



Allergy Information Guide Information:

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; **we cannot say that any dish on our menus is "free-from" any allergen**, but only that it does not contain that allergen as an ingredient. Our allergen information sheet **does not** include any “**may contains**” information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before.

Our allergen information covers the following major allergens: **Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut) , Pecan, Pistachio, Walnut) and products thereof.**

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

KEY FOR BEEFEATER ALLERGY INFORMATION GUIDE

Yes The allergen is present

Yes Suitable for ovo-lacto vegetarians/ vegans

No Not suitable for ovo-lacto vegetarians/ vegans



The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BEEFEATER CORE MENU								
STARTERS								
BEEF POPCORN	164	39	0.9	0.4	5.8	0.1	1.2	0.0
BUTTERMILK CHICKEN GOUJONS WITH HOT SAUCE	1807	432	22.4	2.6	31.4	3.6	25.3	2.1
BUTTERMILK CHICKEN GOUJONS WITH BBQ SAUCE	1873	447	22.8	2.8	35.0	6.6	25.2	2.0
CHEESY FILLED MUSHROOMS	2217	529	34.2	14.1	32.3	1.6	20.7	2.3
CLASSIC PRAWN COCKTAIL	1921	459	21.9	6.7	40.7	13.8	22.4	2.2
CAULI POPCORN WITH HOT SAUCE	1112	266	12.2	1.4	33.3	5.3	4.4	1.4
CAULI POPCORN WITH BBQ SAUCE	1177	281	12.6	1.6	36.9	8.3	4.3	1.4
SALT & PEPPER CALAMARI	2238	535	39.5	3.2	28.4	1.8	15.8	4.7
LOADED WEDGE SALAD WITH CAESAR DRESSING	1588	379	28.0	7.0	17.5	3.7	13.2	1.9
LOADED WEDGE SALAD WITH BLUE CHEESE DRESSING	1784	426	33.4	8.0	17.5	4.1	12.7	1.8
POTATO DIPPERS - CHS WITH HOT SAUCE	1914	457	25.6	11.0	37.0	3.7	19.5	1.5
POTATO DIPPERS - CHS WITH BBQ SAUCE	1979	473	26.0	11.2	40.6	6.7	19.5	1.5
POTATO DIPPERS - CHS WITH SOUR CREAM	1998	477	28.6	12.9	35.0	2.7	20.2	1.1
UPGRADE STREAKY BACON ADD	263	63	4.0	1.3	0.2	0.1	6.5	0.9
SHARING STARTERS								
SIGNATURE SHARING PLATTER Total	6266	1497	62.5	14.9	152.3	27.8	81.7	7.0
SIGNATURE SHARING PLATTER Per Person (2 sharing)	3133	748	31.3	7.4	76.1	13.9	40.9	3.5
STONEBAKED GARLIC FLATBREAD	4853	1159	55.2	15.5	134.6	6.9	26.9	2.3
STONEBAKED GARLIC FLATBREAD Per Person (2 sharing)	2427	580	27.6	7.8	67.3	3.4	13.4	1.2
ADD CHEESE Total	837	200	15.2	9.6	1.4	0.4	14.8	0.9
ADD CHEESE Per Person (2 sharing)	418	100	7.6	4.8	0.7	0.2	7.4	0.5
BEEF STONEBAKED FLATBREAD Total	4901	1171	55.4	15.5	136.4	7.9	27.6	4.1
BEEF STONEBAKED FLATBREAD Per Person (2 sharing)	2450	585	27.7	7.8	68.2	3.9	13.8	2.0
ADD CHEESE Total	837	200	15.2	9.6	1.4	0.4	14.8	0.9
ADD CHEESE Per Person (2 sharing)	418	100	7.6	4.8	0.7	0.2	7.4	0.5
NACHOS Total	3536	844	53.1	16.0	65.2	8.5	23.1	2.9
NACHOS Per Person (2 sharing)	1768	422	26.6	8.0	32.6	4.2	11.6	1.4
UPGRADE SLOPPY JOE ADD	517	123	1.6	0.2	19.2	7.9	6.0	0.8
UPGRADE SLOPPY JOE ADD Per Person (2 sharing)	258	62	0.8	0.1	9.6	4.0	3.0	0.4
UPGRADE PULLED BEEF ADD	484	116	3.3	1.0	2.4	1.7	18.2	0.5
UPGRADE PULLED BEEF ADD Per Person (2 sharing)	242	58	1.7	0.5	1.2	0.9	9.1	0.3

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
CRUNCH CHICKEN WINGS X4 W/ HOT SAUCE	2366	565	31.8	4.5	42.7	6.9	25.3	1.3
CRUNCH CHICK WINGS X4 W/ BBQ SAUCE	2453	586	32.3	4.7	47.5	10.9	25.2	1.2
CRUNCH CHICK WINGS X4 W/ BLUE CHEESE DRESSING	2478	592	42.4	5.8	27.7	4.7	24.2	0.9
CRUNCH CHICK WINGS X8 W/ HOT SAUCE Total	3949	943	55.5	8.0	60.4	13.2	48.2	2.3
CRUNCH CHICK WINGS X8 W/ BBQ SAUCE Total	4123	985	56.5	8.5	70.0	21.2	48.0	2.1
CRUNCH CHICK WINGS X8 W/ BLUE CHEESE DRESSING Total	4974	1188	85.1	11.6	55.5	9.4	48.7	1.8
CRUNCH CHICKEN WINGS X12 W/ HOT SAUCE Total	5923	1415	83.2	11.9	90.6	19.8	72.3	3.4
CRUNCH CHICK WINGS X12 W/ BBQ SAUCE Total	6185	1477	84.7	12.8	105.0	31.8	72.0	3.2
CRUNCH CHICK WINGS X12 W/ BLUE CHEESE DRESSING	7461	1782	127.6	17.4	83.3	14.0	73.0	2.8
THRILL OF THE GRILL								
CHARGRILLED SALMON WITH FRIES	4742	1133	79.1	17.1	57.6	3.0	45.4	2.4
CHARGRILLED SALMON WITH VEGGIE RICE	4096	978	66.0	16.2	50.6	4.8	44.3	1.3
ADD GRILLED VEGGIES	494	118	6.3	0.6	7.8	5.2	5.5	0.1
MIXED GRILL	5628	1344	65.5	16.5	64.7	5.8	121.1	8.9
MIXED GRILL WITH 8OZ RUMP	6263	1496	72.0	19.4	64.8	6.0	145.7	9.3
MIXED GRILL WITH 8OZ SIRLOIN	6300	1505	73.7	20.4	64.8	5.8	141.3	9.0
CHARGRILLED LAMB CHOPS	3582	856	40.9	20.4	70.3	28.7	46.9	3.1
CHARGRILLED GAMMON STEAK	4290	1025	57.0	5.6	69.6	22.3	57.2	6.9
SMOTHERED CHICKEN MELT	3385	809	35.4	8.8	66.0	17.8	53.3	5.0
CHARGRILLED PRAWNS WITH FRIES	3920	936	57.2	14.3	58.7	3.3	44.7	3.0
CHARGRILLED PRAWNS WITH RICE	3273	782	44.1	13.4	51.7	5.1	43.5	1.9
ADD GRILLED VEGGIES	494	118	6.3	0.6	7.8	5.2	5.5	0.1
THE BEEFEATER BBQ								
THE FLAME GRILL COMBO	9305	2222	117.8	38.3	147.5	31.2	145.3	10.8
UPGRADE WITH HALF RACK OF RIBS ADD	1404	335	19.2	7.0	12.7	9.7	28.0	1.4
RACK OF PORK RIBS	4867	1163	59.3	15.9	91.9	30.9	63.1	6.0
CHARGRILLED 1/2 CHICKEN WITH HOT SAUCE	5616	1341	55.9	8.8	130.5	31.2	80.5	7.3
CHARGRILLED 1/2 CHICKEN WITH BBQ SAUCE	5681	1357	56.3	9.0	134.1	34.2	80.5	7.3
CHICK & PORK RIBS	4441	1061	48.1	9.8	88.8	17.3	68.5	5.4
UPGRADE WITH HALF RACK OF RIBS ADD	1404	335	19.2	7.0	12.7	9.7	28.0	1.4
MIXED VEGETABLE GRILL COMBO	7423	1773	95.3	38.7	162.7	39.8	63.3	9.1
UPGRADE SEASONED RICE ADD	921	220	2.0	0.3	45.6	2.0	4.2	0.6

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
STEAK YOUR WAY								
ADD '74 BBQ GLAZE	134	32	0.4	0.2	6.9	5.4	0.4	0.4
ADD '74 HOT SAUCE	69	17	0.0	0.0	3.3	2.4	0.4	0.5
8OZ* SIRLOIN	3056	730	34.5	8.6	48.9	2.8	52.6	2.8
10OZ* RIBEYE	3830	915	46.8	14.6	51.0	5.0	68.8	1.7
8OZ* FILLET	3154	753	36.2	9.7	49.2	3.1	53.8	2.6
8OZ* RUMP	3018	721	32.7	7.6	48.9	3.0	57.0	3.1
PREMIUM T-BONE	6647	1588	104.7	36.6	67.0	5.2	88.1	3.7
SURF & TURF COMBO	4945	1181	70.7	16.3	62.3	4.0	71.1	4.5
CHOOSE YOUR SIDE								
CHOPPED SALAD	344	82	3.0	0.4	9.3	6.4	2.6	0.2
CORN RIBLETS	1431	342	18.0	1.5	50.7	4.9	3.7	0.3
MAC & CHEESE	1781	426	27.4	17.3	25.2	3.5	18.7	1.4
CHARGILLED VEGGIES	608	145	8.3	0.7	9.6	6.5	5.9	0.1
GRILL MASTER BEANS	640	153	0.9	0.3	27.2	14.5	6.8	1.4
UPGRADE PULLED BEEF ADD	484	116	3.3	1.0	2.4	1.7	18.2	0.5
SEASONED VEGGIE RICE	921	220	2.0	0.3	45.6	2.0	4.2	0.6
SEAL THE DEAL								
JUMBO GARLIC PRAWNS	741	177	13.7	5.9	0.8	0.3	12.7	0.3
PULLED BEEF BARBACOA	484	116	3.3	1.0	2.4	1.7	18.2	0.5
FRIED EGG	452	108	8.5	1.8	0.1	0.1	7.9	0.0
PEPPERCORN SAUCE	123	29	0.7	0.4	4.1	2.2	1.5	0.7
BEARNAISE SAUCE	590	141	13.8	8.5	2.9	0.6	0.8	0.6
BLUE CHEESE SAUCE	453	108	11.1	1.4	1.5	1.0	0.6	0.3
BURGERS AND BUNS								
THE HOUSE STACK	6394	1527	83.4	28.4	116.4	23.8	73.3	7.8
THE DOUBLE CRUNCH	5839	1395	57.7	7.5	146.7	24.4	67.2	7.2
UPGRADE AVOCADO ADD	481	115	10.0	2.5	4.4	0.9	0.6	0.2
THE CHICK 'N' GRILL	4386	1048	40.6	6.1	111.7	20.5	54.4	6.1
UPGRADE AVOCADO ADD	481	115	10.0	2.5	4.4	0.9	0.6	0.2
THE BIG DIPPER	6430	1536	81.8	28.6	105.1	11.7	90.1	7.1
THE HALLO-ME	4981	1190	60.6	15.7	122.1	25.9	30.8	5.3
UPGRADE VEGAN BACON ADD	165	40	0.4	0.1	2.0	0.2	6.3	0.7
THE B DAWG	6428	1535	68.3	15.7	180.5	38.9	49.5	15.0
UPGRADE PULLED BEEF ADD	484	116	3.3	1.0	2.4	1.7	18.2	0.5
THE SLOPPY JOE BURGER	5056	1208	55.6	11.8	131.0	25.3	37.3	5.9
UPGRADE VEGAN BACON ADD	165	40	0.4	0.1	2.0	0.2	6.3	0.7

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
MUCH LOVED CLASSICS								
BEER BATTERED HADDOCK & CHIPS WITH PEAS	3866	923	47.8	5.2	77.7	7.4	43.9	2.9
BEER BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4025	961	47.9	5.2	84.2	6.1	46.2	3.4
BEEF LASAGNE WITH SALAD	3367	804	41.0	16.7	71.5	19.3	33.3	3.7
BEEF LASAGNE WITH CHIPS	4467	1067	53.2	17.6	107.0	13.9	35.6	4.2
BEEF & ALE PIE	4898	1170	61.3	25.1	111.0	19.1	36.5	5.8
SPINACH & RICOTTA CANNELLONI WITH SALAD	4150	991	56.0	26.3	88.0	22.4	30.2	2.6
SPINACH & RICOTTA CANNELLONI WITH CHIPS	5250	1254	68.2	27.2	123.4	17.0	32.4	3.2
BEEFEATER HOUSE SALAD	1507	360	20.2	3.7	31.1	21.3	7.4	0.9
UPGRADE SALMON ADD	1502	359	22.6	3.0	0.1	0.1	38.7	0.3
UPGRADE HALLOUMI SLICES ADD	1476	352	27.4	17.6	0.1	0.1	24.6	2.4
UPGRADE CHICKEN BREAST ADD	649	155	2.5	0.6	0.1	0.5	32.7	1.1
UPGRADE 4OZ RUMP ADD	635	152	6.5	2.9	0.1	0.2	24.6	0.4
SIDES								
BEER BATTERED ONION RINGS	1172	280	15.0	1.2	31.3	4.2	3.8	0.7
HOUSE SLAW	761	182	13.1	1.0	12.3	9.6	2.1	2.1
VEGAN SLAW	865	207	15.3	1.1	13.8	11.6	1.9	1.9
HALLOUMI FRIES	2196	524	44.0	15.4	3.2	1.5	28.7	3.4
CHOPPED SALAD	344	82	3.0	0.4	9.3	6.4	2.6	0.2
SKINNY FRIES	1568	374	15.1	1.2	52.7	0.1	5.4	1.7
SWEET POTATO FRIES	1216	290	15.0	1.5	35.7	12.7	1.1	0.7
TRIPLE COOKED CHIPS	1438	343	15.2	1.3	44.5	0.7	4.8	0.6
SKIN ON MINI ROASTIES	1374	328	24.5	11.6	23.8	4.8	3.0	0.1
MAC & CHEESE	1781	426	27.4	17.3	25.2	3.5	18.7	1.4
LOADED CHEESEY FRIES	2423	579	31.8	3.2	63.6	6.4	7.7	3.1
UPGRADE PULLED BEEF ADD	484	116	3.3	1.0	2.4	1.7	18.2	0.5
LOADED VEGAN FRIES	2088	499	25.2	1.9	60.4	5.4	5.8	2.5
UPGRADE SLOPPY JOE ADD	517	123	1.6	0.2	19.2	7.9	6.0	0.8
CHARGILLED VEGGIES	608	145	8.3	0.7	9.6	6.5	5.9	0.1
CORN RIBLETS	1431	342	18.0	1.5	50.7	4.9	3.7	0.3
GRILL MASTER BEANS	640	153	0.9	0.3	27.2	14.5	6.8	1.4
UPGRADE PULLED BEEF ADD	484	116	3.3	1.0	2.4	1.7	18.2	0.5
SEASONED VEGGIE RICE	921	220	2.0	0.3	45.6	2.0	4.2	0.6

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
DESSERTS								
APPLE & BLACKBERRY CRUMBLE WITH ICE CREAM	2513	600	16.6	5.7	103.9	61.6	4.8	0.4
APPLE & BLACKBERRY CRUMBLE WITH CUSTARD	2649	633	16.7	5.5	111.0	64.8	5.9	0.5
CHOCOLATE CHURROS SUNDAE	3052	729	29.2	12.5	101.7	54.2	12.3	0.4
CHOCOLATE & HAZELNUT DOME	2162	516	37.3	21.3	38.6	29.8	5.3	0.3
STICKY TOFFEE PUDDING WITH ICE CREAM	2433	581	17.8	9.4	97.9	71.9	6.3	1.0
STICKY TOFFEE PUDDING WITH CUSTARD	2569	614	17.9	9.3	104.9	75.1	7.4	1.1
TRIPLE CHOCOLATE BROWNIE	2700	645	24.1	14.1	94.4	73.9	9.0	0.3
BAKED NEW YORK STYLE CHEESECAKE	1940	463	18.3	10.3	64.0	49.9	10.1	0.5
MINI CHOC TORTE ONLY	535	128	6.9	3.4	14.7	11.5	1.2	0.1
WAFFLES & ICE CREAM	3083	736	29.9	14.2	105.1	65.9	10.3	1.3
MINI SUNDAE	1651	394	14.6	8.9	57.2	45.8	6.8	0.2
VANILLA ICE CREAM & BERRIES	918	219	8.4	5.3	29.3	28.1	6.2	0.1
ICE CREAM & BERRIES VEGAN	1059	253	9.2	7.7	41.9	25.5	0.9	0.1
CHOCOLATE LAYER TORTE VEGAN	1206	288	13.7	6.8	37.4	27.1	2.3	0.2
ADD VEGAN ICE CREAM	330	79	3.1	2.6	12.8	7.3	0.1	0.0
PEANUT BUTTER BANANA SUNDAE VEGAN	3578	855	37.5	12.3	113.3	51.6	13.2	0.6
COOKIE DOUGH & ICE CREAM	3255	777	36.3	18.7	101.3	68.3	9.4	0.6
BANOFFEE WAFFLE SUNDAE	3500	836	32.9	17.9	119.4	94.3	13.7	1.3

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	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
KIDS STARTERS								
BAKED FLATBREAD WITH GARLIC & PARSLEY SPREAD	873	209	10.9	3.3	22.5	1.2	4.5	0.4
BAKED NACHOS & DIPS	667	159	6.4	0.8	21.0	2.5	3.3	0.2
VEGGIE STICKS & DIP	105	25	0.2	0.0	3.9	3.7	1.6	0.0
KIDS MAINS								
OVEN BAKED FISH BITES WITH FRIES	1817	434	19.2	1.5	45.6	1.7	18.9	1.5
7 VEG & TOMATO PASTA	985	235	3.8	0.5	40.8	6.8	7.5	0.6
SPAGHETTI BOLOGNESE	1486	355	5.8	2.2	52.0	7.3	21.5	0.3
MARGHERITA PIZZA	1305	312	6.7	4.4	49.3	2.6	12.3	1.2
RUMP STEAK WITH FRIES	1223	292	12.2	3.4	19.8	0.2	26.6	1.0
BEEF BURGER WITH FRIES	2151	514	23.8	8.3	44.6	1.5	27.7	1.3
SAUSAGE & MASH	1439	344	19.8	7.5	23.9	4.4	16.3	1.6
GARDEN GOURMET® SENSATIONAL™ SAUSAGE & MASH	1171	280	13.0	6.1	23.3	2.5	13.8	1.7
OVEN BAKED POPPIN' CHICKEN WITH FRIES	1181	282	12.7	1.6	28.9	0.1	12.4	1.0
MAC & CHEESE	1130	270	7.3	4.0	38.8	3.5	10.4	0.7
POTATO OPTIONS								
FRIES	588	140	5.7	0.4	19.8	0.1	2.0	0.6
MINI JACKETS	648	155	0.3	0.2	32.6	3.7	4.1	0.1
MASH	459	110	3.8	2.3	15.7	1.0	2.3	0.5
VEG OPTIONS								
MINI CORN ON THE COB	200	48	1.1	0.2	5.7	1.5	2.2	0.0
BAKED BEANS	174	41	0.1	0.0	6.7	2.7	2.5	0.3
PEAS	197	47	0.4	0.1	6.3	3.3	3.1	0.0
VEGGIE STICKS	67	16	0.1	0.0	2.8	2.7	0.4	0.0
KIDS DESSERTS								
STRAWBERRY SMASH SUNDAE	523	125	6.9	4.7	13.3	10.7	2.3	0.1
VANILLA ICE CREAM	768	183	6.8	4.4	23.3	17.5	5.5	0.2
CHOCOLATE BROWNIE	977	233	12.6	6.7	24.4	20.3	4.3	0.3
STRAWBERRY FROZEN YOGHURT	537	128	4.9	3.3	18.1	10.5	2.7	0.1
FRUIT SALAD	209	50	0.1	0.0	10.8	10.8	0.6	0.0
PANCAKES WITH BANANA & CHOCOLATEY SAUCE	1005	240	6.1	2.5	41.4	21.8	3.9	0.3

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	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
LUNCH MENU								
STARTERS								
CHICKEN WINGS WITH HOT SAUCE	1442	344	18.8	4.4	6.0	2.5	37.5	1.8
CHICKEN WINGS WITH BBQ SAUCE	1507	360	19.1	4.6	9.6	5.5	37.4	1.8
UPGRADE TO 8 WINGS ADD	824	197	11.3	2.6	1.6	0.1	22.2	0.8
BREADED MUSHROOMS WITH HOT SAUCE	1671	399	17.4	2.1	48.3	4.3	9.7	1.3
BREADED MUSHROOMS WITH BBQ SAUCE	1736	415	17.8	2.3	51.9	7.3	9.6	1.3
STONEBAKED GARLIC FLATBREAD	873	209	10.9	3.3	22.5	1.2	4.5	0.4
CHEESE UPGRADE ADD	137	33	2.5	1.5	0.2	0.1	2.4	0.2
CAULI POPCORN WITH HOT SAUCE	1112	266	12.2	1.4	33.3	5.3	4.4	1.4
CAULI POPCORN WITH BBQ SAUCE	1177	281	12.6	1.6	36.9	8.3	4.3	1.4
MAINS								
STEAK SANDWICH WITH FRIES	4436	1060	42.1	5.9	124.9	25.9	41.4	5.9
FISH & CHIP SANDWICH WITH FRIES	4330	1034	43.7	3.8	124.1	6.2	32.5	4.1
FISH & CHIP SANDWICH WITH CHIPS	4206	1005	43.8	3.8	116.2	7.0	32.0	3.1
OPEN PULLED BEEF SANDWICH WITH CHIPS	3360	803	30.1	7.0	92.5	6.8	35.1	2.4
OPEN PULLED BEEF SANDWICH WITH FRIES	3485	832	30.0	6.9	100.4	6.0	35.6	3.5
OPEN CHICKEN SANDWICH WITH FRIES	3705	885	30.4	4.0	97.3	4.9	51.8	5.0
BEEF LASAGNE WITH CHIPS	4486	1071	53.2	17.5	107.8	13.9	35.6	4.2
BEEF LASAGNE WITH SALAD	3386	809	41.0	16.6	72.4	19.4	33.4	3.7
GARDEN GOURMET® BURGER WITH FRIES & SALAD	4642	1109	52.4	7.8	117.1	23.8	34.0	4.9
UPGRADE VEGAN CHEEZE ADD	240	57	4.6	4.2	4.0	0.0	0.0	0.5
UPGRADE SLOPPY JOE ADD	517	123	1.6	0.2	19.2	7.9	6.0	0.8
8oz RUMP WITH CHIPS	2911	695	28.7	7.2	51.2	4.5	57.2	1.5
8OZ SIRLOIN WITH CHIPS	2949	704	30.4	8.2	51.2	4.4	52.8	1.2
GAMMON STEAK - VALUE WITH CHIPS WITH AN EGG	2924	698	31.4	5.8	51.2	4.5	48.8	4.4
GAMMON STEAK - VALUE WITH CHIPS WITH PINEAPPLE	2742	655	22.9	4.0	69.5	22.3	41.0	4.4
ADD EXTRA 5OZ GAMMON	831	199	7.3	2.7	0.1	0.2	32.9	3.7
BEER BATTERED FISH & CHIPS	3724	889	47.8	4.0	70.6	7.7	39.9	2.3
BEER BATTERED HADDOCK & CHIPS	3866	923	47.8	5.2	77.7	7.4	43.9	1.9
CHICKEN MAKHANI CURRY	4124	985	30.7	12.1	112.8	22.9	58.2	5.4
CLASSIC BURGER WITH FRIES	3807	909	42.9	10.1	95.3	10.8	32.3	4.3
ADD EXTRA BURGER CHEESE & BACON	1895	453	33.5	17.0	0.3	0.2	37.3	2.1
CHILLI NON CARNE	2458	587	9.7	1.4	101.5	16.7	17.8	1.8

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
SPINACH & RICOTTA CANNELLONI WITH CHIPS	4395	1050	57.4	23.7	101.9	15.8	28.0	2.8
SPINACH & RICOTTA CANNELLONI WITH SALAD	3296	787	45.2	22.9	66.4	21.3	25.8	2.3
GRILLED CHICKEN SALAD	2235	534	29.3	6.8	19.0	5.9	46.1	2.3
SIDES								
CRISPY BEER BATTERED ONION RINGS	586	140	7.5	0.6	15.7	2.1	1.9	0.3
SWEET POTATO FRIES	1216	290	15.0	1.5	35.7	12.7	1.1	0.7
DESSERTS								
CARAMEL APPLE BETTY WITH CUSTARD	1638	391	13.3	5.2	61.5	34.9	5.6	0.3
CARAMEL APPLE BETTY WITH ICE CREAM	1502	359	13.2	5.4	54.5	31.7	4.6	0.2
WARM CHOCOLATE BROWNIE	2836	677	23.0	13.1	104.8	78.9	8.9	0.3
ICE CREAM	939	224	7.6	4.8	33.5	25.3	5.0	0.2
VEGAN ICE CREAM WITH STRAWBERRIES	790	189	6.2	5.2	32.6	19.3	0.5	0.1
BAR MENU								
BEEF POPCORN	164	39	0.9	0.4	5.8	0.1	1.2	0.0
GOLDEN POTATO DIPPERS - CHEESE WITH HOT SAUCE	1896	453	25.1	10.7	37.0	3.7	19.2	1.5
GOLDEN POTATO DIPPERS - CHEESE WITH BBQ SAUCE	1962	469	25.5	10.9	40.6	6.7	19.2	1.4
GOLDEN POTATO DIPPERS - CHEESE WITH SOUR CREAM	1981	473	28.1	12.6	35.0	2.6	19.9	1.1
UPGRADE STREAKY BACON ADD	263	63	4.0	1.3	0.2	0.1	6.5	0.9
HALLOUMI FRIES WITH HOT SAUCE	2265	541	44.0	15.4	6.5	3.9	29.1	3.8
HALLOUMI FRIES WITH BBQ SAUCE	2330	557	44.4	15.6	10.1	6.9	29.1	3.8
'74 BBQ RUB SEASONED TRIPLE COOKED CHIPS	1457	348	15.3	1.3	45.4	1.2	4.9	0.8
HOT LINK SAUSAGE WITH HOT SAUCE	1493	357	24.8	8.7	9.8	4.5	23.5	1.9
HOT LINK SAUSAGE WITH BBQ SAUCE	1558	372	25.1	8.9	13.4	7.5	23.4	1.9
CORN RIBLETS WITH HOT SAUCE	1503	359	18.0	1.5	54.1	7.3	4.2	0.7
CORN RIBLETS WITH BBQ SAUCE	1568	374	18.4	1.7	57.7	10.3	4.1	0.7
NACHOS	3521	841	52.7	15.7	65.3	8.5	22.9	2.9
UPGRADE PULLED BEEF ADD	484	116	3.3	1.0	2.4	1.7	18.2	0.5
UPGRADE SLOPPY JOE ADD	517	123	1.6	0.2	19.2	7.9	6.0	0.8

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
SUNDAY ROAST MENU								
Mains								
ULITMATE SUNDAY ROAST	9007	2151	110.8	35.1	134.3	25.9	147.0	9.5
LAMB RUMP SUNDAY ROAST	6570	1569	74.2	24.3	133.2	25.7	85.1	6.7
HALF CHICKEN SUNDAY ROAST	7154	1709	88.5	26.2	128.0	21.6	93.6	7.7
BEEF SIRLOIN SUNDAY ROAST	6739	1610	89.0	29.2	131.6	25.1	63.0	7.2
NO CHICKEN SUNDAY ROAST	4248	1015	51.1	13.7	101.6	18.7	32.4	4.1
VEGAN NON CHICKEN SUNDAY ROAST	2732	653	28.9	2.3	62.9	11.8	28.7	3.2
UPGRADE BEEF ADD	421	101	6.4	2.8	0.0	0.0	10.8	0.1
UPGRADE LAMB ADD	305	73	1.9	0.9	0.1	0.1	13.8	0.2
UPGRADE PIG IN BLANKET ADD	234	56	3.8	1.3	1.7	0.3	3.6	0.4
SUNDAY ROAST UNLIMITED								
YORKSHIRES PER PUDDING	505	121	3.5	0.4	15.4	0.9	6.4	0.3
POTATOES PER PORTION	748	179	10.0	0.7	18.2	0.4	2.9	0.7
RED WINE GRAVY PER PORTION	320	77	4.6	1.3	6.8	0.2	0.5	1.3
VEGAN GRAVY PER PORTION	126	30	1.1	0.1	4.4	0.7	0.4	0.4
Kids								
KIDS SUNDAY BEEF RUMP	2266	541	24.1	5.7	52.2	9.7	24.4	1.7
KIDS SUNDAY ROAST CHICKEN	2169	518	18.9	3.2	52.3	9.9	29.9	2.1
Sides								
CAULIFLOWER CHEESE	1177	281	20.0	11.7	10.0	3.8	13.9	1.6
PIGS IN BLANKETS	1172	280	19.1	6.5	8.4	1.6	18.1	2.0

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BEEFEATER GRILL MEETING ROOMS								
SANDWICHES PER TRIANGLE								
GRILLED CHICKEN & MAYO	382	91	3.4	0.9	8.9	0.7	5.8	0.4
CHEESE & TOMATO	374	89	4.1	2.4	9.0	1.0	3.6	0.3
PRAWN COCKTAIL	305	73	2.2	0.8	9.2	1.1	3.5	0.3
BLT SANDWICH	382	91	3.9	1.3	9.3	1.2	4.3	0.6
EGG MAYO	309	74	2.9	1.0	8.8	0.7	2.6	0.2
HAM & TOMATO	315	75	2.0	0.9	9.1	1.1	4.8	0.4
NIBBLES								
SKINNY FRIES PER PORTION (100G)	1051	251	10.1	0.8	35.3	0.1	3.6	1.2
BREADED POLLOCK BITES PLUS TARTARE SAUCE PER 3	873	208	11.2	0.8	16.6	1.7	10.3	0.7
BEER-BATTERED ONION RINGS PER 3	439	105	5.6	0.5	11.7	1.6	1.4	0.2
ASSORTED CRISPS PER PORTION (40G)								
PIPERS VINEGAR SALT CRISP	876	209	11.9	1.2	22.8	1.1	2.1	0.9
PIPERS BEEF CRISPS	883	211	12.6	1.2	20.7	0.6	2.8	0.4
PIPERS CHEDER ONION CRISP	893	213	12.3	1.4	22.4	0.6	2.5	0.6
PIPERS SWEET CHILLI	869	208	11.6	1.2	22.8	1.5	2.2	0.8
PIPERS CHORIZO CRISPS	881	210	12.0	1.2	22.8	2.2	2.0	0.8
PIPERS SEA SALT CRISPS	891	213	12.3	1.3	22.9	0.2	2.0	0.4
TORTILLA CRISPS PLUS SOUR CREAM PER PORTION (40G)	651	156	7.3	1.4	19.3	0.9	2.2	0.2
CHICKEN WINGS PLUS BBQ DIP PER 2	602	144	7.5	1.8	4.1	2.6	14.9	0.7
BUTTERMILK & ROSEMARY CHICKEN GOUGONS PLUS BBQ DIP PER 2	928	222	11.3	1.3	17.1	3.1	12.6	0.9
HOUSE SALAD PER PORTION (101G)	97	23	0.7	0.1	2.9	2.7	0.8	0.0
CAESAR SALAD PER PORTION (76G)	264	63	4.5	1.1	3.0	1.9	2.2	0.2
POTATO SALAD PER PORTION (155G)	678	162	10.4	0.9	15.0	3.7	1.9	0.7
COLESLAW PER PORTION (80g)	380	91	6.6	0.5	6.1	4.8	1.0	1.1
GARLIC AND HERB BREADED MUSHROOMS PLUS BBQ DIP PER 3	531	127	5.2	0.6	16.4	3.1	2.8	0.4
NACHOS PER PORTION (70G)	837	200	10.9	2.0	21.3	1.7	3.3	0.5
CAULIFLOWER POPCORN PLUS DIP PER PORTION (85G)	545	130	6.3	0.7	15.7	1.6	2.1	1.1
SAUSAGE ROLLS PER PIECE	702	168	10.7	4.9	10.6	1.5	6.9	0.6
MINI JACKET POTATOES PER 2	677	162	0.6	0.4	33.2	3.9	4.3	0.1
SWEET POTATO AND RED ONION TART PER PIECE	630	151	9.3	2.3	14.5	5.0	1.9	0.4

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
PIZZAS PER PIECE								
MARGHERITA	507	121	5.2	2.1	12.9	1.4	5.4	0.5
PEPPERONI	605	145	7.3	2.7	13.0	1.4	6.4	0.7
PORK MEATBALLS WITH CHILLI	588	140	6.5	2.5	13.7	1.6	6.5	0.5
MIXED VEG	536	128	5.5	2.1	13.6	1.9	5.6	0.5
GARLIC	501	120	6.7	2.2	12.0	0.6	2.4	0.2
CHEESY GARLIC	665	159	9.6	4.0	12.3	0.7	5.3	0.4
CREATE YOUR OWN PIZZA BASE PER PIECE	507	121	5.2	2.1	12.9	1.4	5.4	0.5
TOPPINGS per piece								
STREAKY BACON	35	8	0.5	0.2	0.0	0.0	0.9	0.1
CHICKEN BREAST	22	5	0.1	0.0	0.0	0.0	1.1	0.0
PORK MEATBALLS	68	16	1.2	0.4	0.5	0.1	1.0	0.1
RED ONION	7	2	0.0	0.0	0.3	0.2	0.0	0.0
RED PEPPER	8	2	0.0	0.0	0.3	0.3	0.1	0.0
PINEAPPLE	18	4	0.0	0.0	1.2	1.2	0.0	0.0
MUSHROOMS	13	3	0.3	0.0	0.0	0.0	0.1	0.0
TOMATO	11	3	0.0	0.0	0.4	0.4	0.1	0.0
ROCKET	1	0	0.0	0.0	0.0	0.0	0.0	0.0
RED CHILLI	1	0	0.0	0.0	0.0	0.0	0.0	0.0
PEPPERONI	97	23	2.1	0.6	0.0	0.0	1.0	0.2
HAM	23	5	0.1	0.0	0.0	0.0	1.0	0.1
DESSERTS								
TRIPLE CHOCOLATE BROWNIE PER PIECE	1091	261	10.0	5.6	37.7	29.7	3.3	0.1
LEMON DRIZZLE CAKE PER PIECE	558	133	5.5	0.6	19.0	11.4	1.8	0.3
VEGAN CHOCOLATE TORTE PER PIECE	535	128	6.9	3.4	14.7	11.5	1.2	0.1
BLUEBERRY MINI MUFFINS EACH	984	235	9.3	0.9	34.5	17.0	3.0	0.2
CHOCOLATE MINI MUFFINS EACH	1047	250	10.6	2.4	35.1	18.9	3.1	0.2

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
OFF TO A GREAT START																										
BUTTERMILK CHICKEN GOUJONS	Yes		Yes				Yes						Yes												No	No
Buttermilk Chicken Goujons (54586)	Yes						Yes																		No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
WITH SIGNATURE BBQ SAUCE			Yes										Yes												Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
WITH SIGNATURE 74 HOT SAUCE																									Yes	Yes
Signature 74 Hot sauce																									Yes	Yes
CHEESY FILLED MUSHROOMS	Yes	Yes					Yes																		No	No
Parmesan (10001839)							Yes																		No	No
Ciabatta Loaf (10000902)	Yes	Yes																							Yes	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Garlic & Parsley Butter Blend (48641)							Yes																		No	Yes
Mushroom Flat (54219)																									Yes	Yes
Rocket Leaf (54258)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
CLASSIC PRAWN COCKTAIL	Yes		Yes			Yes	Yes		Yes				Yes												No	No
Cherry Tomatoes (10000328)																									Yes	Yes
Cucumber Cat II (54220)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Lettuce Cos (54222)																									Yes	Yes
Malted Brown Bloomer 12 Slices (53457)	Yes		Yes																						Yes	Yes
Paprika Pepper (48048)																									Yes	Yes
Seafood Sauce (54050)						Yes							Yes												No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Warm Water Prawn 91-110 (10002189)									Yes																No	No
DOUBLE CRUNCH WINGS X4, 8 or 12	Yes						Yes																		No	No
Batter Mix (51665)	Yes																								Yes	Yes
Single Joint Chicken Wing (10001902)																									No	No
Greek Yoghurt (53510)							Yes																		No	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Paprika Pepper (48048)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tortilla Chips (54045)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
WITH BBQ SAUCE			Yes										Yes												Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
WITH HOT SAUCE																									Yes	Yes
Signature 74 Hot sauce																									Yes	Yes
WITH BLUE CHEESE						Yes	Yes						Yes												No	Yes
Blue Cheese Dressing (10002990)						Yes	Yes						Yes												No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
SALT AND PEPPER CALAMARI	Yes					Yes				Yes															No	No
Calamari (10000512)	Yes									Yes															No	No
Chillies Red (54235)																									Yes	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lemon Garlic Mayo (10000623)						Yes																			No	Yes
Lemons (54602, 54722)																									No	Yes
Rock Salt (52462)																									No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
CAULI POPCORN	Yes																								Yes	Yes
Battered Cauliflower Wings (10001910)	Yes																								Yes	Yes
WITH SIGNATURE BBQ SAUCE			Yes							Yes															Yes	Yes
Signature BBQ Sauce (10003022)			Yes							Yes															Yes	Yes
WITH SIGNATURE 74 HOT SAUCE																									Yes	Yes
Signature 74 Hot sauce																									Yes	Yes
LOADED WEDGE SALAD	Yes	Yes					Yes																		No	No
Parmesan (10001839)							Yes																		No	No
Ciabatta Loaf (10000902)	Yes	Yes																							Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Smoked Dry Cured Streaky Bacon (54125)																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
WITH CAESAR DRESSING						Yes	Yes				Yes														No	Yes
Caesar Dressing Red Cal (54032)						Yes	Yes				Yes														No	Yes
WITH BLUE CHEESE DRESSING						Yes	Yes				Yes														No	Yes
Blue Cheese Dressing (10002990)						Yes	Yes				Yes														No	Yes
GOLDEN POTATO DIPPERS							Yes																		No	No
Onions Spring Bunch (54250)																									Yes	Yes
Potato Dippers (52706)																									Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
WITH REDUCED FAT SOUR CREAM							Yes																		No	Yes
Soured Cream Reduced Fat (51047)							Yes																		No	Yes
WITH SIGNATURE BBQ SAUCE			Yes								Yes														Yes	Yes
Signature BBQ Sauce (10003022)			Yes								Yes														Yes	Yes
WITH SIGNATURE 74 HOT SAUCE																									Yes	Yes
Signature 74 Hot sauce																									Yes	Yes
WITH STREAKY BACON																									No	No
Smoked Dry Cured Streaky Bacon (54125)																									No	No

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
SIGNATURE SHARING PLATTER	Yes		Yes			Yes	Yes			Yes			Yes												No	No
Baking Potatoes (10000355)																									Yes	Yes
Calamari (10000512)	Yes									Yes															No	No
Caster Sugar (52416)																									Yes	Yes
Single Joint Chicken Wing (10001902)																									No	No
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Lemons (54602, 54722)																									No	Yes
Mayonnaise Light (54568)						Yes							Yes												Yes	Yes
Rocket Leaf (54258)																									Yes	Yes
Soured Cream Reduced Fat (51047)							Yes																		No	Yes
Table Salt (54744)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tortilla Chips (54045)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
Pork Rib New																									No	No
UPGRADE ADD FULL RACK			Yes										Yes												No	No
Pork Rib New																									No	No
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
STONEBAKED GARLIC FLATBREAD	Yes						Yes																		No	Yes
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Garlic & Parsley Butter Blend (48641)							Yes																		No	Yes
ADD CHEDDAR AND MOZZARELLA							Yes																		No	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
BEEF STONEBAKED GARLIC FLATBREAD	Yes						Yes																		No	No
Beef Seasoning (53944)																									No	No
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Garlic & Parsley Butter Blend (48641)							Yes																		No	Yes
ADD CHEDDAR AND MOZZARELLA							Yes																		No	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
LOADED NACHOS							Yes						Yes			Yes									No	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Nacho Cheese Sauce (10001897)							Yes																		No	Yes
Avocado Halves (10000498)																									Yes	Yes
Chillies Red (54235)																									Yes	Yes
Chillies Red (54235)																									Yes	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
French Dressing (53514)													Yes			Yes									Yes	Yes
French Dressing (53514)													Yes			Yes									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Limes (54604, 54603)																									No	Yes
Onions Red (10002596)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Soured Cream Reduced Fat (51047)							Yes																		No	Yes
Table Salt (54744)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Tortilla Chips (54045)																									Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
74 Grill Master Rub (10003338)																									Yes	Yes
ADD PULLED BEEF																									No	No
Beef Barbacoa (10001905)																									No	No
ADD SLOPPY JOES			Yes		Yes							Yes													Yes	Yes
Sloppy Joes Vegan (10001740)			Yes		Yes							Yes													Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is The Product suitable for Vegetarians?
THRILL OF THE GRILL																										
CHARGILLED SALMON					Yes	Yes	Yes																		No	No
Garlic & Parsley Butter Blend (48641)						Yes	Yes																		No	Yes
Lemon Garlic Mayo (10000623)					Yes																				No	Yes
Lemons (54602, 54722)																									No	Yes
Rocket Leaf (54258)																									Yes	Yes
Skin-On Salmon Portions (10000657, 10000603)							Yes																		No	No
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD SEASONED VEGGIE RICE																									Yes	Yes
Seasoned Rice (10002838)																									Yes	Yes
ADD GRILLED VEGGIES																									Yes	Yes
Mushroom Flat (54219)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Tenderstem Broccoli (10000524)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
CHARGILLED PRAWNS					Yes	Yes		Yes																	No	No
Garlic & Parsley Butter Blend (48641)						Yes	Yes																		No	Yes
Lemon Garlic Mayo (10000623)					Yes																				No	Yes
Lemons (54602, 54722)																									No	Yes
Rocket Leaf (54258)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Jumbo Tiger Prawn (10002807)								Yes																	No	No
ADD SEASONED VEGGIE RICE																									Yes	Yes
Seasoned Rice (10002838)																									Yes	Yes
ADD GRILLED VEGGIES																									Yes	Yes
Mushroom Flat (54219)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Tenderstem Broccoli (10000524)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan ?	Ingredient Contains Tree Nuts - Brazil ?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians ?
THE CLASSIC MIXED GRILL	Yes		Yes			Yes										Yes									No	No
5oz Boomerang Gammon Steak (10000617)																									No	No
Mushroom Flat (54219)																									Yes	Yes
Beer Battered Onion Rings (10001075)	Yes		Yes																						Yes	Yes
PI Breakfast Pork Sausage (10001400)	Yes															Yes									No	No
Premium Chip (10001031)																									Yes	Yes
Rock Salt (52462)																									No	Yes
Rocket Leaf (54258)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Whole Black Pepper (50887)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Cage Free Med Barn Eggs (10001067)						Yes																			No	Yes
Raw Chicken Fillet (10001118)																									No	No
8oz Fresh Rump (10001643)																									No	No
UPGRADE ADD 8OZ RUMP																									No	No
8oz Fresh Rump (10001643)																									No	No
UPGRADE ADD 8OZ SIRLOIN																									No	No
8oz Fresh Sirloin (10001659)																									No	No
CHARGRILLED LAMB CHOPS							Yes									Yes									No	No
Port & Onion Confit (10001730)							Yes									Yes									No	Yes
Lamb Chops (10001879)																									No	No
Fresh Herbs Parsley (54241)																									Yes	Yes
Fresh Herbs Mint (54242)																									Yes	Yes
Mint Sauce (51730)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Potato Mid (54227, 54255)																									Yes	Yes
Rock Salt (52462)																									No	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Whole Black Pepper (50887)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
CHARGRILLED GAMMON STEAK					Yes																			No	No	
Horseshoe Gammon 10oz (52323)																								No	No	
Peas Grade A (53692)																								Yes	Yes	
Premium Chip (10001031)																								Yes	Yes	
Sliced Pineapple In Juice (51019)																								Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																								Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																								Yes	Yes	
Cage Free Med Barn Eggs (10001067)					Yes																			No	Yes	
SMOTHERED CHICKEN MELT			Yes		Yes	Yes					Yes														No	No
Caster Sugar (52416)																									Yes	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Mayonnaise Light (54568)					Yes					Yes															No	Yes
Premium Chip (10001031)																									Yes	Yes
Smoked Dry Cured Streaky Bacon (54125)																									No	No
Table Salt (54744)																									Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Raw Chicken Fillet (10001118)																									No	No
Signature BBQ Sauce (10003022)			Yes								Yes														Yes	Yes
THE BEEFEATER BBQ																										
THE FLAME GRILL COMBO	Yes		Yes			Yes	Yes						Yes			Yes									No	No
Beef Barbacoa (10001905)																									No	No
Caster Sugar (52416)																									Yes	Yes
Single Joint Chicken Wing (10001902)																									No	No
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Mayonnaise Light (54568)					Yes					Yes															No	Yes
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Raw Chicken Fillet (10001118)																									No	No
Signature BBQ Sauce (10003022)			Yes								Yes														Yes	Yes
Pork Hotlink Sausage														Yes		Yes									No	No
Pork Rib New																									No	No
74 Grill Master Rub (10003338)																									Yes	Yes
Corn Cob																									Yes	Yes
Mac & Cheese (10003296)	Yes						Yes																		No	Yes
ADD FULL RACK			Yes										Yes												No	No
Pork Rib New																									No	No
Signature BBQ Sauce (10003022)			Yes								Yes														Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
FULL RACK OF PORK RIBS			Yes			Yes							Yes												No	No
Caster Sugar (52416)																									Yes	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Lemons (54602, 54722)																									No	Yes
Mayonnaise Light (54568)						Yes							Yes												No	Yes
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
Pork Rib New																									No	No
CHARGRILLED HALF CHICKEN			Yes			Yes							Yes												No	No
Baked Beans In Tomato Sauce (10001944)																									Yes	Yes
Caster Sugar (52416)																									Yes	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Mayonnaise Light (54568)						Yes							Yes												No	Yes
Roasted Half Chicken (10003102)																									No	No
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
74 Grill Master Rub (10003338)																									Yes	Yes
74 Grill Master Rub (10003338)																									Yes	Yes
Corn Cob																									Yes	Yes
WITH SIGNATURE BBQ SAUCE			Yes										Yes												Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
WITH SIGNATURE 74 HOT SAUCE																									Yes	Yes
Signature 74 Hot sauce																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
CHICK AND PORK RIBS			Yes			Yes							Yes												No	No
Caster Sugar (52416)																									Yes	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Mayonnaise Light (54568)						Yes							Yes												No	Yes
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Raw Chicken Fillet (10001118)																									No	No
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
Pork Rib New																									No	No
74 Grill Master Rub (10003338)																									Yes	Yes
Corn Cob																									Yes	Yes
ADD FULL RACK			Yes										Yes												No	No
Pork Rib New																									No	No
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
MIXED VEGETABLE GRILL COMBO	Yes		Yes			Yes	Yes						Yes												No	Yes
Baked Beans In Tomato Sauce (10001944)																									Yes	Yes
Caster Sugar (52416)																									Yes	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Halloumi (10003111)							Yes																		No	Yes
Lemons (54602, 54722)																									No	Yes
Mayonnaise Light (54568)						Yes							Yes												No	Yes
Mushroom Flat (54219)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Rock Salt (52462)																									No	Yes
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Whole Black Pepper (50887)																									Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
74 Grill Master Rub (10003338)																									Yes	Yes
74 Grill Master Rub (10003338)																									Yes	Yes
Corn Cob																									Yes	Yes
Mac & Cheese (10003296)	Yes						Yes																		No	Yes
ADD SEASONED VEGGIE RICE																									Yes	Yes
Seasoned Rice (10002838)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
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STEAK YOUR WAY																										No	No
8OZ SIRLOIN																										Yes	Yes
Mushroom Flat (54219)																										Yes	Yes
Premium Chip (10001031)																										Yes	Yes
Rock Salt (52462)																										No	Yes
Rocket Leaf (54258)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
Whole Black Pepper (50887)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
8oz Fresh Sirloin (10001659)																										No	No
WITH SIGNATURE BBQ SAUCE			Yes										Yes													Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes													Yes	Yes
WITH SIGNATURE 74 HOT SAUCE																										Yes	Yes
Signature 74 Hot sauce																										Yes	Yes

10OZ RIBEYE																										No	No
Mushroom Flat (54219)																										Yes	Yes
Premium Chip (10001031)																										Yes	Yes
Rock Salt (52462)																										No	Yes
Rocket Leaf (54258)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
Whole Black Pepper (50887)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
10oz Fresh Ribeye (10001660)																										No	No
WITH SIGNATURE BBQ SAUCE			Yes										Yes													Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes													Yes	Yes
WITH SIGNATURE 74 HOT SAUCE																										Yes	Yes
Signature 74 Hot sauce																										Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
8OZ FILLET																									No	No
8oz Frozen Fillet Steak (10002052)																									No	No
Mushroom Flat (54219)																									Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Rock Salt (52462)																									No	Yes
Rocket Leaf (54258)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Whole Black Pepper (50887)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
WITH SIGNATURE BBQ SAUCE			Yes										Yes												Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
WITH SIGNATURE 74 HOT SAUCE																									Yes	Yes
Signature 74 Hot sauce																									Yes	Yes
8OZ RUMP																									No	No
Mushroom Flat (54219)																									Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Rock Salt (52462)																									No	Yes
Rocket Leaf (54258)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Whole Black Pepper (50887)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
8oz Fresh Rump (10001643)																									No	No
WITH SIGNATURE BBQ SAUCE			Yes										Yes												Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
WITH SIGNATURE 74 HOT SAUCE																									Yes	Yes
Signature 74 Hot sauce																									Yes	Yes
PREMIUM T-BONE	Yes		Yes				Yes																		No	No
T - Bone Steak (10001880)																									No	No
Mushroom Flat (54219)																									Yes	Yes
Beer Battered Onion Rings (10001075)	Yes		Yes																						Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Rock Salt (52462)																									No	Yes
Rocket Leaf (54258)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Whole Black Pepper (50887)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Garlic & Parsley Butter (10001371)							Yes																		No	Yes
WITH SIGNATURE BBQ SAUCE			Yes										Yes												Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
WITH SIGNATURE 74 HOT SAUCE																										

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan ?	Ingredient Contains Tree Nuts - Brazil ?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians ?	
SURF AND TURF COMBO	Yes					Yes	Yes		Yes	Yes															No	No	
Calamari (10000512)	Yes									Yes															No	No	
Garlic & Parsley Butter Blend (48641)							Yes																		No	Yes	
Lemon Garlic Mayo (10000623)						Yes																			No	Yes	
Lemons (54602, 54722)																									No	Yes	
Premium Chip (10001031)																									Yes	Yes	
Rocket Leaf (54258)																									Yes	Yes	
Table Salt (54744)																									Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
Jumbo Tiger Prawn (10002807)									Yes																No	No	
8oz Fresh Sirloin (10001659)																									No	No	
CHOOSE YOUR SIDE																											
CORN RIBLETS																									No	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
74 Grill Master Rub (10003338)																									Yes	Yes	
Corn Cob																									Yes	Yes	
CHOPPED SALAD													Yes			Yes									Yes	Yes	
Cherry Tomatoes (10000328)																									Yes	Yes	
Coleslaw Mix (10001143, 10001144)																									Yes	Yes	
Corn On Cob Bites (10002478)																									Yes	Yes	
Cracked Black Peppercorns (51753)																									Yes	Yes	
Cucumber Cat II (54220)																									Yes	Yes	
French Dressing (53514)													Yes			Yes									Yes	Yes	
Lettuce Cos (54222)																									Yes	Yes	
Pepper Red (54226, 10000329)																									Yes	Yes	
BEER-BATTERED ONION RINGS	Yes		Yes																						No	No	
Beer Battered Onion Rings (10001075)	Yes		Yes																						Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
GRILL MASTER BEANS			Yes										Yes												Yes	Yes	
Baked Beans In Tomato Sauce (10001944)																									Yes	Yes	
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes	
74 Grill Master Rub (10003338)																									Yes	Yes	
MAC & CHEESE	Yes						Yes																		No	Yes	
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes	
Mac & Cheese (10003296)	Yes						Yes																		No	Yes	

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
CHARGRILLED VEGGIES																									Yes	Yes	
Mushroom Flat (54219)																									Yes	Yes	
Onions Red (10002596)																									Yes	Yes	
Onions Spring Bunch (54250)																									Yes	Yes	
Pepper Red (54226, 10000329)																									Yes	Yes	
Tenderstem Broccoli (10000524)																									Yes	Yes	
Table Salt (54744)																									Yes	Yes	
Cracked Black Peppercorns (51753)																									Yes	Yes	
Tomato M (54216)																									Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
SEASONED RICE																									Yes	Yes	
Seasoned Rice (10002838)																									Yes	Yes	
SEAL THE DEAL																											
JUMBO GARLIC PRAWNS							Yes		Yes																No	No	
Garlic & Parsley Butter Blend (48641)							Yes																		No	Yes	
Jumbo Tiger Prawn (10002807)									Yes																No	No	
FRIED EGG						Yes																			No	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
Cage Free Med Barn Eggs (10001067)						Yes																			No	Yes	
PULLED BEEF BARBACOA																									No	No	
Beef Barbacoa (10001905)																									No	No	
GET SAUCY																											
PEPPERCORN SAUCE	Yes						Yes				Yes														No	No	
Peppercorn Sauce Small (50948)	Yes						Yes				Yes														No	No	
BEARNAISE SAUCE						Yes	Yes									Yes									No	Yes	
Hollandaise Sauce (10001762)						Yes	Yes									Yes									No	Yes	
Fresh Herbs Tarragon (54246)																									Yes	Yes	
BLUE CHEESE SAUCE						Yes	Yes						Yes												No	Yes	
Blue Cheese Dressing (10002990)						Yes	Yes						Yes												No	Yes	

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
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BURGERS AND BUNS																									
THE B DAWG	Yes		Yes			Yes	Yes					Yes			Yes									No	No
Baked Beans In Tomato Sauce (10001944)																								Yes	Yes
Caster Sugar (52416)																								Yes	Yes
Coleslaw Mix (10001143, 10001144)																								Yes	Yes
Cracked Black Peppercorns (51753)																								Yes	Yes
Fresh Herbs Coriander (54239)																								Yes	Yes
Fresh Herbs Parsley (54241)																								Yes	Yes
Lemons (54602, 54722)																								No	Yes
Mayonnaise Light (54568)						Yes						Yes												No	Yes
Onions Red (10002596)																								Yes	Yes
Onions Red (10002596)																								Yes	Yes
Pepper Red (54226, 10000329)																								Yes	Yes
Plain Flour (52330)	Yes																							Yes	Yes
Stealth Fries (52190)																								Yes	Yes
Table Salt (54744)																								Yes	Yes
Table Salt (54744)																								Yes	Yes
Tomato Ketchup (54031)																								Yes	Yes
Tomato M (54216)																								Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																								Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																								Yes	Yes
Semi Skimmed Milk (10001941)							Yes																	No	Yes
Paprika Pepper (48048)																								Yes	Yes
Table Salt (54744)																								Yes	Yes
French Dressing (53514)												Yes			Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																								Yes	Yes
Signature BBQ Sauce (10003022)			Yes									Yes												Yes	Yes
Signature BBQ Sauce (10003022)			Yes									Yes												Yes	Yes
Pork Hotlink Sausage															Yes									No	No
Hotdog bun (10003263)	Yes					Yes	Yes																	No	Yes
74 Grill Master Rub (10003338)																								Yes	Yes
74 Grill Master Rub (10003338)																								Yes	Yes
Corn Cob																								Yes	Yes
American Mustard (10003265)												Yes												Yes	Yes
ADD PULLED BEEF BARBACOA																								No	No
Beef Barbacoa (10001905)																								No	No

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
THE HOUSE STACK	Yes		Yes			Yes	Yes						Yes												No	No
Brioche Bun (54523)	Yes					Yes	Yes																		No	Yes
Caster Sugar (52416)																									Yes	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Lettuce Cos (54222)																									Yes	Yes
Mayonnaise Light (54568)						Yes							Yes												No	Yes
Onions Red (10002596)																									Yes	Yes
Smoked Dry Cured Streaky Bacon (54125)																									No	No
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Vegan Burger Sauce (10002205)													Yes												Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Cheese Slices (51545)							Yes																		No	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
Signature Beef Burger (10003025)																									No	No
THE DOUBLE CRUNCH	Yes		Yes			Yes	Yes						Yes												No	No
Batter Mix (51665)	Yes																								Yes	Yes
Brioche Bun (54523)	Yes					Yes	Yes																		No	Yes
Caster Sugar (52416)																									Yes	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Greek Yoghurt (53510)							Yes																		No	Yes
Lemons (54602, 54722)																									No	Yes
Lettuce Cos (54222)																									Yes	Yes
Mayonnaise Light (54568)						Yes							Yes												No	Yes
Onions Red (10002596)																									Yes	Yes
Paprika Pepper (48048)																									Yes	Yes
Smoked Dry Cured Streaky Bacon (54125)																									No	No
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Vegan Burger Sauce (10002205)													Yes												Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Raw Chicken Fillet (10001118)																									No	No
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
ADD AVOCADO																									Yes	Yes
Avocado Halves (10000498)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
THE CHICK 'N' GRILL	Yes		Yes			Yes	Yes						Yes												No	No
Brioche Bun (54523)	Yes					Yes	Yes																		No	Yes
Caster Sugar (52416)																									Yes	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Lettuce Cos (54222)																									Yes	Yes
Mayonnaise Light (54568)						Yes						Yes													No	Yes
Onions Red (10002596)																									Yes	Yes
Smoked Dry Cured Streaky Bacon (54125)																									No	No
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Vegan Burger Sauce (10002205)													Yes												Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Raw Chicken Fillet (10001118)																									No	No
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
ADD AVOCADO																									Yes	Yes
Avocado Halves (10000498)																									Yes	Yes
THE BIG DIPPER	Yes					Yes	Yes						Yes												No	No
Vegan Gravy (10001769)																									Yes	Yes
Beef Barbacoa (10001905)																									No	No
Brioche Bun (54523)	Yes					Yes	Yes																		No	Yes
Onions Red (10002596)																									Yes	Yes
Smoked Dry Cured Streaky Bacon (54125)																									No	No
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Vegan Burger Sauce (10002205)													Yes												Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Cheese Slices (51545)							Yes																		No	Yes
Signature Beef Burger (10003025)																									No	No

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
THE HALLO-ME	Yes					Yes	Yes						Yes			Yes									No	Yes
Port & Onion Confit (10001730)							Yes									Yes									No	Yes
Avocado Halves (10000498)																									Yes	Yes
Brioche Bun (54523)	Yes					Yes	Yes																		No	Yes
Caster Sugar (52416)																									Yes	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Halloumi (10003111)							Yes																		No	Yes
Lemons (54602, 54722)																									No	Yes
Lettuce Cos (54222)																									Yes	Yes
Mayonnaise Light (54568)						Yes				Yes															No	Yes
Mayonnaise Light (54568)						Yes				Yes															No	Yes
Mushroom Flat (54219)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD THIS ISNT BACON					Yes																				Yes	Yes
Vegan Bacon (10003277)					Yes																				Yes	Yes
THE SLOPPY JOE	Yes	Yes	Yes	Yes	Yes							Yes	Yes												Yes	Yes
Sloppy Joes Vegan (10001740)			Yes		Yes							Yes													Yes	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Vegan Bun (54701)	Yes	Yes		Yes																					Yes	Yes
Vegan Burger Sauce (10002205)										Yes															Yes	Yes
Vegan Burger Sauce (10002205)										Yes															Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Vegan Sliced Cheese																									Yes	Yes
Garden Gourmet Vegan Burger (10002832)	Yes		Yes		Yes																				Yes	Yes
ADD THIS ISNT BACON					Yes																				Yes	Yes
Vegan Bacon (10003277)					Yes																				Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan ?	Ingredient Contains Tree Nuts - Brazil ?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia ?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians ?
MUCH LOVED CLASSICS																										
BEER-BATTERED HADDOCK AND CHIPS	Yes		Yes			Yes		Yes					Yes												No	No
Tartare Sauce (10002833)						Yes							Yes												No	Yes
Batter Mix (51665)	Yes																								Yes	Yes
Doom Bar (900208)			Yes																						No	No
Haddock Fillet MSC (10003026)								Yes																	No	No
Lemons (54602, 54722)																									No	Yes
Plain Flour (52330)	Yes																								Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
WITH MUSHY PEAS																									Yes	Yes
Mushy Peas (53507)																									Yes	Yes
WITH PEAS																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
BEEF LASAGNE	Yes					Yes	Yes																		No	No
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Garlic & Parsley Butter Blend (48641)							Yes																		No	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
Lasagne Value	Yes					Yes	Yes																		No	No
ADD CHIPS																									Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD SALAD													Yes			Yes									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Corn On Cob Bites (10002478)																									Yes	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Cucumber Cat II (54220)																									Yes	Yes
French Dressing (53514)													Yes			Yes									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
BEEF AND ALE PIE	Yes		Yes			Yes	Yes						Yes			Yes									No	No
Vegan Gravy (10001769)																									Yes	Yes
Beef & Ale Pie (10003070)	Yes		Yes			Yes	Yes																		No	No
Fresh Herbs Parsley (54241)																									Yes	Yes
Horseradish (51731)						Yes	Yes						Yes			Yes									No	Yes
Mash Potato (51094)							Yes																		No	Yes
Peas Grade A (53692)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
SPINACH AND RICOTTA CANNELLONI	Yes						Yes					Yes													No	Yes
Tomato & Basil Fondue (10001901)																									Yes	Yes
Cannelloni Pieces (10001896)	Yes						Yes					Yes													No	Yes
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Garlic & Parsley Butter Blend (48641)							Yes																		No	Yes
UHT Whipping Cream (24097)							Yes																		No	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
ADD CHIPS																									Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD SALAD													Yes			Yes									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Corn On Cob Bites (10002478)																									Yes	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Cucumber Cat II (54220)																									Yes	Yes
French Dressing (53514)													Yes			Yes									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
BEEFEATER COBB SALAD													Yes			Yes									Yes	Yes
Avocado Halves (10000498)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Corn On Cob Bites (10002478)																									Yes	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Cucumber Cat II (54220)																									Yes	Yes
French Dressing (53514)													Yes			Yes									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
ADD GRILLED CHICKEN																									No	No
Raw Chicken Fillet (10001118)																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD GRILLED SALMON								Yes																	No	No
Skin-On Salmon Portions (10000657, 10000603)								Yes																	No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD GRILLED 4OZ RUMP																									No	No
8oz Fresh Rump (10001643)																									No	No
ADD GRILLED HALLOUMI							Yes																		No	Yes
Halloumi (10003111)							Yes																		No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
A BIT ON THE SIDE																										
BEER-BATTERED ONION RINGS	Yes		Yes																						No	No
Beer Battered Onion Rings (10001075)	Yes		Yes																						Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
HOUSE-MADE SLAW																										
Caster Sugar (52416)						Yes						Yes													No	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Mayonnaise Light (54568)						Yes						Yes													No	Yes
Table Salt (54744)																									Yes	Yes
VEGAN SLAW																										
Coleslaw Mix (10001143, 10001144)												Yes													Yes	Yes
Table Salt (54744)																									Yes	Yes
Vegan Burger Sauce (10002205)												Yes													Yes	Yes
HALLOUMI FRIES																										
Batter Mix (51665)	Yes						Yes																		No	No
Halloumi (10003111)	Yes																								Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)							Yes																		No	Yes
CHOPPED SALAD																										
Cherry Tomatoes (10000328)												Yes				Yes									Yes	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Corn On Cob Bites (10002478)																									Yes	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Cucumber Cat II (54220)																									Yes	Yes
French Dressing (53514)												Yes				Yes									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
SKINNY FRIES																										
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
SWEET POTATO FRIES																										
Sweet Potato Fries (10001032)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
TRIPLE-COOKED CHIPS																									Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
SKIN-ON MINI ROASTIES							Yes																		No	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic & Parsley Butter Blend (48641)							Yes																		No	Yes
Potato Mid (54227, 54255)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
MAC & CHEESE	Yes						Yes																		No	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
Mac & Cheese (10003296)	Yes						Yes																		No	Yes
LOADED CHEESY FRIES							Yes						Yes												No	Yes
Nacho Cheese Sauce (10001897)							Yes																		No	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
French Dressing (53514)										Yes						Yes									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Vegan Burger Sauce (10002205)										Yes															Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
74 Grill Master Rub (10003338)																									Yes	Yes
ADD PULLED BEEF BARBACOA																									No	No
Beef Barbacoa (10001905)																									No	No
LOADED VEGAN FRIES													Yes			Yes									Yes	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
French Dressing (53514)										Yes						Yes									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Vegan Burger Sauce (10002205)										Yes															Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
74 Grill Master Rub (10003338)																									Yes	Yes
ADD SLOPPY JOES			Yes		Yes							Yes													Yes	Yes
Sloppy Joes Vegan (10001740)			Yes		Yes					Yes															Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
CHARGILLED VEGGIES																									Yes	Yes
Mushroom Flat (54219)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Tenderstem Broccoli (10000524)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
CORN RIBLETS																									No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
74 Grill Master Rub (10003338)																									Yes	Yes
Corn Cob																									Yes	Yes
GRILL MASTER BEANS			Yes										Yes												Yes	Yes
Baked Beans In Tomato Sauce (10001944)																									Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
74 Grill Master Rub (10003338)																									Yes	Yes
SEASONED VEGGIE RICE																									Yes	Yes
Seasoned Rice (10002838)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan ?	Ingredient Contains Tree Nuts - Brazil ?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians ?
SOMETHING SWEET																										
APPLE AND BLACKBERRY CRUMBLE				Yes																					Yes	Yes
Apple & Blackberry Compote (10003092)																									Yes	Yes
Crumble Topping (10003089)				Yes																					Yes	Yes
WITH CUSTARD							Yes																		No	Yes
Custard - Ready To Serve (53399)							Yes																		No	Yes
WITH ICE CREAM							Yes																		No	Yes
Vanilla Dairy Ice Cream (54575)							Yes																		No	Yes
CHOCOLATE CHURROS SUNDAE	Yes				Yes	Yes	Yes																		No	Yes
Chocolate Sauce (10002185)																									Yes	Yes
Churros (10000784)	Yes																								Yes	Yes
Dairy Aerosal Cream (52672)							Yes																		No	Yes
Triple Chocolate Brownie (10001489)	Yes				Yes	Yes	Yes																		No	Yes
Vanilla Dairy Ice Cream (54575)							Yes																		No	Yes
CHOCOLATE AND HAZELNUT DOME	Yes				Yes	Yes	Yes											Yes							No	Yes
Hazelnut Dome (10001900)	Yes				Yes	Yes	Yes										Yes								No	Yes
Caramel Sauce (10002187)							Yes																		No	Yes
STICKY TOFFEE PUDDING	Yes					Yes	Yes																		No	Yes
Sticky Toffee Pudding (10003211)	Yes					Yes	Yes																		No	Yes
WITH CUSTARD							Yes																		No	Yes
Custard - Ready To Serve (53399)							Yes																		No	Yes
WITH ICE CREAM							Yes																		No	Yes
Vanilla Dairy Ice Cream (54575)							Yes																		No	Yes
TRIPLE CHOCOLATE BROWNIE	Yes				Yes	Yes	Yes																		No	Yes
Chocolate Sauce (10002185)																									Yes	Yes
Triple Chocolate Brownie (10001489)	Yes				Yes	Yes	Yes																		No	Yes
Vanilla Dairy Ice Cream (54575)							Yes																		No	Yes
Rolled Wafer Biscuit (10003199)	Yes				Yes	Yes	Yes																		No	Yes
NEW YORK CHEESECAKE						Yes	Yes																		No	Yes
Baked Cheesecake (10003082)						Yes	Yes																		No	Yes
Vanilla Dairy Ice Cream (54575)							Yes																		No	Yes
MINI PUD - CHOC TORTE ONLY	Yes				Yes		Yes																		Yes	Yes
Vegan Chocolate Torte (10003126)	Yes				Yes																				Yes	Yes
WAFFLES AND ICE CREAM	Yes		Yes		Yes	Yes	Yes																		No	Yes
Dark Cherry Compote (10001731)																									Yes	Yes
Belgian Waffles (52637)	Yes		Yes			Yes	Yes																		No	Yes
Chocstix (54617)					Yes		Yes																		No	Yes
Vanilla Dairy Ice Cream (54575)							Yes																		No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
MINI SUNDAE	Yes				Yes	Yes	Yes																		No	Yes
Chocolate Sauce (10002185)																									Yes	Yes
Chocstix (54617)					Yes		Yes																		No	Yes
Triple Chocolate Brownie (10001489)	Yes				Yes	Yes	Yes																		No	Yes
Vanilla Dairy Ice Cream (54575)							Yes																		No	Yes
Rolled Wafer Biscuit (10003199)	Yes				Yes	Yes	Yes																		No	Yes
VANILLA ICE CREAM AND BERRIES							Yes																		No	Yes
Fruit Berry Mix (10003254)																									Yes	Yes
Vanilla Dairy Ice Cream (54575)							Yes																		No	Yes
VEGAN ICE CREAM AND BERRIES																									Yes	Yes
Fruit Berry Mix (10003254)																									Yes	Yes
Vegan Ice Cream (10002813)																									Yes	Yes
CHOCOLATE LAYER TORTE	Yes				Yes																				Yes	Yes
Vegan Chocolate Torte (10003126)	Yes				Yes																				Yes	Yes
Raspberry Sauce (10002188)																									Yes	Yes
WITH VEGAN ICE CREAM																									Yes	Yes
Vegan Ice Cream (10002813)																									Yes	Yes
PEANUT BUTTER BANANA SUNDAE	Yes												Yes												Yes	Yes
Bananas (10002199)																									Yes	Yes
Chocolate Sauce (10002185)																									Yes	Yes
Churros (10000784)	Yes																								Yes	Yes
Peanut Butter (54052)													Yes												Yes	Yes
Vegan Ice Cream (10002813)																									Yes	Yes
COOKIE DOUGH AND ICE CREAM	Yes			Yes	Yes	Yes	Yes																		No	Yes
Crumble Topping (10003089)				Yes																					Yes	Yes
Chocolate Sauce (10002185)																									Yes	Yes
Vanilla Dairy Ice Cream (54575)							Yes																		No	Yes
Cookie Dough Puck (10003299)	Yes				Yes	Yes	Yes																		No	Yes
BANANA WAFFLE SUNDAE	Yes		Yes		Yes	Yes	Yes																		No	Yes
Bananas (10002199)																									Yes	Yes
Belgian Waffles (52637)	Yes		Yes			Yes	Yes																		No	Yes
Caramel Sauce (10002187)							Yes																		No	Yes
Chocstix (54617)					Yes		Yes																		No	Yes
Dairy Aerosol Cream (52672)							Yes																		No	Yes
Vanilla Dairy Ice Cream (54575)							Yes																		No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
KIDS																										
STARTERS																										
VEGGIE STICKS AND DIP						Yes																			No	Yes
Carrots Medium (54609)																									Yes	Yes
Cucumber Cat II (54220)																									Yes	Yes
Cucumber Cat II (54220)																									Yes	Yes
Fresh Herbs Mint (54242)																									Yes	Yes
Greek Yoghurt (53510)						Yes																			No	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
NACHOS AND DIP						Yes																			No	Yes
Cucumber Cat II (54220)																									Yes	Yes
Fresh Herbs Mint (54242)																									Yes	Yes
Greek Yoghurt (53510)						Yes																			No	Yes
Tomato M (54216)																									Yes	Yes
Tortilla Chips (54045)																									Yes	Yes
BAKED FLATBREAD WITH GARLIC AND PARSLEY SPREAD	Yes					Yes																			No	Yes
Flatbread Hand Pressed (54502)	Yes					Yes																			No	Yes
Garlic & Parsley Butter Blend (48641)						Yes																			No	Yes
BUILD YOUR OWN MAIN																										
10 VEG TOMATO PASTA	Yes											Yes													Yes	Yes
Tomato Pasta Kids (10001986)	Yes											Yes													Yes	Yes
MAC & CHEESE	Yes					Yes							Yes												No	Yes
Mac & Cheese Kids (10001962)	Yes					Yes							Yes												No	Yes
OVEN BAKED POPPIN CHICKEN	Yes					Yes																			No	No
Mini Chicken Chunks (52926)	Yes					Yes																			No	No
Stealth Fries (52190)																									Yes	Yes
RUMP STEAK																									No	No
Stealth Fries (52190)																									Yes	Yes
8oz Fresh Rump (10001643)																									No	No
MARGHERITA PIZZA	Yes					Yes																			No	Yes
Kids 7 Inch Pizza (10002840)	Yes					Yes																			No	Yes
SAUSAGE AND MASH	Yes					Yes																			No	No
Semi Skimmed Milk (10001941)						Yes																			No	Yes
Vegan Gravy (10001769)																									Yes	Yes
Kids Sausage (52927)	Yes																								No	No
Mash Potato (51094)						Yes																			No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
GARDEN GOURMET SENSATIONAL SAUSAGES					Yes		Yes																		No	Yes
Semi Skimmed Milk (10001941)							Yes																		No	Yes
Vegan Gravy (10001769)																									Yes	Yes
Mash Potato (51094)							Yes																		No	Yes
Garden Gourmet Vegan Sausage (10003018)					Yes																				Yes	Yes
SPAGHETTI BOLOGNESE	Yes																								No	No
Spaghetti Bolognese (10002485)	Yes																								No	No
OVEN BAKED FISH BITES	Yes							Yes																	No	No
Stealth Fries (52190)																									Yes	Yes
Pollock Nuggets 25g (10001991)	Yes							Yes																	No	No
BEEF BURGER	Yes					Yes																			No	No
Burger Buns Kids (54107)	Yes					Yes																			No	Yes
Lettuce Cos (54222)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Signature Beef Burger (10003025)																									No	No
PICK 2 YUMMY SIDES																										
VEGGIE STICKS																									Yes	Yes
Carrots Medium (54609)																									Yes	Yes
Cucumber Cat II (54220)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
BAKED BEANS																									Yes	Yes
Baked Beans In Tomato Sauce (10001944)																									Yes	Yes
PEAS																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
2 MINI CORN ON THE COB																									Yes	Yes
Corn On Cob Bites (10002478)																									Yes	Yes
SWAP YOUR SPUDS																										
SKINNY FRIES																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
MASHED POTATO							Yes																		No	Yes
Mash Potato (51094)							Yes																		No	Yes
Semi Skimmed Milk (10001941)							Yes																		No	Yes
MINI JACKET POTATOES																									Yes	Yes
Potato Mid (54227, 54255)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
PUDDINGS																										
STRAWBERRY SMASH SUNDAE				Yes	Yes																				No	Yes
Dairy Aerosal Cream (52672)					Yes																				No	Yes
Frozen Strawberry Yogurt (10002481)						Yes																			No	Yes
Meringue Nests (54613)				Yes																					No	Yes
Strawberries (54259)																									Yes	Yes
FRUIT SALAD																										
Del Monte Fresh Fruit (52205)																									Yes	Yes
STRAWBERRY FROZEN YOGURT																										
Frozen Strawberry Yogurt (10002481)	Yes				Yes	Yes	Yes																		No	Yes
Pompadour Fan Wafer (42756)	Yes				Yes	Yes	Yes																		No	Yes
VANILLA ICE CREAM																										
Chocstix (54617)	Yes				Yes	Yes	Yes																		No	Yes
Pompadour Fan Wafer (42756)	Yes				Yes	Yes	Yes																		No	Yes
Reduced Sugar Ice Cream Kids (10002011)							Yes																		No	Yes
CHOCOLATE BROWNIE																										
Chocolate Brownie Slab (10003210)	Yes				Yes	Yes	Yes																		No	Yes
Reduced Sugar Ice Cream Kids (10002011)							Yes																		No	Yes
PANCAKES WITH BANANA & CHOCOLATEY SAUCE																										
Bananas (10002199)	Yes					Yes	Yes																		No	Yes
Chocolate Sauce (10002185)																									Yes	Yes
Dairy Aerosal Cream (52672)							Yes																		No	Yes
Reduced Sugar Pancake (10000656)	Yes					Yes	Yes																		No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan ?	Ingredient Contains Tree Nuts - Brazil ?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians ?
LUNCH MENU																										
STARTERS																										
CHICKEN WINGS																									No	No
Single Joint Chicken Wing (10001902)																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
WITH SIGNATURE BBQ SAUCE			Yes										Yes												Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
WITH SIGNATURE 74 HOT SAUCE																									Yes	Yes
Signature 74 Hot sauce																									Yes	Yes
UPGRADE ADD 8 WINGS																									No	No
Single Joint Chicken Wing (10001902)																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
BREADED MUSHROOMS	Yes																								Yes	Yes
Garlic & Herb Breaded Mushroom (10002629)	Yes																								Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
WITH SIGNATURE BBQ SAUCE			Yes										Yes												Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
WITH SIGNATURE 74 HOT SAUCE																									Yes	Yes
Signature 74 Hot sauce																									Yes	Yes
STONEBAKED GARLIC FLATBREAD	Yes						Yes																		No	Yes
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Garlic & Parsley Butter Blend (48641)							Yes																		No	Yes
ADD MOZZARELLA AND CHEDDAR							Yes																		No	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
CAULIFLOWER POPCORN	Yes																								Yes	Yes
Battered Cauliflower Wings (10001910)	Yes																								Yes	Yes
WITH SIGNATURE BBQ SAUCE			Yes										Yes												Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
WITH SIGNATURE 74 HOT SAUCE																									Yes	Yes
Signature 74 Hot sauce																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
MAINS																										
STEAK SANDWICH	Yes					Yes	Yes						Yes			Yes									No	No
Fresh Herbs Parsley (54241)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Port & Onion Confit (10001730)							Yes									Yes									No	Yes
Caster Sugar (52416)																									Yes	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Horseradish (51731)						Yes	Yes						Yes			Yes									No	Yes
Mayonnaise Light (54568)						Yes							Yes												No	Yes
Mayonnaise Light (54568)						Yes							Yes												No	Yes
Rocket Leaf (54258)													Yes												Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
8oz Fresh Rump (10001643)																									No	No
BEER-BATTERED FISH AND CHIP SANDWICH	Yes		Yes			Yes		Yes					Yes												No	No
Tartare Sauce (10002833)						Yes							Yes												No	Yes
Batter Mix (51665)	Yes												Yes												Yes	Yes
Doom Bar (900208)			Yes																						No	No
Lemons (54602, 54722)																									No	Yes
Lettuce Cos (54222)																									Yes	Yes
Plain Flour (52330)	Yes																								Yes	Yes
Pollock Fillets MSC (53550)								Yes																	No	No
White Bloomer 12 Slices (53456)	Yes																								Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD CHIPS																									Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD FRIES																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
OPEN PULLED BEEF SANDWICH	Yes	Yes					Yes						Yes			Yes									No	No
Fresh Herbs Coriander (54239)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Beef Barbacoa (10001905)																									No	No
Avocado Halves (10000498)																									Yes	Yes
Chillies Red (54235)																									Yes	Yes
Ciabatta Loaf (10000902)	Yes	Yes																							Yes	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
French Dressing (53514)												Yes				Yes									Yes	Yes
Limes (54604, 54603)																									No	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Rocket Leaf (54258)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
74 Grill Master Rub (10003338)																									Yes	Yes
ADD CHIPS																									Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD FRIES																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
OPEN CHICKEN SANDWICH	Yes	Yes				Yes							Yes												No	No
Ciabatta Loaf (10000902)	Yes	Yes																							Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Mayonnaise Light (54568)						Yes						Yes													No	Yes
Rocket Leaf (54258)																									Yes	Yes
Smoked Dry Cured Streaky Bacon (54125)																									No	No
Stealth Fries (52190)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Raw Chicken Fillet (10001118)																									No	No

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
BEEF LASAGNE	Yes					Yes	Yes																		No	No
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Garlic & Parsley Butter Blend (48641)							Yes																		No	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
Lasagne Value	Yes					Yes	Yes																		No	No
ADD CHIPS																									Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD SALAD													Yes			Yes									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Corn On Cob Bites (10002478)																									Yes	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Cucumber Cat II (54220)																									Yes	Yes
French Dressing (53514)										Yes			Yes												Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
GARDEN GOURMET SENSATIONAL BURGER	Yes	Yes	Yes	Yes	Yes								Yes												Yes	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Vegan Bun (54701)	Yes	Yes		Yes																					Yes	Yes
Vegan Burger Sauce (10002205)										Yes															Yes	Yes
Vegan Burger Sauce (10002205)										Yes															Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Garden Gourmet Vegan Burger (10002832)	Yes		Yes		Yes																				Yes	Yes
ADD A VIOLIFE SLICE																									Yes	Yes
Vegan Sliced Cheese																									Yes	Yes
ADD SLOPPY JOES ADD			Yes		Yes							Yes													Yes	Yes
Sloppy Joes Vegan (10001740)			Yes		Yes					Yes															Yes	Yes
ADD VIOLIFE SLICE & SLOPPY JOES			Yes		Yes					Yes															Yes	Yes
Sloppy Joes Vegan (10001740)			Yes		Yes					Yes															Yes	Yes
Vegan Sliced Cheese																									Yes	Yes
8OZ RUMP STEAK																									No	No
Peas Grade A (53692)																									Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
8oz Fresh Rump (10001643)																									No	No
UPGRADE ADD 8OZ SIRLOIN																									No	No
8oz Fresh Sirloin (10001659)																									No	No

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
SOZ GAMMON STEAK																									No	No	
Soz Boomerang Gammon Steak (10000617)																									No	No	
Peas Grade A (53692)																									Yes	Yes	
Premium Chip (10001031)																									Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
ADD EGG						Yes																			No	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
Cage Free Med Barn Eggs (10001067)						Yes																			No	Yes	
ADD PINEAPPLE																									Yes	Yes	
Sliced Pineapple In Juice (51019)																									Yes	Yes	
UPGRADE ADD 100Z																									No	No	
Soz Boomerang Gammon Steak (10000617)																									No	No	
BEER-BATTERED FISH AND CHIPS	Yes		Yes			Yes		Yes					Yes												No	No	
Tartare Sauce (10002833)						Yes							Yes												No	Yes	
Batter Mix (51665)	Yes																								Yes	Yes	
Doom Bar (900208)			Yes																						No	No	
Lemons (54602, 54722)																									No	Yes	
Peas Grade A (53692)																									Yes	Yes	
Plain Flour (52330)	Yes																								Yes	Yes	
Pollock Fillets MSC (53550)								Yes																	No	No	
Premium Chip (10001031)																									Yes	Yes	
Table Salt (54744)																									Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
UPGRADE ADD HADDOCK								Yes																	No	No	
Haddock Fillet MSC (10003026)								Yes																	No	No	
CHICKEN MAKHANI CURRY	Yes				Yes		Yes																		No	No	
Fresh Herbs Coriander (54239)																									Yes	Yes	
Greek Yoghurt (53510)							Yes																		No	Yes	
Mango Chutney (10003255)																									Yes	Yes	
Pappodums (51643)																									No	Yes	
Plain Naan (54029)	Yes				Yes		Yes																		No	Yes	
Chicken Makhani (50375)							Yes																		No	No	
Long Grain Rice (10002397)																									Yes	Yes	

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
CLASSIC BURGER	Yes					Yes				Yes		Yes													No	No
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Sesame Seeded Burger Bun (53767)	Yes					Yes				Yes															No	Yes
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Vegan Burger Sauce (10002205)													Yes												Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Signature Beef Burger (10003025)																									No	No
ADD DOUBLE PATTY, BACON & CHEESE							Yes																		No	No
Cheese Slices (51545)							Yes																		No	Yes
Signature Beef Burger (10003025)																									No	No
Smoked Dry Cured Streaky Bacon (54125)																									No	No
CHILLI NON CARNE			Yes		Yes							Yes													Yes	Yes
Sloppy Joes Vegan (10001740)			Yes		Yes							Yes													Yes	Yes
Chillies Red (54235)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Tortilla Chips (54045)																									Yes	Yes
Long Grain Rice (10002397)																									Yes	Yes
SPINACH AND RICOTTA CANNELLONI	Yes						Yes					Yes													No	Yes
Tomato & Basil Fondue (10001901)																									Yes	Yes
Cannelloni Pieces (10001896)	Yes						Yes				Yes														No	Yes
UHT Whipping Cream (24097)							Yes																		No	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
ADD CHIPS																									Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD SALAD													Yes			Yes									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Corn On Cob Bites (10002478)																									Yes	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Cucumber Cat II (54220)																									Yes	Yes
French Dressing (53514)												Yes				Yes									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan ?	Ingredient Contains Tree Nuts - Brazil ?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
GRILLED CHICKEN SALAD	Yes	Yes				Yes	Yes						Yes												No	No
Parmesan (10001839)							Yes																		No	No
Caesar Dressing Red Cal (54032)						Yes	Yes						Yes												No	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Ciabatta Loaf (10000902)	Yes	Yes																							Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Rocket Leaf (54258)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Cage Free Med Barn Eggs (10001067)						Yes																			No	Yes
Raw Chicken Fillet (10001118)																									No	No

SIDES	
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[illegible]

SWEET POTATO FRIES

[illegible]

DESSERTS	
1	1.00
2	1.00
3	1.00
4	1.00
5	1.00
6	1.00
7	1.00
8	1.00
9	1.00
10	1.00
11	1.00
12	1.00
13	1.00
14	1.00
15	1.00
16	1.00
17	1.00
18	1.00
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74	1.00
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78	1.00
79	1.00
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81	1.00
82	1.00
83	1.00
84	1.00
85	1.00
86	1.00
87	1.00
88	1.00
89	1.00
90	1.00
91	1.00
92	1.00
93	1.00
94	1.00
95	1.00
96	1.00
97	1.00
98	1.00
99	1.00
100	1.00

[illegible]

WARM CHOCOLATE BROWNIE

[illegible]

ICE CREAM

[illegible]

ICE CREAM WITH STRAWBERRIES

[illegible]

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
BAR NIBBLES																										
BEEF POPCORN																									No	No
Popcorn BB CP (10001658)																									Yes	Yes
Beef Seasoning (53944)																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
POTATO DIPPERS							Yes																		No	No
Onions Spring Bunch (54250)																									Yes	Yes
Potato Dippers (52706)																									Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD REDUCED FAT SOUR CREAM							Yes																		No	Yes
Soured Cream Reduced Fat (51047)							Yes																		No	Yes
ADD '74 BBQ SAUCE			Yes							Yes															Yes	Yes
Signature BBQ Sauce (10003022)			Yes							Yes															Yes	Yes
ADD '74 HOT SAUCE																									Yes	Yes
Signature 74 Hot sauce																									Yes	Yes
ADD STREAKY BACON																									No	No
Smoked Dry Cured Streaky Bacon (54125)																									No	No
HALLOUMI FRIES WITH DIP	Yes						Yes																		No	Yes
Batter Mix (51665)	Yes																								Yes	Yes
Halloumi (10003111)							Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
WITH SIGNATURE BBQ SAUCE			Yes							Yes															Yes	Yes
Signature BBQ Sauce (10003022)			Yes							Yes															Yes	Yes
WITH SIGNATURE 74 HOT SAUCE																									Yes	Yes
Signature 74 Hot sauce																									Yes	Yes
74 BBQ RUB SEASONED TRIPLE-COOKED CHIPS																									Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
74 Grill Master Rub (10003338)																									Yes	Yes
SIGNATURE SAUSAGE																Yes									No	No
Pork Hotlink Sausage																Yes									No	No
WITH SIGNATURE BBQ SAUCE			Yes							Yes															Yes	Yes
Signature BBQ Sauce (10003022)			Yes							Yes															Yes	Yes
WITH SIGNATURE 74 HOT SAUCE																									Yes	Yes
Signature 74 Hot sauce																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians ?
74 RUB CORN RIBLETS																									No	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
74 Grill Master Rub (10003338)																									Yes	Yes
Corn Cob																									Yes	Yes
WITH SIGNATURE BBQ SAUCE			Yes										Yes												Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
WITH SIGNATURE 74 HOT SAUCE																									Yes	Yes
Signature 74 Hot sauce																									Yes	Yes

NACHOS							Yes						Yes			Yes									No	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Nacho Cheese Sauce (10001897)							Yes																		No	Yes
Avocado Halves (10000498)																									Yes	Yes
Chillies Red (54235)																									Yes	Yes
Chillies Red (54235)																									Yes	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
French Dressing (53514)													Yes			Yes									Yes	Yes
French Dressing (53514)													Yes			Yes									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Limes (54604, 54603)																									No	Yes
Onions Red (10002596)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Soured Cream Reduced Fat (51047)							Yes																		No	Yes
Table Salt (54744)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Tortilla Chips (54045)																									Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
74 Grill Master Rub (10003338)																									Yes	Yes
UPGRADE ADD PULLED BEEF BARBACOA																									No	No
Beef Barbacoa (10001905)																									No	No
UPGRADE ADD SLOPPY JOES			Yes		Yes							Yes													Yes	Yes
Sloppy Joes Vegan (10001740)			Yes		Yes							Yes													Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
THE ROAST WITH THE MOST																										
ULTIMATE SUNDAY ROAST	Yes					Yes	Yes					Yes	Yes			Yes									No	No
Lamb Rump (10001883)																									No	No
Pig In Blanket (10001498)																Yes									No	No
Carrots Medium (54609)																									Yes	Yes
Cauliflower Cheese (52862)						Yes	Yes																		No	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Garlic & Parsley Butter Blend (48641)							Yes																		No	Yes
Gravy (52858)												Yes													No	No
Honey Glazed Parsnips (10003226)	Yes																								No	Yes
Horseradish (51731)						Yes	Yes						Yes			Yes									No	Yes
Lovelli Rosso (900562)																Yes									No	Yes
Mint Sauce (51730)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Potatoes Roast Cut (10002599)																									Yes	Yes
Roasted Half Chicken (10003102)																									No	No
Root Veg Mash (54584)							Yes																		No	Yes
Rustic Yorkshire 3 Inch Gastro (10000053)	Yes					Yes	Yes																		No	Yes
Shredded Savoy Cabbage (10001147)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Beef Sirloin Joint Frozen (10002552)																									No	No
Stuffing Mix (10003216)	Yes																								Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
ROAST SIRLOIN OF BEEF	Yes					Yes	Yes					Yes	Yes			Yes									No	No
Carrots Medium (54609)																									Yes	Yes
Cauliflower Cheese (52862)						Yes	Yes																		No	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Garlic & Parsley Butter Blend (48641)							Yes																		No	Yes
Gravy (52858)												Yes													No	No
Honey Glazed Parsnips (10003226)	Yes																								No	Yes
Horseradish (51731)						Yes	Yes						Yes			Yes									No	Yes
Lovelli Rosso (900562)																Yes									No	Yes
Onions Red (10002596)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Potatoes Roast Cut (10002599)																									Yes	Yes
Root Veg Mash (54584)							Yes																		No	Yes
Rustic Yorkshire 3 Inch Gastro (10000053)	Yes					Yes	Yes																		No	Yes
Shredded Savoy Cabbage (10001147)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Beef Sirloin Joint Frozen (10002552)																									No	No
Stuffing Mix (10003216)	Yes																								Yes	Yes
HALF ROAST CHICKEN	Yes					Yes	Yes					Yes				Yes									No	No
Carrots Medium (54609)																									Yes	Yes
Cauliflower Cheese (52862)						Yes	Yes																		No	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Garlic & Parsley Butter Blend (48641)							Yes																		No	Yes
Gravy (52858)												Yes													No	No
Honey Glazed Parsnips (10003226)	Yes																								No	Yes
Lovelli Rosso (900562)																Yes									No	Yes
Onions Red (10002596)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Potatoes Roast Cut (10002599)																									Yes	Yes
Roasted Half Chicken (10003102)																									No	No
Root Veg Mash (54584)							Yes																		No	Yes
Rustic Yorkshire 3 Inch Gastro (10000053)	Yes					Yes	Yes																		No	Yes
Shredded Savoy Cabbage (10001147)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Stuffing Mix (10003216)	Yes																								Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
RUMP OF LAMB	Yes					Yes	Yes					Yes				Yes									No	No
Lamb Rump (10001883)																									No	No
Carrots Medium (54609)						Yes	Yes																		Yes	Yes
Cauliflower Cheese (52862)						Yes	Yes																		No	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Garlic & Parsley Butter Blend (48641)								Yes																	No	Yes
Gravy (52858)												Yes													No	No
Honey Glazed Parsnips (10003226)	Yes																								No	Yes
Lovelli Rosso (900562)																Yes									No	Yes
Mint Sauce (51730)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Potatoes Roast Cut (10002599)																									Yes	Yes
Root Veg Mash (54584)							Yes																		No	Yes
Rustic Yorkshire 3 Inch Gastro (10000053)	Yes					Yes	Yes																		No	Yes
Shredded Savoy Cabbage (10001147)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Stuffing Mix (10003216)	Yes																								Yes	Yes
EXTRA SLICE OF BEEF ADD																									No	No
Beef Sirloin Joint Frozen (10002552)																									No	No
Table Salt (54744)																									Yes	Yes
EXTRA SLICE OF LAMB ADD																									No	No
Lamb Rump (10001883)																									No	No
Table Salt (54744)																									Yes	Yes
EXTRA PIG IN BLANKET ADD																Yes									No	No
Pig In Blanket (10001498)																Yes									No	No
NON CHICKEN SUNDAY ROAST	Yes						Yes																		No	Yes
Vegan Gravy (10001769)																									Yes	Yes
Carrots Medium (54609)																									Yes	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Honey Glazed Parsnips (10003226)	Yes																								No	Yes
Peas Grade A (53692)																									Yes	Yes
Potatoes Roast Cut (10002599)																									Yes	Yes
Root Veg Mash (54584)							Yes																		No	Yes
Shredded Savoy Cabbage (10001147)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
VEGAN CHICKEN BREAST	Yes																								Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
VEGAN NON CHICKEN SUNDAY ROAST	Yes																								Yes	Yes
Vegan Gravy (10001769)																									Yes	Yes
Carrots Medium (54609)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Potatoes Roast Cut (10002599)																									Yes	Yes
Shredded Savoy Cabbage (10001147)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
VEGAN CHICKEN BREAST	Yes																								Yes	Yes
A BIT ON THE SIDE																										
PIGS IN BLANKETS																Yes									No	No
Pig In Blanket (10001498)																Yes									No	No
CAULIFLOWER CHEESE						Yes	Yes																		No	Yes
Cauliflower Cheese (52862)						Yes	Yes																		No	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
UNLIMITED ROASTS																										
ROAST POTATOES																									Yes	Yes
Potatoes Roast Cut (10002599)																									Yes	Yes
Rock Salt (52462)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
YORKSHIRE PUDDING	Yes					Yes	Yes																		No	Yes
Rustic Yorkshire 3 Inch Gastro (10000053)	Yes					Yes	Yes																		No	Yes
GRAVY							Yes					Yes				Yes									No	No
Gravy (52858)											Yes														No	No
Lovelli Rosso (900562)																Yes									No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
VEGAN GRAVY																									Yes	Yes
Vegan Gravy (10001769)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
KIDS ROAST																										
ROAST BEEF	Yes					Yes	Yes																		No	No
Vegan Gravy (10001769)																									Yes	Yes
Carrots Medium (54609)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Potatoes Roast Cut (10002599)																									No	Yes
Rock Salt (52462)																									No	Yes
Root Veg Mash (54584)							Yes																		No	Yes
Rustic Yorkshire 3 Inch Gastro (10000053)	Yes					Yes	Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Beef Sirloin Joint Frozen (10002552)																									No	No
CHICKEN BREAST																										
Vegan Gravy (10001769)	Yes					Yes	Yes																		No	No
Carrots Medium (54609)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Potatoes Roast Cut (10002599)																									No	Yes
Rock Salt (52462)																									No	Yes
Root Veg Mash (54584)							Yes																		No	Yes
Rustic Yorkshire 3 Inch Gastro (10000053)	Yes					Yes	Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Raw Chicken Fillet (10001118)																									No	No

Beefeater Meeting Rooms Menu March 2022 Allergy

Ingredient Name/Dish name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
BEEFEATER MEETING ROOMS																										
SANDWICHES																										
GRILLED CHICKEN & MAYO	Yes		Yes			Yes	Yes						Yes												No	No
Lettuce Cos (54222)																									Yes	Yes
Malted Brown Sandwich Tin Bread (51368)	Yes		Yes																						Yes	Yes
Mayonnaise Light (54568, 52925)						Yes							Yes												No	Yes
White Sandwich Tin Bread (51367)	Yes																								Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Raw Chicken Fillet (10001118)																									No	No
CHEESE & TOMATO	Yes		Yes				Yes																		No	Yes
Malted Brown Sandwich Tin Bread (51368)	Yes		Yes																						Yes	Yes
Tomato M (54216)																									Yes	Yes
White Sandwich Tin Bread (51367)	Yes																								Yes	Yes
Cheddar							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
PRAWN COCKTAIL	Yes		Yes			Yes	Yes		Yes				Yes												No	No
Cracked Black Peppercorns (51753)																									Yes	Yes
Cucumber Cat II (54220)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Malted Brown Sandwich Tin Bread (51368)	Yes		Yes																						Yes	Yes
Seafood Sauce (54050)						Yes							Yes												No	Yes
White Sandwich Tin Bread (51367)	Yes																								Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Warm Water Prawn 91-110 (10002189)									Yes																No	No
BLT SANDWICH	Yes		Yes			Yes	Yes						Yes												No	No
Lettuce Cos (54222)																									Yes	Yes
Malted Brown Sandwich Tin Bread (51368)	Yes		Yes																						Yes	Yes
Mayonnaise Light (54568, 52925)						Yes							Yes												No	Yes
Smoked Dry Cured Streaky Bacon (54125)																									No	No
Tomato M (54216)																									Yes	Yes
White Sandwich Tin Bread (51367)	Yes																								Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes

Beefeater Meeting Rooms Menu March 2022 Allergy

Ingredient Name/Dish name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
EGG MAYO	Yes		Yes			Yes	Yes						Yes												No	Yes	
Cracked Black Peppercorns (51753)																									Yes	Yes	
Cucumber Cat II (54220)																									Yes	Yes	
Fresh Herbs Parsley (54241)																									Yes	Yes	
Malted Brown Sandwich Tin Bread (51368)	Yes		Yes																						Yes	Yes	
Mayonnaise Light (54568, 52925)						Yes							Yes												No	Yes	
White Sandwich Tin Bread (51367)	Yes																								Yes	Yes	
Cage Free Med Barn Eggs (10001067)						Yes																			No	Yes	
Salted Block Butter (10001077)							Yes																		No	Yes	
HAM & TOMATO	Yes		Yes				Yes																		No	No	
Malted Brown Sandwich Tin Bread (51368)	Yes		Yes																						Yes	Yes	
Ham Sliced																									No	No	
Tomato M (54216)																									Yes	Yes	
White Sandwich Tin Bread (51367)	Yes																								Yes	Yes	
Salted Block Butter (10001077)							Yes																		No	Yes	
NIBBLES																											
SKINNY FRIES																									Yes	Yes	
Stealth Fries (52190)																									Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
BREADED POLLOCK BITES	Yes					Yes		Yes					Yes												No	No	
Tartare Sauce (54511)						Yes							Yes												No	Yes	
Pollock Nuggets 25g (10001991)	Yes							Yes																	No	No	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
Lemons (54602, 54722)																									No	Yes	
BEER-BATTERED ONION RINGS	Yes		Yes																						NO	No	
Beer Battered Onion Rings (10001075)	Yes		Yes																						Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	

Ingredient Name/Dish name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
ASSORTED CRISPS																										
SEA SALT & VINEGAR							Yes																		No	Yes
Pipers Cider Vinegar & Sea Salt Crisps 40g (10002526)							Yes																		No	Yes
CHORIZO							Yes																		No	No
Pipers Chorizo Crisps 40g (10002541)							Yes																		No	No
BEEF																									No	No
Pipers Longhorn Beef Crisps 40g (10002527)																									No	No
CHEDDAR & ONION							Yes																		No	Yes
Pipers Cheddar & Onion Crisps 40g (10002528)							Yes																		No	Yes
SWEET CHILLI																									Yes	Yes
Pipers Sweet Chilli Crisps 40g (10002529)																									Yes	Yes
SALTED																									Yes	Yes
Pipers Anglesey Sea Salt Crisps 40g (10002545)																									Yes	Yes
TORTILLA CRISPS							Yes																		No	Yes
Soured Cream Reduced Fat (51047)							Yes																		No	Yes
Tortilla Chips (54045)																									Yes	Yes
CHICKEN WINGS																									No	No
BBQ Sauce (52975)																									Yes	Yes
Single Joint Chicken Wing (10001902)																									No	No
Onions Spring Bunch (54250)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
BUTTERMILK & ROSEMARY CHICKEN GOUJONS	Yes						Yes																		No	No
BBQ Sauce (52975)																									Yes	Yes
Buttermilk Chicken Goujons (54586)	Yes						Yes																		No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
HOUSE SALAD													Yes			Yes									Yes	Yes
Cucumber Half Slice (54220)																									Yes	Yes
French Dressing (53514)													Yes			Yes									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Tomato M (54216)																									Yes	Yes

Beefeater Meeting Rooms Menu March 2022 Allergy

Ingredient Name/Dish name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
CAESAR SALAD	Yes		Yes			Yes	Yes						Yes												No	Yes
Caesar Dressing Red Cal (54032)						Yes	Yes						Yes												No	Yes
Lettuce Cos (54222)																									Yes	Yes
Malted Brown Bloomer 12 Slices (53457)	Yes		Yes																						Yes	Yes
Tomato M (54216)																									Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
POTATO SALAD						Yes							Yes												No	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Mayonnaise Light (54568, 52925)						Yes						Yes													No	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Potato Mid (54227, 54255)																									Yes	Yes
HOUSE-MADE SLAW						Yes							Yes												No	Yes
Caster Sugar (52416)																									Yes	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Mayonnaise Light (54568)						Yes						Yes													No	Yes
Table Salt (54744)																									Yes	Yes
GARLIC AND HERB BREADED MUSHROOMS	Yes																								No	No
BBQ Sauce (52975)																									Yes	Yes
Garlic & Herb Breaded Mushroom (10002629)	Yes																								Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
NACHOS							Yes																		No	Yes
Nacho Cheese Sauce (10001897)							Yes																		No	Yes
Chillies Red (54235)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Soured Cream Reduced Fat (51047)							Yes																		No	Yes
Tortilla Chips (54045)																									Yes	Yes
CAULIFLOWER POPCORN	Yes															Yes									Yes	Yes
Battered Cauliflower Wings (10001910)	Yes																								Yes	Yes
Piri Piri Sauce (53253)																Yes									Yes	Yes

Beefeater Meeting Rooms Menu March 2022 Allergy

Ingredient Name/Dish name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
SAUSAGE ROLLS	Yes					Yes	Yes																		No	No
SAUSAGE ROLLS	Yes					Yes	Yes																		No	No
MINI JACKET POTATOES							Yes																		No	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Potato Mid (54227, 54255)																									Yes	Yes
Soured Cream Reduced Fat (51047)							Yes																		No	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
SWEET POTATO AND RED ONION TART																									Yes	Yes
Vegan Tart (10002818)																									Yes	Yes
PIZZAS																										
MARGHERITA	Yes						Yes																		No	Yes
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Tomato Pizza Topping (52636)																									Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
PEPPERONI	Yes						Yes																		No	No
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Sliced Pepperoni (49056)																									No	No
Tomato Pizza Topping (52636)																									Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
Rocket Leaf (54258)																									Yes	Yes
MEATBALLS WITH CHILLI	Yes						Yes									Yes									No	No
Chillies Red (54235)																									Yes	Yes
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Onions Red (10002596)																									Yes	Yes
PI Breakfast Pork Sausage (10001400)	Yes															Yes									No	No
Rocket Leaf (54258)																									Yes	Yes
Tomato Pizza Topping (52636)																									Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes

Ingredient Name/Dish name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
MIXED VEG	Yes						Yes																		No	Yes
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Mushroom Cup (54218)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Tomato Pizza Topping (52636)																									Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
GARLIC FLATBREAD	Yes						Yes																		No	Yes
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Garlic & Parsley Butter Blend (48641)							Yes																		No	Yes
Rocket Leaf (54258)																									Yes	Yes
CHEESY GARLIC FLATBREAD	Yes						Yes																		No	Yes
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Garlic & Parsley Butter Blend (48641)							Yes																		No	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
Rocket Leaf (54258)																									Yes	Yes

Ingredient Name/Dish name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
CREATE YOU OWN PIZZA BASE	Yes						Yes																		No	Yes
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Tomato Pizza Topping (52636)																									Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
STREAKY BACON																									No	No
Smoked Dry Cured Streaky Bacon (54125)																									No	No
CHICKEN BREAST																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Raw Chicken Fillet (10001118)																									No	No
PORK MEATBALLS	Yes															Yes									No	No
PI Breakfast Pork Sausage (10001400)	Yes															Yes									No	No
RED ONION																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
RED PEPPER																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
PINEAPPLE																									Yes	Yes
Sliced Pineapple In Juice (51019)																									Yes	Yes
MUSHROOMS																									Yes	Yes
Mushroom Cup (54218)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
TOMATO																									Yes	Yes
Tomato M (54216)																									Yes	Yes
ROCKET																									Yes	Yes
Rocket Leaf (54258)																									Yes	Yes
RED CHILLI																									Yes	Yes
Chillies Red (54235)																									Yes	Yes
PEPPERONI																									No	No
Sliced Pepperoni (49056)																									No	No
HAM																									No	No
Ham Sliced																									No	No

Ingredient Name/Dish name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
DESSERTS																										
TRIPLE CHOCOLATE BROWNIE	Yes				Yes	Yes	Yes																		No	Yes
Triple Chocolate Brownie (10001489)	Yes				Yes	Yes	Yes																		No	Yes
LEMON DRIZZLE CAKE	Yes					Yes	Yes																		No	Yes
Mini Lemon Drizzle Cake (10001746)	Yes					Yes	Yes																		No	Yes
VEGAN CHOCOLATE TORTE	Yes				Yes																				Yes	Yes
Vegan Chocolate Torte (10003126)	Yes				Yes																				Yes	Yes
BLUEBERRY MUFFINS	Yes					Yes	Yes																		No	Yes
Blueberry Muffin (10002737)	Yes					Yes	Yes																		No	Yes
CHOCOLATE CHIP MUFFINS	Yes				Yes	Yes	Yes																		No	Yes
Chocolate Muffin (10002736)	Yes				Yes	Yes	Yes																		No	Yes
APPLE																									Yes	Yes
Apples Green (54605)																									Yes	Yes
BANANA																									Yes	Yes
Bananas (10002199)																									Yes	Yes
CLEMENTINE																									No	Yes
Clementine																									No	Yes

Product Description	Dietary Choices		Allergens Present																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
			Wheat Products	Rye Products	Barley Products	Oat Products															
BEEFEATER DRINKS MENU SPRING 2022 ALLERGY DATA																					
COCKTAILS																					
PORNSTAR MARTINI	NO	NO											Y								
MOJITO	NO	NO											Y								
SEX ON THE BEACH	NO	NO																			
ESPRESSO MARTINI	YES	NO						Y													
STRAWBERRY DAIQUIRI	YES	NO																			
MOCKTAILS																					
CUDDLES ON THE BEACH	YES	NO																			
WATERMELON SUGAR	YES	YES											Y								
CHERRY BAKEWELL	YES	NO											Y					Y	ALMOND		
STRAWBERRY SODA	YES	YES											Y								
SPRITZ																					
APEROL SPRITZ																					
APEROL SPRITZ	NO	NO											Y								
SUNDOWNER SPRITZ	NO	NO											Y								
RASPBERRY CRUSH SPRITZ	NO	NO											Y								
PASSION FRUIT VODKA SPRITZ	NO	NO											Y								
WILD BERRY GIN SPRITZ	YES	YES																			
PASSION FRUIT GIN FIZZ	NO	NO																			
BLUSHING GIN	YES	NO																			
ELDERFLOWER GIN TWIST	YES	NO																			
VERY VODKA FUSIONS																					
BLOOD ORANGE SPRITZ	NO	NO																			
VODKA LIME SODA	NO	NO																			
MANGO AND PASSION FRUIT	NO	NO																			
RASPBERRY SODA CRUSH	NO	NO																			

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GIN																				
GORDONS GIN	NO	NO																		
GORDON'S 0%	YES	YES																		
GORDONS PINK GIN 70CL	YES	YES																		
TANQUERAY BLACKCURRANT ROYALE	YES	YES																		
TANQUERAY GIN (70CL)	NO	NO																		
TANQUERAY SEVILLA ORANGE	YES	YES																		
BOMBAY SAPPHIRE	YES	YES																		
BOMBAY BRAMBLE	YES	YES																		
HENDRICKS 70CL	YES	YES																		
WARNERS LONDON DRY GIN	YES	YES																		
WARNER EDWARDS RHUBARB GIN 70CL	YES	YES																		
WARNERS RASPBERRY GIN 70CL	YES	YES																		
RUM AND WHISKEY																				
CAPTAIN MORGAN SPICED RUM	NO	NO																		
CAPTAIN MORGAN DARK RUM	NO	NO																		
CAPTAIN MORGAN WHITE 6X70CL	YES	NO																		
BACARDI SUPERIOR (70CL)	NO	NO											Y							
KRAKEN RUM 70CL	YES	YES																		
JACK DANIELS No.7	YES	YES																		
JACK DANIEL'S TENNESSEE APPLE	YES	NO																		
BELLS 70CL	YES	NO																		
JAMESON IRISH WHISKEY	YES	YES																		
GLENFIDDICH MALT 12 YO	YES	YES																		
TALISKER	NO	NO																		
VODKA																				
SMIRNOFF RED	NO	NO																		
ABSOLUT ORIGINAL 70CL	YES	YES																		
UPGRADE YOUR TIPPLE																				
FEVERTREE ELDERFLOWER TONIC	YES	YES																		
FEVERTREE RHUBARB & RASPBERRY TONIC	YES	YES																		
FEVER TREE GINGER ALE	YES	YES																		
RED BULL SUGARFREE	YES	NO																		
FEVERTREE LIGHT TONIC WATER	YES	YES																		
FEVERTREE MEXICAN LIME SODA	YES	YES																		
FEVERTREE BLOOD ORANGE SODA	YES	YES																		
WINES																				
PLEASE ASK TO SEE THE BOTTLE																				

Product Description	Dietary Choices		Allergens Present																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
			Wheat Products	Rye Products	Barley Products	Oat Products															
HOT DRINKS																					
LATTE	YES	NO							Y												
CAPPUCCINO	YES	NO							Y												
FLAT WHITE	YES	NO							Y												
AMERICANO BLACK	YES	YES																			
AMERICANO WHITE	YES	NO							Y												
ESPRESSO	YES	YES																			
DOUBLE ESPRESSO	YES	YES																			
SYRUP ADDITIONS																					
MONIN SUGAR FREE VANILLA SYRUP 1	YES	YES																			
MONIN RS SALTED CARAMEL SYRUP 1X	YES	YES																			
MONIN SF HAZLENUT SYRUP 1L	YES	YES																Y	HAZLENUT		
HOT CHOCOLATE POWDER	YES	NO							Y												
SEE MANUFACTURERS PACKAGING																					
TEAS									Y												
SEMI SKIMMED MILK	YES	NO							Y												
Alpro Soya Drink	YES	YES					Y														
DRAUGHT																					
GUINNESS	NO	NO			Y																
SAN MIGUEL DRAUGHT	YES	YES			Y								Y								
THATCHERS DRAUGHT CIDER 11GAL	YES	YES											Y								
HEINEKEN PREMIER LAGER 11K	YES	YES			Y																
STELLA ARTOIS 50L KEG	YES	YES			Y																
THATCHERS HAZE 50K	YES	YES											Y								