	Y						Y	Y			Y			Y				
COTTAGE PIE																				
BEEF COTTAGE PIE FILLING	NO	NO			Y															
MASHED POTATO	YES	NO								Y										
SALTED BUTTER BLOCK	YES	NO								Y										
GRAVY CONCENTRATE	NO	NO													Y					
GARDEN PEAS	YES	YES																		
COTTAGE PIE																				
	NO	NO			Y					Y					Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BEEF SHORT RIB																				
TENDER STEM BROCCOLI	YES	YES																		
BONE MARROW BRAISED ONIONS	NO	NO	Y				Y		Y											
RAPESEED OIL	YES	YES																		
MASHED POTATO	YES	NO																		
SALTED BUTTER BLOCK	YES	NO																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
HORSERADISH SAUCE	YES	NO							Y	Y									Y	
BEEF RIB	NO	NO																		
FRESH HERBS THYME	YES	YES																		
BEEF SHORT RIB																				
	NO	NO	Y				Y	Y	Y											
LAMB RUMP																				
TENDER STEM BROCCOLI	YES	YES																		
LAMB RUMP	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
LEMON CASE	YES	NO																		
MALBEC SAUCE	NO	NO							Y				Y							
FRESH HERBS THYME	YES	YES																		
EXTRA VIRGIN OLIVE OIL	YES	YES																		
POTATO SLICES	YES	YES																		
VINEGAR MALT	YES	YES																		
WHITE SUGAR SACHETS	YES	YES																		
ONIONS RED	YES	YES																		
LAMB RUMP																				
	NO	NO							Y				Y							
SUCCULENT STEAKS																				
SURF & TURF DELUXE																				
CALAMARI	NO	NO	Y									Y								
SURF & TURF SAUCE	NO	NO	Y						Y	Y	Y	Y	Y					Y		
MSC CANDIAN SCALLOPS	NO	NO										Y								
KING PRAWNS VIETNAMESE	NO	NO									Y									
8OZ BEEF SIRLOIN STEAK	NO	NO																		
GARLIC AND PARSLEY SPREAD	YES	NO																		
PEASHOOTS	YES	YES							Y											
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
SURF & TURF DELUXE																				
	NO	NO	Y						Y	Y	Y	Y	Y	Y					Y	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
8OZ SIRLOIN WITH LOBSTER TAIL	NO	NO									Y									
LOBSTER TAILS	NO	NO									Y									
SIGNATURE SAUCE	NO	NO			Y			Y						Y						
RAPESEED OIL	YES	YES																		
MUSHROOM & WHITE WINE SAUCE	YES	NO	Y				Y	Y				Y		Y	Y					
8OZ BEEF SIRLOIN STEAK	NO	NO																		
TABLE SALT	YES	YES																		
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
MUSHROOM FLAT	YES	YES																		
TOMATO M	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
8OZ SIRLOIN WITH LOBSTER TAIL	NO	NO	Y		Y		Y	Y		Y		Y		Y	Y					
8OZ PEPPERED SIRLOIN	NO	NO																		
SIGNATURE SAUCE	NO	NO			Y			Y						Y						
RAPESEED OIL	YES	YES																		
SPINACH	YES	YES																		
8OZ BEEF SIRLOIN STEAK	NO	NO																		
TABLE SALT	YES	YES																		
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
WHOLE BLACK PEPPER	YES	YES																		
CRACKED BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
FRESH HERBS ROSEMARY	YES	YES																		
FRESH HERBS THYME	YES	YES																		
POTATO SLICES	YES	YES																		
TABLE SALT	YES	YES																		
8OZ PEPPERED SIRLOIN	NO	NO			Y			Y						Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
28-DAY AGED 12OZ FILLET																				
SIGNATURE SAUCE	NO	NO			Y			Y						Y						
RAPESEED OIL	YES	YES																		
MUSHROOM & WHITE WINE SAUCE	YES	NO	Y			Y		Y				Y		Y	Y					
12OZ FILLET	NO	NO																		
TABLE SALT	YES	YES																		
MUSHROOM FLAT	YES	YES																		
PEASHOOTS	YES	YES																		
TOMATO M	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
SEA SALT BLACK PEPR BUTTER	YES	NO						Y												
GARLIC AND PARSLEY BUTTER	YES	NO						Y												
28-DAY AGED 12OZ FILLET																				
	NO	NO	Y		Y		Y	Y				Y		Y	Y					
10OZ RIBEYEWITH CHIPS																				
RAPESEED OIL	YES	YES																		
LAMBS LETTUCE	YES	YES																		
10OZ RIBEYE STEAK	NO	NO																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
10OZ RIBEYEWITH CHIPS																				
	NO	NO																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
100Z RIBEYEWITH SALAD																				
RAPESEED OIL	YES	YES																		
LAMBS LETTUCE	YES	YES																		
100Z RIBEYE STEAK	NO	NO																		
TABLE SALT	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
100Z RIBEYEWITH SALAD	NO	NO										Y			Y					
100Z RIBEYEWITH VEG MIX																				
RAPESEED OIL	YES	YES																		
LAMBS LETTUCE	YES	YES																		
100Z RIBEYE STEAK	NO	NO																		
VEG MIX GREEN	YES	NO					Y		Y											
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
100Z RIBEYEWITH VEG MIX	NO	NO					Y		Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
10OZ RIBEYE WITH CHIPS & SALAD																				
RAPESEED OIL	YES	YES																		
LAMBS LETTUCE	YES	YES																		
10OZ RIBEYE STEAK	NO	NO																		
TABLE SALT	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
10OZ RIBEYE WITH CHIPS & SALAD	NO	NO										Y			Y					
8OZ PRIME RUMP WITH CHIPS																				
8OZ BEEF RUMP STEAK	NO	NO																		
LAMBS LETTUCE	YES	YES																		
MUSHROOM FLAT	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
8OZ PRIME RUMP WITH CHIPS	NO	NO																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
80Z PRIME RUMP WITH SALAD																				
80Z BEEF RUMP STEAK	NO	NO																		
LAMBS LETTUCE	YES	YES																		
MUSHROOM FLAT	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
CUCUMBER	YES	YES																		
TOMATO M	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
80Z PRIME RUMP WITH SALAD	NO	NO											Y			Y				
80Z PRIME RUMP WITH VEG MIX																				
80Z BEEF RUMP STEAK	NO	NO																		
LAMBS LETTUCE	YES	YES																		
MUSHROOM FLAT	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
VEG MIX GREEN	YES	NO					Y			Y										
80Z PRIME RUMP WITH VEG MIX	NO	NO					Y			Y										
80Z PRIME RUMP WITH CHIPS & SALAD																				
80Z BEEF RUMP STEAK	NO	NO																		
LAMBS LETTUCE	YES	YES																		
MUSHROOM FLAT	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
CUCUMBER	YES	YES																		
TOMATO M	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
80Z PRIME RUMP WITH CHIPS & SALAD	NO	NO											Y			Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
80Z SIRLOIN WITH CHIPS																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
LAMBS LETTUCE	YES	YES																		
80Z BEEF SIRLOIN STEAK	NO	NO																		
RAPESEED OIL	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
80Z SIRLOIN WITH CHIPS	NO	NO																		
80Z SIRLOIN WITH SALAD																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
LAMBS LETTUCE	YES	YES																		
80Z BEEF SIRLOIN STEAK	NO	NO																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
80Z SIRLOIN WITH SALAD	NO	NO										Y			Y					
80Z SIRLOIN WITH VEG MIX																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
LAMBS LETTUCE	YES	YES																		
80Z BEEF SIRLOIN STEAK	NO	NO																		
VEG MIX GREEN	YES	NO					Y		Y											
RAPESEED OIL	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
80Z SIRLOIN WITH VEG MIX	NO	NO					Y		Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
8OZ SIRLOIN WITH CHIPS & SALAD																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
LAMBS LETTUCE	YES	YES																		
8OZ BEEF SIRLOIN STEAK	NO	NO																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
8OZ SIRLOIN WITH CHIPS & SALAD	NO	NO										Y			Y					
8OZ FILLET STEAK WITH CHIPS																				
RAPESEED OIL	YES	YES																		
8OZ FILLET STEAK	NO	NO																		
TABLE SALT	YES	YES																		
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
8OZ FILLET STEAK WITH CHIPS	NO	NO																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
8OZ FILLET STEAK WITH SALAD																				
RAPESEED OIL	YES	YES																		
8OZ FILLET STEAK	NO	NO																		
TABLE SALT	YES	YES																		
LAMBS LETTUCE	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
8OZ FILLET STEAK WITH SALAD	NO	NO										Y			Y					
8OZ FILLET STEAK WITH VEG MIX																				
RAPESEED OIL	YES	YES																		
8OZ FILLET STEAK	NO	NO																		
TABLE SALT	YES	YES																		
LAMBS LETTUCE	YES	YES																		
VEG MIX GREEN	YES	NO					Y		Y											
RAPESEED OIL	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
8OZ FILLET STEAK WITH VEG MIX	NO	NO					Y		Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
8OZ FILLET STEAK WITH CHIPS & SALAD																				
RAPESEED OIL	YES	YES																		
8OZ FILLET STEAK	NO	NO																		
TABLE SALT	YES	YES																		
LAMBS LETTUCE	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
8OZ FILLET STEAK WITH CHIPS & SALAD	NO	NO										Y			Y					
SOMETHING SAUCY																				
STROGANOFF SAUCE																				
STROGANOFF SAUCE	NO	NO							Y						Y	Y				
STROGANOFF SAUCE	NO	NO							Y						Y	Y				
TRIPLE PEPPERCORN SAUCE																				
PEPPERCORN SAUCE	NO	NO	Y						Y						Y					
TRIPLE PEPPERCORN SAUCE	NO	NO	Y						Y						Y					
BEARNAISE SAUCE																				
HOLLANDAISE SAUCE	YES	NO							Y	Y				Y						
FRESH HERBS TARRAGON	YES	YES																		
BEARNAISE SAUCE	YES	NO							Y	Y				Y						
BEER & BEEF DRIPPING SAUCE																				
BEEF DRIPPING & BEEF GRAVY	NO	NO																		
BEER & BEEF DRIPPING SAUCE	NO	NO							Y	Y										
SOMETHING SAUCY AND TASTY																				
GARLIC KING PRAWNS																				
KING PRAWNS VIETNAMESE	NO	NO																		
GARLIC AND PARSLEY SPREAD	YES	NO										Y								
LEMON CASE	YES	NO																		
GARLIC KING PRAWNS	NO	NO										Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
HALF RACK OF PORK RIBS																				
RAPESEED OIL	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
HALF RACK OF PORK RIBS																				
RAPESEED OIL	YES	YES																		
CHEESEOS	YES	NO	Y				Y		Y											
CHEESY ONION RINGS																				
RAPESEED OIL	YES	YES																		
CHEESEOS	YES	NO	Y				Y		Y											
CHEESY ONION RINGS																				
SIGNATURE GRILLS																				
BBQ CHICKEN & RIBS																				
RAW CHICKEN FILLET	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
GRILLED CORN ON THE COB	YES	YES																		
LEMON CASE	YES	NO																		
LAMBS LETTUCE	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y							Y				
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
BBQ CHICKEN & RIBS																				
RAW CHICKEN FILLET	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
GRILLED CORN ON THE COB	YES	YES																		
LEMON CASE	YES	NO																		
LAMBS LETTUCE	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y							Y				
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
BBQ CHICKEN & RIBS																				
RAW CHICKEN FILLET	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
GRILLED CORN ON THE COB	YES	YES																		
LEMON CASE	YES	NO																		
LAMBS LETTUCE	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y							Y				
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
BBQ CHICKEN & RIBS																				
RAW CHICKEN FILLET	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
GRILLED CORN ON THE COB	YES	YES																		
LEMON CASE	YES	NO																		
LAMBS LETTUCE	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y							Y				
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
BBQ CHICKEN & RIBS																				
RAW CHICKEN FILLET	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
GRILLED CORN ON THE COB	YES	YES																		
LEMON CASE	YES	NO																		
LAMBS LETTUCE	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y							Y				
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
BBQ CHICKEN & RIBS																				
RAW CHICKEN FILLET	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
GRILLED CORN ON THE COB	YES	YES																		
LEMON CASE	YES	NO																		
LAMBS LETTUCE	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y							Y				
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
BBQ CHICKEN & RIBS																				
RAW CHICKEN FILLET	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
GRILLED CORN ON THE COB	YES	YES																		
LEMON CASE	YES	NO																		
LAMBS LETTUCE	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y							Y				
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
BBQ CHICKEN & RIBS																				
RAW CHICKEN FILLET	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
GRILLED CORN ON THE COB	YES	YES																		
LEMON CASE	YES	NO																		
LAMBS LETTUCE	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y							Y				
RAPESEED OIL	YES	YES																		

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
UPGRADE YOUR GRILL 8OZ PRIME RUMP STEAK																				
5OZ BOOMERANG GAMMON STEAK	NO	NO																		
CAGE FREE MED BARN EGGS	YES	NO						Y												
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAW CHICKEN FILLET	NO	NO																		
RAPESEED OIL	YES	YES																		
BREAKFAST SAUSAGE	NO	NO	Y									Y								
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
LAMBS LETTUCE	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
8OZ BEEF RUMP STEAK	NO	NO																		
UPGRADE YOUR GRILL 8OZ PRIME RUMP STEAK																				
5OZ BOOMERANG GAMMON STEAK	NO	NO																		
CAGE FREE MED BARN EGGS	YES	NO						Y												
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAW CHICKEN FILLET	NO	NO																		
RAPESEED OIL	YES	YES																		
BREAKFAST SAUSAGE	NO	NO	Y									Y								
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
LAMBS LETTUCE	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
8OZ BEEF SIRLOIN STEAK	NO	NO																		
UPGRADE YOUR GRILL 8OZ SIRLOIN STEAK																				
5OZ BOOMERANG GAMMON STEAK	NO	NO																		
CAGE FREE MED BARN EGGS	YES	NO						Y												
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAW CHICKEN FILLET	NO	NO																		
RAPESEED OIL	YES	YES																		
BREAKFAST SAUSAGE	NO	NO	Y									Y								
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
LAMBS LETTUCE	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
8OZ BEEF SIRLOIN STEAK	NO	NO																		
UPGRADE YOUR GRILL 8OZ SIRLOIN STEAK																				
5OZ BOOMERANG GAMMON STEAK	NO	NO																		
CAGE FREE MED BARN EGGS	YES	NO						Y												
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAW CHICKEN FILLET	NO	NO																		
RAPESEED OIL	YES	YES																		
BREAKFAST SAUSAGE	NO	NO	Y									Y								
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
LAMBS LETTUCE	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
8OZ BEEF SIRLOIN STEAK	NO	NO																		
UPGRADE YOUR GRILL 8OZ SIRLOIN STEAK																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MEDITERRANEAN MIXED GRILL WITH RICE	NO	NO	Y																	
LAMB KOFTA	NO	NO	Y											Y						
FETA CHEESE	YES	NO						Y												
HOUMOUS	YES	YES					Y													
RAW CHICKEN INNER FILLET	NO	NO																		
MIXED OLIVES	YES	YES																		
HARISSA & RED PEPPER SAUCE	YES	YES																		
GREEK STYLE YOGHURT	YES	NO						Y												
FRENCH DRESSING	YES	YES											Y			Y				
FRESH HERBS MINT	YES	YES																		
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
ONIONS RED	YES	YES																		
BASMATI RICE	YES	YES																		
MEDITERRANEAN MIXED GRILL WITH RICE	NO	NO	Y					Y		Y				Y		Y				
MEDITERRANEAN MIXED GRILL WITH CHIPS	NO	NO	Y											Y						
LAMB KOFTA	NO	NO	Y											Y						
FETA CHEESE	YES	NO								Y										
HOUMOUS	YES	YES						Y												
RAW CHICKEN INNER FILLET	NO	NO																		
MIXED OLIVES	YES	YES																		
HARISSA & RED PEPPER SAUCE	YES	YES																		
GREEK STYLE YOGHURT	YES	NO								Y										
FRENCH DRESSING	YES	YES											Y			Y				
FRESH HERBS MINT	YES	YES																		
FLATBREAD HAND PRESSED	YES	NO	Y							Y										
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MEDITERRANEAN MIXED GRILL WITH CHIPS	NO	NO	Y					Y		Y				Y		Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHARGRILLED TUNA STEAK																				
MSC TUNA STEAK	NO	NO	Y				Y		Y											
MUSHROOM & WHITE WINE SAUCE	YES	NO	Y				Y		Y			Y		Y	Y					
HARISSA & RED PEPPER SAUCE	YES	YES																		
MUSHROOM FLAT	YES	YES																		
PEASHOOTS	YES	YES																		
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TOMATO M	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
CHARGRILLED TUNA STEAK																				
NO	NO	Y					Y		Y	Y			Y		Y	Y				
FILLET STEAK STROGANOFF																				
STROGANOFF SAUCE	NO	NO							Y						Y	Y				
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
4OZ FILLET STEAK	NO	NO																		
TABLE SALT	YES	YES																		
PAPRIKA PEPPER	YES	YES																		
TOMATO CHERRY RED	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
LAMBS LETTUCE	YES	YES																		
FILLET STEAK STROGANOFF																				
NO	NO								Y						Y	Y				
HONEY & MUSTARD GLAZED GAMMON																				
HONEY MUSTARD DRESSING	YES	NO							Y										Y	
CAGE FREE MED BARN EGGS	YES	NO							Y											
RAPESEED OIL	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
HORSESHOE GAMMON 10OZ	NO	NO																		
ROCK SALT	YES	YES																		
GARDEN PEAS	YES	YES																		
RAPESEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
HONEY & MUSTARD GLAZED GAMMON																				
NO	NO								Y	Y									Y	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
STICKY BOURBON BBQ RIBS																				
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
LEMON CASE	YES	NO																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
RAPESEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
STICKY BOURBON BBQ RIBS																				
	NO	NO	Y		Y			Y				Y			Y					
TASTY ONES																				
FIRE KISSED BUTTERNUT SQUASH																				
TENDER STEM BROCCOLI	YES	YES																		
FIRE K BUTTERNUT SQUASH	YES	YES			Y															
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
ONIONS SPRING BUNCH	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
FIRE KISSED BUTTERNUT SQUASH																				
	YES	NO			Y			Y												
COD WRAPPED IN BACON																				
TENDER STEM BROCCOLI	YES	YES																		
MSC COD LOINS	NO	NO								Y										
RAPESEED OIL	YES	YES																		
HARISSA & RED PEPPER SAUCE	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
COD WRAPPED IN BACON																				
	NO	NO								Y										
BEER BATTERED HADDOCK & CHIPS WITH GARDEN PEAS																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
HADDOCK FILLET 220-250G	NO	NO																		
TARTARE SAUCE	YES	NO																		
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
GARDEN PEAS	YES	YES																		
TETLEY SMOOTH	NO	NO			Y															
BEER BATTERED HADDOCK & CHIPS WITH GARDEN PEAS																				
	NO	NO	Y		Y			Y		Y						Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BEER BATTERED HADDOCK & CHIPS WITH MUSHY PEAS																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
HADDOCK FILLET 220-250G	NO	NO								Y										
TARTARE SAUCE	YES	NO							Y										Y	
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MUSHY PEAS	YES	YES																		
TETLEY SMOOTH	NO	NO			Y															
BEER BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	NO	NO	Y		Y				Y		Y								Y	
FAKE & ALE PIE																				
VEGAN GRAVY	YES	YES																		
FAKE & ALE PIE	YES	YES	Y		Y										Y					
POTATO MID	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
FAKE & ALE PIE	YES	YES	Y		Y										Y					
MUSHROOM RISOTTO																				
HERB DRESSING	YES	YES																		
RAPESEED OIL	YES	YES																		
MUSHROOM & WHITE WINE SAUCE	YES	NO	Y					Y		Y		Y		Y	Y					
SPINACH	YES	YES																		
WINE & GARLIC RISOTTO	YES	NO							Y											
LAMBS LETTUCE	YES	YES																		
REGATO FINE GRATE	YES	NO							Y											
MUSHROOM FLAT	YES	YES																		
MUSHROOM RISOTTO	YES	NO	Y					Y		Y		Y		Y	Y					
BEEFEATER'S HOUSE SALAD																				
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y						Y		
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
BEEFEATER'S HOUSE SALAD	YES	YES										Y						Y		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BEEFEATER'S HOUSE SALAD WITH CHICKEN BREAST																				
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
RAW CHICKEN FILLET	NO	NO																		
RAPESEED OIL	YES	YES																		
BEEFEATER'S HOUSE SALAD WITH CHICKEN BREAST																				
	NO	NO										Y			Y					
BEEFEATER'S HOUSE SALAD WITH 4OZ PRIME RUMP STEAK																				
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
4OZ RUMP STEAK	NO	NO																		
RAPESEED OIL	YES	YES																		
BEEFEATER'S HOUSE SALAD WITH 4OZ PRIME RUMP STEAK																				
	NO	NO										Y			Y					
BEEFEATER'S HOUSE SALAD WITH GRILLED HALLOUMI																				
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
HALLOUMI	YES	NO							Y											
RAPESEED OIL	YES	YES																		
BEEFEATER'S HOUSE SALAD WITH GRILLED HALLOUMI																				
	YES	NO							Y			Y			Y					
BEEFEATER'S HOUSE SALAD WITH GRILLED TUNA STEAK																				
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MSC TUNA STEAK	NO	NO	Y					Y		Y										
RAPESEED OIL	YES	YES																		
BEEFEATER'S HOUSE SALAD WITH GRILLED TUNA STEAK																				
	NO	NO	Y					Y		Y			Y		Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
DESSERTS																				
MODERN CLASSICS																				
BLACK FOREST SUNDAE																				
TRIPLE CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y											
DARK CHERRY COMPOTE	YES	YES																		
DAIRY AEROSOL CREAM	YES	NO							Y											
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO																		
CHOCSTIX	YES	NO					Y		Y											
BLACK FOREST SUNDAE	YES	NO	Y				Y	Y	Y											
STICKY TOFFEE PUDDING with VANILLA ICE CREAM																				
STICKY TOFFEE PUDDING	YES	NO	Y					Y	Y											
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO																		
STICKY TOFFEE PUDDING with VANILLA ICE CREAM	YES	NO	Y					Y	Y											
STICKY TOFFEE PUDDING with CUSTARD																				
CUSTARD RTS	YES	NO																		
STICKY TOFFEE PUDDING	YES	NO	Y					Y	Y											
FRESH HERBS MINT	YES	YES																		
STICKY TOFFEE PUDDING with CUSTARD	YES	NO	Y					Y	Y											
APPLE PIE																				
VEGAN CUSTARD	YES	YES						Y												
FRESH HERBS MINT	YES	YES																		
VEGAN APPLE PIE	YES	YES	Y																	
APPLE PIE	YES	YES	Y					Y												
BRAMLEY APPLE & BLACKBERRY CRUMBLE with CUSTARD																				
APPLE & BLACKBRY COMPOTE	YES	NO											Y							
FLAPJACK CRUMBLE TOPPING	YES	YES				Y														
CUSTARD RTS	YES	NO											Y							
FRESH HERBS MINT	YES	YES																		
BRAMLEY APPLE & BLACKBERRY CRUMBLE with CUSTARD	YES	NO				Y			Y				Y							
BRAMLEY APPLE & BLACKBERRY CRUMBLE with VANILLA ICE CREAM																				
APPLE & BLACKBRY COMPOTE	YES	NO											Y							
FLAPJACK CRUMBLE TOPPING	YES	YES				Y														
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO											Y							
BRAMLEY APPLE & BLACKBERRY CRUMBLE with VANILLA ICE	YES	NO				Y			Y				Y							
BAKED CHEESECAKE																				
BAKED CHEESECAKE	YES	NO	Y				Y		Y	Y										
BLACKCURRANTS PROSECCO COMPOTE	YES	YES																		
FRESH HERBS MINT	YES	YES																		
BAKED CHEESECAKE	YES	NO	Y				Y		Y	Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
ZESTY LEMON TART																				
LEMON TART	NO	NO	Y					Y	Y											
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
ZESTY LEMON TART																				
	NO	NO	Y					Y	Y											
SIPSMITH SLOE GIN TRIFLE																				
SIPSMITH SLOE G&T TRIFLE SPONGE	YES	NO	Y					Y	Y											
DAIRY AEROSOL CREAM	YES	NO							Y											
CUSTARD RTS	YES	NO							Y											
FRESH HERBS MINT	YES	YES																		
CHOCSTIX	YES	NO					Y		Y											
SIPSMITH SLOE GIN TRIFLE																				
	YES	NO	Y					Y	Y	Y										
MINI LEMON DRIZZLE CAKE																				
LEMON DRIZZLE CAKE MINI SQUARE	YES	NO	Y					Y	Y											
MINI LEMON DRIZZLE CAKE																				
	YES	NO	Y					Y	Y											
CHOC DELIGHTS																				
TRIPLE CHOCOLATE BROWNIE																				
ROLLED WAFER BISCUIT	YES	NO	Y					Y	Y	Y										
TRIPLE CHOCOLATE BROWNIE	YES	NO	Y					Y	Y	Y										
FRESH HERBS MINT	YES	YES																		
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO								Y										
TRIPLE CHOCOLATE BROWNIE																				
	YES	NO	Y					Y	Y	Y										
MINI CHOCOLATE TORTE																				
MINI GREEK YOG CHOC TORTE	YES	NO	Y		Y	Y	Y		Y											
FRESH HERBS MINT	YES	YES																		
MINI CHOCOLATE TORTE																				
	YES	NO	Y		Y	Y	Y		Y											
MELTING CHOCOLATE BOMB																				
DULCHE DE LECHE	YES	NO								Y										
CHOCOLATE DOME	YES	NO						Y												
FLAPJACK CRUMBLE TOPPING	YES	YES				Y														
CHOCOLATE BROWNIE	YES	NO	Y						Y	Y						Y			Y	
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO								Y										
MELTING CHOCOLATE BOMB																				
	YES	NO	Y				Y	Y	Y	Y						Y			Y	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
ROCKY ROAD SUNDAE																				
POMPADOUR FAN WAFERS	YES	NO	Y			Y		Y												
CHOCOLATE BROWNIE	YES	NO	Y				Y	Y								Y			Y	
DAIRY AEROSOL CREAM	YES	NO						Y												
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
MARSHMALLOWS	NO	NO																		
ROCKY ROAD SUNDAE	NO	NO	Y			Y	Y	Y								Y			Y	
CHOCOLATE CHURROS SUNDAE																				
CHURROS	YES	YES	Y																	
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y							Y			Y	
DAIRY AEROSOL CREAM	YES	NO							Y											
FRESH HERBS MINT	YES	YES																		
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
CHOCOLATE CHURROS SUNDAE	YES	NO	Y					Y	Y							Y			Y	
MELT IN THE MIDDLE CHOCOLATE FONDANT																				
CHOCOLATE & CARAMEL FONDANT PUDDING	YES	NO	Y				Y	Y	Y											
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
MELT IN THE MIDDLE CHOCOLATE FONDANT	YES	NO	Y				Y	Y	Y											
COOL MOMENTS																				
GIN FIZZ SORBET																				
GIN FIZZ SORBET	YES	YES																		
FRESH HERBS MINT	YES	YES																		
GIN FIZZ SORBET	YES	YES																		
MANGO FROZEN YOGHURT																				
MANGO FROZEN YOGHURT	YES	NO							Y											
FRESH HERBS MINT	YES	YES																		
MANGO FROZEN YOGHURT	YES	NO							Y											
COCONUT SORBET																				
COCONUT SORBET	YES	YES																		
FRESH HERBS MINT	YES	YES																		
COCONUT SORBET	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BEEFEATER NEXT GENERATION DAYTIME MENU																				
STARTERS																				
CRISPY FLAT CAP MUSHROOMS																				
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y												
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
RANCH DRESSING	YES	NO						Y	Y							Y				
CRISPY FLAT CAP MUSHROOMS	NO	NO	Y				Y	Y	Y							Y				
LOADED POTATO DIPPERS																				
RAPESEED OIL	YES	YES																		
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
LOADED POTATO DIPPERS	YES	NO						Y												
CHEESY GARLIC BREAD																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
CHEESY GARLIC BREAD	YES	NO	Y					Y												
TOMATO SOUP																				
CIABATTA LOAF	YES	YES	Y	Y																
UHT WHIPPING CREAM	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
TOMATO SOUP CONCENTRATE	YES	NO						Y						Y						
TOMATO SOUP	YES	NO	Y	Y				Y						Y						
MAINS																				
1/4LB BEEF STEAK BURGER																				
VEGAN BURGER SAUCE	YES	YES																		Y
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
TABLE SALT	YES	YES																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
1/4LB BEEF STEAK BURGER	NO	NO	Y					Y	Y				Y							Y

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
DOUBLE BACON & CHEESE BEEF STEAK BURGER																				
VEGAN BURGER SAUCE	YES	YES																		Y
CHEESE SLICES	YES	NO						Y												
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
DOUBLE BACON & CHEESE BEEF STEAK BURGER	NO	NO	Y					Y	Y				Y						Y	
GRILLED PAPRIKA CHICKEN																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
PAPRIKA CHICKEN BREAST	NO	NO																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
GRILLED PAPRIKA CHICKEN	NO	NO																		
BEER- BATTERED FISH & CHIPS																				
PEAS GRADE A	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
POLLOCK FILLETS	NO	NO								Y										
TARTARE SAUCE	YES	NO						Y											Y	
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
DOOM BAR CASK	NO	NO			Y															
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TABLE SALT	YES	YES																		
BEER- BATTERED FISH & CHIPS	NO	NO	Y		Y			Y		Y									Y	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
ULTIMATE HADDOCK & CHIPS																				
PEAS GRADE A	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
HADDOCK FILLET 220-250G	NO	NO							Y											
TARTARE SAUCE	YES	NO						Y							Y					
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
DOOM BAR CASK	NO	NO			Y															
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TABLE SALT	YES	YES																		
ULTIMATE HADDOCK & CHIPS	NO	NO	Y		Y			Y		Y					Y					
BREAD ADD ON																				
WHITE BLOOMER BREAD	YES	YES	Y																	
SALTED BUTTER BLOCK	YES	NO						Y												
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
BREAD ADD ON	YES	NO	Y		Y			Y												
MIXED SALAD																				
FRENCH DRESSING	YES	YES										Y			Y					
SALAD LEAF MIX	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
CUCUMBER	YES	YES																		
TOMATO M	YES	YES																		
MIXED SALAD	YES	YES										Y			Y					
MIXED GREEN VEG																				
VEG MIX GREEN	YES	NO					Y		Y											
MIXED GREEN VEG	YES	NO					Y		Y											
50Z GAMMON STEAK																				
PEAS GRADE A	YES	YES																		
50Z BOOMERANG GAMMON STEAK	NO	NO																		
CAGE FREE MED BARN EGGS	YES	NO						Y												
PINEAPPLE IN JUICE	YES	YES																		
RAPESEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
50Z GAMMON STEAK	NO	NO						Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
DOUBLE 5OZ GAMMON STEAK																				
PEAS GRADE A	YES	YES																		
5OZ BOOMERANG GAMMON STEAK	NO	NO																		
CAGE FREE MED BARN EGGS	YES	NO						Y												
PINEAPPLE IN JUICE	YES	YES																		
RAPESEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
DOUBLE 5OZ GAMMON STEAK	NO	NO						Y												
SAUSAGE & MASH																				
PEAS GRADE A	YES	YES																		
MASHED POTATO	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
BREAKFAST SAUSAGE	NO	NO	Y										Y		Y					
PAPRIKA PEPPER	YES	YES																		
SEMI SKIMMED MILK	YES	NO						Y												
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
ONIONS RED	YES	YES																		
TABLE SALT	YES	YES																		
SAUSAGE & MASH	NO	NO	Y					Y					Y		Y					
QUORN SAUSAGES & MASH																				
PEAS GRADE A	YES	YES																		
VEGAN GRAVY	YES	YES																		
MASHED POTATO	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
RAPESEED OIL	YES	YES																		
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
QUORN SAUSAGES & MASH	YES	NO	Y					Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
80Z RUMP STEAK WITH CHIPS																				
PEAS GRADE A	YES	YES																		
TABLE SALT	YES	YES																		
RAPSEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPSEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
80Z BEEF RUMP STEAK	NO	NO																		
80Z RUMP STEAK WITH CHIPS																				
80Z SIRLOIN STEAK WITH CHIPS																				
80Z BEEF SIRLOIN STEAK	NO	NO																		
PEAS GRADE A	YES	YES																		
TABLE SALT	YES	YES																		
RAPSEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPSEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
80Z SIRLOIN STEAK WITH CHIPS																				
80Z RUMP STEAK WITH SALAD																				
TABLE SALT	YES	YES																		
RAPSEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPSEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
80Z BEEF RUMP STEAK	NO	NO																		
FRENCH DRESSING	YES	YES											Y			Y				
SALAD LEAF MIX	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
CUCUMBER	YES	YES																		
TOMATO M	YES	YES																		
80Z RUMP STEAK WITH SALAD																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
8OZ SIRLOIN STEAK WITH SALAD																				
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
8OZ BEEF SIRLOIN STEAK	NO	NO																		
FRENCH DRESSING	YES	YES											Y			Y				
SALAD LEAF MIX	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
CUCUMBER	YES	YES																		
TOMATO M	YES	YES																		
8OZ SIRLOIN STEAK WITH SALAD	NO	NO											Y			Y				
CHICKEN CAESAR SALAD																				
REGATO FINE GRATE	YES	NO							Y											
RAW CHICKEN FILLET	NO	NO																		
CAESAR DRESSING RED CAL	YES	NO							Y	Y						Y				
LETTUCE ICEBERG	YES	YES																		
CIABATTA LOAF	YES	YES	Y	Y																
SALTED BUTTER BLOCK	YES	NO							Y											
RAPESEED OIL	YES	YES																		
CHICKEN CAESAR SALAD	NO	NO	Y	Y					Y	Y						Y				
BEEF & PORK LASAGNE WITH SALAD																				
RAPESEED OIL	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y							Y										
MEAT LASAGNE	NO	NO	Y		Y				Y	Y					Y	Y				
MOZZ/MILD CHEDDAR MIX	YES	NO								Y										
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
BEEF & PORK LASAGNE WITH SALAD	NO	NO	Y		Y				Y	Y			Y		Y	Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BEEF & PORK LASAGNE WITH CHIPS																				
RAPESEED OIL	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y					Y												
MEAT LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y					
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
BEEF & PORK LASAGNE WITH CHIPS	NO	NO	Y		Y			Y	Y					Y	Y					
SCAMPI & TRIPLE COOKED CHIPS																				
TARTARE SAUCE	YES	NO						Y											Y	
LOW SALT WHITBY SCAMPI	NO	NO	Y								Y									
GARDEN PEAS	YES	YES																		
LEMON CASE	YES	NO																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
SCAMPI & TRIPLE COOKED CHIPS	NO	NO	Y					Y			Y								Y	
SCAMPI & FRIES																				
TARTARE SAUCE	YES	NO						Y											Y	
LOW SALT WHITBY SCAMPI	NO	NO	Y								Y									
GARDEN PEAS	YES	YES																		
LEMON CASE	YES	NO																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
SCAMPI & FRIES	NO	NO	Y					Y			Y								Y	
SCAMPI & SALAD																				
TARTARE SAUCE	YES	NO						Y											Y	
LOW SALT WHITBY SCAMPI	NO	NO	Y								Y									
GARDEN PEAS	YES	YES																		
LEMON CASE	YES	NO																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y						Y	
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
SCAMPI & SALAD	NO	NO	Y					Y			Y		Y						Y	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
STEAK SANDWICH																				
4OZ RUMP STEAK	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
ROCKET LEAF	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
CHEESE SLICES	YES	NO							Y											
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
TOMATO M	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
STEAK SANDWICH	NO	NO	Y					Y	Y						Y					
OPEN CHICKEN SANDWICH																				
CIABATTA LOAF	YES	YES	Y	Y																
LAMBS LETTUCE	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
RAW CHICKEN FILLET	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
OPEN CHICKEN SANDWICH	NO	NO	Y	Y				Y							Y					
SWEET POTATO & FETA LASAGNE																				
GARLIC BREAD SLICES	YES	NO	Y						Y											
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
SWEET POTATO & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SWEET POTATO & FETA LASAGNE WITH SALAD																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
SWEET POTATO & FETA LASAGNE WITH SALAD	YES	NO	Y					Y	Y				Y	Y	Y					
CHICKEN MAKHANI CURRY																				
BASMATI RICE	YES	YES																		
MANGO CHUTNEY	YES	YES																		
CHICKEN MAKHANI CURRY	NO	NO						Y												
PLAIN POPPADOMS	NO	NO																		
PLAIN NAAN	YES	NO	Y				Y	Y												
FRESH HERBS CORIANDER	YES	YES																		
GREEK STYLE YOGHURT	YES	NO						Y												
CHICKEN MAKHANI CURRY	NO	NO	Y				Y	Y												
HALF RACK OF RIBS																				
RAPSEED OIL	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
SKINNY CUT FRIES	YES	YES																		
RAPSEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
HALF RACK OF RIBS	NO	NO						Y				Y			Y					
UPGRADE TO SWEET POTATO FRIES																				
SWEET POTATO FRIES	YES	YES																		
RAPSEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
UPGRADE TO SWEET POTATO FRIES	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
ADD A PUDDING																				
WARM CHOCOLATE BROWNIE	YES	NO	Y				Y	Y												
CHOCOLATE BROWNIE	YES	NO	Y				Y	Y												
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
WARM CHOCOLATE BROWNIE	YES	NO	Y				Y	Y								Y			Y	
CARAMEL APPLE BETTY WITH CREAM	YES	NO							Y											
UHT WHIPPING CREAM	YES	NO							Y											
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
CARAMEL APPLE BETTY WITH CREAM	YES	NO	Y				Y	Y	Y											
CARAMEL APPLE BETTY WITH A WHIP OF CREAM	YES	NO	Y				Y	Y	Y											
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
DAIRY AEROSOL CREAM	YES	NO							Y											
CARAMEL APPLE BETTY WITH A WHIP OF CREAM	YES	NO	Y				Y	Y	Y											
CARAMEL APPLE BETTY WITH CUSTARD	YES	NO	Y				Y	Y	Y											
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
CUSTARD RTS	YES	NO							Y											
CARAMEL APPLE BETTY WITH CUSTARD	YES	NO	Y				Y	Y	Y											
CARAMEL APPLY BETTY WITH ICE CREAM	YES	NO	Y				Y	Y	Y											
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
VANILLA ICE CREAM	YES	NO							Y											
CARAMEL APPLY BETTY WITH ICE CREAM	YES	NO	Y				Y	Y	Y											
ICE CREAM	YES	NO	Y				Y		Y											
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
VANILLA ICE CREAM	YES	NO							Y											
CHOCOLATE SAUCE	YES	YES																		
CHOCSTIX	YES	NO					Y		Y											
ICE CREAM	YES	NO	Y				Y		Y											
PROFITEROLES	YES	NO	Y					Y	Y											
PROFITEROLES	YES	NO	Y					Y	Y											
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
PROFITEROLES	YES	NO	Y					Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MINI CHOCOLATE SUNDAE	YES	NO	Y					Y	Y										Y	Y
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y										Y	Y
CHOCOLATE SAUCE	YES	YES																		
CHOCSTIX	YES	NO					Y		Y											
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
ROLLED WAFER BISCUIT	YES	NO	Y				Y	Y	Y											
MINI CHOCOLATE SUNDAE	YES	NO	Y				Y	Y	Y							Y			Y	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BEEFEATER NEXT GENERATION EVENING MENU STARTERS																				
CLASSIC PRAWN COCKTAIL																				
CIABATTA LOAF	YES	YES	Y	Y																
SALTED BUTTER BLOCK	YES	NO						Y												
PAPRIKA PEPPER	YES	YES																		
SEAFOOD SAUCE	YES	NO						Y							Y					
WARM WATER PRAWNS	NO	NO								Y										
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
LEMON CASE	YES	NO																		
CLASSIC PRAWN COCKTAIL	NO	NO	Y	Y				Y	Y		Y				Y					
MINI OVEN-BAKED CAMEMBERT																				
CAMEMBERT	YES	NO						Y												
CIABATTA LOAF	YES	YES	Y	Y																
HONEY PORTION	YES	NO																		
FRESH HERBS ROSEMARY	YES	YES																		
RAPESEED OIL	YES	YES																		
MINI OVEN-BAKED CAMEMBERT	YES	NO	Y	Y				Y												
CRISPY FLAT CAP MUSHROOMS																				
RAPESEED OIL	YES	YES																		
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y												
BBQ SAUCE	YES	YES																		
RANCH DRESSING	YES	NO						Y	Y						Y					
CRISPY FLAT CAP MUSHROOMS	NO	NO	Y				Y	Y	Y						Y					
SALT & PEPPER SQUID																				
CALAMARI	NO	NO	Y								Y									
SURF & TURF SAUCE	NO	NO	Y					Y	Y	Y	Y		Y			Y				
RAPESEED OIL	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
LEMON CASE	YES	NO																		
SALT & PEPPER SQUID	NO	NO	Y					Y	Y	Y	Y	Y	Y		Y					
BUTTERMILK CHICKEN GOUJONS																				
JALAPENO SLICE GREEN	YES	YES																		
RAPESEED OIL	YES	YES																		
AGED CHEESE SAUCE	YES	NO					Y		Y											
SMOKEY TOMATO DIP	YES	YES												Y	Y					
ONIONS SPRING BUNCH	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y						Y											
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y				Y		Y					Y	Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
LOADED POTATO DIPPERS																				
SOUR CREAM CHIVE DRESSING	YES	NO							Y											
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
LOADED POTATO DIPPERS	YES	NO							Y											
MAINS																				
BEER-BATTERED HADDOCK & CHIPS WITH PEAS																				
PEAS GRADE A	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
HADDOCK FILLET 220-250G	NO	NO							Y											
TARTARE SAUCE	YES	NO						Y									Y			
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
DOOM BAR CASK	NO	NO			Y															
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
BEER-BATTERED HADDOCK & CHIPS WITH PEAS	NO	NO	Y		Y				Y		Y						Y			
BEER-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS																				
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
MUSHY PEAS	YES	YES																		
HADDOCK FILLET 220-250G	NO	NO							Y											
TARTARE SAUCE	YES	NO						Y									Y			
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
DOOM BAR CASK	NO	NO			Y															
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
BEER-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	NO	NO	Y		Y				Y		Y						Y			
FAKE & ALE PIE																				
VEGAN GRAVY	YES	YES																		
FAKE & ALE PIE	YES	YES	Y		Y													Y		
POTATO MID	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
FAKE & ALE PIE	YES	YES	Y		Y													Y		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SMOTHERED CHICKEN MELT																				
RAW CHICKEN FILLET	NO	NO																		
RAPESEED OIL	YES	YES																		
CHEESE SLICES	YES	NO						Y												
BBQ SAUCE	YES	YES																		
SMOKED DRY CURED STREAKY BACON																				
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
SMOTHERED CHICKEN MELT																				
	NO	NO						Y	Y				Y		Y					
BACON & CHEESE BEEF BURGER																				
VEGAN BURGER SAUCE	YES	YES																	Y	
CHEESE SLICES	YES	NO							Y											
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TABLE SALT	YES	YES																		
SMOKED DRY CURED STREAKY BACON																				
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y										Y	
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
BACON & CHEESE BEEF BURGER																				
	NO	NO	Y					Y	Y				Y		Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
DOUBLE BACON & CHEESE BEEF STEAK BURGER																				
VEGAN BURGER SAUCE	YES	YES																		Y
CHEESE SLICES	YES	NO						Y												
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y											Y	
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
DOUBLE BACON & CHEESE BEEF STEAK BURGER	NO	NO	Y					Y	Y				Y			Y				
VEGAN SLOPPY JOE																				
SLOPPY JOES VEGAN MIX	YES	YES			Y		Y								Y					
BEYOND MEAT BURGER	YES	YES																		
VEGAN BURGER SAUCE	YES	YES																		Y
COLESLAW MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
FRENCH DRESSING	YES	YES										Y				Y				
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
SALAD LEAF MIX	YES	YES																		
VEGAN BUN	YES	YES	Y	Y		Y														
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
ONIONS RED	YES	YES																		
VEGAN SLOPPY JOE	YES	YES	Y	Y	Y	Y	Y					Y		Y	Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
STEAKS																				
8OZ RUMP WITH CHIPS																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
LAMBS LETTUCE	YES	YES																		
ROCK SALT	YES	YES																		
8OZ BEEF RUMP STEAK	NO	NO																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
8OZ RUMP WITH CHIPS	NO	NO																		
8OZ RUMP WITH SALAD																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
LAMBS LETTUCE	YES	YES																		
ROCK SALT	YES	YES																		
8OZ BEEF RUMP STEAK	NO	NO																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
FRENCH DRESSING	YES	YES											Y				Y			
SALAD LEAF MIX	YES	YES																		
CUCUMBER	YES	YES																		
COLESLAW MIX	YES	YES																		
8OZ RUMP WITH SALAD	NO	NO											Y				Y			

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
8OZ SIRLOIN WITH CHIPS	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
LAMBS LETTUCE	YES	YES																		
8OZ BEEF SIRLOIN STEAK	NO	NO																		
RAPESEED OIL	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
8OZ SIRLOIN WITH CHIPS	NO	NO																		
8OZ SIRLOIN WITH SALAD	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
LAMBS LETTUCE	YES	YES																		
8OZ BEEF SIRLOIN STEAK	NO	NO																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
8OZ SIRLOIN WITH SALAD	NO	NO											Y			Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
8OZ FILLET WITH CHIPS																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
LAMBS LETTUCE	YES	YES																		
8OZ FILLET STEAK	NO	NO																		
RAPESEED OIL	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
8OZ FILLET WITH CHIPS	NO	NO																		
8OZ FILLET WITH SALAD																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
LAMBS LETTUCE	YES	YES																		
8OZ FILLET STEAK	NO	NO																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y				Y				
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
8OZ FILLET WITH SALAD	NO	NO										Y				Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
12OZ 28 DAY-MATURED FILLETWITH CHOICE OF BUTTER																				
TABLE SALT	YES	YES																		
12OZ FILLET	NO	NO																		
SIGNATURE SAUCE	NO	NO			Y			Y						Y						
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
MUSHROOM & WHITE WINE SAUCE	YES	NO	Y				Y	Y				Y		Y	Y					
TOMATO M	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
MUSHROOM FLAT	YES	YES																		
PEASHOOTS	YES	YES																		
TABLE SALT	YES	YES																		
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
SEA SALT BLACK PEPR BUTTER	YES	NO							Y											
GARLIC AND PARSLEY BUTTER	YES	NO							Y											
FRESH HERBS FLAT PARSLEY	YES	YES																		
12OZ 28 DAY-MATURED FILLETWITH CHOICE OF BUTTE	NO	NO	Y		Y		Y	Y				Y		Y	Y					
MIXED GREEN VEG OPTION																				
VEG MIX GREEN	YES	NO					Y	Y												
MIXED GREEN VEG OPTION	YES	NO					Y	Y												
MIXED SALAD OPTION																				
FRENCH DRESSING	YES	YES										Y			Y					
SALAD LEAF MIX	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
CUCUMBER	YES	YES																		
TOMATO M	YES	YES																		
MIXED SALAD OPTION	YES	YES										Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
HONEY & MUSTARD GLAZED GAMMON																				
HONEY MUSTARD DRESSING	YES	NO						Y	Y							Y				
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
HORSESHOE GAMMON 10OZ	NO	NO																		
ROCK SALT	YES	YES																		
GARDEN PEAS	YES	YES																		
RAPESEED OIL	YES	YES																		
PREMIUM CHIP	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
HONEY & MUSTARD GLAZED GAMMON	NO	NO						Y	Y							Y				
LOBSTER DOUBLE STACK BURGER																				
STEAK BURGER 4OZ	NO	NO																		
BRIOCHE ROLLS	YES	NO	Y					Y	Y											
VEGAN BURGER SAUCE	YES	YES																	Y	
CHEESE SLICES	YES	NO							Y											
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
DOOM BAR CASK	NO	NO			Y															
LOBSTER MIX	NO	NO									Y									
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y											Y	
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
ONIONS RED	YES	YES																		
LOBSTER DOUBLE STACK BURGER	NO	NO	Y		Y			Y	Y		Y					Y				
PUDDINGS																				
CHOCOLATE CHURROS SUNDAE																				
CHURROS	YES	YES	Y																	
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y								Y			Y
DAIRY AEROSOL CREAM	YES	NO							Y											
FRESH HERBS MINT	YES	YES																		
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
CHOCOLATE CHURROS SUNDAE	YES	NO	Y					Y	Y							Y				Y

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MELT IN THE MIDDLE CHOCOLATE FONDANT																				
CHOCOLATE & CARAMEL FONDANT PUDDING	YES	NO	Y				Y	Y	Y											
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
MELT IN THE MIDDLE CHOCOLATE FONDANT																				
CHOCOLATE & CARAMEL FONDANT PUDDING	YES	NO	Y				Y	Y	Y											
BAKED VANILLA FLAVOUR CHEESECAKE																				
BAKED CHEESECAKE	YES	NO	Y			Y		Y	Y											
BLACKCURRANTS PROSECCO COMPOTE	YES	YES																		
BAKED VANILLA FLAVOUR CHEESECAKE	YES	NO	Y			Y		Y	Y											
PROFITEROLES																				
PROFITEROLES	YES	NO	Y					Y	Y											
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
PROFITEROLES	YES	NO	Y					Y	Y											
APPLE & BLACKBERRY CRUMBLE WITH ICE CREAM																				
FLAPJACK CRUMBLE TOPPING	YES	YES				Y														
APPLE & BLACKBRY COMPOTE	YES	NO										Y								
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
APPLE & BLACKBERRY CRUMBLE WITH ICE CREAM	YES	NO				Y			Y			Y								
APPLE & BLACKBERRY CRUMBLE WITH CUSTARD																				
FLAPJACK CRUMBLE TOPPING	YES	YES				Y														
APPLE & BLACKBRY COMPOTE	YES	NO										Y								
FRESH HERBS MINT	YES	YES																		
CUSTARD RTS	YES	NO							Y											
APPLE & BLACKBERRY CRUMBLE WITH CUSTARD	YES	NO				Y			Y			Y								
COCONUT SORBET																				
COCONUT MILK SORBET	YES	YES																		
FRESH HERBS MINT	YES	YES																		
COCONUT SORBET	YES	YES																		

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Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SUNDAY BEST THE MAIN EVENT																				
SLOW- COOKED BEEF																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
BEEF SHOULDER COOKED	NO	NO																		
RAPESEED OIL	YES	YES																		
ROCK SALT	YES	YES																		
GARDEN PEAS	YES	YES																		
FRESH HERBS THYME	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO						Y												
SUNDAY ROAST STUFFING	YES	YES	Y																	
PIGS IN BLANKETS	NO	NO										Y								
SHREDDED SAVOY CABBAGE	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
RAPESEED OIL	YES	YES																		
ROCK SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
VILLA D'ELSA ROSSO	YES	NO										Y			Y					
SLOW- COOKED BEEF	NO	NO	Y					Y	Y			Y		Y						
HALF ROAST CHICKEN																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
FRESH HERBS THYME	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROASTED HALF CHICKEN	NO	NO																		
ROOT VEG MASH	YES	NO							Y											
SUNDAY ROAST STUFFING	YES	YES	Y																	
PIGS IN BLANKETS	NO	NO										Y								
SHREDDED SAVOY CABBAGE	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
RAPESEED OIL	YES	YES																		
ROCK SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
GRAVY CONCENTRATE	NO	NO												Y						
VILLA D'ELSA ROSSO	YES	NO										Y			Y					
HALF ROAST CHICKEN	NO	NO	Y					Y	Y			Y		Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
RUMP OF LAMB																				
LAMB RUMP	NO	NO																		
SUNDAY ROAST STUFFING	YES	YES	Y																	
PIGS IN BLANKETS	NO	NO										Y								
ROCK SALT	YES	YES																		
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
RAPESEED OIL	YES	YES																		
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
GARDEN PEAS	YES	YES																		
FRESH HERBS THYME	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO						Y												
SHREDDED SAVOY CABBAGE	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO													Y					
VILLA D'ELSA ROSSO	YES	NO										Y								
RAPESEED OIL	YES	YES																		
ROCK SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
RUMP OF LAMB																				
	NO	NO	Y					Y	Y					Y		Y				
FAKE & ALE PIE																				
VEGAN GRAVY	YES	YES																		
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
SUNDAY ROAST STUFFING	YES	YES	Y																	
FAKE & ALE PIE	YES	YES	Y		Y										Y					
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO						Y												
POTATOES ROAST CUT	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
SHREDDED SAVOY CABBAGE	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
FAKE & ALE PIE																				
	YES	NO	Y		Y			Y	Y					Y						
MAKE IT SPECIAL- ADD CAULIFLOWER CHEESE																				
CAULIFLOWER CHEESE	YES	NO						Y	Y											
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
MAKE IT SPECIAL- ADD CAULIFLOWER CHEESE																				
	YES	NO						Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

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Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
FOR THE LITTLE ONES																				
SLOW COOKED BEEF																				
BEEF SHOULDER COOKED	NO	NO																		
GARDEN PEAS	YES	YES																		
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
ROCK SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
SLOW COOKED BEEF	NO	NO	Y					Y	Y					Y	Y					
CHICKEN BREAST																				
GARDEN PEAS	YES	YES																		
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
RAPESEED OIL	YES	YES																		
RAW CHICKEN FILLET	NO	NO																		
RAPESEED OIL	YES	YES																		
ROCK SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
CHICKEN BREAST	NO	NO	Y					Y	Y					Y	Y					

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Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BEEFEATER NEXT GENERATION DRAUGHT BEERS & CIDER																				
GUINNESS	NO	NO			Y															
SAN MIGUEL	YES	YES			Y							Y								
COORS LIGHT DRAUGHT	NO	NO	Y		Y															
STELLA	YES	YES			Y															
STAROPRAMEN	NO	NO	Y		Y															
SHARPS ATLANTIC KEG	NO	NO			Y															
THATCHERS	YES	YES										Y								
ADNAMS SLOE STORM	NO	NO			Y				Y											
FUNKIN PASSION FRUIT MARTINI																				
FUNKIN PASSION F MARTINI	YES	YES																		
PASSIONFRUIT	YES	YES																		
FUNKIN PASSION FRUIT MARTINI	YES	YES																		
FUNKIN ESPRESSO MARTINI																				
ESPRESS MARTINI COCKTAIL	YES	YES																		
PTS MOCHA ITALIA BEANS	YES	YES																		
FUNKIN ESPRESSO MARTINI	YES	YES																		

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BREAKFAST MENU																				
ACCOMPANIMENTS																				
SEMI SKIMMED MILK	YES	NO						Y												
WHOLE MILK	YES	NO						Y												
SKIMMED MILK	YES	NO						Y												
ALPRO SOYA DRINK	YES	YES					Y													
SWEET N LOW	YES	NO																		
WHITE SUGAR SACHETS	YES	YES																		
BROWN SUGAR SACHETS	YES	YES																		
FULL BREAKFAST																				
BACON																				
UNSMOKED BACK BACON	NO	NO																		
TOTAL BACON	NO	NO																		
SAUSAGE																				
BREAKFAST SAUSAGE	NO	NO	Y									Y								
TOTAL SAUSAGE	NO	NO	Y									Y								
VEGETARIAN SAUSAGE																				
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
TOTAL VEGETARIAN SAUSAGE	YES	NO	Y					Y	Y											
SCRAMBLED EGG																				
MED FRESH EGGS	YES	NO						Y												
SEMI SKIMMED MILK	YES	NO							Y											
TOTAL SCRAMBLED EGG	YES	NO						Y	Y											
FRIED EGG																				
MED FRESH EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
TOTAL FRIED EGG	YES	NO						Y												
POACHED EGG																				
MED FRESH EGGS	YES	NO						Y												
TOTAL POACHED EGG	YES	NO						Y												
BOILED EGG																				
MED FRESH EGGS	YES	NO						Y												
TOTAL BOILED EGG	YES	NO						Y												
OMELETTE																				
MED FRESH EGGS	YES	NO						Y												
SALTED BUTTER	YES	NO							Y											
TOTAL OMELETTE	YES	NO						Y	Y											

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Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
HASH BROWNS																				
HASH BROWNS	YES	YES																		
RAPESEED OIL	YES	YES																		
TOTAL HASH BROWNS	YES	YES																		
BUBBLE AND SQUEAK																				
BUBBLE AND SQUEAK	YES	NO						Y												
RAPESEED OIL	YES	YES						Y												
TOTAL BUBBLE AND SQUEAK	YES	NO						Y												
BLACK PUDDING																				
BLACK PUDDING	NO	NO	Y		Y															
TOTAL BLACK PUDDING	NO	NO	Y		Y															
MUSHROOMS WITH BUTTER																				
MUSHROOM CUP	YES	YES																		
SALTED BUTTER	YES	NO						Y												
TOTAL MUSHROOMS WITH BUTTER	YES	NO						Y												
TOMATO																				
TOMATO M	YES	YES																		
TOTAL TOMATO	YES	YES																		

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	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TOMATO (RATIONAL)																				
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
TOTAL TOMATO (RATIONAL)	YES	YES																		
BEANS																				
BAKED BEANS	YES	YES																		
TOTAL BEANS	YES	YES																		
CONTINENTAL BREAKFAST																				
BAKERY																				
CROISSANT	YES	NO	Y					Y	Y											
MINI PAIN AUX RAISIN	YES	NO	Y					Y	Y											
MINI PAIN AUX CHOCOLAT	YES	NO	Y				Y	Y	Y											
CINNAMON AND RAISIN BAGELS	YES	YES	Y		Y															
BLUEBERRY MINI MUFFIN	YES	NO	Y					Y	Y											
delisted SOURDOUGH CRUMPETS	YES	YES	Y																	
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
GLUTEN FREE BREAD SLICE	YES	NO						Y												
REDUCED SUGAR PANCAKE	YES	NO	Y					Y	Y											
NUTELLA CHOCOLATE SPREAD PORTIONS																				
PEANUT BUTTER																				
MAPLE SYRUP PORTIONS	YES	YES																		
ORANGE MARMALADE PORTIONS																				
HONEY PORTION	YES	NO																		
MARMITE PORTIONS																				
STRAWBERRY JAM PORTIONS	YES	YES																		
delisted ASSORTED JAM PORTIONS- RASPBERRY																				
delisted ASSORTED JAM PORTIONS- BLACKCURRANT																				
delisted ASSORTED JAM PORTIONS- APRICOT																				
SALTED BUTTER PORTIONS	YES	NO							Y											
SUNFLOWER SPREAD	YES	NO																		
FRUITS																				
FRUIT SALAD	YES	YES																		
APPLES GREEN	YES	YES																		
BANANAS	YES	YES																		
FRUIT BERRY MIX	YES	YES																		
DRIED FRUIT MIX	YES	YES											Y							

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	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
YOGHURTS AND CEREALS																				
STRAWBERRY YOGHURT	YES	NO							Y											
VANILLA YOGHURT	YES	NO							Y											
GREEK STYLE YOGHURT	YES	NO							Y											
COCO POPS	YES	NO			Y															
CRUNCHY NUT CORNFLAKES	YES	NO			Y												Y			
CORNFLAKES	YES	NO			Y															
SPECIAL K	YES	NO	Y		Y															
WEETABIX	YES	YES	Y		Y															
KELLOGG'S MUESLI FRUIT	YES	NO	Y	Y	Y	Y			Y				Y							
RICE KRISPIES	YES	NO			Y															
BRAN FLAKES	YES	NO	Y		Y	Y														
GRANOLA QUAKER OAT RAISIN	YES	NO	Y			Y														
PORRIDGE WITH COWS' MILK																				
OATS2GO PORRIDGE SACHETS	YES	YES				Y														
SEMI SKIMMED MILK	YES	NO							Y											
WHOLE MILK	YES	NO							Y											
SKIMMED MILK	YES	NO							Y											
TOTAL PORRIDGE WITH COWS' MILK	YES	NO							Y											
PORRIDGE WITH ALPRO SOYA DRINK																				
OATS2GO PORRIDGE SACHETS	YES	YES				Y														
ALPRO SOYA DRINK	YES	YES					Y													
TOTAL PORRIDGE WITH ALPRO SOYA DRINK	YES	YES				Y	Y													
DRINKS																				
TEAS PLEASE SEE TWINNINGS WEBSITE																				
COSTA COFFEE-ALLERGY DEPENDS ON DRINK. SEE COSTA WEBSITE																				
FRUIT JUICES & SMOOTHIES																				
ORANGE JUICE	YES	YES																		
APPLE JUICE	YES	YES																		
CRANBERRY JUICE DRINK	YES	YES											Y							
TROPICAL SMOOTHIE	YES	YES																		

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NO Not suitable for ovo-lacto vegetarians/ vegans