SUPERSIZED SALINGS

AMAINS

AMAINS

SUPERSIZED SALINGS

AMAINS

AM Beefeater. Monday to Friday 12-5pm





Classic Beef Burger

4oz* beef burger in a brioche-style bun, lettuce, tomatoes, red onion and our '74 burger sauce. Served with fries (782kcal) Double up your burger +1.99 (+223kcal) Add a cheese slice (V) +0.49 (+83kcal) Add oak-smoked bacon +0.99 (+63kcal)

Vegan Option

Classic Plant Burger (Ve)

GARDEN GOURMET® Sensational™ burger in a brioche-style bun with lettuce, tomatoes, red onion and our '74 burger sauce. Served with fries (958kcal) Double up your burger +1.99 (+224kcal) Add a Violife slice (Ve) +0.49 (+57kcal) Add THIS™ Isn't Bacon (Ve) +0.99 (+58kcal)

Chargrilled 5oz* Gammon Steak

With triple-cooked chips, peas and a fried egg (767kcal) or pineapple ring (663kcal). Double up your gammon steak +2.99 (+199kcal)

Beef Lasagne

Served with a salad garnish (560kcal) Add garlic flatbread (V) +0.99 (+202kcal)

Vegetarian Option

Butternut Squash,

Spinach & Ricotta Lasagne (V) Served with a salad garnish (449kcal) Add garlic flatbread (V) +0.99 (+202kcal)

Smothered Chicken Melt

Topped with BBQ sauce, melted cheese and oak-smoked bacon. With fries and house slaw (829kcal)

Double up smothered chicken for 4.99 (+452kcal)

Steak, Egg and Chips

4oz* rump with a fried egg, served with chips and peas (66lkcal)

Beer-Battered Fish & Chips§**

With triple-cooked chips, garden peas and tartare sauce (933kcal) Upgrade to haddock§** +2.99 (967kcal)

Chicken Flatbread Sandwich

Grilled chicken breast, mayo, lettuce and tomato, served with fries (870kcal)

Add oak-smoked bacon +0.99 (+63kcal)

Beefeater Cobb Salad (Ve)

Crisp cos lettuce, red peppers, cucumber, cherry tomatoes, avocado and sweetcorn (I44kcal)

Add your choice of dressing:

Our '74 honey & mustard (V) (I8Ikcal), reduced-fat Caesar (V) (II5kcal) or French dressing (Ve) (87kcal)

Topped with your choice of: Grilled chicken +1.99 (+155kcal) Grilled halloumi (V) +1.99 (+352kcal)

MAINS

Chicken Makhani Curry 8.99

With white rice, a poppadom and mango chutney (639kcal) Add a naan bread (Ve) +0.99 (+191kcal)

8oz* Rump 9.99

A matured, flavoursome taste, served with triple-cooked chips and garden peas (76lkcal) Upgrade to an 8oz* sirloin +1.99 (76lkcal)

Steak Flatbread Sandwich 8.99

4oz* rump steak with fried onions, mayo, lettuce and tomato, with fries (949kcal) Upgrade to an 4oz* sirloin +0.99 (946kcal)

ADD A STARTER 3.29

Stonebaked BBQ Garlic Flatbread (V)

Seasoned with our '74 BBQ rub (410kcal) Make it cheesy (V) +0.49 (+65kcal) Want to make it vegan? Just ask! (Ve) (372kcal)

Breaded Mushrooms

With BBQ sauce (422kcal)

Tomato Soup (Ve)

With ciabatta bread (27lkcal)

Chicken Goujons +0.70

With BBQ sauce (382kcal)

ADD A SIDE

Beer-Battered Onion Rings§ 2.99 (I40kcal)

Mac & Cheese (V) 3.99 (403kcal)

Chopped House Salad (Ve) 1.99

ADD A DESSERT 3.29

Vanilla Ice Cream (V)

Drizzled with your choice of chocolate (286kcal), caramel (288kcal) or raspberry (276kcal) sauce

Want to make it vegan? Just ask! (Ve)

With your choice of chocolate (32lkcal) or raspberry (3llkcal) sauce

Warm Chocolate Brownie (V)

With vanilla ice cream and chocolate sauce (617kcal)

Chocolate Layer Torte (Ve) A rich chocolate mousse on a chocolate sponge base, topped with freeze-dried raspberries and raspberry sauce (29lkcal) Add vanilla ice cream (V) +0.99 (+67kcal) Add vanilla vegan ice cream (Ve) +0.99 (+79kcal)

Caramel Apple Betty (V)

Served with your choice of custard (391kcal), vanilla ice cream (362kcal) or whip of cream (350kcal)

Hot Drink & Mini Triple Chocolate Brownie (V)

(26lkcal) calories stated do not include hot drinks

UNLIMITED REFILLS^

Make sure your glass is never half empty with our unlimited softs, available on all reduced sugar draughts

Coca-Cola Zero Sugar (2kcal)



Diet Coke

(Ikcal)

Fanta Orange Zero (I4kcal)



Schweppes Slimline Lemonade (9kcal)



^See our drinks menu for further details.

Adults need around 2,000 kcal a day

Don't worry, we know there are allergens in our food that we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Menu descriptions may not list every individual ingredient, please ask for more information. Ingredients can occasionally be substituted or changed at short notice, so please review the allergy information on the website at the time of your visit and ask your server when you arrive. (V) Suitable for vegaterians. (Ve) Suitable for vegaterians. (Ve) Suitable for vegaterians. The vegans and vegetarians. Our vegan dishes are made to a vegan recipe, but we cannot guarantee that they are suitable for those with MILK or EGG allergies. *Approximate weight uncooked. **May contain small bones or shell. SMay contain traces of alcohol. Fish, meat and poultry dishes may contain bones. Terms & conditions: The Daytime Saver Menu is available Monday - Friday I2pm-5pm, excluding Bank Holidays. It is not available in conjunction with any offer and is subject to availability. Offers, vouchers, discounts or promotions (including the Whitbread discount card) cannot be used in conjunction with this menu; however, it can be used with loyalty points-based vouchers, but not loyalty celebratory offers. Images are for illustrative purposes only. The calories provided are based on the average serving size for the whole disk or drink as detailed on the menu, unless otherwise stated. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however, some product variation may occur. GARDEN GOURMET® - Reg. Trademark used in agreement with the Trademark owner. Ingredients are occasionally substituted or changed, which may affect the calorie information.

Seafood with this mark comes from an MSC certified sustainable fishery www.msc.org. MSC-C-55716

