



Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menu descriptions do not include all ingredients or allergens, please use the allergy information guide to choose suitable dishes for you to eat and enjoy.

We take great care to prevent cross-contamination when preparing your order in our kitchens. However, due to the layout and operation of our kitchens we do not have specific allergen free zones and it is therefore not possible to fully guarantee separation of allergens. There is significant risk of cross-contamination in our buffet areas and deep fat fryers. If you would like further information on our cooking methods, don't be afraid to ask! **We cannot guarantee your order is 100% free from any allergenic ingredient.**

Please let a member of our team know if you have an allergy or sensitivities to any ingredient, even if you have dined with us before.

The allergen 'Tree Nuts' refers to the following tree nuts and their by-products: almond, Brazil, cashew, hazelnut, macadamia (Queensland nut), pecan, pistachio and walnut. The column 'Tree Nut source (if present)' will show the specific tree nut.

Our drinks allergy information contains the cocktails and similar drinks only. For soft drinks, spirits, wines, beers etc please consult the packaging or ask a member of staff.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time, so please check with us for up-to-date information.

KEY FOR BEEFEATER ALLERGY INFORMATION GUIDE

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	KJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BEEFEATER SUMMER MENU								
WHILE YOU BROWSE								
BEEF CRISPS	1135	271	15.9	1.2	27.7	0.6	2.9	0.9
SHARERS								
GARLIC FLATBREAD STRIPS	4083	975	46.2	14.8	123.8	2.9	23.0	2.7
THE BEEFEATER SHARING PLATTER	7283	1739	104.5	21.5	148.1	14.1	54.5	7.2
SHARING PLATTER WITH HALF RACK OF RIBS	8985	2146	125.9	29.3	169.8	32.9	86.2	9.0
LOADED NACHOS	5295	1265	66.5	22.6	123.3	17.6	31.0	4.0
STARTERS								
CRISPY FLAT CAP MUSHROOMS	2049	489	33.0	2.8	42.7	8.5	7.1	2.2
CRISPY BEEF ASIAN STYLE SALAD	1195	285	16.2	1.7	19.5	16.3	14.6	0.4
5 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI	2261	540	35.1	5.0	30.5	1.1	24.7	2.3
5 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE	2348	561	34.5	5.0	37.3	8.2	24.6	0.9
8 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI	3582	856	55.8	8.0	47.7	1.5	39.4	2.7
8 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE	3669	876	55.3	7.9	54.5	8.6	39.3	1.2
CHICKEN & CHORIZO SKEWERS	1274	304	17.9	7.1	7.5	4.7	27.7	1.6
LOADED POTATO DIPPERS WITH CHEESE	2067	494	30.7	14.2	33.7	2.0	20.1	1.1
LOADED POTATO DIPPERS WITH CHEESE & BACON	2386	570	35.7	16.0	33.7	2.0	27.5	2.7
LOADED POTATO DIPPERS SHARER WITH CHEESE	4167	995	62.1	28.8	67.6	4.0	40.3	2.2
LOADED POTATO DIPPERS SHARER WITH CHEESE & BACON	4805	1148	72.2	32.5	67.6	4.1	55.2	5.5
BEEF BITES	1616	386	23.8	3.5	25.8	7.3	16.1	2.4
CLASSIC PRAWN COCKTAIL	1474	352	20.8	6.4	23.0	9.5	17.5	2.0
SCALLOPS	1095	261	13.9	5.6	16.3	1.4	17.3	1.3
BUTTERMILK CHICKEN GOUJONS	2062	493	27.3	3.9	37.1	10.3	24.0	3.0
GRILLED HALLOUMI SALAD	1504	359	30.9	9.5	7.1	4.6	11.2	1.3
CALAMARI	2246	536	40.6	3.7	26.0	1.9	16.2	3.6

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
STEAKS & GRILLS								
8OZ FILLET	3772	901	44.4	10.2	62.4	4.0	58.2	3.5
8OZ FILLET WITH SALAD ONLY	2016	481	25.2	8.8	9.4	3.6	53.4	2.3
10OZ RIB-EYE	4451	1063	55.0	15.2	64.2	5.9	73.3	3.7
10OZ RIB-EYE WITH SALAD	2694	643	35.8	13.7	11.3	5.4	68.5	2.4
8OZ SIRLOIN	3674	878	42.7	9.1	62.0	3.7	57.0	3.7
8OZ SIRLOIN WITH SALAD	1918	458	23.5	7.6	9.1	3.2	52.2	2.4
8OZ FILLET STEAK STACK	3268	781	42.7	16.5	33.2	13.5	63.0	3.0
10OZ BUTTERFLIED SIRLOIN WITH BLACK N BLUE BUTTER	4710	1125	68.1	22.1	71.2	29.8	57.4	1.9
10OZ BUTTERFLIED SIRLOIN WITH SMOKED BACON BUTTER	4702	1123	67.7	21.6	73.0	29.9	56.1	1.7
10OZ RUMP	4256	1017	53.5	13.3	62.1	3.7	67.0	4.0
10OZ RUMP WITH SALAD	2500	597	34.3	11.9	9.1	3.3	62.2	2.8
6OZ FLAT IRON	3495	835	42.1	7.9	62.0	3.7	47.2	3.6
6OZ FLAT IRON WITH SALAD	1738	415	22.9	6.4	9.0	3.3	42.4	2.3
GRILLS								
BEEFEATER MIXED GRILL	6358	1519	71.4	17.3	81.5	5.3	117.0	9.9
MIXED GRILL WITH RUMP STEAK	6874	1642	82.1	24.6	73.4	5.5	145.8	10.1
MIXED GRILL WITH SIRLOIN STEAK	6292	1503	71.2	20.3	73.4	5.4	135.9	9.8
STICKY BOURBON BBQ RIBS	5519	1318	67.7	17.4	104.1	43.6	70.1	5.8
BBQ CHICKEN N RIBS	4327	1034	45.5	10.1	81.0	28.5	71.5	5.0
BBQ CHICKEN N FULL RACK OF RIBS	6030	1440	66.9	17.9	102.7	47.3	103.2	6.8
SURF & TURF COMBO	5196	1241	71.9	15.2	67.5	1.8	77.3	6.2
LAMB RUMP	2758	659	26.0	9.9	44.2	13.0	58.6	5.4
TOP WITH GARLIC KING PRAWNS	582	139	9.8	4.5	1.2	0.6	12.3	1.0
STEAK BUTTERS								
SMOKY BACON FLAVOURED BUTTER	570	136	14.1	8.8	2.0	0.0	0.2	0.3
BLUE CHEESE BUTTER	578	138	14.5	9.3	0.2	0.0	1.6	0.5
STEAK SAUCES								
PRAWN & LOBSTER SAUCE	295	71	5.7	2.9	3.2	0.2	1.4	0.5
TRIPLE PEPPERCORN SAUCE	132	32	0.8	0.5	4.4	2.3	1.6	0.8
BEARNAISE SAUCE	510	122	11.6	8.4	3.4	1.5	0.8	0.4
RICH BEEF GRAVY	176	42	1.7	0.7	5.3	2.1	1.4	0.1
BEER & BEEF DRIPPING SAUCE	239	57	3.2	1.6	5.6	1.3	1.4	0.6
UPGRADE YOUR FRIES								
LOADED CHEESEY BEEF FRIES	2334	557	30.6	11.3	49.4	0.9	18.9	2.3
SWEET POTATO FRIES	1467	350	15.1	1.1	53.3	22.6	2.4	0.6

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
FANCY A BIT ON THE SIDE								
MAC N CHEESE BITES	2479	592	32.0	11.5	57.3	7.5	17.2	2.3
CHUNKY SLAW	618	148	11.2	0.8	8.7	6.3	1.4	0.8
3 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI	1385	331	21.3	3.0	19.1	0.9	15.0	2.1
3 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE	1472	352	20.8	3.0	25.9	7.9	14.8	0.6
CRISPY BEER BATTERED ONION RINGS	1234	295	16.5	1.2	31.8	3.5	3.6	0.9
LARGE MIXED SALAD	278	66	3.0	0.4	7.8	6.5	1.4	0.3
CORNED BEEF POTATO SLICE	1050	251	11.2	5.3	26.6	1.5	9.6	2.6
JACKET POTATO	1573	376	8.6	5.3	67.8	2.7	8.7	0.3
SKINNY FRIES	1378	329	13.2	1.0	46.3	0.3	4.7	1.6
BONE MARROW & POTATO ROSTI	2054	491	30.4	10.1	37.1	21.4	13.6	2.6
TRIPLE COOKED CHIPS	1757	420	19.2	1.4	53.0	0.4	4.8	1.3
VEG MEDLEY	470	112	5.2	3.2	7.2	4.2	6.9	0.4
HALF RACK OF PORK RIBS	1703	407	21.4	7.8	21.7	18.8	31.7	1.8
TENDERSTEM BROCCOLI	1480	354	29.4	2.1	10.1	4.4	9.0	0.1
HERITAGE STYLE TOMATO SALAD	526	126	9.6	0.8	7.0	5.8	1.8	0.2
SWEET POTATO FRIES	1467	350	15.1	1.1	53.3	22.6	2.4	0.6
LOADED CHEESY BEEF FRIES	2334	557	30.6	11.3	49.4	0.9	18.9	2.3
LOADED CHEESY BEEF CHIPS	2712	648	36.6	11.7	56.1	1.0	19.0	1.9
LOADED CHEESY BEEF SWEET POTATO FRIES	2423	579	32.6	11.3	56.4	23.2	16.5	1.3
BURGERS								
DOUBLE BACON & CHEESE BEEF STEAK BURGER	6118	1461	85.8	27.8	98.8	14.8	67.4	5.8
TRIPLE BACON & CHEESE BEEF STEAK BURGER	7472	1785	109.4	39.3	99.0	15.0	94.9	6.8
SMOKY BBQ STEAK BURGER	6540	1562	82.1	24.4	129.9	33.6	67.3	4.8
LOBSTER DOUBLE STACKED BURGER	5919	1414	79.0	26.1	103.9	11.6	69.0	4.4
HALLOUMI & CHIMICHURRI VEGGIE BURGER	4582	1094	53.3	12.5	101.7	18.9	42.4	5.0
VEGAN BURGER WITH BBQ SOYA	3987	952	34.7	3.5	113.5	25.1	37.5	4.3
BUTTERMILK CHICKEN & BLUE CHEESE BURGER	5790	1383	74.1	16.0	133.8	12.2	41.4	5.8
MAKE IT EVEN MORE MMMM...								
ONION RINGS	463	110	6.2	0.4	11.9	1.3	1.3	0.3
CRISPY BACON	263	63	4.0	1.3	0.2	0.1	6.5	0.9
FRIED EGG	254	61	3.3	0.9	1.5	0.2	6.3	0.2

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HOUSE FAVOURITES								
BEER-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4441	1061	51.5	5.4	98.6	4.6	46.9	3.3
BEER-BATTERED HADDOCK & CHIPS WITH PEAS	4282	1023	51.4	5.3	92.1	5.9	44.5	2.4
GRILLED TUNA STEAK	2302	550	23.9	3.6	30.3	15.7	53.1	2.6
SMOTHERED CHICKEN MELT	3638	869	40.5	8.0	69.7	14.2	50.6	4.5
CHARGRILLED GAMMON STEAK	4296	1026	55.7	4.8	71.9	14.7	55.3	7.6
BLACKENED GAMMON STEAK	4331	1034	55.8	4.9	73.3	16.0	55.6	8.1
SMOKY PAPRIKA CHICKEN	3026	723	30.8	2.7	62.5	7.9	43.5	3.4
PLAIN CHICKEN	2895	692	30.0	2.7	60.6	6.6	38.8	2.9
LEMON & THYME CHICKEN	7164	1711	114.2	3.2	56.8	4.5	110.7	3.2
TERIYAKI SALMON	2216	529	27.5	3.1	20.2	16.7	46.8	2.6
CHICKEN & CHORIZO PIE	2146	513	24.9	9.3	39.8	9.8	26.6	1.7
CAULIFLOWER CHEESE TART	2965	708	47.3	28.2	55.7	8.5	14.0	1.5
BEEF & CHEDDAR PIE	5462	1305	86.3	46.9	92.8	11.9	31.9	4.6
TASTY ALTERNATIVES								
ARRABIATA MEATBALL LINGUINE	3161	755	25.0	6.4	85.2	22.0	43.8	4.5
HALLOUMI SALAD	2966	708	61.6	19.0	12.4	7.5	22.1	2.6
SWEET POTATO & FETA LASAGNE WITH CHIPS	4281	1022	50.5	14.6	110.0	13.8	27.2	3.9
SWEET POTATO & FETA LASAGNE WITH SALAD	2602	621	32.2	13.2	58.8	14.8	22.8	2.7
ROAST VEGETABLE LINGUINE	2107	503	12.8	2.3	75.1	19.9	18.1	2.2
ROAST VEGETABLE LINGUINE WITH SALMON	3308	790	27.2	4.3	75.3	20.0	57.5	2.5
ROAST VEGETABLE LINGUINE WITH CHICKEN	2756	658	15.3	2.9	75.3	20.4	50.9	3.3
BUTTERMILK CHICKEN GOUJON CAESAR SALAD	2785	665	42.3	9.7	36.3	4.4	32.4	2.7
GRILLED CHICKEN CAESAR SALAD	1886	451	24.8	8.0	11.4	3.9	42.9	2.3
CRISPY BEEF ASIAN STYLE SALAD	2364	565	31.9	3.3	38.8	32.4	29.1	0.8
SEAFOOD RIGATONI PASTA	2871	686	32.8	15.8	69.2	6.5	26.8	3.4
PUDS								
WARM CHOCOLATE BROWNIE	2223	531	18.8	7.7	80.2	59.8	7.3	0.4
CHOCOLATE MARQUISE CAKE	2262	540	28.0	14.8	61.2	43.8	8.4	0.3
BAKED CHEESECAKE	2680	640	34.5	20.4	74.7	53.4	6.9	0.3
SUMMER CRUMBLE WITH CUSTARD	2422	579	22.4	8.6	84.2	47.5	7.7	0.3
SUMMER CRUMBLE WITH ICE CREAM	2280	545	22.0	8.6	76.4	43.5	6.5	0.2
LEMON CURD SORBET	710	170	0.4	0.4	40.9	35.2	0.3	0.2
STRAWBERRY FROZEN YOGHURT	699	167	1.8	1.1	32.4	32.3	5.4	0.2
PINK GIN TRIFLE	1768	422	23.1	13.5	45.7	32.7	6.4	0.3
SUNDAES								
CHOCOLATE CHURROS SUNDAE	3100	740	31.8	13.8	96.3	50.5	12.1	0.5
SALTED CARAMEL POPCORN SUNDAE	2797	668	32.2	17.7	80.1	68.2	9.6	0.7
ROCKY ROAD SUNDAE	2847	680	24.7	14.1	99.1	76.4	10.6	0.4
MINI PUD								
CHOCOLATE TORTE	1234	295	20.2	10.2	24.0	12.9	3.4	0.1
STRAWBERRY YOGHURT CHEESECAKE	934	223	8.8	5.0	31.0	23.5	4.4	0.2
APPLE CRISP	1253	299	10.1	3.6	47.0	26.1	3.2	0.1

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	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
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BEEFEATER KIDS MENU								
STARTERS								
GARLIC BREAD	467	112	4.6	1.4	14.5	0.8	2.5	0.3
CHICKEN MEATBALLS	743	177	5.8	1.7	15.2	7.9	15.3	0.4
VEGGIE STICKS	199	48	0.3	0.1	7.8	7.4	2.5	0.1
THE MAIN YARD								
POPPIN CHICKEN	1676	400	16.4	2.0	44.0	3.9	17.0	1.7
TOMATO PENNE PASTA	1503	359	10.0	2.9	54.6	10.1	10.2	0.8
STEAK & CHIPS	1930	461	15.8	4.0	35.9	3.5	26.8	1.1
SPAGHETTI BOLOGNESE	1347	322	8.4	2.9	44.9	9.6	12.7	0.9
BANGERS & MASH	1678	401	21.0	8.4	30.7	7.9	19.4	1.8
VEGGIE BANGERS & MASH	1481	354	11.8	3.5	37.4	6.4	18.7	2.1
CHICKEN CURRY	1859	444	9.9	4.7	65.4	16.7	20.5	0.5
TOMATO PASTA & CHICKEN MEATBALLS	2200	525	16.9	4.9	61.9	10.2	28.2	1.0
BEEF BURGER	2541	607	27.3	8.6	61.1	8.5	29.2	1.3
COD BITES	2149	513	25.5	3.5	53.3	4.6	14.4	1.1
CHICKEN BURGER	1837	439	7.7	1.6	63.1	8.7	28.2	1.4
SWAP YOU SIDES								
MASHED POTATO	550	131	4.5	2.8	19.0	1.8	2.5	0.6
CHIPS	784	187	7.5	0.6	26.3	0.1	2.7	0.9
MINI JACKET POTATOES	648	155	0.3	0.2	32.6	3.7	4.1	0.1
BROWN RICE	804	192	1.2	0.4	39.6	0.1	4.6	0.1
GARLIC BREAD	456	109	4.6	1.4	14.2	0.5	2.4	0.3
BAKED BEANS	213	51	0.8	0.1	7.2	3.8	2.5	0.4
VEGGIE STICKS	109	26	0.2	0.1	4.7	4.4	0.6	0.0
MINI CORN ON THE COB	330	79	1.8	0.3	12.4	7.8	2.4	0.0
PEAS	197	47	0.4	0.1	6.3	3.3	3.1	0.0
SIDE SALAD	31	7	0.1	0.0	1.0	0.9	0.4	0.0
PUD FOR EWE								
MIXED FRUIT SALAD	205	49	0.1	0.0	10.3	10.3	0.6	0.0
ICE CREAM WITH RASPBERRY SAUCE	843	201	5.5	3.3	31.1	22.9	4.3	0.1
ICE CREAM WITH CHOCOLATE SAUCE	845	202	5.5	3.4	30.9	22.3	4.5	0.1
ICE CREAM WITH CARAMEL SAUCE	849	203	5.8	3.6	30.5	23.5	4.6	0.2
STRAWBERRY YOGHURT	533	127	4.6	2.9	15.8	15.5	5.6	0.2
PREMIUM PUDS								
MINI DOUGHNUTS	913	218	9.4	4.3	31.0	16.9	2.4	0.2
FUNNY FACE SUNDAE	820	196	5.7	3.5	29.2	23.4	4.3	0.1
PANCAKES	919	219	3.3	0.5	42.5	23.0	3.9	0.3
STRAWBERRY FROZEN YOGHURT	610	146	1.1	0.5	29.1	20.8	4.3	0.2

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	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
DAYTIME SAVER MENU								
STARTERS								
CRISPY FLAT CAP MUSHROOMS	2062	493	33.0	3.0	43.0	8.6	7.4	2.0
LOADED POTATO DIPPERS	2386	570	35.7	16.0	33.7	2.0	27.5	2.7
GARLIC BREAD	912	218	9.1	2.9	28.3	1.0	4.7	0.6
TOMATO SOUP	1540	368	18.8	10.4	39.2	10.7	8.3	1.7
MAINS								
BEEF STEAK BURGER	3512	839	40.3	10.7	86.0	10.3	30.5	2.7
DOUBLE BEEF STEAK BURGER	4406	1052	55.5	17.7	86.1	10.4	49.5	3.9
GRILLED PAPRIKA CHICKEN	2733	653	22.8	2.2	61.2	5.6	45.2	2.8
BEER BATTERED FISH & CHIPS	4853	1159	66.5	7.0	98.6	5.0	35.3	2.1
HADDOCK & CHIPS	3771	901	42.6	4.6	82.8	4.5	43.3	1.9
5OZ GAMMON STEAK WITH PINEAPPLE	2946	704	26.9	4.2	70.3	14.6	40.8	5.0
5OZ GAMMON STEAK WITH FRIED EGG	3039	726	30.1	5.1	60.9	4.2	47.0	5.1
10OZ GAMMON STEAK WITH PINEAPPLE	3777	902	34.2	6.9	70.4	14.8	73.7	8.7
10OZ GAMMON STEAK WITH FRIED EGG	3870	924	37.4	7.7	61.0	4.4	79.9	8.8
SAUSAGES & MASH	3765	899	55.5	23.3	67.2	10.6	27.0	4.3
STEAK & TRIPLE COOKED CHIPS WITH PEAS	3083	736	33.8	7.2	59.4	4.0	42.9	2.6
STEAK & TRIPLE COOKED CHIPS WITH SALAD	2963	708	34.4	7.2	54.8	2.1	40.2	2.7
RUMP & TRIPLE COOKED CHIPS WITH PEAS	3844	918	45.2	12.6	59.4	3.9	62.7	3.1
RUMP & TRIPLE COOKED CHIPS WITH SALAD	3725	890	45.7	12.7	54.9	2.1	60.0	3.2
SIRLOIN & TRIPLE COOKED CHIPS WITH PEAS	3262	779	34.4	8.4	59.4	3.9	52.7	2.8
SIRLOIN & TRIPLE COOKED CHIPS WITH SALAD	3143	751	34.9	8.4	54.9	2.0	50.0	2.8
CHICKEN CAESAR SALAD	1886	451	24.8	8.0	11.4	3.9	42.9	2.3
ROASTED VEGETABLE LINGUINE	2032	485	13.3	3.4	69.3	19.9	16.8	3.1
LINGUINE WITH CHICKEN BREAST	2515	601	15.3	3.9	63.0	15.4	48.0	3.2
LASAGNE WITH CHIPS	3965	947	41.4	11.9	105.9	16.0	31.4	4.3
LASAGNE WITH SALAD	2286	546	23.2	10.5	54.7	17.0	27.0	3.1
OPEN STEAK SANDWICH	5054	1207	53.7	9.0	111.9	4.0	65.1	4.0
OPEN CHICKEN SANDWICH	3872	925	30.8	4.0	101.6	4.2	56.4	5.0
OPEN CHICKEN GOUJON SANDWICH	5400	1290	56.8	7.6	132.5	3.8	56.5	5.3

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
SWEET POTATO & FETA LASAGNE WITH CHIPS	4235	1012	51.9	15.7	103.9	13.9	25.8	3.8
SWEET POTATO & FETA LASAGNE WITH SALAD	2556	611	33.6	14.3	52.7	14.9	21.4	2.6
CHICKEN MAKHANI CURRY	4345	1038	34.9	12.7	120.6	27.2	55.9	6.3
SWEET POTATO FRIES	1464	350	15.1	1.1	53.2	22.5	2.4	0.6
PUDDINGS								
WARM CHOCOLATE BROWNIE	2315	553	19.6	8.2	82.8	62.3	7.8	0.4
CARAMEL APPLE BETTY WITH CREAM	2044	488	23.9	14.2	63.4	38.9	4.1	0.4
CARAMEL APPLE BETTY WITH A WHIP OF CREAM	1727	413	15.5	9.0	63.7	39.2	3.8	0.4
CARAMEL APPLE BETTY WITH CUSTARD	1900	454	12.8	6.6	77.7	49.0	6.2	0.5
CARAMEL APPLE BETTY WITH ICE CREAM	1850	442	13.3	7.1	72.6	47.4	5.5	0.5
ICE CREAM WITH FRUIT	987	236	7.2	4.5	33.6	25.6	5.6	0.2
ICE CREAM WITH CHOCOLATE	1123	268	8.5	5.3	38.4	29.4	6.0	0.2
PROFITEROLES	2040	487	28.5	16.2	48.0	31.5	7.6	0.2

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	KJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	KJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
EVENING MENU								
STARTERS								
CRISPY FLAT CAP MUSHROOMS	2062	493	33.0	3.0	43.0	8.6	7.4	2.0
LOADED POTATO DIPPERS WITH CHEESE	2067	494	30.7	14.2	33.7	2.0	20.1	1.1
TOMATO SOUP	1540	368	18.8	10.4	39.2	10.7	8.3	1.7
CLASSIC PRAWN COCKTAIL	1472	352	20.8	6.4	23.0	9.5	17.4	2.0
MAINS								
BACON & CHEESE BEEF STEAK BURGER	4384	1047	56.1	15.9	91.9	14.6	39.9	5.0
DOUBLE BACON & CHEESE BEEF STEAK BURGER	6117	1461	85.7	27.8	98.8	14.8	67.4	5.8
LOADED CHEESY BEEF FRIES	2318	554	30.3	10.3	49.9	1.1	18.7	2.2
VEGAN BURGER WITH BBQ SOYA	3985	952	34.7	3.5	113.5	25.2	37.4	4.3
SAUSAGES & MASH	3377	807	49.1	22.8	60.0	9.1	25.8	4.3
SMOKY PAPRIKA CHICKEN	3025	722	30.8	2.7	62.5	8.0	43.4	3.4
PLAIN CHICKEN	2894	691	30.1	2.7	60.6	6.6	38.8	2.9
6OZ FLAT IRON	3494	834	42.2	7.9	61.9	3.8	47.1	3.6
10OZ RUMP WITH CHIPS	4255	1016	53.5	13.3	62.0	3.8	66.9	4.0
8OZ SIRLOIN WITH CHIPS	3673	877	42.7	9.1	62.0	3.7	57.0	3.7
10OZ RIB-EYE WITH CHIPS	4449	1063	55.1	15.2	64.2	5.9	73.2	3.7
SWEET POTATO & FETA LASAGNE WITH CHIPS	4281	1022	50.5	14.6	110.0	13.8	27.2	3.9
SWEET POTATO & FETA LASAGNE WITH SALAD	2601	621	32.2	13.2	58.8	14.9	22.7	2.7
BEER-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4441	1061	51.5	5.4	98.6	4.6	46.9	3.3
BEER-BATTERED HADDOCK & CHIPS WITH PEAS	4282	1023	51.4	5.3	92.1	5.9	44.5	2.4
PUDS								
WARM CHOCOLATE BROWNIE	2315	553	19.6	8.2	82.8	62.3	7.8	0.4
CARAMEL APPLE BETTY WITH CUSTARD	1900	454	12.8	6.6	77.7	49.0	6.2	0.5
ROCKY ROAD SUNDAE	3124	746	27.2	15.7	106.9	83.7	12.3	0.4
PROFITEROLES	2040	487	28.5	16.2	48.0	31.5	7.6	0.2

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
SUNDAY LUNCH								
STARTERS								
TOMATO SOUP	1540	368	18.8	10.4	39.2	10.7	8.3	1.7
CRISPY FLAT CAP MUSHROOMS	2062	493	33.0	3.0	43.0	8.6	7.4	2.0
LOADED POTATO DIPPERS WITH CHEESE	2067	494	30.7	14.2	33.7	2.0	20.1	1.1
CLASSIC PRAWN COCKTAIL	1472	352	20.8	6.4	23.0	9.5	17.4	2.0
BUTTERMILK CHICKEN WINGS WITH PIRI PIRI SAUCE	2261	540	35.1	5.0	30.5	1.1	24.7	2.3
BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE	2348	561	34.5	5.0	37.3	8.2	24.6	0.9
MAINS								
SLOW-COOKED BEEF	3253	777	48.8	7.7	38.2	13.6	48.5	2.9
HALF ROAST CHICKEN	3774	901	58.4	8.7	38.4	13.8	58.2	3.1
RUMP OF LAMB	3201	765	46.9	7.1	38.3	13.8	49.9	2.9
VEGETABLE WELLINGTON	4414	1054	66.0	15.3	95.5	32.9	19.1	2.2
EXTRA FEAST	2009	480	38.0	3.3	28.1	9.7	5.7	1.1
CAULIFLOWER CHEESE	1182	282	20.2	11.8	9.7	3.8	14.0	1.6
KIDS								
SLOW-COOKED BEEF	2466	589	30.8	5.3	27.9	8.7	47.9	1.1
CHICKEN BREAST	1741	416	22.2	2.1	27.9	8.9	23.9	1.1
PUDS								
CARAMEL APPLE BETTY WITH CUSTARD	1900	454	12.8	6.6	77.7	49.0	6.2	0.5
WARM CHOCOLATE BROWNIE	2315	553	19.6	8.2	82.8	62.3	7.8	0.4
ICE CREAM	987	236	7.2	4.5	33.6	25.6	5.6	0.2
ROCKY ROAD SUNDAE	3124	746	27.2	15.7	106.9	83.7	12.3	0.4
PROFITEROLES	2040	487	28.5	16.2	48.0	31.5	7.6	0.2

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BEEFEATER BUFFET MENU								
BUFFET 1								
SANDWICHES								
CHEESE & TOMATO (PER 1/4)	440	105	5.7	3.4	8.8	0.8	4.3	0.4
EGG MAYO (PER 1/4)	409	98	5.1	2.0	8.8	0.5	3.8	0.4
HAM & MUSTARD (PER 1/4)	578	138	5.6	2.6	9.1	0.9	12.4	1.5
PRAWN & MARIE ROSE (PER 1/4)	470	112	5.4	1.6	10.8	2.2	4.9	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	1020	244	14.9	1.2	24.2	2.2	4.4	1.1
POP IN CHICKEN (PER 6)	509	122	6.1	0.9	7.9	0.0	8.9	0.3
CHIPS (PER 200G)	1700	406	18.6	1.4	51.2	0.2	4.6	1.1
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	115	28	0.2	0.0	4.5	3.4	1.6	0.1
GARLIC BREAD (PER SLICE)	456	109	4.6	1.4	14.2	0.5	2.4	0.3
MIXED SALAD (PER 1/4 PORTION)	71	17	0.8	0.1	1.9	1.7	0.3	0.1
BUFFET 2								
SANDWICHES								
CHEESE & TOMATO (PER 1/4)	440	105	5.7	3.4	8.8	0.8	4.3	0.4
EGG MAYO (PER 1/4)	409	98	5.1	2.0	8.8	0.5	3.8	0.4
HAM & MUSTARD (PER 1/4)	578	138	5.6	2.6	9.1	0.9	12.4	1.5
PRAWN & MARIE ROSE (PER 1/4)	470	112	5.4	1.6	10.8	2.2	4.9	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	1020	244	14.9	1.2	24.2	2.2	4.4	1.1
CHICKEN GOUJONS (PER 3 PLUS DIP)	849	203	10.7	1.6	13.5	1.5	12.4	0.7
CHIPS (PER 200G)	1700	406	18.6	1.4	51.2	0.2	4.6	1.1
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	115	28	0.2	0.0	4.5	3.4	1.6	0.1
CHEESY GARLIC BREAD (PER SLICE)	595	142	7.1	3.0	14.3	0.6	4.8	0.4
MIXED SALAD (PER 1/4 PORTION)	71	17	0.8	0.1	1.9	1.7	0.3	0.1
TORTILLA CHIPS & DIP (30G PLUS DIPS)	741	177	9.4	2.1	19.8	0.8	2.4	0.3
ONION RINGS (PER 3)	463	110	6.2	0.4	11.9	1.3	1.3	0.3
TEMPURA PRAWNS (2 EACH PLUS DIP)	662	158	9.2	2.8	14.4	5.4	4.2	0.9

Product/ Dish Description	Nutrition Information Per Portion							
	KJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BUFFET 3								
SANDWICHES								
CHEESE & TOMATO (PER 1/4)	440	105	5.7	3.4	8.8	0.8	4.3	0.4
EGG MAYO (PER 1/4)	409	98	5.1	2.0	8.8	0.5	3.8	0.4
CHICKEN & BACON (PER 1/4)	313	75	3.0	1.5	8.9	0.4	2.8	0.3
PRAWN & MARIE ROSE (PER 1/4)	470	112	5.4	1.6	10.8	2.2	4.9	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	1020	244	14.9	1.2	24.2	2.2	4.4	1.1
CHICKEN GOUJONS (PER 3 PLUS DIP)	849	203	10.7	1.6	13.5	1.5	12.4	0.7
CHIPS (PER 200G)	1700	406	18.6	1.4	51.2	0.2	4.6	1.1
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	115	28	0.2	0.0	4.5	3.4	1.6	0.1
CHEESY GARLIC BREAD (PER SLICE)	595	142	7.1	3.0	14.3	0.6	4.8	0.4
MIXED SALAD (PER 1/4 PORTION)	71	17	0.8	0.1	1.9	1.7	0.3	0.1
TORTILLA CHIPS & DIP (30G PLUS DIPS)	741	177	9.4	2.1	19.8	0.8	2.4	0.3
ONION RINGS (PER 3)	463	110	6.2	0.4	11.9	1.3	1.3	0.3
TEMPURA PRAWNS (2 EACH PLUS DIP)	662	158	9.2	2.8	14.4	5.4	4.2	0.9
THREE CHEESE CRUSTLESS QUICHE (PER PORTION)	414	99	7.5	3.7	4.2	0.6	4.1	0.2
POTATO DIPPERS (PER PORTION)	743	177	10.8	4.9	12.8	0.7	6.9	0.4
SAUSAGE ROLLS (PER 2)	829	198	11.3	5.0	19.1	0.4	4.3	0.7
DESSERTS								
CHOCOLATE BROWNIE (1 PLUS SAUCE)	613	146	5.4	2.0	22.1	16.2	1.8	0.1
PROFITEROLES (1 PLUS SAUCE)	383	92	5.6	3.1	9.0	5.3	1.2	0.0

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
FULL BREAKFAST								
COOKED BACON (PER 2 RASHERS)	690	165	10.9	4.3	0.1	0.1	16.4	3.2
SAUSAGE (EACH)	574	137	10.0	3.6	4.0	0.7	7.5	0.6
QUORN SAUSAGE (EACH)	325	78	3.2	0.3	4.2	0.4	6.4	0.5
SCRAMBLED EGG (PER PORTION)	721	172	12.1	3.6	1.4	1.4	14.5	0.4
FRIED EGG (PER EGG)	254	61	3.3	0.9	1.5	0.2	6.3	0.2
POACHED EGGS (PER EGG)	332	79	5.8	1.7	0.0	0.0	6.8	0.2
BOILED EGGS (PER EGG)	341	82	5.8	1.7	0.0	0.0	6.8	0.2
OMELETTE (PER PORTION)	1301	311	27.9	13.8	0.2	0.2	13.6	0.8
HASH BROWNS (EACH)	392	94	4.9	2.1	12.0	0.3	0.9	0.2
BUBBLE AND SQUEAK (PER PORTION)	707	169	13.3	1.2	9.6	1.3	1.6	0.5
BLACK PUDDING (PER SLICE)	509	122	8.1	3.0	5.5	0.1	6.6	0.9
MUSHROOMS WITH BUTTER (PER PORTION)	706	169	16.7	10.5	0.5	0.3	3.5	0.4
TOMATO M (PER HALF TOMATO)	42	10	0.2	0.1	1.6	1.6	0.4	0.0
TOMATO COOKED IN RATIONAL (PER HALF TOMATO)	117	28	2.2	0.2	1.6	1.6	0.4	0.0
BAKED BEANS (PER PORTION)	381	91	1.4	0.2	12.8	6.8	4.5	0.7

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
CONTINENTAL BREAKFAST								
BAKERY								
CROISSANT (EACH)	674	161	7.5	4.3	19.3	2.2	3.7	0.4
MINI PAIN AUX RAISIN (EACH)	493	118	5.4	3.1	15.0	6.3	1.9	0.2
MINI PAIN AUX CHOCOLAT (EACH)	613	146	8.3	4.8	14.7	4.6	2.8	0.2
CINNAMON AND RAISIN BAGELS (EACH)	1228	293	1.4	0.2	59.2	9.9	9.5	0.8
BLUEBERRY MINI MUFFIN (EACH)	476	114	6.7	0.6	12.7	6.5	1.3	0.1
SOUSDOUGH CRUMPETS (EACH)	380	91	0.6	0.1	17.8	0.8	3.1	0.6
WHITE SANDWICH BREAD (PER SLICE)	376	90	0.7	0.1	17.4	0.9	3.1	0.3
MALTED SANDWICH BREAD (PER SLICE)	384	92	1.0	0.3	16.6	0.8	3.4	0.3
GLUTEN FREE BREAD SLICE (PER SLICE)	353	84	1.7	0.1	13.7	0.3	2.2	0.4
AMERICAN STYLE BUTTERMILK PANCAKES (EACH)	551	132	4.5	0.7	18.6	3.1	3.8	0.1
NUTELLA CHOCOLATE SPREAD PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
PEANUT BUTTER	PLEASE REFER TO PACKET FOR INFORMATION							
MAPLE SYRUP PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
ORANGE MARMALADE PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
HONEY PORTION	PLEASE REFER TO PACKET FOR INFORMATION							
MARMITE PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
STRAWBERRY JAM PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- RASPBERRY	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- BLACKCURRANT	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- APRICOT	PLEASE REFER TO PACKET FOR INFORMATION							
SALTED BUTTER PORTIONS (PER PORTION)	201	48	5.3	3.4	0.1	0.1	0.0	0.1
SUNFLOWER SPREAD (PER PORTION)	178	43	4.7	1.1	0.0	0.0	0.0	0.1
FRUITS								
FRUIT SALAD (PER PORTION)	205	49	0.1	0.0	10.3	10.3	0.6	0.0
APPLES GREEN (EACH)	283	68	0.1	0.0	15.0	15.0	0.4	0.0
BANANAS (EACH)	517	124	0.4	0.1	27.8	25.1	1.4	0.0
FRUIT BERRY MIX (PER PORTION)	97	23	0.2	0.0	5.1	5.1	0.7	0.0
DRIED CRANBERRIES (PER 100G)	1432	342	0.6	0.1	81.3	66.8	0.5	0.0
SULTANAS (PER 100G)	1239	296	0.4	0.0	69.4	69.4	2.7	0.1

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
YOGHURTS AND CEREALS								
STRAWBERRY YOGHURT (EACH)	533	127	4.6	2.9	15.8	15.5	5.6	0.2
VANILLA YOGHURT (EACH)	397	95	0.0	0.0	17.2	16.8	6.5	0.2
GREEK STYLE YOGHURT (EACH)	364	87	0.0	0.0	10.5	10.5	11.4	0.2
COCO POPS (PER 30G)	486	116	0.8	0.3	25.5	10.5	1.5	0.2
CRUNCHY NUT CORNFLAKES (PER 30G)	505	121	1.5	0.3	24.6	10.5	1.8	0.3
CORNFLAKES (PER 30G)	475	113	0.3	0.1	25.2	2.4	2.1	0.4
SPECIAL K (PER 30G)	471	113	0.5	0.1	23.7	5.1	2.7	0.3
WEETABIX (PER 2 BISCUITS)	568	136	0.8	0.2	25.9	1.7	4.5	0.1
KELLOGG'S MUESLI FRUIT (PER 45G)	477	114	3.0	0.8	17.7	5.7	2.7	0.0
RICE KRISPIES (PER 30G)	482	115	0.5	0.1	25.5	2.4	2.1	0.3
BRAN FLAKES (PER 30G)	447	107	0.6	0.2	19.8	6.0	3.3	0.3
GRANOLA OAT AND RAISIN (PER PORTION)	860	206	4.4	1.4	36.5	13.0	4.3	0.0
OATS2GO PORRIDGE SACHETS (PER PORTION)	415	99	2.3	0.4	15.1	0.3	3.3	0.0

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BEEFEATER SUMMER MENU																				
WHILE YOU BROWSE																				
BEEF CRISPS																				
POTATO CRISP	YES	YES																		
RAPESEED OIL	YES	YES																		
BEEF SEASONING	NO	NO																		
BEEF CRISPS	NO	NO																		
SHARERS																				
GARLIC FLATBREAD STRIPS																				
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
GARLIC FLATBREAD STRIPS	YES	NO	Y					Y												
THE BEEFEATER SHARING PLATTER																				
LAMB KOFTA	NO	NO	Y									Y								
BUTTERMILK CHICKEN WINGS	NO	NO	Y					Y												
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
POTATO DIPPERS	NO	NO																		
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y												
BBQ SAUCE	YES	YES																		
RANCH DRESSING	YES	NO						Y	Y								Y			
PIRI PIRI SAUCE	YES	YES											Y							
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
THE BEEFEATER SHARING PLATTER	NO	NO	Y				Y	Y	Y				Y				Y			

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SHARING PLATTER WITH HALF RACK OF RIBS																				
LAMB KOFTA	NO	NO	Y									Y								
BUTTERMILK CHICKEN WINGS	NO	NO	Y					Y												
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
POTATO DIPPERS	NO	NO																		
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y												
BBQ SAUCE	YES	YES																		
RANCH DRESSING	YES	NO						Y	Y									Y		
PIRI PIRI SAUCE	YES	YES										Y								
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
RAPESEED OIL	YES	NO																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
SHARING PLATTER WITH HALF RACK OF RIBS																				
	NO	NO	Y				Y	Y	Y			Y				Y				
LOADED NACHOS																				
FETA CHEESE	YES	NO							Y											
CAJUN JACK CHEESE SAUCE	YES	NO							Y									Y		
SMOKEY BEEF COWBOY BEANS	NO	NO	Y		Y													Y		
SOUR CREAM CHIVE DRESSING	YES	NO							Y											
GREEN SLICED JALAPENOS	YES	YES																		
TORTILLA CHIPS	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
RADISH	YES	YES																		
AVOCADO HALVES	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TOMATO M	YES	YES																		
ONIONS RED	YES	YES																		
CHILLIES RED	YES	YES																		
LIMES	YES	NO																		
LOADED NACHOS																				
	NO	NO	Y		Y				Y									Y		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
STARTERS																				
CRISPY FLAT CAP MUSHROOMS																				
RAPSEED OIL	YES	YES																		
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y												
BBQ SAUCE	YES	YES																		
RANCH DRESSING	YES	NO						Y	Y										Y	
CRISPY FLAT CAP MUSHROOMS	NO	NO	Y				Y	Y	Y										Y	
CRISPY BEEF ASIAN STYLE SALAD																				
PINKSTAR SLAW	YES	YES																		
LAMBS LETTUCE	YES	YES																		
SESAME SEEDS	YES	YES											Y							
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
CHILLIES RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
ASIAN DRESSING	YES	YES																		
KOREAN SPICY BBQ SAUCE	YES	YES	Y				Y													
PLAIN FLOUR	YES	YES	Y																	
PULLED BEEF BRISKET	NO	NO																		
CRISPY BEEF ASIAN STYLE SALAD	NO	NO	Y				Y						Y							
5 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y						Y											
RAPSEED OIL	YES	YES																		
PIRI PIRI SAUCE	YES	YES											Y							
5 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI	NO	NO	Y						Y				Y							
5 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y						Y											
RAPSEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
5 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE	NO	NO	Y						Y											
8 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y						Y											
RAPSEED OIL	YES	YES																		
PIRI PIRI SAUCE	YES	YES											Y							
8 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI	NO	NO	Y						Y				Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
8 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y					Y												
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
8 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE																				
NO	NO	Y						Y												
CHICKEN & CHORIZO SKEWERS																				
CHICKEN AND CHORIZO SKEWER	NO	NO	Y		Y															
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
FRENCH DRESSING	YES	YES										Y						Y		
ROCKET LEAF	YES	YES																		
LIMES	YES	NO																		
CHICKEN & CHORIZO SKEWERS																				
NO	NO	Y		Y				Y				Y			Y					
LOADED POTATO DIPPERS WITH CHEESE																				
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	NO	NO																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
LOADED POTATO DIPPERS WITH CHEESE																				
NO	NO							Y												
LOADED POTATO DIPPERS WITH CHEESE & BACON																				
BACK BACON	NO	NO																		
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	NO	NO																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
LOADED POTATO DIPPERS WITH CHEESE & BACON																				
NO	NO							Y												
LOADED POTATO DIPPERS SHARER WITH CHEESE																				
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	NO	NO																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
LOADED POTATO DIPPERS SHARER WITH CHEESE																				
NO	NO							Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
LOADED POTATO DIPPERS SHARER WITH CHEESE & BACON																				
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	NO	NO																		
BACK BACON	NO	NO																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
LOADED POTATO DIPPERS SHARER WITH CHEESE & BACON																				
	NO	NO						Y												
BEEF BITES																				
LAMBS LETTUCE	YES	YES																		
HERB DRESSING	YES	YES																		
BEEF BITES	NO	NO	Y					Y				Y						Y		
HORSERADISH SAUCE	YES	NO						Y	Y									Y		
LIGHT MAYONNAISE	YES	NO						Y										Y		
BEEF BITES																				
	NO	NO	Y					Y	Y				Y					Y		
CLASSIC PRAWN COCKTAIL																				
PAPRIKA PEPPER	YES	YES																		
SALTED BUTTER	YES	NO							Y											
CIABATTA ROLL	YES	NO	Y																	
SEAFOOD SAUCE	YES	NO						Y										Y		
COOKED & PEELED COLD WATER PRAWNS	NO	NO									Y									
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
LEMON CASE	YES	NO																		
CLASSIC PRAWN COCKTAIL																				
	NO	NO	Y					Y	Y		Y							Y		
SCALLOPS																				
SCALLOPS	NO	NO										Y								
GARLIC AND PARSLEY SPREAD	YES	NO							Y											
FRENCH DRESSING	YES	YES											Y					Y		
CIABATTA ROLL	YES	NO	Y																	
SMOKED DRY CURED STREAKY BACON	NO	NO																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
ROCKET LEAF	YES	YES																		
LEMON CASE	YES	NO																		
SCALLOPS																				
	NO	NO	Y					Y			Y	Y						Y		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BUTTERMILK CHICKEN GOUJONS																				
AGED CHEESE SAUCE	YES	NO					Y		Y											
RAPESEED OIL	YES	YES																		
SMOKEY TOMATO DIP	YES	YES													Y		Y			
GREEN SLICED JALAPENOS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y						Y											
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y				Y		Y						Y		Y			
GRILLED HALLOUMI SALAD																				
HERB DRESSING	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
AVOCADO HALVES	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
PEPPER RED	YES	YES																		
HALLOUMI	YES	NO																		
GRILLED HALLOUMI SALAD	YES	NO																		
CALAMARI																				
CALAMARI	NO	NO	Y										Y							
SURF & TURF SAUCE	NO	NO	Y						Y	Y	Y	Y		Y				Y		
FRESH HERBS FLAT PARSLEY	YES	YES																		
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES																		
CALAMARI	NO	NO	Y						Y	Y	Y	Y	Y	Y				Y		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
STEAKS & GRILLS																				
8OZ FILLET																				
LAMBS LETTUCE	YES	YES																		
FILLET STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
8OZ FILLET																				
	NO	NO											Y			Y				
8OZ FILLET WITH SALAD ONLY																				
LAMBS LETTUCE	YES	YES																		
FILLET STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
8OZ FILLET WITH SALAD ONLY																				
	NO	NO											Y			Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
10OZ RIB-EYE																				
LAMBS LETTUCE	YES	YES																		
RIBEYE STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
10OZ RIB-EYE	NO	NO										Y			Y					
10OZ RIB-EYE WITH SALAD																				
LAMBS LETTUCE	YES	YES																		
RIBEYE STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
10OZ RIB-EYE WITH SALAD	NO	NO										Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
8OZ SIRLOIN																				
LAMBS LETTUCE	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
8OZ SIRLOIN																				
	NO	NO										Y			Y					
8OZ SIRLOIN WITH SALAD																				
LAMBS LETTUCE	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
8OZ SIRLOIN WITH SALAD																				
	NO	NO										Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
8OZ FILLET STEAK STACK																				
BEEF DRIPPING & BEER GRAVY	NO	NO			Y															
BEEF ROSTI	NO	NO										Y								
TENDER STEM BROCCOLI	YES	YES																		
FILLET STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
MED FRESH EGGS	YES	NO						Y												
VINEGAR MALT	YES	YES			Y															
FRESH HERBS THYME	YES	YES																		
8OZ FILLET STEAK STACK																				
	NO	NO			Y			Y				Y								
10OZ BUTTERFLIED SIRLOIN WITH BLACK N BLUE BUTTER																				
BLACK N BLUE BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
SWEET POTATO FRIES	YES	YES																		
BUTTERFLY CUT SIRLOIN	NO	NO																		
CAESAR DRESSING RED CAL	YES	NO						Y	Y							Y				
LETTUCE ICEBERG	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
CRACKED BLACK PEPPER	YES	YES																		
ONIONS RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
HERB DRESSING	YES	YES																		
TOMATOES MIXED INCA 3KG	YES	YES																		
PAPRIKA PEPPER	YES	YES																		
SEMI SKIMMED MILK	YES	NO									Y									
PLAIN FLOUR	YES	YES	Y																	
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
ONIONS RED	YES	YES																		
10OZ BUTTERFLIED SIRLOIN WITH BLACK N BLUE BUTTER																				
	NO	NO	Y					Y	Y							Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
100Z BUTTERFLIED SIRLOIN WITH SMOKED BACON BUTTER																				
SMOKEY BACON STYLE BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
SWEET POTATO FRIES	YES	YES																		
BUTTERFLY CUT SIRLOIN	NO	NO																		
CAESAR DRESSING RED CAL	YES	NO					Y	Y							Y					
LETTUCE ICEBERG	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
CRACKED BLACK PEPPER	YES	YES																		
ONIONS RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
HERB DRESSING	YES	YES																		
TOMATOES MIXED INCA 3KG	YES	YES																		
PAPRIKA PEPPER	YES	YES																		
SEMI SKIMMED MILK	YES	NO						Y												
PLAIN FLOUR	YES	YES	Y																	
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
ONIONS RED	YES	YES																		
100Z BUTTERFLIED SIRLOIN WITH SMOKED BACON BUTTER	NO	NO	Y					Y	Y						Y					
100Z RUMP																				
LAMBS LETTUCE	YES	YES																		
RUMP STEAK 100Z	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
100Z RUMP	NO	NO										Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
10OZ RUMP WITH SALAD																				
LAMBS LETTUCE	YES	YES																		
RUMP STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
10OZ RUMP WITH SALAD	NO	NO										Y			Y					
6OZ FLAT IRON																				
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
FLAT IRON STEAK 6OZ	NO	NO																		
TABLE SALT	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
6OZ FLAT IRON	NO	NO										Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
6OZ FLAT IRON WITH SALAD																				
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
FLAT IRON STEAK 6OZ	NO	NO																		
TABLE SALT	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
6OZ FLAT IRON WITH SALAD																				
	NO	NO										Y			Y					
GRILLS																				
BEEFEATER MIXED GRILL																				
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
BRITISH PREMIER INN SAUSAGES	NO	NO	Y									Y								
FLAT IRON 4OZ	NO	NO																		
CHICKEN BREAST	NO	NO																		
MED FRESH EGGS	YES	NO						Y												
5OZ BOOMERANG GAMMON STEAK	NO	NO																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
BEEFEATER MIXED GRILL																				
	NO	NO	Y		Y			Y				Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MIXED GRILL WITH RUMP STEAK																				
LAMBS LETTUCE	YES	YES																		
RUMP STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
BRITISH PREMIER INN SAUSAGES	NO	NO	Y									Y								
CHICKEN BREAST	NO	NO																		
MED FRESH EGGS	YES	NO						Y												
5OZ BOOMERANG GAMMON STEAK	NO	NO																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
MIXED GRILL WITH RUMP STEAK	NO	NO	Y		Y			Y				Y								
MIXED GRILL WITH SIRLOIN STEAK																				
LAMBS LETTUCE	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
BRITISH PREMIER INN SAUSAGES	NO	NO	Y									Y								
CHICKEN BREAST	NO	NO																		
MED FRESH EGGS	YES	NO						Y												
5OZ BOOMERANG GAMMON STEAK	NO	NO																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
MIXED GRILL WITH SIRLOIN STEAK	NO	NO	Y		Y			Y				Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
STICKY BOURBON BBQ RIBS																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
LEMON CASE	YES	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO					Y								Y					
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
STICKY BOURBON BBQ RIBS																				
	NO	NO	Y		Y		Y					Y			Y					
BBQ CHICKEN N RIBS																				
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
CHICKEN BREAST	NO	NO																		
GRILLED CORN ON THE COB	YES	YES																		
LEMON CASE	YES	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO					Y								Y					
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
BBQ CHICKEN N RIBS																				
	NO	NO					Y					Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BBQ CHICKEN N FULL RACK OF RIBS																				
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
CHICKEN BREAST	NO	NO																		
GRILLED CORN ON THE COB	YES	YES																		
LEMON CASE	YES	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
RAPESEED OIL	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES										Y								
BBQ CHICKEN N FULL RACK OF RIBS	NO	NO						Y				Y				Y				
SURF & TURF COMBO																				
CALAMARI	NO	NO	Y									Y								
SURF & TURF SAUCE	NO	NO	Y					Y	Y	Y	Y	Y				Y				
SCALLOPS	NO	NO										Y								
GARLIC AND PARSLEY SPREAD	YES	NO							Y											
LAMBS LETTUCE	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
EASY PEEL KING PRAWNS	NO	NO									Y									
SMOKED DRY CURED STREAKY BACON	NO	NO																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
SURF & TURF COMBO	NO	NO	Y					Y	Y	Y	Y	Y	Y			Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
LAMB RUMP																				
PRESSED POTATO & CORNBEEF	NO	NO						Y												
TENDER STEM BROCCOLI	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MALBEC SAUCE	NO	NO						Y				Y								
FRESH HERBS THYME	YES	YES																		
EXTRA VIRGIN OLIVE OIL	YES	YES																		
LEMON CASE	YES	NO																		
LAMB RUMP	NO	NO																		
WHITE SUGAR SACHETS	YES	YES																		
VINEGAR MALT	YES	YES			Y															
ONIONS RED	YES	YES																		
LAMB RUMP	NO	NO			Y			Y				Y								
TOP WITH GARLIC KING PRAWNS																				
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
EASY PEEL KING PRAWNS	NO	NO									Y									
LEMON CASE	YES	NO																		
TOP WITH GARLIC KING PRAWNS	NO	NO						Y			Y									
STEAK BUTTERS																				
SMOKY BACON FLAVOURED BUTTER																				
SMOKEY BACON STYLE BUTTER	YES	NO						Y												
SMOKY BACON FLAVOURED BUTTER	YES	NO						Y												
BLUE CHEESE BUTTER																				
BLACK N BLUE BUTTER	YES	NO						Y												
BLUE CHEESE BUTTER	YES	NO						Y												
STEAK SAUCES																				
PRAWN & LOBSTER SAUCE																				
PRAWN AND LOBSTER SAUCE	NO	NO						Y	Y	Y		Y			Y					
PRAWN & LOBSTER SAUCE	NO	NO						Y	Y	Y		Y			Y					
TRIPLE PEPPERCORN SAUCE																				
PEPPERCORN SAUCE	NO	NO	Y					Y										Y		
TRIPLE PEPPERCORN SAUCE	NO	NO	Y					Y										Y		
BEARNAISE SAUCE																				
BEARNAISE SAUCE	YES	NO						Y	Y			Y								
BEARNAISE SAUCE	YES	NO						Y	Y			Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
RICH BEEF GRAVY																				
BEEF JUS	NO	NO			Y			Y				Y								
RICH BEEF GRAVY																				
	NO	NO			Y			Y				Y								
BEER & BEEF DRIPPING SAUCE																				
BEEF DRIPPING & BEER GRAVY	NO	NO			Y															
BEER & BEEF DRIPPING SAUCE																				
	NO	NO			Y															
UPGRADE YOUR FRIES																				
LOADED CHEESEY BEEF FRIES																				
CAJUN JACK CHEESE SAUCE	YES	NO						Y											Y	
STEAK BURGER 4OZ	NO	NO																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
LOADED CHEESEY BEEF FRIES																				
	NO	NO						Y											Y	
SWEET POTATO FRIES																				
RAPESEED OIL	YES	YES																		
SWEET POTATO FRIES	YES	YES																		
SWEET POTATO FRIES																				
	YES	YES																		
FANCY A BIT ON THE SIDE																				
MAC N CHEESE BITES																				
RAPESEED OIL	YES	YES																		
SMOKEY TOMATO DIP	YES	YES												Y	Y					
MAC & CHEESE BITES	YES	NO	Y				Y		Y											
MAC N CHEESE BITES																				
	YES	NO	Y				Y		Y					Y	Y					
CHUNKY SLAW																				
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y										Y		
CHUNKY SLAW																				
	YES	NO						Y										Y		
3 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y						Y											
RAPESEED OIL	YES	YES																		
PIRI PIRI SAUCE	YES	YES											Y							
3 BUTTERMILK CHICKEN WINGS WITH PIRI PIRI																				
	NO	NO	Y						Y				Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
3 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y					Y												
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
3 BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE																				
BUTTERMILK CHICKEN WINGS	NO	NO	Y					Y												
CRISPY BEER BATTERED ONION RINGS																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
CRISPY BEER BATTERED ONION RINGS																				
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
LARGE MIXED SALAD																				
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
LARGE MIXED SALAD																				
SALAD LEAF MIX	YES	YES										Y			Y					
CORNED BEEF POTATO SLICE																				
PRESSED POTATO & CORNBEEF	NO	NO						Y												
CORNED BEEF POTATO SLICE																				
PRESSED POTATO & CORNBEEF	NO	NO						Y												
JACKET POTATO																				
BAKING POTATOES	YES	YES																		
SALTED BUTTER	YES	NO						Y												
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
JACKET POTATO																				
BAKING POTATOES	YES	NO						Y												
SKINNY FRIES																				
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY FRIES																				
SKINNY CUT FRIES	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BONE MARROW & POTATO ROSTI																				
FETA CHEESE	YES	NO						Y												
BEEF ROSTI	NO	NO										Y								
RAPESEED OIL	YES	YES																		
MED FRESH EGGS	YES	NO						Y												
VINEGAR MALT	YES	YES			Y															
FRESH HERBS FLAT PARSLEY	YES	YES																		
BONE MARROW & POTATO ROSTI	NO	NO			Y			Y	Y			Y								
TRIPLE COOKED CHIPS																				
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
VEG MEDLEY																				
VEG MIX GREEN	YES	NO					Y		Y											
VEG MEDLEY	YES	NO					Y		Y											
HALF RACK OF PORK RIBS																				
RAPESEED OIL	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BOURBON BBQ SAUCE	YES	YES											Y							
HALF RACK OF PORK RIBS	NO	NO											Y							
TENDERSTEM BROCCOLI																				
ROAST GARLIC CHILLI OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
TENDER STEM BROCCOLI	YES	YES																		
TENDERSTEM BROCCOLI	YES	YES																		
HERITAGE STYLE TOMATO SALAD																				
HERB DRESSING	YES	YES																		
TOMATOES MIXED INCA 3KG	YES	YES																		
CRACKED BLACK PEPPER	YES	YES																		
ONIONS RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
PEASHOOTS	YES	YES																		
HERITAGE STYLE TOMATO SALAD	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SWEET POTATO FRIES																				
RAPESEED OIL	YES	YES																		
SWEET POTATO FRIES	YES	YES																		
SWEET POTATO FRIES																				
LOADED CHEESY BEEF FRIES																				
CAJUN JACK CHEESE SAUCE	YES	NO						Y							Y					
STEAK BURGER 4OZ	NO	NO																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
LOADED CHEESY BEEF FRIES																				
LOADED CHEESY BEEF CHIPS																				
STEAK BURGER 4OZ	NO	NO																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
CAJUN JACK CHEESE SAUCE	YES	NO						Y							Y					
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
LOADED CHEESY BEEF CHIPS																				
LOADED CHEESY BEEF SWEET POTATO FRIES																				
STEAK BURGER 4OZ	NO	NO																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
CAJUN JACK CHEESE SAUCE	YES	NO						Y							Y					
RAPESEED OIL	YES	YES																		
SWEET POTATO FRIES	YES	YES																		
LOADED CHEESY BEEF SWEET POTATO FRIES																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BURGERS																				
DOUBLE BACON & CHEESE BEEF STEAK BURGER																				
RAPESEED OIL	YES	YES																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y										Y		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
SMOKEY TOMATO DIP	YES	YES												Y		Y				
LIGHT MAYONNAISE	YES	NO						Y								Y				
PICKLED CUCUMBER SPEARS	YES	YES														Y				
CHEESE SLICES	YES	NO							Y											
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
TABLE SALT	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
DOUBLE BACON & CHEESE BEEF STEAK BURGER	NO	NO	Y					Y	Y				Y	Y	Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TRIPLE BACON & CHEESE BEEF STEAK BURGER																				
RAPESEED OIL	YES	YES																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y										Y		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y					Y						
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
SMOKEY TOMATO DIP	YES	YES													Y			Y		
LIGHT MAYONNAISE	YES	NO						Y										Y		
PICKLED CUCUMBER SPEARS	YES	YES																Y		
CHEESE SLICES	YES	NO								Y										
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
TABLE SALT	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
CHEESE SLICES	YES	NO								Y										
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TRIPLE BACON & CHEESE BEEF STEAK BURGER	NO	NO	Y						Y	Y				Y	Y	Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SMOKY BBQ STEAK BURGER																				
CHEESE SLICES	YES	NO						Y												
RAPESEED OIL	YES	YES																		
PICKLED CUCUMBER SPEARS	YES	YES													Y					
STEAK BURGER 4OZ	NO	NO																		
SPICY BEANS	NO	NO	Y					Y						Y	Y					
SMOKED DRY CURED STREAKY BACON	NO	NO					Y													
KOREAN SPICY BBQ SAUCE	YES	YES	Y				Y													
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SMOKEY TOMATO DIP	YES	YES												Y	Y					
LIGHT MAYONNAISE	YES	NO						Y							Y					
PAPRIKA PEPPER	YES	YES																		
SEMI SKIMMED MILK	YES	NO							Y											
PLAIN FLOUR	YES	YES	Y																	
ROCK SALT	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
SMOKY BBQ STEAK BURGER	NO	NO	Y				Y	Y	Y				Y	Y	Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
LOBSTER DOUBLE STACKED BURGER																				
CHEESE SLICES	YES	NO						Y												
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
TOMATO M	YES	YES																		
ONIONS RED	YES	YES																		
PEASHOOTS	YES	YES																		
BRIOCHE BUN	YES	NO	Y					Y	Y											
LOBSTER MIX	NO	NO									Y									
BATTER MIX	YES	YES	Y																	
TETLEY SMOOTH	NO	NO			Y															
SMOKEY TOMATO DIP	YES	YES												Y				Y		
LIGHT MAYONNAISE	YES	NO						Y										Y		
PICKLED CUCUMBER SPEARS	YES	YES																Y		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y										Y		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
LOBSTER DOUBLE STACKED BURGER	NO	NO	Y		Y			Y	Y		Y				Y			Y		
HALLOUMI & CHIMICHURRI VEGGIE BURGER																				
CHIMI CHURI SAUCE RED	YES	YES																		
RAPESEED OIL	YES	YES																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
HALLOUMI	YES	NO							Y											
VEGAN BURGER	YES	YES	Y				Y													
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y										Y		
GREEK STYLE YOGHURT	YES	NO							Y											
CUCUMBER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
HALLOUMI & CHIMICHURRI VEGGIE BURGER	YES	NO	Y				Y	Y	Y				Y					Y		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
VEGAN BURGER WITH BBQ SOYA																				
BBQ SAUCE	YES	YES																		
VEGAN BURGER	YES	YES	Y				Y													
BBQ PULLED VEGGIES	YES	YES	Y				Y													
VEGAN BUN	YES	YES	Y	Y		Y														
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
FRENCH DRESSING	YES	YES										Y				Y				
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
VEGAN BURGER WITH BBQ SOYA																				
VEGAN BURGER	YES	YES	Y	Y		Y	Y					Y				Y				
BUTTERMILK CHICKEN & BLUE CHEESE BURGER																				
STILTON	YES	NO									Y									
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
BRIOCHE BUN	YES	NO	Y						Y	Y										
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y							Y										
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y								Y			
LIGHT MAYONNAISE	YES	NO							Y								Y			
PIRI PIRI SAUCE	YES	YES										Y								
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
BUTTERMILK CHICKEN & BLUE CHEESE BURGER																				
BUTTERMILK CHICKEN & BLUE CHEESE BURGER	NO	NO	Y		Y			Y	Y			Y				Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MAKE IT EVEN MORE MMMM...																				
ONION RINGS																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
ONION RINGS	NO	NO	Y		Y															
CRISPY BACON																				
RAPESEED OIL	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
CRISPY BACON	NO	NO																		
FRIED EGG																				
RAPESEED OIL	YES	YES																		
MED FRESH EGGS	YES	NO					Y													
FRIED EGG	YES	NO					Y													
HOUSE FAVOURITES																				
BEER-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS																				
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
MUSHY PEAS	YES	YES																		
HADDOCK FILLET 220-250G	NO	NO							Y											
TARTARE SAUCE	YES	NO						Y							Y					
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
TETLEY SMOOTH	NO	NO			Y															
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
BEER-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	NO	NO	Y		Y		Y		Y						Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BEER-BATTERED HADDOCK & CHIPS WITH PEAS																				
PEAS GRADE A	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
HADDOCK FILLET 220-250G	NO	NO							Y											
TARTARE SAUCE	YES	NO						Y							Y					
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
TETLEY SMOOTH	NO	NO			Y															
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
BEER-BATTERED HADDOCK & CHIPS WITH PEAS	NO	NO	Y		Y			Y		Y					Y					
GRILLED TUNA STEAK																				
HERB DRESSING	YES	YES																		
ROCKET LEAF	YES	YES																		
RAPESEED OIL	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
LEMON CASE	YES	NO																		
MSC TUNA STEAK	NO	NO	Y				Y		Y											
GRILLED VEG MIX	YES	NO						Y		Y										
GRILLED TUNA STEAK	NO	NO	Y				Y		Y	Y		Y			Y					
SMOTHERED CHICKEN MELT																				
CHEESE SLICES	YES	NO						Y												
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
CHICKEN BREAST	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
SMOTHERED CHICKEN MELT	NO	NO						Y	Y			Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHARGRILLED GAMMON STEAK																				
PEAS GRADE A	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
HORSESHOE GAMMON 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
MED FRESH EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
CHARGRILLED GAMMON STEAK	NO	NO						Y												
BLACKENED GAMMON STEAK																				
PEAS GRADE A	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
HORSESHOE GAMMON 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
MED FRESH EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
BLACKENED GAMMON STEAK	NO	NO						Y												
SMOKY PAPRIKA CHICKEN																				
RAPESEED OIL	YES	YES																		
PAPRIKA CHICKEN BREAST	NO	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y										Y		
FRENCH DRESSING	YES	YES										Y						Y		
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
SMOKY PAPRIKA CHICKEN	NO	NO						Y				Y						Y		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
PLAIN CHICKEN																				
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y											Y	
FRENCH DRESSING	YES	YES										Y							Y	
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
PLAIN CHICKEN																				
	NO	NO						Y					Y						Y	
LEMON & THYME CHICKEN																				
LEMON GARLIC MAYO	YES	NO						Y												
HALF CHICKEN LEMON & THYME	NO	NO																		
GRAVY CONCENTRATE	NO	NO																		
FRENCH DRESSING	YES	YES										Y							Y	
ROCKET LEAF	YES	YES																		
LEMON CASE	YES	NO																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
LEMON & THYME CHICKEN																				
	NO	NO						Y					Y			Y	Y			
TERIYAKI SALMON																				
HERB DRESSING	YES	YES																		
TENDER STEM BROCCOLI	YES	YES																		
SESAME SEEDS	YES	YES											Y							
SKIN-ON SALMON PORTIONS	NO	NO								Y										
TERIYAKI SAUCE	YES	NO	Y				Y													
PEASHOOTS	YES	YES																		
CRACKED BLACK PEPPER	YES	YES																		
ONIONS RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
HERB DRESSING	YES	YES																		
TOMATOES MIXED INCA 3KG	YES	YES																		
TERIYAKI SALMON																				
	NO	NO	Y				Y			Y			Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHICKEN & CHORIZO PIE																				
SALTED BUTTER	YES	NO						Y												
POTATO MID	YES	YES																		
CHX CHORIZO PIE	NO	NO	Y					Y	Y											
FRENCH DRESSING	YES	YES										Y					Y			
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
CHICKEN & CHORIZO PIE	NO	NO	Y					Y	Y			Y				Y				
CAULIFLOWER CHEESE TART																				
CAULIFLOWER CHEESE TART	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
POTATO MID	YES	YES																		
FRENCH DRESSING	YES	YES										Y					Y			
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
CAULIFLOWER CHEESE TART	YES	NO						Y				Y					Y			
BEEF & CHEDDAR PIE																				
MASHED POTATO	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
BEEF CHD SUET PUD	NO	NO	Y		Y			Y												
WHOLE GREEN BEANS	YES	YES																		
GRAVY CONCENTRATE	NO	NO															Y			
BEEF & CHEDDAR PIE	NO	NO	Y		Y			Y									Y			
TASTY ALTERNATIVES																				
ARRABIATA MEATBALL LINGUINE																				
REGATO FINE GRATE	YES	NO						Y												
MEATBALLS SPICY IN SAUCE	NO	NO	Y				Y										Y			
TOMATO LINGUINE PASTA	YES	YES	Y														Y			
FRESH HERBS BASIL	YES	YES																		
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
ARRABIATA MEATBALL LINGUINE	NO	NO	Y				Y		Y								Y			

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
HALLOUMI SALAD																				
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
AVOCADO HALVES	YES	YES																		
HALLOUMI	YES	NO						Y												
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
PEPPER RED	YES	YES																		
HERB DRESSING	YES	YES																		
HALLOUMI SALAD																				
YES	NO							Y												
SWEET POTATO & FETA LASAGNE WITH CHIPS																				
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
SWEET POTATO & FETA LASAGNE WITH CHIPS																				
YES	NO	Y						Y	Y					Y	Y					
SWEET POTATO & FETA LASAGNE WITH SALAD																				
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
FRENCH DRESSING	YES	YES											Y			Y				
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
SWEET POTATO & FETA LASAGNE WITH SALAD																				
YES	NO	Y						Y	Y				Y		Y	Y				
ROAST VEGETABLE LINGUINE																				
REGATO FINE GRATE	YES	NO							Y											
TOMATO LINGUINE PASTA	YES	YES	Y											Y						
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
TOMATO CHERRY RED	YES	YES																		
RAPESEED OIL	YES	YES																		
ROAST VEGETABLE LINGUINE																				
YES	NO	Y							Y					Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
ROAST VEGETABLE LINGUINE WITH SALMON																				
REGATO FINE GRATE	YES	NO						Y												
TOMATO LINGUINE PASTA	YES	YES	Y											Y						
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
TOMATO CHERRY RED	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
SKIN-ON SALMON PORTIONS	NO	NO							Y											
ROAST VEGETABLE LINGUINE WITH SALMON																				
NO	NO	Y						Y	Y					Y						
ROAST VEGETABLE LINGUINE WITH CHICKEN																				
REGATO FINE GRATE	YES	NO						Y												
TOMATO LINGUINE PASTA	YES	YES	Y											Y						
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
TOMATO CHERRY RED	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
ROAST VEGETABLE LINGUINE WITH CHICKEN																				
NO	NO	Y						Y						Y						
BUTTERMILK CHICKEN GOUJON CAESAR SALAD																				
REGATO FINE GRATE	YES	NO						Y												
CAESAR DRESSING RED CAL	YES	NO						Y	Y						Y					
LETTUCE ICEBERG	YES	YES																		
RAPESEED OIL	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
CIABATTA ROLL	YES	NO	Y																	
BUTTERMILK CHICKEN GOUJON CAESAR SALAD																				
NO	NO	Y						Y	Y						Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GRILLED CHICKEN CAESAR SALAD																				
REGATO FINE GRATE	YES	NO						Y												
CHICKEN BREAST	NO	NO																		
CAESAR DRESSING RED CAL	YES	NO						Y	Y							Y				
LETTUCE ICEBERG	YES	YES																		
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
CIABATTA ROLL	YES	NO	Y																	
GRILLED CHICKEN CAESAR SALAD	NO	NO	Y					Y	Y							Y				
CRISPY BEEF ASIAN STYLE SALAD																				
PINKSTAR SLAW	YES	YES																		
LAMBS LETTUCE	YES	YES																		
BATTER MIX	YES	YES	Y																	
SESAME SEEDS	YES	YES											Y							
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
CHILLIES RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
ASIAN DRESSING	YES	YES																		
KOREAN SPICY BBQ SAUCE	YES	YES	Y				Y													
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
PULLED BEEF BRISKET	NO	NO																		
CRISPY BEEF ASIAN STYLE SALAD	NO	NO	Y				Y						Y							
SEAFOOD RIGATONI PASTA																				
FRENCH DRESSING	YES	YES											Y			Y				
PEASHOOTS	YES	YES																		
SALMON PASTA GF	NO	NO								Y	Y	Y								
SEAFOOD RIGATONI PASTA	NO	NO								Y	Y	Y	Y			Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
PUDS																				
WARM CHOCOLATE BROWNIE																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y										Y	Y
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO						Y												
WARM CHOCOLATE BROWNIE																				
WARM CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y										Y	Y
CHOCOLATE MARQUISE CAKE																				
FRESH HERBS MINT	YES	YES																		
FRUIT BERRY MIX	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
CHOCOLATE MARQUIS	YES	NO	Y				Y	Y	Y											
CHOCOLATE MARQUISE CAKE																				
CHOCOLATE MARQUISE CAKE	YES	NO	Y				Y	Y	Y											
BAKED CHEESECAKE																				
HEDGEROW BERRIES IN SAUCE	YES	YES																		
BAKED CHEESECAKE	YES	NO	Y			Y		Y	Y											
BAKED CHEESECAKE																				
BAKED CHEESECAKE	YES	NO	Y			Y		Y	Y											
SUMMER CRUMBLE WITH CUSTARD																				
SUMMER CRUMBLE	YES	YES																		
CUSTARD RTS	YES	NO							Y											
SHORTCAKE OATY CRUMBLE	YES	NO	Y			Y			Y	Y										
SUMMER CRUMBLE WITH CUSTARD																				
SUMMER CRUMBLE WITH CUSTARD	YES	NO	Y			Y			Y	Y										
SUMMER CRUMBLE WITH ICE CREAM																				
SUMMER CRUMBLE	YES	YES																		
VANILLA ICE CREAM	YES	NO								Y										
SHORTCAKE OATY CRUMBLE	YES	NO	Y			Y			Y	Y										
SUMMER CRUMBLE WITH ICE CREAM																				
SUMMER CRUMBLE WITH ICE CREAM	YES	NO	Y			Y			Y	Y										
LEMON CURD SORBET																				
FRESH HERBS MINT	YES	YES																		
LEMON CURD SORBET	YES	NO							Y	Y										
LEMON CURD SORBET																				
LEMON CURD SORBET	YES	NO							Y	Y										
STRAWBERRY FROZEN YOGHURT																				
FRESH HERBS MINT	YES	YES																		
STRAWBERRIES	YES	YES																		
STRAWBERRY FROZEN YOGHURT	YES	NO							Y											
STRAWBERRY FROZEN YOGHURT																				
STRAWBERRY FROZEN YOGHURT	YES	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
PINK GIN TRIFLE																				
DAIRY AEROSOL CREAM	YES	NO						Y												
CUSTARD RTS	YES	NO						Y												
FRESH HERBS MINT	YES	YES																		
PINK GIN & BERRY TRIFLE SPONGE	YES	NO	Y					Y	Y											
PINK GIN TRIFLE	YES	NO	Y					Y	Y											
SUNDAES																				
CHOCOLATE CHURROS SUNDAE																				
CHURROS	YES	YES	Y																	
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y							Y		Y		
DAIRY AEROSOL CREAM	YES	NO							Y											
FRESH HERBS MINT	YES	YES																		
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
CHOCOLATE CHURROS SUNDAE	YES	NO	Y				Y	Y	Y							Y		Y		
SALTED CARAMEL POPCORN SUNDAE																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y							Y		Y		
DAIRY AEROSOL CREAM	YES	NO							Y											
SALTED CARAMEL SAUCE	YES	NO							Y											
POPCORN SWEET N SALTY	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
SALTED CARAMEL POPCORN SUNDAE	YES	NO	Y					Y	Y							Y		Y		
ROCKY ROAD SUNDAE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
CHOCOLATE BROWNIE	YES	NO	Y						Y	Y						Y		Y		
DAIRY AEROSOL CREAM	YES	NO							Y											
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
MARSHMALLOWS	NO	NO																		
ROCKY ROAD SUNDAE	NO	NO	Y				Y	Y	Y							Y		Y		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MINI PUD																				
CHOCOLATE TORTE																				
FRESH HERBS MINT	YES	YES																		
MINI GREEK YOG CHOC TORTE	YES	NO	Y		Y	Y	Y		Y											
CHOCOLATE TORTE	YES	NO	Y		Y	Y	Y		Y											
STRAWBERRY YOGHURT CHEESECAKE																				
STRAWBERRY YOG CHEESECAKE	YES	NO	Y			Y		Y	Y											
FRESH HERBS MINT	YES	YES																		
STRAWBERRY YOGHURT CHEESECAKE	YES	NO	Y			Y		Y	Y											
APPLE CRISP																				
APPLE CRISP	YES	YES	Y			Y														
FRESH HERBS MINT	YES	YES																		
APPLE CRISP	YES	YES	Y			Y														

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BEEFEATER KIDS MENU STARTERS																				
GARLIC BREAD																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
CUCUMBER	YES	YES																		
GARLIC BREAD																				
GARLIC BREAD	YES	NO	Y					Y												
CHICKEN MEATBALLS																				
BBQ SAUCE	YES	YES																		
CUCUMBER	YES	YES																		
CHICKEN MEATBALLS KIDS	NO	NO																		
CHICKEN MEATBALLS																				
CHICKEN MEATBALLS	NO	NO																		
VEGGIE STICKS																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
VEGGIE STICKS																				
VEGGIE STICKS	YES	NO						Y												
THE MAIN YARD																				
POPPIN CHICKEN																				
BAKED BEANS	YES	YES																		
MINI CHICKEN CHUNKS	NO	NO	Y					Y												
SKINNY CUT FRIES	YES	YES																		
RAPSEED OIL	YES	YES																		
POPPIN CHICKEN																				
POPPIN CHICKEN	NO	NO	Y					Y												
TOMATO PENNE PASTA																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
TOMATO PENNE PASTA																				
TOMATO PENNE PASTA	YES	NO	Y					Y												
STEAK & CHIPS																				
RAPSEED OIL	YES	YES																		
FLAT IRON 4OZ	NO	NO																		
GARDEN PEAS	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPSEED OIL	YES	YES																		
STEAK & CHIPS																				
STEAK & CHIPS	NO	NO																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SPAGHETTI BOLOGNESE																				
SPAGHETTI BOLOGNAISE	NO	NO	Y											Y						
GARLIC BREAD SLICES	YES	NO	Y					Y												
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
SPAGHETTI BOLOGNESE																				
NO	NO	Y						Y						Y						
BANGERS & MASH																				
MASHED POTATO	YES	NO						Y												
KIDS SAUSAGE	NO	NO	Y																	
GARDEN PEAS	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
BANGERS & MASH																				
NO	NO	Y						Y						Y						
VEGGIE BANGERS & MASH																				
VEGETARIAN ROAST GRAVY	YES	NO	Y					Y						Y						
MASHED POTATO	YES	NO						Y												
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
GARDEN PEAS	YES	YES																		
VEGGIE BANGERS & MASH																				
YES	NO	Y						Y	Y					Y						
CHICKEN CURRY																				
CHICKEN CURRY KIDS	NO	NO	Y					Y												
BROWN RICE KIDS	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
CHICKEN CURRY																				
NO	NO	Y						Y												
TOMATO PASTA & CHICKEN MEATBALLS																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CHICKEN MEATBALLS KIDS	NO	NO																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
TOMATO PASTA & CHICKEN MEATBALLS																				
NO	NO	Y						Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BEEF BURGER																				
STEAK BURGER 4OZ	NO	NO																		
GRILLED CORN ON THE COB	YES	YES																		
BURGER BUN KIDS	YES	NO	Y					Y												
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
BEEF BURGER																				
	NO	NO	Y					Y												
COD BITES																				
COD CUBES	NO	NO	Y						Y											
GARDEN PEAS	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
COD BITES																				
	NO	NO	Y						Y											
CHICKEN BURGER																				
BAKED BEANS	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
CHICKEN BREAST	NO	NO																		
BURGER BUN KIDS	YES	NO	Y					Y												
LETTUCE ICEBERG	YES	YES																		
POTATO MID	YES	YES																		
CHICKEN BURGER																				
	NO	NO	Y					Y							Y					
SWAP YOU SIDES																				
MASHED POTATO																				
MASHED POTATO	YES	NO						Y												
MASHED POTATO																				
	YES	NO						Y												
CHIPS																				
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS																				
	YES	YES																		
MINI JACKET POTATOES																				
POTATO MID	YES	YES																		
MINI JACKET POTATOES																				
	YES	YES																		
BROWN RICE																				
BROWN RICE KIDS	YES	YES																		
BROWN RICE																				
	YES	YES																		
GARLIC BREAD																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
GARLIC BREAD																				
	YES	NO	Y					Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BAKED BEANS																				
BAKED BEANS	YES	YES																		
BAKED BEANS	YES	YES																		
VEGGIE STICKS																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
VEGGIE STICKS	YES	YES																		
MINI CORN ON THE COB																				
GRILLED CORN ON THE COB	YES	YES																		
MINI CORN ON THE COB	YES	YES																		
PEAS																				
GARDEN PEAS	YES	YES																		
PEAS	YES	YES																		
SIDE SALAD																				
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
CUCUMBER	YES	YES																		
SIDE SALAD	YES	YES																		
PUD FOR EWE																				
MIXED FRUIT SALAD																				
FRUIT SALAD	YES	YES																		
MIXED FRUIT SALAD	YES	YES																		
ICE CREAM WITH RASPBERRY SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO																		
ICE CREAM WITH RASPBERRY SAUCE	YES	NO	Y				Y		Y											
ICE CREAM WITH CHOCOLATE SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO																		
ICE CREAM WITH CHOCOLATE SAUCE	YES	NO	Y				Y		Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
ICE CREAM WITH CARAMEL SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
ICE CREAM WITH CARAMEL SAUCE																				
	YES	NO	Y				Y		Y											
STRAWBERRY YOGHURT																				
STRAWBERRY YOGHURT	YES	NO							Y											
STRAWBERRY YOGHURT	YES	NO							Y											
PREMIUM PUDS																				
MINI DOUGHNUTS																				
CHOCOLATE SAUCE	YES	YES					Y													
MINI SMARTIES	NO	NO							Y											
MINI RING DOUGHNUTS- SUGARED	YES	NO	Y				Y	Y	Y	Y										
MINI DOUGHNUTS																				
	NO	NO	Y				Y	Y	Y	Y										
FUNNY FACE SUNDAE																				
STRAWBERRY LACES	YES	YES	Y																	
VANILLA ICE CREAM	YES	NO							Y											
CUP CONES	YES	YES	Y				Y													
MARSHMALLOWS	NO	NO																		
MINI SMARTIES	NO	NO							Y											
FUNNY FACE SUNDAE																				
	NO	NO	Y				Y		Y											
PANCAKES																				
REDUCED SUGAR PANCAKE	YES	NO	Y						Y	Y										
BANANAS	YES	YES																		
STRAWBERRIES	YES	YES																		
CHOCOLATE SAUCE	YES	YES					Y													
PANCAKES																				
	YES	NO	Y				Y	Y	Y											
STRAWBERRY FROZEN YOGHURT																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
STRAWBERRY FROZEN YOGHURT	YES	NO							Y											
STRAWBERRY FROZEN YOGHURT	YES	NO	Y				Y		Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
DAYTIME SAVER MENU STARTERS																				
CRISPY FLAT CAP MUSHROOMS																				
RAPESEED OIL	YES	YES																		
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y												
BBQ SAUCE	YES	YES																		
RANCH DRESSING	YES	NO						Y	Y						Y					
CRISPY FLAT CAP MUSHROOMS	NO	NO	Y				Y	Y	Y						Y					
LOADED POTATO DIPPERS																				
BACK BACON	NO	NO																		
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	NO	NO																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
LOADED POTATO DIPPERS	NO	NO						Y												
GARLIC BREAD																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
GARLIC BREAD	YES	NO	Y					Y												
TOMATO SOUP																				
UHT WHIPPING CREAM	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
TOMATO SOUP CONCENTRATE	YES	NO						Y						Y						
CIABATTA ROLL	YES	NO	Y																	
TOMATO SOUP	YES	NO	Y					Y						Y						
MAINS																				
BEEF STEAK BURGER																				
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
TABLE SALT	YES	YES																		
SMOKEY TOMATO DIP	YES	YES												Y	Y					
LIGHT MAYONNAISE	YES	NO						Y							Y					
PICKLED CUCUMBER SPEARS	YES	YES													Y					
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
BEEF STEAK BURGER	NO	NO	Y					Y	Y				Y	Y	Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
DOUBLE BEEF STEAK BURGER																				
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
TABLE SALT	YES	YES																		
SMOKEY TOMATO DIP	YES	YES												Y		Y				
LIGHT MAYONNAISE	YES	NO						Y										Y		
PICKLED CUCUMBER SPEARS	YES	YES																Y		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
DOUBLE BEEF STEAK BURGER	NO	NO	Y						Y	Y				Y	Y	Y				
GRILLED PAPRIKA CHICKEN																				
RAPESEED OIL	YES	YES																		
PAPRIKA CHICKEN BREAST	NO	NO																		
GARDEN PEAS	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
GRILLED PAPRIKA CHICKEN	NO	NO																		
BEER BATTERED FISH & CHIPS																				
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
POLLOCK FILLETS	NO	NO								Y										
GARDEN PEAS	YES	YES																		
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
TETLEY SMOOTH	NO	NO				Y														
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
BEER BATTERED FISH & CHIPS	NO	NO	Y			Y				Y										
HADDOCK & CHIPS																				
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
HADDOCK FILLET 220-250G	NO	NO								Y										
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
TETLEY SMOOTH	NO	NO				Y														
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
HADDOCK & CHIPS	NO	NO	Y			Y				Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
50Z GAMMON STEAK WITH PINEAPPLE																				
PINEAPPLE IN JUICE	YES	YES																		
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
50Z BOOMERANG GAMMON STEAK	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
50Z GAMMON STEAK WITH PINEAPPLE																				
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
MED FRESH EGGS	YES	NO						Y												
50Z BOOMERANG GAMMON STEAK	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
50Z GAMMON STEAK WITH FRIED EGG																				
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
MED FRESH EGGS	YES	NO						Y												
50Z BOOMERANG GAMMON STEAK	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
50Z GAMMON STEAK WITH FRIED EGG																				
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
MED FRESH EGGS	YES	NO						Y												
50Z BOOMERANG GAMMON STEAK	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
100Z GAMMON STEAK WITH PINEAPPLE																				
PINEAPPLE IN JUICE	YES	YES																		
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
50Z BOOMERANG GAMMON STEAK	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
100Z GAMMON STEAK WITH PINEAPPLE																				
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
MED FRESH EGGS	YES	NO						Y												
50Z BOOMERANG GAMMON STEAK	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
100Z GAMMON STEAK WITH FRIED EGG																				
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
MED FRESH EGGS	YES	NO						Y												
50Z BOOMERANG GAMMON STEAK	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
100Z GAMMON STEAK WITH FRIED EGG																				
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
MED FRESH EGGS	YES	NO						Y												
50Z BOOMERANG GAMMON STEAK	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SAUSAGES & MASH																				
MASHED POTATO	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
BRITISH PREMIER INN SAUSAGES	NO	NO	Y										Y							
GRAVY CONCENTRATE	NO	NO												Y						
PAPRIKA PEPPER	YES	YES													Y					
SEMI SKIMMED MILK	YES	NO						Y												
PLAIN FLOUR	YES	YES	Y																	
ROCK SALT	YES	YES																		
ONIONS RED	YES	YES																		
SAUSAGES & MASH																				
	NO	NO	Y					Y					Y		Y					
STEAK & TRIPLE COOKED CHIPS WITH PEAS																				
RAPESEED OIL	YES	YES																		
FLAT IRON STEAK 6OZ	NO	NO																		
GARDEN PEAS	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
STEAK & TRIPLE COOKED CHIPS WITH PEAS																				
	NO	NO																		
STEAK & TRIPLE COOKED CHIPS WITH SALAD																				
RAPESEED OIL	YES	YES																		
FLAT IRON STEAK 6OZ	NO	NO																		
FRENCH DRESSING	YES	YES											Y		Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
STEAK & TRIPLE COOKED CHIPS WITH SALAD																				
	NO	NO											Y		Y					
RUMP & TRIPLE COOKED CHIPS WITH PEAS																				
RUMP STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
RUMP & TRIPLE COOKED CHIPS WITH PEAS																				
	NO	NO																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
RUMP & TRIPLE COOKED CHIPS WITH SALAD																				
RUMP STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
RUMP & TRIPLE COOKED CHIPS WITH SALAD	NO	NO										Y			Y					
SIRLOIN & TRIPLE COOKED CHIPS WITH PEAS																				
SIRLOIN STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
SIRLOIN & TRIPLE COOKED CHIPS WITH PEAS	NO	NO																		
SIRLOIN & TRIPLE COOKED CHIPS WITH SALAD																				
SIRLOIN STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
SIRLOIN & TRIPLE COOKED CHIPS WITH SALAD	NO	NO										Y			Y					
CHICKEN CAESAR SALAD																				
REGATO FINE GRATE	YES	NO							Y											
CHICKEN BREAST	NO	NO																		
CAESAR DRESSING RED CAL	YES	NO						Y	Y						Y					
LETTUCE ICEBERG	YES	YES																		
SALTED BUTTER	YES	NO							Y											
RAPESEED OIL	YES	YES																		
CIABATTA ROLL	YES	NO	Y																	
CHICKEN CAESAR SALAD	NO	NO	Y						Y	Y					Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
ROASTED VEGETABLE LINGUINE																				
REGATO FINE GRATE	YES	NO						Y												
GARLIC BREAD SLICES	YES	NO	Y					Y												
TOMATO LINGUINE PASTA	YES	YES	Y											Y						
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
TOMATO CHERRY RED	YES	YES																		
FRESH HERBS THYME	YES	YES																		
TABLE SALT	YES	YES																		
ROASTED VEGETABLE LINGUINE	YES	NO	Y					Y						Y						
LINGUINE WITH CHICKEN BREAST																				
REGATO FINE GRATE	YES	NO						Y												
CHICKEN BREAST	NO	NO																		
GARLIC BREAD SLICES	YES	NO	Y					Y												
TOMATO LINGUINE PASTA	YES	YES	Y											Y						
FRESH HERBS BASIL	YES	YES																		
LINGUINE WITH CHICKEN BREAST	NO	NO	Y					Y						Y						
LASAGNE WITH CHIPS																				
RAPESEED OIL	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y					Y												
MEAT LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y					
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
LASAGNE WITH CHIPS	NO	NO	Y		Y			Y	Y			Y		Y	Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
LASAGNE WITH SALAD																				
RAPESEED OIL	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y					Y												
MEAT LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y					
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
LASAGNE WITH SALAD	NO	NO	Y		Y			Y	Y			Y		Y	Y					
OPEN STEAK SANDWICH																				
LAMBS LETTUCE	YES	YES																		
FLAT IRON STEAK 6OZ	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
CIABATTA ROLL	YES	NO	Y																	
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
OPEN STEAK SANDWICH	NO	NO	Y					Y							Y					
OPEN CHICKEN SANDWICH																				
LAMBS LETTUCE	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
CHICKEN BREAST	NO	NO																		
CIABATTA ROLL	YES	NO	Y																	
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
OPEN CHICKEN SANDWICH	NO	NO	Y					Y							Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
OPEN CHICKEN GOUJON SANDWICH																				
LAMBS LETTUCE	YES	YES																		
LIGHT MAYONNAISE	YES	NO					Y							Y						
CIABATTA ROLL	YES	NO	Y																	
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
OPEN CHICKEN GOUJON SANDWICH																				
	NO	NO	Y					Y	Y						Y					
SWEET POTATO & FETA LASAGNE WITH CHIPS																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
SWEET POTATO & FETA LASAGNE WITH CHIPS																				
	YES	NO	Y					Y	Y					Y	Y					
SWEET POTATO & FETA LASAGNE WITH SALAD																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
SWEET POTATO & FETA LASAGNE WITH SALAD																				
	YES	NO	Y					Y	Y				Y		Y	Y				
CHICKEN MAKHANI CURRY																				
MANGO CHUTNEY - GREEN LABEL	YES	YES																		
BASMATI RICE	YES	YES																		
CHICKEN MAKHANI CURRY	NO	NO						Y												
PLAIN POPPADOMS	YES	YES																		
PLAIN NAAN	YES	NO	Y					Y	Y											
FRESH HERBS CORIANDER	YES	YES																		
GREEK STYLE YOGHURT	YES	NO							Y											
CHICKEN MAKHANI CURRY																				
	NO	NO	Y					Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SWEET POTATO FRIES																				
SWEET POTATO FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SWEET POTATO FRIES																				
SWEET POTATO FRIES																				
PUDDINGS																				
WARM CHOCOLATE BROWNIE																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y									Y		Y
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO						Y												
WARM CHOCOLATE BROWNIE																				
WARM CHOCOLATE BROWNIE	YES	NO	Y					Y	Y	Y								Y		Y
CARAMEL APPLE BETTY WITH CREAM																				
UHT WHIPPING CREAM	YES	NO							Y											
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y					Y	Y	Y										
CARAMEL APPLE BETTY WITH CREAM																				
CARAMEL APPLE BETTY WITH CREAM	YES	NO	Y					Y	Y	Y										
CARAMEL APPLE BETTY WITH A WHIP OF CREAM																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y					Y	Y	Y										
DAIRY AEROSOL CREAM	YES	NO								Y										
CARAMEL APPLE BETTY WITH A WHIP OF CREAM																				
CARAMEL APPLE BETTY WITH A WHIP OF CREAM	YES	NO	Y					Y	Y	Y										
CARAMEL APPLE BETTY WITH CUSTARD																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y					Y	Y	Y										
CUSTARD RTS	YES	NO								Y										
CARAMEL APPLE BETTY WITH CUSTARD																				
CARAMEL APPLE BETTY WITH CUSTARD	YES	NO	Y					Y	Y	Y										
CARAMEL APPLE BETTY WITH ICE CREAM																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y					Y	Y	Y										
VANILLA ICE CREAM	YES	NO								Y										
CARAMEL APPLE BETTY WITH ICE CREAM																				
CARAMEL APPLE BETTY WITH ICE CREAM	YES	NO	Y					Y	Y	Y										
ICE CREAM WITH FRUIT																				
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y										
HEDGEROW BERRIES IN SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO								Y										
ICE CREAM WITH FRUIT																				
ICE CREAM WITH FRUIT	YES	NO	Y					Y		Y										
ICE CREAM WITH CHOCOLATE																				
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y										
CHOCOLATE SAUCE	YES	YES						Y												
VANILLA ICE CREAM	YES	NO								Y										
CADBURY FLAKE	YES	NO								Y										
ICE CREAM WITH CHOCOLATE																				
ICE CREAM WITH CHOCOLATE	YES	NO	Y					Y		Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
PROFITEROLES																				
PROFITEROLES	YES	NO	Y					Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO						Y												
PROFITEROLES	YES	NO	Y				Y	Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
EVENING MENU																				
STARTERS																				
CRISPY FLAT CAP MUSHROOMS																				
RAPESEED OIL	YES	YES																		
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y												
BBQ SAUCE	YES	YES																		
RANCH DRESSING	YES	NO						Y	Y						Y					
CRISPY FLAT CAP MUSHROOMS	NO	NO	Y				Y	Y	Y						Y					
LOADED POTATO DIPPERS WITH CHEESE																				
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	NO	NO																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
LOADED POTATO DIPPERS WITH CHEESE	NO	NO						Y												
TOMATO SOUP																				
UHT WHIPPING CREAM	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
TOMATO SOUP CONCENTRATE	YES	NO						Y						Y						
CIABATTA ROLL	YES	NO	Y																	
TOMATO SOUP	YES	NO	Y					Y						Y						
CLASSIC PRAWN COCKTAIL																				
PAPRIKA PEPPER	YES	YES																		
SALTED BUTTER	YES	NO						Y												
CIABATTA ROLL	YES	NO	Y																	
SEAFOOD SAUCE	YES	NO						Y							Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO									Y									
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
LEMON CASE	YES	YES																		
CLASSIC PRAWN COCKTAIL	NO	NO	Y					Y	Y		Y				Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MAINS																				
BACON & CHEESE BEEF STEAK BURGER																				
CHEESE SLICES	YES	NO						Y												
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TABLE SALT	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SMOKEY TOMATO DIP	YES	YES												Y	Y					
LIGHT MAYONNAISE	YES	NO						Y											Y	
PICKLED CUCUMBER SPEARS	YES	YES																	Y	
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
BACON & CHEESE BEEF STEAK BURGER																				
	NO	NO	Y					Y	Y					Y	Y	Y				
DOUBLE BACON & CHEESE BEEF STEAK BURGER																				
RAPESEED OIL	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y											Y	
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SMOKEY TOMATO DIP	YES	YES												Y	Y					
LIGHT MAYONNAISE	YES	NO						Y											Y	
PICKLED CUCUMBER SPEARS	YES	YES																	Y	
CHEESE SLICES	YES	NO							Y											
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
TABLE SALT	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
DOUBLE BACON & CHEESE BEEF STEAK BURGER																				
	NO	NO	Y					Y	Y					Y	Y	Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
LOADED CHEESY BEEF FRIES																				
STEAK BURGER 4OZ	NO	NO																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
CAJUN JACK CHEESE SAUCE	YES	NO						Y							Y					
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
LOADED CHEESY BEEF FRIES																				
	NO	NO						Y							Y					
VEGAN BURGER WITH BBQ SOYA																				
BBQ SAUCE	YES	YES																		
VEGAN BURGER	YES	YES	Y				Y													
BBQ PULLED VEGGIES	YES	YES	Y				Y													
VEGAN BUN	YES	YES	Y	Y		Y														
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
3 LEAF MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
VEGAN BURGER WITH BBQ SOYA																				
	YES	YES	Y	Y		Y	Y					Y			Y					
SAUSAGES & MASH																				
MASHED POTATO	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
BRITISH PREMIER INN SAUSAGES	NO	NO	Y									Y								
GRAVY CONCENTRATE	NO	NO													Y					
SAUSAGES & MASH																				
	NO	NO	Y					Y				Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SMOKY PAPRIKA CHICKEN																				
RAPESEED OIL	YES	YES																		
PAPRIKA CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y												
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
3 LEAF MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
SMOKY PAPRIKA CHICKEN																				
NO	NO						Y					Y			Y					
PLAIN CHICKEN																				
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y												
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
3 LEAF MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
PLAIN CHICKEN																				
NO	NO						Y					Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
6OZ FLAT IRON																				
LAMBS LETTUCE	YES	YES																		
RAPESEED OIL	YES	YES																		
FLAT IRON STEAK 6OZ	NO	NO																		
TABLE SALT	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
3 LEAF MIX	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
6OZ FLAT IRON	NO	NO										Y			Y					
10OZ RUMP WITH CHIPS																				
LAMBS LETTUCE	YES	YES																		
RUMP STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
3 LEAF MIX	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
10OZ RUMP WITH CHIPS	NO	NO										Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
8OZ SIRLOIN WITH CHIPS																				
LAMBS LETTUCE	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
3 LEAF MIX	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
8OZ SIRLOIN WITH CHIPS	NO	NO										Y			Y					
10OZ RIB-EYE WITH CHIPS																				
LAMBS LETTUCE	YES	YES																		
RIBEYE STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
3 LEAF MIX	YES	YES																		
WHOLE BLACK PEPPER	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS THYME	YES	YES																		
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
10OZ RIB-EYE WITH CHIPS	NO	NO										Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SWEET POTATO & FETA LASAGNE WITH CHIPS																				
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
SWEET POTATO & FETA LASAGNE WITH CHIPS	YES	NO	Y					Y	Y					Y	Y					
SWEET POTATO & FETA LASAGNE WITH SALAD																				
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y	Y											
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
3 LEAF MIX	YES	YES																		
SWEET POTATO & FETA LASAGNE WITH SALAD	YES	NO	Y					Y	Y			Y		Y	Y					
BEER-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS																				
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
MUSHY PEAS	YES	YES																		
HADDOCK FILLET 220-250G	NO	NO								Y										
TARTARE SAUCE	YES	NO							Y						Y					
LEMON CASE	YES	YES																		
BATTER MIX	YES	YES	Y																	
TETLEY SMOOTH	NO	NO			Y															
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
BEER-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	NO	NO	Y		Y			Y		Y					Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BEER-BATTERED HADDOCK & CHIPS WITH PEAS																				
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
HADDOCK FILLET 220-250G	NO	NO							Y											
TARTARE SAUCE	YES	NO						Y							Y					
LEMON CASE	YES	YES																		
BATTER MIX	YES	YES	Y																	
TETLEY SMOOTH	NO	NO			Y															
RAPESEED OIL	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
BEER-BATTERED HADDOCK & CHIPS WITH PEAS	NO	NO	Y		Y			Y		Y					Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
PUDS																				
WARM CHOCOLATE BROWNIE																				
CHOCOLATE BROWNIE	YES	NO	Y				Y	Y											Y	Y
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO						Y												
WARM CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y										Y	Y
CARAMEL APPLE BETTY WITH CUSTARD																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
CUSTARD RTS	YES	NO							Y											
CARAMEL APPLE BETTY WITH CUSTARD	YES	NO	Y				Y	Y	Y											
ROCKY ROAD SUNDAE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
CHOCOLATE BROWNIE	YES	NO	Y						Y	Y									Y	Y
DAIRY AEROSOL CREAM	YES	NO							Y											
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
MARSHMALLOWS	NO	NO																		
ROCKY ROAD SUNDAE	NO	NO	Y				Y	Y	Y										Y	Y
PROFITEROLES																				
PROFITEROLES	YES	NO	Y						Y	Y										
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
PROFITEROLES	YES	NO	Y				Y	Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SUNDAY LUNCH																				
STARTERS																				
TOMATO SOUP																				
UHT WHIPPING CREAM	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
TOMATO SOUP CONCENTRATE	YES	NO						Y						Y						
CIABATTA ROLL	YES	NO	Y																	
TOMATO SOUP	YES	NO	Y					Y						Y						
CRISPY FLAT CAP MUSHROOMS																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
RANCH DRESSING	YES	NO						Y	Y							Y				
GARLIC & BASIL MUSHROOM DIPPERS	NO	NO	Y				Y	Y	Y											
CRISPY FLAT CAP MUSHROOMS	NO	NO	Y				Y	Y	Y							Y				
LOADED POTATO DIPPERS WITH CHEESE																				
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	NO	NO																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
LOADED POTATO DIPPERS WITH CHEESE	NO	NO						Y												
CLASSIC PRAWN COCKTAIL																				
PAPRIKA PEPPER	YES	YES																		
SALTED BUTTER	YES	NO						Y												
CIABATTA ROLL	YES	NO	Y																	
SEAFOOD SAUCE	YES	NO						Y								Y				
COOKED & PEELED COLD WATER PRAWNS	NO	NO									Y									
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
LEMON CASE	YES	YES																		
CLASSIC PRAWN COCKTAIL	NO	NO	Y					Y	Y		Y					Y				
BUTTERMILK CHICKEN WINGS WITH PIRI PIRI SAUCE																				
RAPESEED OIL	YES	YES																		
PIRI PIRI SAUCE	YES	YES										Y								
BUTTERMILK CHICKEN WINGS	NO	NO	Y					Y												
BUTTERMILK CHICKEN WINGS WITH PIRI PIRI SAUCE	NO	NO	Y					Y				Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
BUTTERMILK CHICKEN WINGS	NO	NO	Y					Y												
BUTTERMILK CHICKEN WINGS WITH BBQ SAUCE	NO	NO	Y					Y												
MAINS																				
SLOW-COOKED BEEF																				
HORSERADISH SAUCE	YES	NO						Y	Y									Y		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
BEEF SHOULDER COOKED	NO	NO																		
4IN YORKSHIRE PUDDINGS	YES	NO	Y					Y	Y											
FRESH HERBS THYME	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO								Y										
SLOW-COOKED BEEF	NO	NO	Y					Y	Y					Y	Y					
HALF ROAST CHICKEN																				
RAPESEED OIL	YES	YES																		
4IN YORKSHIRE PUDDINGS	YES	NO	Y					Y	Y											
FRESH HERBS THYME	YES	YES																		
ROASTED HALF CHICKEN	NO	NO																		
GRAVY CONCENTRATE	NO	NO												Y						
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO								Y										
HALF ROAST CHICKEN	NO	NO	Y					Y	Y					Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
RUMP OF LAMB																				
MINT SAUCE	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
4IN YORKSHIRE PUDDINGS	YES	NO	Y					Y	Y											
FRESH HERBS THYME	YES	YES																		
LAMB RUMP	NO	NO																		
GRAVY CONCENTRATE	NO	NO												Y						
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO							Y											
RUMP OF LAMB	NO	NO	Y					Y	Y					Y						
VEGETABLE WELLINGTON																				
VEGETARIAN ROAST GRAVY	YES	NO	Y						Y						Y					
RAPESEED OIL	YES	YES																		
MUSHROOM, CRANBERRY AND BRIE WELLINGTON	YES	NO	Y						Y	Y										
4IN YORKSHIRE PUDDINGS	YES	NO	Y						Y	Y										
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO							Y											
VEGETABLE WELLINGTON	YES	NO	Y					Y	Y					Y						
EXTRA FEAST																				
4IN YORKSHIRE PUDDINGS	YES	NO	Y						Y	Y										
GRAVY CONCENTRATE	NO	NO													Y					
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
EXTRA FEAST	NO	NO	Y					Y	Y					Y						
CAULIFLOWER CHEESE																				
CAULIFLOWER CHEESE	YES	NO							Y	Y										
MOZZ/MILD CHEDDAR MIX	YES	NO								Y										
CAULIFLOWER CHEESE	YES	NO							Y	Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
KIDS																				
SLOW-COOKED BEEF																				
RAPESEED OIL	YES	YES																		
BEEF SHOULDER COOKED	NO	NO																		
4IN YORKSHIRE PUDDINGS	YES	NO	Y					Y	Y											
GARDEN PEAS	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
SLOW-COOKED BEEF	NO	NO	Y					Y	Y					Y						
CHICKEN BREAST																				
RAPESEED OIL	YES	YES																		
4IN YORKSHIRE PUDDINGS	YES	NO	Y					Y	Y											
CHICKEN BREAST	NO	NO																		
GARDEN PEAS	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
CHICKEN BREAST	NO	NO	Y					Y	Y					Y						
PUDS																				
CARAMEL APPLE BETTY WITH CUSTARD																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y					Y	Y	Y										
CUSTARD RTS	YES	NO								Y										
CARAMEL APPLE BETTY WITH CUSTARD	YES	NO	Y					Y	Y	Y										
WARM CHOCOLATE BROWNIE																				
CHOCOLATE BROWNIE	YES	NO	Y						Y	Y							Y			Y
CHOCOLATE SAUCE	YES	YES						Y												
VANILLA ICE CREAM	YES	NO								Y										
WARM CHOCOLATE BROWNIE	YES	NO	Y					Y	Y	Y							Y			Y
ICE CREAM																				
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y										
HEDGEROW BERRIES IN SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO								Y										
ICE CREAM	YES	NO	Y					Y		Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
ROCKY ROAD SUNDAE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y								Y		Y	
DAIRY AEROSOL CREAM	YES	NO							Y											
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
MARSHMALLOWS	NO	NO																		
ROCKY ROAD SUNDAE	NO	NO	Y				Y	Y	Y								Y		Y	
PROFITEROLES																				
PROFITEROLES	YES	NO	Y					Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
PROFITEROLES	YES	NO	Y				Y	Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BEEFEATER BUFFET MENU																				
BUFFET 1																				
SANDWICHES																				
CHEESE & TOMATO																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
CHEESE SLICES MILD CHED	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
TOMATO M	YES	YES																		
TOTAL CHEESE & TOMATO	YES	NO	Y		Y			Y												
EGG MAYO																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO						Y							Y					
MED FRESH EGGS	YES	NO						Y												
SALTED BUTTER	YES	NO						Y	Y											
TOTAL EGG MAYO	YES	NO	Y		Y			Y	Y						Y					
HAM & MUSTARD																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
ENGLISH MUSTARD	YES	YES	Y												Y					
THICK CUT HAM SLICES	NO	NO																		
SALTED BUTTER	YES	NO						Y												
TOTAL HAM & MUSTARD	NO	NO	Y		Y			Y							Y					
PRAWN & MARIE ROSE																				
SALTED BUTTER	YES	NO						Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO						Y		Y										
TOTAL PRAWN & MARIE ROSE	NO	NO	Y		Y			Y		Y					Y					
GARLIC BREADED MUSHROOMS																				
RAPESEED OIL	YES	YES																		
BREADED FLAT MUSHROOM	NO	NO	Y				Y	Y												
BBQ SAUCE	YES	YES																		
TOTAL GARLIC BREADED MUSHROOMS	NO	NO	Y				Y	Y												
POP IN CHICKEN																				
RAPESEED OIL	YES	YES																		
MINI CHICKEN CHUNKS	NO	NO	Y					Y												
TOTAL POP IN CHICKEN	NO	NO	Y					Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHIPS																				
RAPESEED OIL	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
TOTAL CHIPS	YES	YES																		
VEGETABLE STICKS & DIP																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS RUSTIC CUT	YES	YES																		
FRESH HERBS MINT	YES	YES																		
TOTAL VEGETABLE STICKS & DIP	YES	NO						Y												
GARLIC BREAD																				
GARLIC BREAD SLICES	YES	YES	Y																	
TOTAL GARLIC BREAD	YES	YES	Y																	
MIXED SALAD																				
SALAD MIX (ESCAROLE, GREEN BATAVIA, RED OAK LEAF)	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
TOTAL MIXED SALAD	YES	YES										Y			Y					
BUFFET 2 SANDWICHES																				
CHEESE & TOMATO																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
CHEESE SLICES MILD CHED	YES	NO							Y											
SALTED BUTTER	YES	NO							Y											
TOMATO M	YES	YES																		
TOTAL CHEESE & TOMATO	YES	NO	Y		Y				Y											
EGG MAYO																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO							Y										Y	
MED FRESH EGGS	YES	NO							Y											
SALTED BUTTER	YES	NO							Y	Y										
TOTAL EGG MAYO	YES	NO	Y		Y				Y	Y									Y	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
HAM & MUSTARD																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
ENGLISH MUSTARD	YES	YES	Y												Y					
THICK CUT HAM SLICES	NO	NO																		
SALTED BUTTER	YES	NO						Y												
TOTAL HAM & MUSTARD	NO	NO	Y		Y			Y							Y					
PRAWN & MARIE ROSE																				
SALTED BUTTER	YES	NO						Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO								Y										
TOTAL PRAWN & MARIE ROSE	NO	NO	Y		Y			Y	Y	Y					Y					
GARLIC BREADED MUSHROOMS																				
RAPESEED OIL	YES	YES																		
BREADED FLAT MUSHROOM	NO	NO	Y				Y	Y												
BBQ SAUCE	YES	YES																		
TOTAL GARLIC BREADED MUSHROOMS	NO	NO	Y				Y	Y												
CHICKEN GOUJONS																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
LOUISIANA CHICKEN GOUJONS	NO	NO	Y					Y												
TOTAL CHICKEN GOUJONS	NO	NO	Y					Y												
CHIPS																				
RAPESEED OIL	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
TOTAL CHIPS	YES	YES																		
VEGETABLE STICKS & DIP																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS RUSTIC CUT	YES	YES																		
FRESH HERBS MINT	YES	YES																		
TOTAL VEGETABLE STICKS & DIP	YES	NO						Y												
CHEESY GARLIC BREAD																				
GARLIC BREAD SLICES	YES	YES	Y																	
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
TOTAL CHEESY GARLIC BREAD	YES	NO	Y					Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MIXED SALAD																				
SALAD MIX (ESCAROLE, GREEN BATAVIA, RED OAK LEAF)	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
TOTAL MIXED SALAD	YES	YES										Y			Y					
TORTILLA CHIPS & DIP																				
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
TOTAL TORTILLA CHIPS & DIP	YES	NO						Y												
ONION RINGS																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
TOTAL ONION RINGS	NO	NO	Y		Y															
TEMPURA PRAWNS																				
RAPESEED OIL	YES	YES																		
TEMPURA BATTERED TAIL ON KING PRAWNS	NO	NO	Y							Y										
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
TOTAL TEMPURA PRAWNS	NO	NO	Y							Y										
BUFFET 3 SANDWICHES																				
CHEESE & TOMATO																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
CHEESE SLICES MILD CHED	YES	NO							Y											
SALTED BUTTER	YES	NO								Y										
TOMATO M	YES	YES																		
TOTAL CHEESE & TOMATO	YES	NO	Y		Y				Y											
EGG MAYO																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO						Y							Y					
MED FRESH EGGS	YES	NO						Y												
SALTED BUTTER	YES	NO							Y											
TOTAL EGG MAYO	YES	NO	Y		Y			Y	Y						Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHICKEN & BACON																				
RAPESEED OIL	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
CHICKEN BREAST	NO	NO																		
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SMOKED DRY CURED STREAKY BACON	NO	NO																		
SALTED BUTTER	YES	NO							Y											
LEMONS	YES	YES																		
TOTAL CHICKEN & BACON	NO	NO	Y		Y			Y	Y						Y					
PRAWN & MARIE ROSE																				
SALTED BUTTER	YES	NO							Y											
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO								Y										
TOTAL PRAWN & MARIE ROSE	NO	NO	Y		Y			Y	Y		Y				Y					
GARLIC BREADED MUSHROOMS																				
RAPESEED OIL	YES	YES																		
BREADED FLAT MUSHROOM	NO	NO	Y					Y	Y											
BBQ SAUCE	YES	YES																		
TOTAL GARLIC BREADED MUSHROOMS	NO	NO	Y					Y	Y											
CHICKEN GOUJONS																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
LOUISIANA CHICKEN GOUJONS	NO	NO	Y					Y												
TOTAL CHICKEN GOUJONS	NO	NO	Y					Y												
CHIPS																				
RAPESEED OIL	YES	YES																		
TRIPLE COOKED CHIPS	YES	YES																		
TOTAL CHIPS	YES	YES																		
VEGETABLE STICKS & DIP																				
GREEK STYLE YOGHURT	YES	NO							Y											
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS RUSTIC CUT	YES	YES																		
FRESH HERBS MINT	YES	YES																		
TOTAL VEGETABLE STICKS & DIP	YES	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHEESY GARLIC BREAD																				
GARLIC BREAD SLICES	YES	YES	Y																	
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
TOTAL CHEESY GARLIC BREAD	YES	NO	Y					Y												
MIXED SALAD																				
SALAD MIX (ESCAROLE, GREEN BATAVIA, RED OAK LEAF)	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
TOTAL MIXED SALAD	YES	YES										Y			Y					
TORTILLA CHIPS & DIP																				
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
TOTAL TORTILLA CHIPS & DIP	YES	NO						Y												
ONION RINGS																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
TOTAL ONION RINGS	NO	NO	Y		Y															
TEMPURA PRAWNS																				
RAPESEED OIL	YES	YES																		
TEMPURA BATTERED TAIL ON KING PRAWNS	NO	NO	Y								Y									
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
TEMPURA PRAWNS	NO	NO	Y								Y									
THREE CHEESE CRUSTLESS QUICHE																				
QUICHE CHZ CRUSTLESS	YES	NO	Y					Y	Y											
TOTAL THREE CHEESE CRUSTLESS QUICHE	YES	NO	Y					Y	Y											
POTATO DIPPERS																				
SOUR CREAM CHIVE DRESSING	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	NO	NO																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
TOTAL POTATO DIPPERS	NO	NO						Y												
SAUSAGE ROLLS																				
COCKTAIL SAUSAGE ROLLS	NO	NO	Y									Y								
TOTAL SAUSAGE ROLLS	NO	NO	Y									Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
DESSERTS																				
CHOCOLATE BROWNIE																				
CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
TOTAL CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y											
PROFITEROLES																				
PROFITEROLES	YES	NO	Y					Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
TOTAL PROFITEROLES	YES	NO	Y				Y	Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BEEFEATER'S PREMIUM GIN BAR																				
SWITCH YOUR MIXER FOR FEVER-TREE TONIC																				
FEVER TREE LIGHT TONIC	YES	YES																		
SWITCH YOUR MIXER FOR FEVER-TREE TONIC	YES	YES																		
BATHTUB GIN																				
BATHTUB GIN	YES	YES																		
BSD GINGER ALE	YES	YES																		
ORANGE MEDIUM	YES	YES																		
BATHTUB GIN	YES	YES																		
SIPSMITH GIN																				
SIPSMITH GIN	YES	YES																		
BSD LOW CAL TONIC WATER	YES	YES																		
LIMES	YES	YES																		
SIPSMITH GIN	YES	YES																		
BOMBAY SAPPHIRE																				
BOMBAY SAPPHIRE	YES	YES																		
BSD LOW CAL TONIC WATER	YES	YES																		
STRAWBERRIES	YES	YES																		
FRESH HERBS MINT	YES	YES																		
BOMBAY SAPPHIRE	YES	YES																		
GORDON'S PINK GIN																				
GORDONS PINK GIN	YES	YES																		
BSD LOW CAL TONIC WATER	YES	YES																		
STRAWBERRIES	YES	YES																		
GORDON'S PINK GIN	YES	YES																		
PINK GIN FIZZ																				
GORDONS PINK GIN	YES	YES																		
BSD LOW CAL TONIC WATER	YES	YES																		
STRAWBERRIES	YES	YES																		
GALANTI PROSECCO	YES	NO																		
PINK GIN FIZZ	YES	NO																		
GORDON'S GIN																				
GORDONS GIN	NO	NO																		
BSD LOW CAL TONIC WATER	YES	YES																		
LIMES	YES	YES																		
GORDON'S GIN	NO	NO																		

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
275 SIPSMITH G&T																				
SIPSMITH GIN	YES	YES																		
BSD GINGER ALE	YES	YES																		
LIMES	YES	YES																		
275 SIPSMITH G&T																				
COCKTAILS																				
MOJITO																				
HAVANA CLUB ESPECIAL	NO	NO																		
FRESH HERBS MINT	YES	YES																		
ODK WHITE SUGAR SYRUP	YES	YES																		
LIMES	YES	YES																		
BSD SODA WATER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
MOJITO																				
	NO	NO																		
COSMOPOLITAN																				
SMIRNOFF RED	NO	NO																		
COINTREAU	YES	YES																		
SUNPRIDE CRANBERRY	YES	YES											Y							
LIMES	YES	YES																		
BSD SODA WATER	YES	YES																		
COSMOPOLITAN																				
	NO	NO											Y							
BELLINI																				
GALANTI PROSECCO	YES	NO											Y							
ODK PEACH PUREE	YES	YES																		
BELLINI																				
	YES	NO											Y							
GIN SMASH																				
BOMBAY SAPPHIRE	YES	YES																		
ELDERFLOWER SYRUP	YES	YES																		
LIMES	YES	YES																		
APPLE JUICE	YES	YES																		
FRESH HERBS MINT	YES	YES																		
GIN SMASH																				
	YES	YES																		

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BREAKFAST MENU																				
ACCOMPANIMENTS																				
SEMI SKIMMED MILK	YES	NO						Y												
WHOLE MILK	YES	NO						Y												
SKIMMED MILK	YES	NO						Y												
ALPRO SOYA MILK	YES	YES					Y													
SWEET N LOW	YES	NO																		
WHITE SUGAR SACHETS	YES	YES																		
BROWN SUGAR SACHETS	YES	YES																		
FULL BREAKFAST																				
BACON																				
BACK BACON	NO	NO																		
TOTAL BACON	NO	NO																		
SAUSAGE																				
PI SAUSAGES	NO	NO	Y									Y								
TOTAL SAUSAGE	NO	NO	Y									Y								
VEGETARIAN SAUSAGE																				
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
TOTAL VEGETARIAN SAUSAGE	YES	NO	Y					Y	Y											
SCRAMBLED EGG																				
MED FRESH EGGS	YES	NO						Y												
SEMI SKIMMED MILK	YES	NO							Y											
TOTAL SCRAMBLED EGG	YES	NO						Y	Y											
FRIED EGG																				
MED FRESH EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
TOTAL FRIED EGG	YES	NO						Y												
POACHED EGG																				
MED FRESH EGGS	YES	NO						Y												
TOTAL POACHED EGG	YES	NO						Y												
BOILED EGG																				
MED FRESH EGGS	YES	NO						Y												
TOTAL BOILED EGG	YES	NO						Y												
OMELETTE																				
MED FRESH EGGS	YES	NO						Y												
SALTED BUTTER	YES	NO							Y											
TOTAL OMELETTE	YES	NO						Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
HASH BROWNS																				
HASH BROWN	YES	YES																		
RAPESEED OIL	YES	YES																		
TOTAL HASH BROWNS	YES	YES																		
BUBBLE AND SQUEAK																				
BUBBLE AND SQUEAK	YES	NO						Y												
RAPESEED OIL	YES	YES																		
TOTAL BUBBLE AND SQUEAK	YES	NO						Y												
BLACK PUDDING																				
BLACK PUDDING	NO	NO	Y		Y															
TOTAL BLACK PUDDING	NO	NO	Y		Y															
MUSHROOMS WITH BUTTER																				
MUSHROOM CUP	YES	YES																		
SALTED BUTTER	YES	NO						Y												
TOTAL MUSHROOMS WITH BUTTER	YES	NO						Y												
TOMATO																				
TOMATO M	YES	YES																		
TOTAL TOMATO	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TOMATO (RATIONAL)																				
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
TOTAL TOMATO (RATIONAL)																				
BEANS																				
BAKED BEANS	YES	YES																		
TOTAL BEANS																				
CONTINENTAL BREAKFAST BAKERY																				
CROISSANT	YES	NO	Y					Y	Y											
MINI PAIN AUX RAISIN	YES	NO	Y					Y	Y											
MINI PAIN AUX CHOCOLAT	YES	NO	Y				Y	Y	Y											
CINNAMON AND RAISIN BAGELS	YES	YES	Y		Y															
BLUEBERRY MINI MUFFIN	YES	NO	Y					Y	Y											
SOURDOUGH CRUMPETS	YES	YES	Y																	
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
GLUTEN FREE BREAD SLICE	YES	NO						Y												
AMERICAN STYLE BUTTERMILK PANCAKES	YES	NO	Y					Y	Y											
NUTELLA CHOCOLATE SPREAD PORTIONS																				PLEASE REFER TO PACKET FOR INFORMATION
PEANUT BUTTER																				PLEASE REFER TO PACKET FOR INFORMATION
MAPLE SYRUP PORTIONS																				PLEASE REFER TO PACKET FOR INFORMATION
ORANGE MARMALADE PORTIONS																				PLEASE REFER TO PACKET FOR INFORMATION
HONEY PORTION																				PLEASE REFER TO PACKET FOR INFORMATION
MARMITE PORTIONS																				PLEASE REFER TO PACKET FOR INFORMATION
STRAWBERRY JAM PORTIONS	YES	YES																		
ASSORTED JAM PORTIONS- RASPBERRY																				PLEASE REFER TO PACKET FOR INFORMATION
ASSORTED JAM PORTIONS- BLACKCURRANT																				PLEASE REFER TO PACKET FOR INFORMATION
ASSORTED JAM PORTIONS- APRICOT																				PLEASE REFER TO PACKET FOR INFORMATION
SALTED BUTTER PORTIONS	YES	NO							Y											
SUNFLOWER SPREAD	YES	NO																		
FRUITS																				
FRUIT SALAD	YES	YES																		
APPLES GREEN	YES	YES																		
BANANAS	YES	YES																		
FRUIT BERRY MIX	YES	YES																		
SULTANAS	YES	YES																		
DRIED CRANBERRIES	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

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Product Description	Dietary Choices		Allergens Present																
			Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products													
YOGHURTS AND CEREALS																			
STRAWBERRY YOGHURT	YES	NO						Y											
VANILLA YOGHURT	YES	NO						Y											
GREEK STYLE YOGHURT	YES	NO						Y											
COCO POPS	YES	NO			Y														
CRUNCHY NUT CORNFLAKES	YES	NO			Y											Y			
CORNFLAKES	YES	NO			Y														
SPECIAL K	YES	NO	Y		Y														
WEETABIX	YES	YES	Y		Y														
KELLOGG'S MUESLI FRUIT	YES	NO	Y	Y	Y	Y		Y					Y						
RICE KRISPIES	YES	NO			Y														
BRAN FLAKES	YES	NO	Y		Y														
GRANOLA OAT AND RAISIN	YES	NO	Y			Y													
OATS2GO PORRIDGE SACHETS	YES	YES				Y	Y												
DRINKS																			
TEAS																			
PEPPERMINT INFUSION	YES	YES																	
CAMOMILE INFUSION	YES	YES																	
PTS LEMON AND GINGER	YES	YES																	
GREEN TEA	YES	YES																	
PTS HERBAL TEABAGS VARIOUS FLAVOURS	YES	YES																	
PTS DECAFF TEA	YES	YES																	
COSTA COFFEE-ALLERGY DEPENDS ON DRINK. SEE COSTA WEBSITE																			
FRUIT JUICES & SMOOTHIES																			
ORANGE JUICE	YES	YES																	
APPLE JUICE	YES	YES																	
CRANBERRY JUICE	YES	YES										Y							
TROPICAL SMOOTHIE	YES	YES																	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans