

8 MAINS 7.99 EACH

Monday to Friday
12PM-5PM

ADD A STARTER +3.29

Garlic, Mozzarella & Cheddar Cheese Signature Flatbread (V) (656kcal)

Chicken Goujons With BBQ sauce (425kcal)
+0.70

Tomato Soup (V) With croutons (162kcal)

NEW Chicken Caesar Flatbread

Our signature flatbread, topped with sliced chicken breast, lettuce, grated Grana Padano, tomato slices and Caesar dressing. Served with a rocket and tomato salad (666kcal)

^ **ADD skin-on chips** (+276kcal) +1.49

Steak, Egg & Chips

4oz* rump with a fried egg, served with skin-on chips and garden peas (589kcal)

Smothered Chicken Melt

Topped with BBQ sauce, cheese and oak-smoked bacon. With skin-on chips and slaw (701kcal)

^ **ADD an extra smothered chicken** (+311kcal)
+4.99

'74 Classic Beef Burger

4oz* beef burger in a brioche-style bun with lettuce, tomatoes, red onion and burger sauce. Served with skin-on chips (853kcal)

^ **DOUBLE UP your burger** (+223kcal) +1.99

^ **ADD a cheese slice** (+83kcal) +0.49

^ **ADD oak-smoked bacon** (+63kcal) +0.99

Classic Plant Burger (Ve)

GARDEN GOURMET® Sensational™ burger in a brioche-style bun with lettuce, tomatoes, red onion and burger sauce. Served with skin-on chips (831kcal)

^ **DOUBLE UP your burger** (+224kcal) +1.99

^ **ADD a Violife slice** (+59kcal) +0.49

^ **ADD THIS™ Isn't bacon** (+115kcal) +0.99

'74 BBQ Seasoned Potato Wedges (Ve)

Choose your sauce - see main menu for details (397kcal without sauce)

Garlic Breaded Mushrooms

With BBQ sauce (552kcal)

Chargrilled 5oz* Gammon Steak

With a fried egg (748kcal) or pineapple ring (662kcal), triple-cooked chips and garden peas

^ **DOUBLE UP your gammon steak** (+198kcal)
+2.99

^ **ADD '74 honey & mustard glaze** (+139kcal)
+0.99

Beer-Battered Fish & Chips^{5**}

With triple-cooked chips, garden peas and tartare sauce (939kcal)

^ **UPGRADE to haddock**^{5**} (+972kcal) +2.99

^ **ADD white bread & butter** (+229kcal) +0.99

House Salad (V)

Lettuce, red peppers, cucumber, mixed fresh tomatoes, sweetcorn and croutons (145kcal)

Finished with your choice of dressing: our '74 honey & mustard (V) (+186kcal), Caesar (+110kcal) or French dressing (Ve) (+87kcal)

Want to make it vegan? Just ask! (+98kcal without croutons)

^ **ADD grilled chicken** (+156kcal) +1.99

^ **ADD grilled halloumi** (+352kcal) +1.99

Beef Lasagne

Served with a chopped salad (497kcal)

^ **ADD garlic flatbread** (+190kcal) +0.99

^ **ADD skin-on chips** (+276kcal) +1.49

Butternut Squash, Spinach & Ricotta Lasagne (V)

Served with a chopped salad (473kcal)

^ **ADD garlic flatbread** (+190kcal) +0.99

^ **ADD skin-on chips** (+276kcal) +1.49

FOR A LITTLE EXTRA

8oz* Rump

Served with triple-cooked chips and garden peas (760kcal) +2.00

^ **UPGRADE to an 8oz* sirloin** (726kcal) +1.99

Steak Flatbread

Our signature flatbread, topped with sliced 4oz* rump, lettuce, tomato, mayo, balsamic onion confit and crispy onions. Served with a rocket and tomato salad (686kcal) +1.00

^ **UPGRADE to an 4oz* sirloin** (687kcal) +0.99

^ **ADD skin-on chips** (+276kcal) +1.49

ADD A DESSERT +3.29

NEW Mini Millionaire's Choc Brownie Sundae (V)

With triple chocolate brownie, oaty crumble, chocolate and caramel sauces (364kcal)

Caramel Apple Betty (V)

Served with your choice of custard (390kcal), vanilla ice cream (367kcal) or whip of cream (349kcal)

'74 Double Crunch Chicken Burger

Our crunchy tortilla coated chicken breast seasoned with our signature blend of spices, with '74 BBQ sauce* and oak-smoked bacon.

Served in a brioche-style bun with lettuce, tomatoes, red onion and burger sauce. Served with skin-on chips and slaw (1,164kcal) +1.00

^ **SWAP to grilled chicken breast** (937kcal)

Chicken Makhani Curry

With white fluffy rice, a poppadom and mango chutney (661kcal) +1.00

^ **ADD a naan bread** (+153kcal) +0.99

NEW Mini Biscoff® Sundae (V) (381kcal)

Want to make it vegan? Just ask! (395kcal)

Italian Lemon & Raspberry Semifreddo (Ve)

Frozen mousse on a biscuit base (470kcal)

Warm Chocolate Brownie (V)

With vanilla ice cream (478kcal)