



# Beef eater

*Since '74*

# LUNCH MENU

Two mains 12.99

Monday - Friday 12-5pm

## ADD A STARTER FOR 2.99

### Loaded Nachos (V)

Topped with Cheddar cheese, tomato & red pepper salsa, and cheese sauce (503kcal)

### Cheesy Potato Dippers

Served with BBQ sauce (476kcal)

Add Oak-Smoked Bacon +49p (105kcal)

### Stonebaked BBQ Garlic Flatbread (V)

Seasoned in-house with our BBQ rub (410kcal)

Make it cheesy (V) +49p (+65kcal)

Want to make it vegan? Just ask! (Ve) (372kcal)

### Tomato Soup (Ve)

Served with toasted ciabatta (271kcal)

### Breaded Mushrooms

Served with BBQ sauce (422kcal)

## TWO MAINS FOR 12.99

### Chargrilled Chicken & Vegetable Skewer

Seasoned in our BBQ rub. Served with fries and chopped salad (492kcal)

### Chargrilled Vegetable Skewer (Ve)

Seasoned in our BBQ rub. Served with fries and chopped salad (403kcal)

### Classic Beef Burger

Signature 4oz\* beef burger, served in a brioche-style bun with lettuce, tomatoes, red onion and burger sauce. Served with fries (782kcal)

Double up your Burger +2.99 (223kcal)

Add a Cheese Slice (V) +0.99 (83kcal)

Add Oak-Smoked Bacon +0.99 (31kcal)

### Chargrilled 5oz\* Gammon Steak

Served with triple-cooked chips, garden peas and either a fried egg (749kcal) or pineapple ring (663kcal)

Double up your Gammon Steak +2.99 (199kcal)

### Beer-Battered Fish & Chips<sup>6\*\*</sup>

Served with triple-cooked chips, garden peas and tartare sauce (933kcal)

Upgrade to Haddock<sup>6\*\*</sup> +2.99 (967kcal)

### Chicken Makhani Curry

Served with white fluffy rice, a poppadom and mango chutney (639kcal)

Add a Naan Bread (Ve) +0.99 (191kcal)

### Beef Lasagne

Served with a salad garnish (560kcal)

Add Garlic Flatbread (V) +1.49 (202kcal)

### Simply Chicken & Chips

Chargrilled chicken breast, served with fries, garden peas and a jug of gravy<sup>8</sup> (525kcal)

2 FOR  
12.99

## SIDES

### Beer-Battered Onion Rings<sup>5</sup> 2.99

(140kcal)

### Mac & Cheese (V) 3.99

(403kcal)

### Chopped House Salad (Ve) 1.99

(42kcal)

## ADD A DESSERT FOR 2.99

### Caramel Apple Betty (V)

Served with your choice of custard (391kcal), vanilla ice cream (362kcal) or whip of cream (350kcal)

### Mini Biscoff<sup>®</sup> Sundae (V)

Vanilla ice cream layered with Biscoff<sup>®</sup> crumb and Biscoff<sup>®</sup> sauce. Topped with a whip of cream (387kcal)  
Want to make it vegan? Just ask! (Ve) (389kcal)

### Mini Berry Sundae<sup>x</sup> (V)

Vanilla ice cream layered with mixed berries and raspberry sauce. Topped with a whip of cream (231kcal)

Want to make it vegan? Just ask! (Ve) (233kcal)

### Mini Choc Brownie Sundae (V)

Vanilla ice cream layered with warm triple chocolate brownie and chocolate sauce. Topped with a whip of cream (342kcal)

### Hot Drink & Mini Triple Chocolate Brownie (V)

Mini triple chocolate brownie with your choice of hot drink (261kcal)  
(calories stated do not include hot drink)

Adults need around 2,000 kcal a day

Don't worry, we know there are allergens in our food that we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Menu descriptions may not list every individual ingredient, please ask for more information. Ingredients can occasionally be substituted or changed at short notice so please review the allergy information on the website at the time of your visit and ask your server when you arrive. (V) Suitable for vegetarians. (Ve) Suitable for vegans and vegetarians. Our vegan dishes are made to a vegan recipe but we cannot guarantee that they are suitable for those with MILK or EGG allergies. \*Approximate weight uncooked. \*\*May contain small bones or shell. †May contain traces of alcohol. ††May contain fruit stones. Fish, meat and poultry dishes may contain bones. Terms & conditions: Management reserve the right to withdraw the offer for any selected period of time. If an odd number of mains are ordered, the meals with the lowest standard menu price will be included in the deal. Available Monday to Friday, 12 noon to 5pm excluding Bank Holiday. It is not available in conjunction with any offer and is subject to availability. Offers, vouchers, discounts or promotions (including the Whitbread discount card) cannot be used in conjunction with this menu; however it can be used with loyalty-points-based vouchers but not loyalty celebratory offers. Images are for illustrative purposes only. The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information.

Seafood with this mark comes from an MSC certified sustainable fishery. [www.msc.org](http://www.msc.org) MSC-C-55716

