

OUR '74 DISHES

Our irresistible '74 dishes showcase the very best of Beefeater. Specially created by our grill masters using the best quality ingredients, unique blends of herbs and spices, and their passion, knowledge and skill for all things from the grill. It's what we do best and what we've been doing since 1974 – creating much-loved food for you to enjoy!



DESSERTS

**Biscoff® Sundae (V) 6.99**  
Vanilla ice cream layered with Biscoff® crumb and Biscoff® sauce.  
Topped with a whip of cream and a Biscoff® biscuit (609kcal)  
Want to make it vegan? Just ask! (Ve) (626kcal)



**Vanilla Ice Cream Sundae with KitKat® (V) 6.99**  
Vanilla ice cream layered with KitKat® crumb and chocolate sauce. Topped with a whip of cream and KitKat® fingers (568kcal)



**Cheesecake with Cadbury® Crunchie (V) 6.99**  
Baked New York-style cheesecake, topped with Cadbury® Crunchie pieces and caramel sauce. Served with vanilla ice cream (737kcal)



**Vanilla Ice Cream (V) 5.99** (211kcal)  
With chocolate (+85kcal), caramel (+87kcal) or raspberry (+75kcal) sauce  
Want to make it vegan? Just ask! (Ve) (272kcal)  
Choose from **chocolate** (+85kcal) or **raspberry** (+75kcal) sauce

**Apple & Blackberry Crumble (V) 5.99**  
A lightly spiced Apple & Blackberry Crumble (369kcal).  
With either custard (+100kcal) or vanilla ice cream (+70kcal)  
Add **Vanilla Vegan Ice Cream (Ve) +0.99** (+91kcal)

**Sticky Toffee Pudding (V) 5.99**  
Moist sponge, topped with a rich toffee sauce (653kcal).  
Served with custard (+100kcal) or vanilla ice cream (+70kcal)

**Triple Chocolate Brownie (V) 6.49**  
With chocolate sauce and vanilla ice cream (620kcal)

**Chocolate Layer Torte (Ve) 6.49**  
Rich chocolate mousse on a chocolate sponge base, topped with freeze-dried raspberries and raspberry sauce (312kcal)  
Add **Vanilla Ice Cream (V) +0.99** (+70kcal)  
Add **Vanilla Vegan Ice Cream (Ve) +0.99** (+91kcal)

**Hot Drink & Mini Triple Chocolate Brownie (V) 5.49**  
(261kcal) (calories stated do not include hot drink)

We've teamed up with Pennies, the digital charity box, to help support our partner GOSH Charity. Just press 'yes' when you pay by card to donate 25p. Every penny you give goes to charity: 95% to Great Ormond Street Hospital Children's Charity (registered charity no. 1160024) and 5% to Pennies (registered charity no. 1122489).



**Pennies!**

**Adults need around 2,000kcal a day**  
Don't worry, we know there are allergens in our food that we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Menu descriptions may not list every individual ingredient, please ask for more information. Ingredients can occasionally be substituted or changed at short notice, so please review the allergy information on the website at the time of your visit and ask your server when you arrive. "V" = suitable for vegetarians, "VE" = suitable for vegans and vegetarians. Our vegan dishes are made to a vegan recipe but we cannot guarantee that they are suitable for those with MILK or EGG allergies. \*Approximate weight uncooked. \*\*May contain small bones or shell. †May contain traces of alcohol. ‡May contain rings & tentacles. §May contain fruit stones. Fish, meat and poultry dishes may contain bones. The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information. GARDEN GOURMET® is a registered trademark used in agreement with the trademark owner. KitKat® is a registered trademark of Société des Produits Nestlé S.A. S.A. Cadbury® is a registered trademark of Mondelez International used under licence. Terms & conditions: Images are for illustrative purposes only and finished steak presentation (including grill lines) may vary. This menu is available for a limited time only and is subject to availability. We may occasionally sell out of some of the more popular dishes. If we do, we'll do our very best to offer you the nearest alternative. Prices are inclusive of VAT. We hope we served you up a great experience today. If you choose to leave a gratuity to thank your server, we want you to know that this goes straight to the person serving you today, in full. If you have any comments or suggestions, our staff will be more than happy to receive them. Alternatively, you are welcome to write to us at: Whitbread Group PLC, PO Box 777, Dunstable, Beds. LU5 5XE. Telephone: 0333 234 1452 or visit [www.beefeater.co.uk/contact-us.html](http://www.beefeater.co.uk/contact-us.html)



A WARM WELCOME TO YOUR BEEFEATER

It's great to see you, whether it's your first time at Beefeater or whether you're a regular, you're always welcome. We're really proud of our heritage and what we stand for: great quality food at great value for everyone to enjoy, together. We like to think we bring people together over tasty, feel-good food.

So, take a moment to savour the quality of our 100% British and Irish steaks or our beer-battered fish and chips, or simply enjoy one of your favourites.

Now's the time to sit back, relax and enjoy your visit with us and remember, if there's anything at all we can do to help you enjoy your time more, please just ask!





STARTERS

Buy 4 for 17.99 or 3 for 14.99



**Chicken Goujons 6.49**  
Tender pieces of chicken breast coated in seasoned breadcrumbs. Served with BBQ sauce (429kcal)

**74 Double-Crunch Chicken Wings 6.49**  
Exclusive to Beefeater, our crunchy tortilla coated chicken wings seasoned with our signature blend of spices (563kcal) Served with your choice of '74 sauces (calories stated do not include sauces)

**Breaded Mushrooms 5.49**  
With BBQ sauce (442kcal)

**Cheesy Potato Dippers 5.49**  
Topped with mozzarella, Cheddar and spring onion. With BBQ sauce (496kcal)  
**Add Oak-Smoked Bacon +0.99** (+63kcal)

**Halloumi Fries 5.79**  
Served with BBQ sauce (482kcal)

**Classic Prawn Cocktail\*\* 6.49**  
Served with malted grain bread (365kcal)

**Crispy Calamari† 6.49**  
With our '74 spicy mayo (452kcal)

**Stonebaked Garlic Flatbread (V) 5.49**  
Seasoned with our '74 BBQ rub (410kcal)  
**Make it cheesy (V) +0.49** (+65kcal)  
**Want to make it Vegan? Just ask! (Ve)** (372kcal)

**Loaded Nachos (V) 5.49**  
Cheddar cheese sauce, homemade chunky guacamole, tomato salsa and reduced fat soured cream (530kcal)  
**Want to make it vegan? Just ask! (Ve)** (528kcal)

CHICKEN AND RIBS

All served with '74 seasoned skin-on chips, corn and your choice of one of our '74 sauces. See sauces for our full range. (calories stated do not include sauce)



**74 Rack of Pork Ribs<sup>§</sup> 19.99** (1,116kcal)

**74 Chicken & Rib Combo<sup>§</sup> 17.99**  
Grilled '74 seasoned chicken breast and half a rack of tender '74 BBQ glazed pork ribs (948kcal)

**74 Chargrilled Half Chicken 15.99** (909kcal)

Add half a rack of tender **74** BBQ<sup>§</sup> Glazed Pork Ribs +5.99 (+339kcal)      Add **74** Double-Crunch Chicken Wings 5.99 (+422kcal)

SIGNATURE STEAKS

All our steaks come from British and Irish farms. Matured for 30 days, they are extra tender and full of flavour



**74 Steak Sampler 24.99**  
A combination of our quality cuts; tender 4oz\* fillet, flavoursome 4oz\* rump and a succulent 4oz\* sirloin. Served with peppercorn sauce, grilled flat mushroom, grilled tomato, garden peas, beer-battered onion rings<sup>§</sup> and triple-cooked chips (1,128kcal)

**74 Surf & Turf Combo\*\*\* 23.99**  
8oz\* sirloin steak, crispy calamari and king prawns drizzled in garlic and parsley. Served with half a grilled tomato, grilled mushroom, garden peas and skin-on chips (1,191kcal)  
**Upgrade to 8oz\* Fillet Steak +4.99** (1,196kcal)

STEAKS

Served with half a grilled tomato, grilled mushroom, garden peas and your choice of side. **Season your steak with our signature '74 rub** (16kcal), just ask!

CHOOSE YOUR CUT

**74 8oz\* Fillet 22.49**  
The most lean and tender of all the steaks (440kcal)

**74 10oz\* Ribeye 19.99**  
The strong marbling makes this steak full of flavour (614kcal)

**74 8oz\* Sirloin 17.49**  
A great all-rounder, for succulent texture and taste (436kcal)

CHOOSE YOUR SIDE

**Skin-on Chips (Ve)** (+368kcal)

**Triple-cooked Chips (Ve)** (+395kcal)

**Chopped House Salad (Ve)** (+42kcal)

Upgrade to **74** Loaded Cheesy Fries (V) 0.99 (636kcal)

ADD A LITTLE EXTRA

**Peppercorn Sauce 1.99** (+30kcal)

**Garlic King Prawns\*\* 4.99** (+177kcal)

**Fried Egg (V) 0.99** (+108kcal)

**74 Seasoned Mini Corn on the Cobs (Ve) 3.29** (+81kcal)

**Beer-Battered Onion Rings<sup>§</sup> 4.29** (+280kcal)

**Mac & Cheese (V) 4.29** (+403kcal)

**74 Grilled Veg with Tenderstem® Broccoli (Ve) 3.29** (+56kcal)

BURGERS

Our signature '74 burger recipe is a mix of short rib, chuck, flank, and bone marrow to help give that rich-tasting, meaty flavour. All served in a brioche-style bun with lettuce, tomatoes, and red onion, with skin-on chips and house slaw

**74 Baconeater 16.49**  
Our signature 4oz\* beef burger, with our '74 bacon relish, oak-smoked bacon, Cheddar cheese, crispy onions and light mayo (1,126kcal)



**74 Beefeater Double Stack 16.99**  
Two signature 4oz\* beef burgers, with our '74 BBQ sauce<sup>§</sup>, Cheddar cheese and '74 burger sauce (1,327kcal)

**74 Double-Crunch Chicken 16.99**  
Our crunchy tortilla coated chicken breast seasoned with our signature blend of spices, with '74 BBQ sauce<sup>§</sup>, oak-smoked bacon and '74 burger sauce (1,159kcal)  
**Swap to a grilled Chicken Breast** (932kcal)

**Hallo-Me (V) 15.79**  
Grilled halloumi topped with a flat mushroom, with our '74 smokehouse tomato sauce, '74 grilled veg, and '74 burger sauce (997kcal)

**Plant Stack (Ve) 15.79**  
GARDEN GOURMET® Sensational™ burger with Violife slice, THIS™ Isn't Bacon, and '74 burger sauce. With vegan slaw (1,040kcal)

Upgrade to **74** Loaded Cheesy Fries (V) 0.99 (636kcal)

ADD A LITTLE EXTRA

**74 Signature 4oz\* Beef Burger 2.99** (+223kcal)

**Grilled Chicken Breast 2.99** (+155kcal)

**GARDEN GOURMET® Sensational™ Burger (Ve) 2.99** (+224kcal)

**Halloumi (V) 2.99** (+176kcal)

**74 Bacon Relish 0.99** (+48kcal)

**Oak-Smoked Bacon 0.99** (+63kcal)

**Cheddar Cheese Slice (V) 0.99** (+83kcal)

**Fried Egg (V) 0.99** (+108kcal)

**Guacamole (V) 0.99** (+59kcal)

**THIS™ Isn't Bacon (Ve) 0.99** (+58kcal)

**Violife Slice (Ve) 0.99** (+57kcal)

**74 Bacon Relish 0.99** (+48kcal)

**Beef & Ale Pie<sup>§</sup> 14.49**  
With triple-cooked chips, garden peas and a jug of gravy (1,128kcal)

**Beef Lasagne 13.99**  
With garlic flatbread and a chopped salad (761kcal)

**Butternut Squash, Spinach & Ricotta Lasagne (V) 13.99**  
With garlic flatbread and a chopped salad (698kcal)

GRILLS

**Mixed Grill 20.49**  
4oz\* rump steak, half a chicken breast, gammon, two pork sausages. With a grilled tomato, two fried eggs, beer-battered onion rings<sup>§</sup>, triple-cooked chips and garden peas (1,285kcal)  
Upgrade to 8oz\* Rump Steak +4.99 (1,445kcal)  
Upgrade to 8oz\* Sirloin Steak +5.99 (1,445kcal)



**Chargrilled 7oz\* Gammon Steak 13.99**  
With a fried egg, pineapple, triple-cooked chips and peas (899kcal)  
**Double up your Gammon Steak +3.50** (+327kcal)

**Chargrilled Fillet of Salmon\*\* 18.99**  
Drizzled with garlic and parsley. Served with grilled vegetables and garlic potatoes (774kcal)  
**Add Garlic king Prawns\*\* +4.99** (+54kcal)

**74 Chargrilled Vegetable Skewer (Ve) 13.99**  
With stonebaked flatbread, chopped salad, skin-on chips and your choice of '74 sauce (802kcal) (calories stated do not include sauces)

SALADS

**Beefeater Cobb Salad (V) 13.99**  
Crisp cos lettuce, red peppers, cucumber, cherry tomatoes, sweetcorn, garlic herb croutons (139kcal)

**Finished with your choice of dressing:**  
Our **74** Honey & Mustard (V) (186kcal), Reduced calorie Caesar (V) (110kcal) or French dressing (Ve) (87kcal)

**Topped with your choice of:**  
Grilled Chicken Breast (+155kcal)  
GARDEN GOURMET® Sensational™ Chicken Style Fillet (Ve) (+183kcal)  
Grilled Halloumi (V) (+352kcal)

SIDES

**74 Loaded Cheesy Fries (V) 4.29**  
Seasoned with our '74 rub, topped with cheese sauce, '74 smokehouse sauce and spring onions (636kcal)

**74 Seasoned Mini Corn on the Cobs (Ve) 3.29** (81kcal)

**Beer-Battered Onion Rings<sup>§</sup> 4.29** (280kcal)

**Mac & Cheese (V) 4.29** (403kcal)

**Skin-on Chips (Ve) 3.49** (368kcal)

**Triple-cooked Chips (Ve) 3.49** (395kcal)

**74 Grilled Veg with Tenderstem® Broccoli (Ve) 3.29**  
Grilled courgettes, Tenderstem® broccoli, mixed peppers and red onions seasoned in our '74 BBQ rub (56kcal)

**Chopped Salad (Ve) 3.29** (42kcal)

TRY OUR '74 SAUCES 0.99 each or two for 1.50

<b>74</b> BBQ <sup>§</sup> (Ve) (36kcal)	<b>74</b> Bacon Relish (48kcal)
<b>74</b> HOT 🍋🍋🍋 (Ve) (13kcal)	<b>74</b> Honey & Mustard (V) (139kcal)
<b>74</b> Burger (Ve) (102kcal)	<b>74</b> Mango, Peach & Habanero 🍋🍋 (Ve) (35kcal)
<b>74</b> Smokehouse Tomato (Ve) (57kcal)	<b>74</b> Spicy Mayo 🍋 (Ve) (87kcal)

TAKE HOME OUR  
**74** HOT SAUCE **74** BBQ SAUCE!  
JUST 2.99 EACH (260ML)

Adults need around 2,000kcal a day

Scan the QR code to see our NGCI menu

