# SUNDAY ROAST MENU

# SUNDAY Roast

Our Sunday dishes are served with crispy roast potatoes, golden honeyglazed parsnips, Yorkshire pudding, stuffing, a selection of vegetables and gravy, unless stated otherwise.

#### **Roast Sirloin of Beef**

30-day-aged from British and Irish farms. Melt-in-yourmouth tenderness, cooked medium (I,374kcal)

#### Roast Gammon

Roasted until golden, and hand carved (1,302kcal)

Turkey Breast

Succulent & tender (I,225kcal)

Vegetarian Roast (V) GARDEN GOURMET® Sensational<sup>™</sup> Chicken-Style Fillet (I,236kcal) Want to make it Vegan? Just ask! (Ve) (924kcal)

F.		7
	Ultimate Sunday	
-	Roast	-
	The best of all our	
	meats with gammon,	
-	turkey & 30-day-aged	
	sirloin (I,300kcal)	
L		a,

Add an extra slice of Beef (+I0Ikcal), Gammon (+77kcal) or Turkey (+5Ikcal) to any roast

#### **ADD A LITTLE EXTRA**

Cauliflower Cheese (V) (236kcal)

#### Go large on extras\*!

Tuck into unlimited portions of crispy roast potatoes (Ve) (274kcal per portion), Yorkshire puddings (V) (121kcal per piece) and gravy (Ve) (18kcal per portion) \*Unlimited extras only available with a full-priced roast purchase.

### **KIDS' ROAST**

Beef Sirloin (589kcal) Chicken Breast (566kcal)

Served with a Yorkshire pudding, roast potatoes, garden peas, carrots and gravy

## CAN WE TEMPT YOU?

Check out the main menu for our delicious range of starters and desserts!

We've teamed up with Pennies, the digital charity box, to help support our partner GOSH Charity. Just press 'yes' when you pay by card to donate 25p. Every penny you give goes to charity: 95% to Great Ormond Street Hospital Children's Charity (registered charity no. II60024) and 5% to Pennies (registered charity no. II22489).



Adults need around 2,000kcal a day. Children need around 1,800kcal a day, this will vary by age and some children will need less, while some will need more.

Don't worry, we know there are allergens in our food that we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Menu descriptions may not list every individual ingredient, so please eask for more information. Ingredients can occasionally be substituted or changed at short notice, so please review the allergy information on the website at the time of your visit and ask your server when you arrive. The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information. "V" = suitable for vegetarians. "Ve" = suitable for vegans and vegetarians. Our vegan dishes are made to a vegan recipe, but we cannot guarantee that they are suitable for those with MILK or EGG allergies. Fish, meat and poultry dishes may contain bones. GARDEN GOURMET\* - is a registered trademark used in agreement with the trademark owner. Terms & conditions: Images are for illustrative purposes only, and finished steak presentation (including grill lines) may vary. We may occasionally suble to the person ef the more popular dishes. If we do, we'll do our very best to offer you the nearest alternative. Prices are inclusive of VAT. We hope we served you up a great experience today. If you choose to leave a gravitity to thank your server, we want you to know that this goes straight to the person serving you today, in full. If you have any comments or suggestions, our staff will be more than happy to receive theme. Alternatively, you are welcome to write to us at: Whitbread Group PLC, PO Box 777, Dunstable, Beds. LU5 XE. Telephone: 0333 234 1452 or visit www.beefeater.co.uk/contact-us.html."