## STARTERS

Chicken Goujons
Served with BBQ sauce (382kcal)
74 Double-Crunch Chicken Wings
Exclusive to Beefeater, our crunchy tortilla-
coated chicken wings seasoned with our signature
blend of spices. Served with your choice
of ' 74 sauce ( 440 kcal ) (calories stated do not include sauces)

Stonebaked Garlic Flatbread (V)
Seasoned with our '74 BBQ rub (410kcal)
Make it cheesy? Just ask! (V) (+65kcal)
Want to make it Vegan? Just ask! (Ve) (372kcal)
Cheddar, Mozzarella \& Emmental
Cheese Fondue (V)
Served with balsamic onion confit
and toasted ciabatta (612kcal)

## STEAK

Red Wine \& Mushroom Sirloin Steak (+3.00)
Golden puff pastry base stacked with a grilled $80 z^{*}$ sirloin steak, garlic spinach and flat mushrooms. Served with crispy roast potatoes and a mushroom, red wine \& pancetta sauce ${ }^{\S}$ (1,353kcal)
Upgrade to $80 z^{*}$ fillet ( +4.99 ) ( $1,357 \mathrm{kcal}$ )

## 8oz* Rump

A flavoursome steak. Served with half a roasted tomato, grilled mushroom, rocket and triple-cooked chips ( 787 kcal )

## MAINS

## 74 Beefeater Double Stack Burger

Two signature $40 z^{*}$ beef burgers, ' 74 BBQ sauce ${ }^{\text {s }}$, Cheddar cheese and '74 burger sauce. Served in a brioche-style bun with lettuce, tomatoes, and red onion, with fries and house slaw ( $1,282 \mathrm{kcal}$ )

## Salmon with Seafood \& Prosecco Sauce*

 Golden puff pastry base stacked with a grilled salmon fillet, grilled cherry tomatoes and Tenderstem broccoli. Served with garlic potatoes and a seafood \& prosecco sauces ( $1,025 \mathrm{kcal}$ )74 Chargrilled Vegetable Skewer (Ve)
Served with stonebaked flatbread, chopped salad fries and your choice of ' 74 sauce ( 744 kcal ) (calories stated do not include sauces)
" 74 Chargrilled King Prawn \& Vegetable Skewer** Served with stonebaked flatbread, chopped salad fries and your choice of ' 74 sauce ( 828 kcal ) (calories stated do not include sauces)

## DESSERTS

You're One in a Million Chocolate \&
Caramel Melting Dome Surprise (V)
Pour our hot caramel sauce over this show-stopping dessert to reveal our triple chocolate brownie pieces \& vanilla ice cream (729kcal)

Triple Chocolate Brownie (V)
Served with chocolate sauce and vanilla ice cream (617kcal)

10oz* Ribeye (+2.00
The strong marbling makes this steak full of flavour. Served with half a roasted tomato, grilled mushroom, rocket and triple-cooked chips (996kcal)

## Make any steak a Surf \& Turf!

Add two garlic King Prawns 4.99 (+177 kcal)
Add Peppercorn Sauce 1.99 (30kcal)

## ROAST

Our roast dishes are served with crispy roast potatoes, golden honey-glazed parsnips, Yorkshire pudding, stuffing, Tenderstem ${ }^{\circ}$ broccoli, garden peas, carrots and our rich signature red wine gravy ${ }^{\text {s }}$, unless stated otherwise.

## Ultimate Roast ${ }^{5}$ ( +3.00 )

Get the best of all our meats with half a roast chicken, and a slice of both our aged sirloin and lamb rump ( $1,847 \mathrm{kcal}$ )

## Roast Sirloin of Beef ${ }^{5}$

30-day-aged from British and Irish farms. Melt-in-your-mouth tenderness, cooked medium ( $1,517 \mathrm{kcal}$ )

## Rump of Lamb ${ }^{8}$

Our British and Irish lamb is cooked pink to perfection ( $1,506 \mathrm{kcal}$ )

## Half a Roast Chicken ${ }^{\S}$

Tender and succulent with crispy, golden skin (1,671kcal)

# SWAP YOUR DESSERT FOR ONE OF OUR DESSERT COCKTAILS FOR JUST 2.00 

Espresso Martini (1.4 units)
Martini (1. 4 units)

## Cheesy Potato Dippers

Served with BBQ sauce (476kcal)
Top with oak-smoked bacon? Just ask! (+105kcal)
Smoked Scottish Salmon
\& Prawn Cocktai**^ (+1.00)
Served with toasted ciabatta (386kcal)

## SIDES

Beer-Battered Onion Rings ${ }^{\text {² }} 4.29$ (280kcal)
Mac \& Cheese (V) 4.29 (403kcal)
${ }^{7} 74$ Grilled Veg with Tenderstem ${ }^{\circ}$ Broccoli (Ve) 3.29
Seasoned in our '74 BBQ rub (56kcal)

## No-Chicken Roast (V)

GARDEN GOURMET® Sensational ${ }^{\text {Tm }}$ Chicken-Style Fillet, served with meat-free gravy ${ }^{5}(1,378 \mathrm{kcal})$
Want to make it Vegan? Just ask! (Ve) (983kcal)

## Extras

Add an extra slice of beef (101kcal) or lamb (73kcal) to any roast 2.49
Add on unlimited favourites for just 1.49
Tuck into unlimited portions of crispy roast potatoes (Ve) (274kcal per portion), Yorkshire puddings $(\mathrm{V})(121 \mathrm{kcal}$ per portion) and our rich signature red wine gravy ${ }^{\S}$ ( 43 kcal per portion) or meat-free gravy ${ }^{\$}$ ( 30 kcal )

## WINES

## Prosecco for One 200ml

Italy $11.0 \%$
Fruity and light, with flavours
of peaches and apricots
The Ned, Sauvignon Blanc
New Zealand 13.0\%
Vibrant with lime zest,
lemongrass and passion fruit
The Ned, Rosé
New Zealand $13.0 \%$
Classic flavours of strawberries
and cream, with a fruity finish
Flagstone Poetry, Merlot
South Africa 13.5\%
Soft and fruity, with flavours
of blackberries, plums
and a hint of mint
Wine is not included as part more than happy to receive them. Alternatively, you are welcome to write to us at: Whitbread Group PLC, PO Box 777, Dunstable, Beds. LU5 5XE. Telephone: 03332341452 or visit www.beefeater.co.uk/contact-us.html

