

## Allergy Information Guide Information:

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; we cannot say that any dish on our menus is "free-from" any allergen, but only that it does not contain that allergen as an ingredient. Our allergen information sheet does not include any "may contains" information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before.

Our allergen information covers the following major allergens: Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut), Pecan, Pistachio, Walnut) and products thereof.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

## **KEY FOR BEEFEATER ALLERGY INFORMATION GUIDE**

Yes The allergen is present

**Yes** Suitable for ovo-lacto vegetarians/ vegans

**No** Not suitable for ovo-lacto vegetarians/ vegans



11		any energy and on			take (RI), for adul	is are given below	•							
	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt						
Reference Intake (RI)	kJ	kcal	g	g	g	g	g	g						
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0						
The figures below give the nutriti divide this by the number						0 0								
	Nutrition Information Per Portion													
Product/ Dish Description	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)						
Queen's Jubilee Dessert - Chocolate Tiffin	2014	481	27.5	13.1	52.6	29.2	4.5	0.4						

Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	ls the product suitable for Vegans?	Is the Product suitable for Vegetarians?
	Beefeater Queen's Jubilee Dessert - Chocolate Tiffin																									
CHOCOLATE TIFFIN	Yes			Yes	Yes		Yes																		No	Yes
Crumble Topping (10003089)				Yes																					Yes	Yes
Chocolate Sauce (10002185)																									Yes	Yes
Vanilla Dairy Ice Cream (54575)							Yes																		No	Yes
Chocolate Biscuit Cake (10003387)	Yes				Yes		Yes																		No	Yes

Product Description	Die Cho		Cerea	ls Conta	aining G	luten	Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
							JUI	BILEE DF	RINK											
ROYAL G & TEA																				
WARNERS LONDON DRY GIN	YES	YES																		
Schweppes Slimline Tonic	YES	YES																		
LEMONS	YES	NO																		
PG EARL GREY TEA	YES	YES																		
MINT LEAVES	YES	YES																		
ROYAL G &TEA	YES	NO																		